

The Clever Wee Mouse.

Old father Mouse, and old Mrs. Mouse,
 And old Mrs. Mouse's old mother,
 And young Master Mouse, and little Miss Mouse,
 And little Miss Mouse's wee brother,
 All went out one day, to have tea in the hay :
 A cloth on the grass they spread,
 Then they took from a basket
 Some milk in a flasket
 Some apples, some cheese, and some bread ;
 Then they all sat around
 In a ring on the ground,
 With appetites large for their walk,
 And they soon did appease
 Their hunger with cheese,
 But the flasket they couldn't uncork.
 "Oh, how thirsty we are!" cried out the mamma,
 And the others all echoed her wail,
 When the little wee brother
 Said, "I'll tell you what, mother,
 I'll pull the cork out with my tail!"
 And he not only said it but cleverly did it,
 This little wee thing of a mouse ;
 Then they all drank his health in the sweetest of
 milk,
 And scampered off home to their house.

Healthy Culture.

The highest human culture is the greatest possible health of the whole man. All our powers must be braced by exercise if they are to be healthy and vigorous: while the activity of such powers is at once a stimulus and check to the rest. From the very constitution of human nature, each power must be curbed to make room for the action of the others; and self-denial, instead of being a special duty to be exercised towards a special portion of our nature under a religious sanction, is a universal necessity of our life, if we are to approach towards the ideal of health. Health is maintained only through the control of our powers by the joint action of all the rest. A curb must be laid upon certain appetites. Restraint must be laid upon the animal nature. We must deny ourselves the exclusive pursuit of mere physical perfection. We must check the outflow of our feelings by our reason; our moral perfection must go hand in hand with the culture of our imagination. We must allow no part to encroach upon the rights of another. Many a man is tolerably well disciplined as a religious being who is signally defective as a thinker, as a student of nature, and of humanity, or as a member of society. The ideal of an educated life involves the possession of the amplest knowledge that is possible in alliance with the largest feelings, the widest range of sympathy in alliance with the most vigorous, energetic action.

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Gain it and Use it.

Why does so little seem to come of all the prayers we say, of all the Communion we make, of all the various means of grace we use? The Word of God does not fail. The presence of God is real. The grace of God is almighty, and is not always withheld. And the cause is not always that we draw near carelessly or without due preparation. Often the most sad discouragement comes when the life and the will have been searched and tested, and when the heart has been full of earnest desire towards God. Prayer seems to bring no help. Communion leaves the soul with no feeling of greater nearness to God. "Jesus of Nazareth passeth by" in means of grace, and the spiritual state is low as it was before. There seems to be no added strength: there is no new comfort.

It may be that good has come of which we do not see or understand the signs. But this is not always the case. We are too apt to think, or to act as if we thought, that when we have sought grace, all on our part is done, or that after a short thanksgiving, grace may be left to work on without us. So we do not keep in mind that God comes anew to work in us to will and to do of His good pleasure each time we draw near to Him. So we neglect to work with Him, and we receive the grace of God in vain.

We are Church People.

We say to all, join the Church. Why? Because you like its Services? because it is more respectable? because it appeals to your imagination? because it is a good instrument for inculcating morality? Most assuredly not. We say, join the Church of Christ, because in it you have fellowship with Jesus Christ. Why do we want to convert all who are outside the Church? Because we desire that they should have the same happiness as ourselves. You will, perhaps, say, "Do you mean that all outside the visible Church have no fellowship with Jesus Christ?" My friends, who are we that we should limit God's mercies, or declare that He never does more than He promises? On the contrary, looking at the lives of many around us, we believe and declare that God's grace does often overflow its promised channels; but, while we do believe this, we also proclaim, we should be faithless and traitors to the truth if we did not, that, however much God may do outside the covenanted channels of His Grace, that fellowship with Christ is promised in the Church, and that it is not promised outside the Church, and that, as St. John said of old, so the Church throughout the ages has continued to proclaim, Come into fellowship with us, for our fellowship is with God, that your joy may be full.

I'm after you, sufferers from Dyspepsia, with K. D. C. It is a guaranteed cure and sells on its merits. K. D. C. Company, Ltd., New Glasgow, N. S., Canada, or 127 State St., Boston, Mass.

The Collection.

Many collections are made in Church. When we give to God we think it best to make our offering in His House.

At one service especially, we give our money to God. The Prayer Book says that our "Alms and Oblations" ought to be put on the Altar at the same Service of Holy Communion.

Both offerings are a part of our religion, a part of the religion which Christ has established. We are not to imagine that our prayers should be offered without distraction, but that it is no matter in what spirit we offer our money.

Be careful about both these things. When you say prayers attend to what you are doing, and pray with all your heart. When you give your money, give it cheerfully, "for God loveth a cheerful giver."

