

"INCURABLE" HEART DISEASE SOON CURED.

During the last two or three years very great improvement has been made in the treatment of the different kinds of disease of the heart. Cases formerly considered incurable now rapidly recover. The well known specialist, Franklin Miles, M. D., L.L. B., of Chicago, will send his New Special Treatment free to any of our afflicted readers who will mention this paper.

This liberal offer is for the purpose of demonstrating the great superiority of his new system of Treatments for heart troubles, such as short breath, pain in the side, oppression in the chest, irregular pulse, palpitation, smothering spells, puffing of the ankles or dropsy.

They are the result of twenty-five years of careful study, extensive research, and remarkable experience in treating weak, dilated, hypertrophied, rheumatic, fatty or neuralgic hearts, as each one requires different treatment.

The treatments are carefully selected for each patient, as regards their age, weight, and stage of each kind of heart disease. All afflicted persons should avail themselves of this liberal offer. No death comes more unexpectedly than that from heart disease.

Rev. J. W. Stokesbury, of Fallport, Mo., had head, heart, stomach troubles, and nervous prostration. Three physicians failed to help him. He writes, "I regard myself cured."

The eminent Rev. W. Bell, D. D., of Dayton, Ohio, General Secretary of Foreign Missions, writes editorially in The State Sunday School Union: "We desire to state that from personal acquaintance we know Dr. Miles to be a most skilful specialist, a man who has spared neither labor nor money to keep himself abreast of the great advancement in medical science."

A thousand references to, and testimonials from, Bishops, Clergymen, Bankers, Farmers, and their wives will be sent free on request. These include many who have been cured after from five to fifteen physicians and professors had pronounced them "incurable." Among them are H. A. Groce, 504 Mountain St., Elgin, Ill.; Mrs. Sophia Snowberg, No. 282 21st Ave., S. Minneapolis, Minn.; Mrs. A. P. Colburn, Blessing, Ia.; Mrs. M. B. Morelan, Rogers, Ohio, and the president of two medical colleges, etc.

Send at once to Dr. Franklin Miles, Cor. Adams & State Sts., Chicago, U. S. A. for free treatment. He pays the duty.

The world has to learn more and more clearly every century that the banners of God are those that never go down in any struggle, and that whoever walks and works with God is sure of the triumph.—R. S. Storrs, D.D.

TO CONSUMPTIVES.

The undersigned having been restored to health by simple means, after suffering for several years with a severe lung affection, and that dread disease Consumption, is anxious to make known to his fellow sufferers the means of cure. To those who desire it, he will cheerfully send (free of charge) a copy of the prescription used, which they will find a "cure cure for Consumption, Asthma, Catarrh, Bronchitis and all throat and lung troubles." He hopes all sufferers will try his remedy, as it is invaluable. Those desiring the prescription, which will cost them nothing, and may prove a blessing, will please address:
Rev. EDWARD A. WILSON, Brooklyn, New York

Health and Home Hints.

Hints on Health.

Impure Air.—Indoor air, as all thoughtful people are aware, should be frequently renewed by proper ventilation. The best method of accomplishing this has been for many years a subject closely studied by sanitarians. In rooms, and especially in bedrooms, the windows should be pulled down from the top, or a pane of glass should be perforated with holes capable of being closed in stormy weather. All rooms, and especially sleeping apartments, should be well aired during the day. Close bedroom air is considered by eminent medical authorities to be one of the most potent causes of consumption and scrofula. A well known French physician who has devoted much attention to studies of this nature, says: "It will often be found, on examination, that scrofulous diseases are caused by vitiated air, and it is not always necessary that there should have been a prolonged stay in such an atmosphere. Only a few hours each day is sufficient; and a person may live in a most healthy district, pass the greater part of each day in the open air, and yet become scrofulous because of sleeping in a confined place where the air is not renewed."

Salt as a Remedy: A poultice of salt moistened with vinegar will quickly alleviate the pain caused by the sting of a wasp or bee. A cup of hot water to which a teaspoonful of salt has been added, if taken regularly every day before breakfast, will be found to strengthen the digestive powers. Bathing in strong salt and water will be found comforting to aching and blistered feet. Bathing the eyes frequently with salt and water will be found very beneficial when they are weak and tired.

