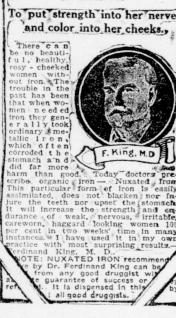


Ginand King, New and Medical Author S WERY WOMAN EVERY MOTHER EVERY DAUGHTER NEEDS IRON [AT TIMES] To put strength into her nerves and color into her cheeks.



"Wakeda" - Your epistle contains such nice news! Please accept my very best wishes. Re your queries. 1. The groom supplies the bride's bouquet, and flowers for the attendants, if any. The bride's people provide flowers for decoration, etc. 2. If no garden flowers, it would mean arranging with your nearest city florist to supply same. An order could be left at the store for a certain quantity on a certain date, and these either called for by some of your family, or sent to your station by train.

3. Very often a wire netting covered 3. Very often a wire netting covered with damp moss, is the foundation. But unless you could afford a profusion of flowers to cover, or could obtain plenty of vines near home, should not advise such a pretentious effort. To have simple baskets or vases around the rooms, and a few vines here and there to soften the effect, would be nice.

4. A suit of brown or blue, or a silk frock of these colors, would be nice. No, you could do without the 6. Is the dress a white one? Should advise all-black shoes in preference to the colored tops. They might be in better taste anyway.

Think the idea given in answer three is about the best I can offer. If the happy event is to take place with-in a few weeks, there should still be garden flowers. Asters are very efective, especially if you can have a two-color scheme, pink and white, say, Look around the rooms and try to form a definite plan, then purchase your flowers to fit in. Smilax is not exceedingly expensive, and combined with home-grown flowers, makes a beautiful decoration for table, hanging light, ctures or archway.

Cold roast fowl with appropriate

"Silver Gloss"

Canada's finest home Laundry Starch, for nearly 60 years. In 1 lb. packages and 6 lb. Fancy Enameled Tins. At all grocers.

MANUFACTURED BY

THE CANADA STARCH CO. LIMITED, . MONTREAL.36

MAYBE BUYING MATCHES never struck you as being an important job. But it is. It is important that you buy none but EDDY'S

CHEMICALLY SELF-EXTINGUISHING "SILENT 500"

The matches with "no after-glow." EDDY is the only Canadian maker of these matches, every stick of which has been dipped in a chemical solution which positively insures the match becoming dead wood once it has been lighted and blown out. Look for the words "Chemically self-extinguishing" on the box.

HOME BEAUTY PARLOR

Sue L.: I always recommend quinzoin the skin and cannot be detected as can properly hard luxuriance into anyme's hair. It will promptly remedy the landruff and itching scalp; it costs little, and you can prepare it at home. From your druggist get one ounce quinzoin and one-half pint alcohol. Mix and add one-half pint alcohol. Mix and add one-half pint alcohol. This is fine to prevent falling of the hair and premature loss of color.

Daly: Don't worry about being too "plump" when there is such a simple, assy way to reduce flesh without dieting or any strenuous exercise. Get four punces of parnotis from your druggist and mix it in one and one-half pints hot water. Take a tablespoonful before meals. This is harmless and inexpensive, and I think you will find a beneficial change within a week.

Leonora: There is no virtue in an egg thampoo. The slimy animal matter slings to the strands and clogs the pores. I always recommend quinzoin the skin and cannot be detected as can tality and luxuriance into any- the old-style face powder.

thampoo. The slimy animal matter a full quart. Take one tablespoonful of it he scalp. Try this simple shampoo: this old-fashioned blood cleanser and to the scalp. Try this simple shampoo: this old-fashioned blood cleanser and to tone canthrox from your druggist and dissolve a level teaspoonful in a cup of hot water. It leaves the scalp stimulated and cleaned, and the hair beautifully soft and fluffy.

Polly: You do not need to send by belladonna, but this home-made toread for the new, perfect substitute for face powder. Make it yourself at home, by dissolving four ounces spurmax in one-half pint hot water. This is the simplest, purest lotion for making the skin soft and naturally fair. It itays on closely and gives a youthful reshness. When on it seems part of the simplest pure to the sems part of the simplest pure to the sems part of the se

A PAGE OF INTEREST TO WOMEN

SOCIAL AND PERSONAL

Readers are invited to phone all news of this kind to the Society Editor, Phone 3670.

* * *

Mr. and Mrs. E. Fawkes have returned to town after spending their vacation at Willow Beach, Port Stanley.

Misses Edith and Ina Rose of Battle Creek, Mich., are holidaying with their mother, Mrs. William Rose, and their sister, Mrs. W. Robinson. Rev. Mr. Bannatyne was in Rodney over Sunday preaching in the Presby-terian Church there. Mr. and Mrs. W. W. Olmstead of St.

