

that blessed name, at once adoration seizes upon his heavy and sorrowful heart and he says "Christ who is over all, God blessed for ever, Amen."

I do pray the Lord Jesus that you may be kept in the freshness His loving truth has imparted, and with increasing appetite feed upon what was His own food down here, even the Word of God. Remember that it is written, "By the word of Thy lips I have kept me from the paths of the destroyer," and again, "Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God." There is truly a great difference between "reading the Bible," and living "by every word that proceedeth out of the mouth of God," "the word of Thy lips." These last expressions imply communion with the author, listening for what comes fresh from His mouth,—His lips, for us, and there is our preservative. Our joy isolated from its source will not keep us, and in this the Adversary may try your dear heart, for we are effervescent things at best, and your joy may fluctuate, but remember your joy is not *in* your joy, but the Lord, and does He ever change? Ah no, a thousand times no.

"My love is oftentimes low,
My joy still ebbs and flows."

but "Jesus Christ the same yesterday, to-day and for ever." So that you and I never look within ourselves to see how we are getting along. To learn that we must look at the Glorified One at God's right hand. There are no springs of freshness in ourselves, "all my springs are in Thee."