Avoid Coughing.

A physician who is connected with an institution in which there are many children says: "There is nothing more irritable to a cough than coughing. For some time I had been so fully assured of this that I determined for one minute at least to lessen the number of coughs heard in a certain ward in a hospital of the institution. By the promise of rewards and punishments I succeeded in inducing them simply to hold their breath when tempted to cough, and in a little while I was myself surprised to see how some of the children entirely recovered from the disease."

To be perfect, oysters should be freshly opened, and it is important to rid them of those tooth-endangering bits of shell that sometimes cling so persistently. Dainty little oyster crackers, shaped like a miniature vienna loaf, may be found at the grocers, and either these or the thinnest of brown-bread sandwiches should be passed with them. If milk crackers are used, split and butter them, and brown in the oven. Avoid the "cracker dust" sold in packages; it almost invariably has a stale flavor.

Egg Biscuits: One and one-half cupfuls of sweet milk, two tablespoonfuls of sugar, two tablespoonfuls of butter, two eggs, two teaspoonfuls of baking powder, and flour to make a stiff batter. Bake half an hour in a quick oven.

Muffins: Half a cupful of warm water, half a cupful of milk, one tablespoonful of butter, one egg, one-fourth cup of yeast, and flour to make a thick batter. Set over night in a warm place.

Weak and Nervous.

MAGISTRATE DAUPHINE'S DEPLORABLE CONDITION.

DESPITE MEDICAL TREATMENT, HE BECAME WEAKER AND WEAKER, UNTIL HE COULD SCARCELY SIGN HIS NAME.

Mr. James Dauphine, of East Bridge-water, or as he is better known as ex-Councillor Dauphine, has been a sick man for the past three years. His health gradually forsook him, until by degrees he was forced to give up doing all kinds of work. He consulted a physician and took a large quantity of medicine, but it did him no good and he gradually became weaker and weaker. His duties as a magistrate necessitated his doing much writing, and being an excellent penman in his days of good health it came very hard to him when his hand shook so much he could scarcely keep it steady enough to sign his name. His daughter, seeing his deplorable condition, advised him to try Dr. Williams' Pink Pills, and after a bit of coaxing he was induced to try them. The result was no noticeable change in his condition until he had started taking the third box. From that time the improvement was rapid. He grew stronger every day, his appetite increased, the weariness and lassitude departed from his limbs, some of the lustre of his youth returned to his eye, and by the time five boxes were used, Mr. Dauphine felt a new man. The weight of years and the burden of sickness have rolled from his shoulders, his hands are now steady and his pen can run as rapidly as ever. He attributes his cure to the ministration of a good wife and Dr. Williams' Pink Pills. Mr. Dauphine is 73 years of age, but feels as young and vigorous as he did years ago, and is ever ready to praise in the warmest terms the health giving qualities of Dr. Williams' Pink Pills.

Dr. Williams' Pink Pills are the friend of the weak and ailing. They surpass all other medicines in their tonic, strengthening qualities, and make weak and despondent people bright, active and healthy. These pills are sold by all dealers in medicine, or can be had by mail, postpaid at 50 cents per box, or six boxes for \$2.50, by addressing the Dr. Williams Medicine Co., Brockville, Ont.

When the Children "Play Hookey."

Children sometimes pretend to be ill to escape going to school. Feigning illness to escape duty in the army is called malingering and is always punished when detected. A child who habitually complains of headache just before school time should be put on a sofa in a darkened room, not permitted to read nor look at pictures, and have a hot water bag placed at his feet. If the ailment is real this is the best treatment for the early stages; if it is feigned the silence and solitude soon become so irksome that the culprit is glad to do anything to escape from them. Other affected pains should be treated as if they were real, and it should be distinctly understood in the family that the child who is too ill to go to school, and to learn his lessons, is too ill to be out of bed. If a child play truant the lessons he loses should be made up at home in his play-time, and the mother should take pains to see that this is done, so that he may find truancy unprofitable. He may be put to bed as soon as he returns home on the assumption that he must be ill, because nothing but illness should keep him from school.