Thomas, were visitors in the city this Mr. and Mrs. O'Brien are visiting P. Austin in Kingsbridge for a few days.

Mrs. E. B. Smith, tho has been visiting her father, Postmaster Adam! Brown, Hamilton, has returned home. Mrs. O. Soper, Mrs. H. Myrick and Mrs. James Lewis have returned to Windsor, They were here attending the funeral of Mrs. Soper's sister, Mrs. L. McArthur.

Miss Evelyn Wood and Miss Winnired Parker are the guests of Mr. and rs. Charles Meadows, Windsor. Mrs. C. Laing and family have re-urned to Brantford after spending we months in the city with friends two months in and relatives.

Miss Ethel MacRobert has returned home after a pleasant visit with Mr. and Mrs. Yeates at Maple Grove cot-Cadets James Croden and Corson Lind, well known in this city, left yesterday for England to finish their course in flying.. They expect to be in France within a month as flight lieutenants.

in Brantford after visiting friends and Mrs. Walter Orme of Winnipeg, returned to her home on Saturday by way of Duluth

Mrs. Slater has returned to Toronto after spending a month at her cottage in Port Stanley. Mr. and Mrs. Alex. Purdom and fam-y have taken a trip up the lakes on S. Noronic,

Mr. W. R. Lackie of Chicago is visitng friends and relatives in Port Stan-The annual picnic of the Simcoe Mothers' Club will be held at Springbank, Thursday, August 23. Master Willie Late entertained a few little friends on Saturday, celebrating his 7th birthday

* * *

Miss Bessie Campbell of Toronto, who has been visiting her sister, Miss Amy Campbell, here, left today to visit friendds and relatives in Both-Dr. Harold McLean is spending the remainder of his holidays at Wilton

The Isobel Hampton Chapter, I.O. The Isobel Hampton Chapter, I.O. D.E., will have a drawing for an automobile during fair week for the interests of Sergt. Davies, a returned soldier and the War Veterans Association.

Mr. and Mrs. W. Dalton of Hamil-

ton, are visiting friends and relatives Mr. John Birmingham and family of Pasadena, Cal., are visiting friends in town for a few weeks.

* * *

Mr. J. A. Fowler of Cleveland, has returned home after visiting his cousins, the Misses Hobbins, Hill

Mr. and Mrs. Silas Brady of Mossly, are holidaying at Villa Marie, Port

eutenants.

* * *

Mrs. Flitcheroft of Hamilton, who has been visiting Mrs. Raymond Ross
Miss Raby Rye returned to her home at Port Stanley, returned home today.

HERE'S A WOMAN WHO DEFENDS WEARING FURS AT 90 IN SHADE

The woman who keeps up with the fashions, but at the same time has been regarded as rather conservative and altogether sensible in her taste, was out yesterday afternoon at 90 degrees in the shade with one of those animal cape things suspended from her shoulders.

Her husband, clad in his best silk summer suit, groaned in the heat, and the friend who is wedded to a light wool sweater had left it reluctantly at home for once. "Trying to keep out the heat?" facetiously asked a dear enemy.

The woman with the animal draped over her shoulders blushed a still redder hue. "I might have known you would have laughed at me. Oh, yes, I remember how I made fun of other people, this very summer. I never thought I would come to wearing one myself unless I realmer. I never thought I would come to wearing one myself unless I really needed it," she said, admitting candidly. "But, every place we went while we were away, in other cities, on railroad trains, on boats and on tally-hos, I saw what you call 'these animals.' And some way or another, they did look smart and not too uncomfortable. When we visited a big fur store as part of our sight-seeing, and Henry suggested that he get me a 'cat, or something to hang round my neck like the other women were wearing,' I just couldn't resist. present. I chose this black lynx, be-

must I got last winter.

"When we started back on the boat, Henry remarked: 'Why don't you get out that animal to keep out the breezes?' I did, and it was really very comfortable. Truly, it isn't too hot today." very comfortable. Truly, it isn't too hot today."

And all the time, Henry stood by, looking immensely proud of the up-to-date figure his wife was cutting, though never had anybody jeered at the folly of women wearing furs in dog days as Henry had jeered two months ago.

Mrs. Henry's "animai" was the whole, glossy skin of a lynx, held loosely by a couple of scarves of silk, the kind of a piece that can be cuddled around the throat when the winter breezes blow.