You try to avoid distraction and worldly thoughts during the time of prayer; and you do right in being thus careful. But be careful also about the thoughts which enter your heart at the time of "the collection." Do not think how little you can give, or grudge what you give. Do not censure others, or think proudly of yourself, or compare your offering with that of your neighbour.

Let all bear in mind that "the collection," especially that made in connection with the offering of the bread and wine on the Altar, is a solemn act of devotion. Take your part in that service in a serious spirit, thanking God for His goodness in giving you what you have and in accepting from you what He enables you to give. If you do this, I need not tell you how much or how little you are to offer. If your heart be right with God, your hand will find the right coin.

Sunshiny Woman.

What a blessing to a household is a bright, cheerful, Christian woman—one whose spirits are not affected by wet days or little disappointments, or whose milk of human kindness does not sour in the sunshine of prosperity. Such a woman in the darkest hours brightens the house like a gleam of sunshiny weather. The magnetism of her smiles and the electrical brightness of her looks and movements infect every one. The children go to school with a sense of something great to be achieved; her husband goes into the world in a conqueror's spirit. No matter how people annoy and worry him all day, far off her presence shines, and he thinks to himself, "At home I shall find rest." So day by day she literally renews his strength and energy; and if you know a man with a beaming face, a kind heart, and a prosperous business, in nine cases out of ten you will find that he has a wife of this kind.

Hints to Housekeepers.

EGG LEMONADE.—White of one egg, one tablespoonful of sugar, half a lemon, one goblet of water. Beat thoroughly together.

To make a delicious string bean salad, string, boil and cook the beans. Slice them lengthwise, cutting each bean into four long pieces. An hour or two before serving season with pepper, salt and three spoons of vinegar to one of oil. Just before serving drain off any superfluous moisture and serve with a French dressing.

Vinegar will remove lime from carpets.

NOVEL RICH PANCAKE.—Mix two tablespoonfuls of ground rice into a pint of cream. Set it high over a slow fire and stir well until it thickens. Pour into the liquid six ounces of butter melted, add half a nutmeg grated and pour the whole into an earthen pan. When it is cold stir in two tablespoonfuls of dry flour, a pinch of salt, two ounces of powdered sugar and six well beaten eggs. Mix all thoroughly together and fry the pancakes a good color. When milk is used instead of cream allow one more tablespoonful of ground rice. Only small quantities should be poured into the pan at one time on account of its lightness.

Whole cloves are now used to exterminate the merciless and industrious moth. It is said they are more effectual as a destroying agent than either tobacco, camphor or cedar shavings.

TOMATO SOUP.—Strain a can of fine red tomatoes, melt one and one-half ounces of butter, add three small tablespoons of sifted flour equal to two ounces, mix well until smooth, add one pint of soup stock, boil up, then add the tomatoes, pepper, salt, a teaspoon of sugar, a pinch of mace, boil up, adding one gill of sweet milk, boil once more and serve with fried bread dice or toast.

OX-TAIL SOUP.—Brown one medium-sized onion in half an ounce of butter, add three-quarters of an ounce of flour and let brown, then gradually add one and a half quarts of soup stock, pepper and salt to taste, and simmer for five minutes, then add one ox-tail boiled soft and cut up.

A METHOD OF REMOVING GRASS STAINS.—During the summer months it is a common thing to have more than one light dress stained by the grass. Such marks are easily removed with alcohol. Put a little of the liquid in a saucer and wet the stained part with it. Rub well, and the green will disappear.

If a carpet has grown dingy and soiled, take a pail half full of hot water, put in a tablespoonful of ammonia, give the carpet a good scrubbing with a new scrub-brush, and it will be greatly improved.

OFT IN PERIL.—Lives of children are often endangered by sudden and violent attacks of cholera, cholera morbus, diarrhoea, dysentery and bowel complaints. A reasonable and certain precaution is to keep Dr. Fowler's Extract of Wild Strawberry always at hand.

To keep jellies from molding, cover them over with pulverized sugar to the depth of a quarter of an inch. They will keep for years if this is done.

A LETTER FROM EMERSON.—I have used Dr. Fowler's Extract of Wild Strawberry and I think it the best remedy for summer complaint. It has done a great deal of good to myself and children.

Yours truly,

MRS. WM. WHITELY, Emerson, Man.

—If you wish to paint your house (inside or out), floor, barn or anything, use Weather and Waterproof paint. It is by far the best on the market. Sole manufacturers for Canada, the Weather and Waterproof Paint Company of Canada, 122 and 124 Richmond st. east, Toronto.

THE FOUR CARDINAL POINTS.—The four cardinal points of health are the stomach, liver, bowels and blood. Wrong action in any of these produces disease. Burdock Blood Bitters acts upon the four cardinal points of health at one and the same time, to regulate, strengthen and purify, thus preserving health and removing disease.