In the good old days, a few years back, the fall hats, furs and winter garments were trotted out in time to

cause it will exactly match the new

garments were trotted out in time to deck store windows for the Western For a week past, fur coats, greatcoats, winter suits and hats of fea-thers, of velvet and of felt have been elbowing the "remblants" of the great summer sweep-out sales of been elbowing the "remblants" of the great summer sweep-out sales of frocks, suits and bonnets. It is stated, furthermore, that it is sur-prising the number of people who are aiready making purchases to be armed for the first nip of frost.

"Why not reverse the seasons altogether, considering that straw "lids' and frail sliken stockings and delicate number are recognition."

delicate pumps are now considered the correct wear for the blusterings of frigid February?" is what the old-

WIN-THE-WAR RECIPES

many empty shelves because of the scarcity high cost of fruit this season, ertheless, the thrifty housewife ldn't feel discouraged, as a careful



One Good Way to Prepare Macaroni

EGGS WITH MACARONI Boil 2 ounces Catelli's Milk Macaroni for 10 minutes, then drain. Add 1 pint milk, and let simmer for 15 minutes. Next mix with a slightly beaten egy or two, put all fin a greased ple-dish, grate a little nutmeg over the top, and bake for half an hour.

Have it for dinner to-merrow. Easy to make - appetizing - satisfying - wonderfully nutritious - and costs less than half as much as meat. "The Girl at Catelli's". A new recipe

THE C. H. CATELLI CO., LIMITED, MONTREAL.



sugar to juice, let boil, then add apples. Cook tender and can. The jelly-forming properties of the apple are contained chiefly in the peel and core, hence the advantage of adding to the preserves. A little extra boiling will result in a jellied compound. Citron Marmalade.

Quince Marmalade.

DAILY BIBLE

SUGGESTIVE QUESTIONS ON THE SUNDAY SCHOOL LESSON. By Rev. T. S. Linscott, D.D. (All Rights Reserved.) August 19, 1917. "The Captivity of Judah." II. Kings

A wheat grain prepared in a digestible form. Better than of the wicked. Ezekiel, xxxiii, 11.

4. Verse 3. Why is it that peace and plenty are associated with obedience to God's laws, and war and famine with neglect of God's laws?

5. Verse 4—When the mayor and aldermen of a city are corrult, and its businessmen dishonest, what are the natural results to that city?

6. Verse 5—Why is it that a man cannot get away from his shadow, nor escape the judgments of God upon his actions?

wheat grain prepared in a digestible form. Better than meat, or eggs, or potatoes, and costs much less. For other first control of the property of the property of the costs of the cost

Advertiser Patterns



A Practical and Simple Style.

2054—Ladies' House Dress With Sleeve in Wrist or Elbow Length.
Gingham, chambrey, linen, percale and lawn are good for this style. The sleeve in wrist length may be finished at the outer seam with buttons and buttonholes or placket fasteners. In elbow length it has a neat cuff. The pattern is cut in seven sizes, 34, 36, 38, 40, 42, 44 and 46 inches bust measure. It requires 534 yards of 44-inch material for a 36-inch size. The skirt measures about 234 yards at the foot.

A pattern of this illustration mai'ed to any address on receipt of 10 cents in silver or stamps. silver or stamps.

ADVERTISER PATTERN DEPT. Please send above-mentioned pattern, as per directions given below:

Age (if child's or misses' pattern).... Measurement: Bust..... Waist.....

CAUTION: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure you need only mark 33, 34 or whatever it may be. When in waist measure, 22, 24, 25, or whatever it may measure, 22, 24, 25, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age, It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from date of application.

a half of sugar. Simmer till thick.
This will keep like jelly.

Grapes as a Filler.

These can usually be obtained cheaply in bulk from the growers. If a little on the green side they are all the better for jelly. Wash, stem and heat slowly, with as little water as possible. Dip out juice for jelly, and put pulp through cullander for marmalade. Proceed as for any jelly or marmalade.

Cynthia Grey's Mail-Box

Here's Mrs. Fatty! Here's Mrs. Fatty!

My Dear Miss Grey,—I am just making another call to your Mail-Box after a long silence. I hope you and the Mail-Box friends will not think I have forgotten you all, but I have not. I have been reading all the letters each night, but have not had much time for writing myself. I saw Skinresult in a jellied compound.

Citron Marmalade.

Citron Marmalade.

This is another toothsome marmalade and force in the sease we don't start with the sease of the sease of

seems tender, and commandade.

Tomatoes make a cheap and delicious marmalade. Peel, core and cut in two crosswise. Spoon out seeds and set aside for juice, then chop tomato puip. For each quart of pulp add haif asugar and some ginger toot. Simmer till rather thick, then can. Save and can all tomato juice, as it has many uses in cooking.

The fair of may be decreased and seep and some ginger and some ginger toot. Simmer till rather thick, then can. Save and many uses in cooking.

The fair of most harvest apples and may uses in cooking.

The fair of most harvest apples and may uses in cooking.

The fair of most harvest apples and may of most harvest apples and may of most harvest apples. The general control of most harvest apples are all the better for this purpose. As you peel and core the apples, frop the quarters into cold water to prevent all the better for this purpose. As you peel and core the apples, frop the quarters into cold water to prevent and core into lettle, barely cover with well of the general control of the peel and core the peel and core the apples, frop the quart of apples add about a cupful of given the cold water to prevent and core into lettle, barely cover with well and the peel and core that the peel and core that the peel and core the peel and core that the peel and core the apples, frop the quart of apples add about a cupful of given the peel and core the peel and core

Peel and core, then put peelings and cores on to boil for twenty minutes. Meantime grind quinces. Mash contents of kettle, strain, and return fuice to kettle and add pulp. To each quart of the mixture, add about a cup and healthy tissue and caloric healthy tissue and caloric energy. In the present food crisis every housekeeper and QUESTION CLUB mother should demand bread that is 100 per cent. whole wheat. Shredded Wheat Biscuit is made of the whole wheat grain prepared in a

Wednesday Morning Offerings At GRAY'S

Special Clearance Prices

Fancy Colored Voile Blouses, formerly \$1.75 and \$2.00, for\$1.39 Colored Voile Blouses, pink, maize, blue and green, with large white collar, white front and white cuffs, regular \$1.75, for\$1.39 Sport-Patterned Voile Blouses, pretty colorings, in two smart styles, regular \$2.00, for ... \$1.39 Special value in a Wash Silk Blouse, made of lightweight white Jap silk with jabot front and sailor collar neatly edged with

lace; sizes 36 to 44. Very special at..\$1.50 SPORT MIDDIES AND MIDDY COATS AT CLEARANCE PRICES.

These are made of the best quality white drill, having large fancy colored collars, in sport effects, pockets also trimmed with color, self belts or sashes, long sleeves with buttoned cuffs, in slipover or coat styles; also a palm beach coat middy, Norfolk style, with sailor collar; regular prices were \$2.00, \$2.25 and \$2.50. To clear at\$1.39

NOVELTY TUB SKIRTS, WORTH UP to \$3.50, TO CLEAR AT \$1.49.

Smart Sport Skirts in stripes, checks and fancy figures, with pockets, belt and gathered backs; formerly sold from \$1.75 to \$3.50. For \$1.49 White Repp Skirts clearing at

...... 79c, 98c and \$1.19 White Pique Skirts clearing at \$1.19 and \$1.49

Ready-to-Wear Items at Special Offerings in the Corset and Underwear Sections

Children's Fine Knit Waists, sizes from 2 to 12 years; regular 35c value. For.....25c D. and A. Corset with medium bust, satin trimmed, four hose supporters; sizes 19 to 30. Special Wednesday morning price \$1.19 Women's Flesh-Colored Fine Ribbed Vests, with narrow straps or tape over shoulders. Special at 75c Stout Women's Fine Knit Summer Vests, with or without sleeves. Special value at

...... 50c LADIES' PURSES AND HANDBAGS AT CLEARANCE PRICES.

Ladies' Fancy Silk Handbag, with leather frame and handle; regular 75c. Sale price Black Leather Handbags, with change purse and mirror; regular \$1.50. Sale price. .98c

Wednesday Morning Specials In the Linen Department

Bordered Tablecloths, size 2x2 yards. Special \$1.89 Lace-Edged Dresser Scarfs, size 18x45 inches

TOWELINGS AT LOW PRICES. Red Bordered Toweling81/2c yard or 12 yards for\$1.00 Red Bordered Toweling7½c yard

AGENTS FOR THE LADIES HOME JOURNAL PATTERNS.

140 DUNDAS STREET.

GRAY'S

On chest and face. Formed

a crust. Scratched and it

spread. Could not rest. Used

two boxes Cuticura Ointment

and one cake Soap and was

From signed statement of Miss

You may rely on Cuticura Soap and

Lillian Fredericks, S. Waterville, N.

Ointment to care for your skin, scalp,

hair and hands. Nothing better to clear

and roughness, the scalp of dandruff and

itching and the hands of chapping and soreness. Cuticura Soap used daily for the toilet means skin health from in-

fancy to age. Start life with a clear

For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

the skin of pimples, blotches, redness

completely healed.

S., Dec. 12, 1916.

skin and good hair.

Dear Miss Grey,-I had a letter from the Toronto soldier boy's mother, and she says she sent his photo to you.

they have been gone? they have been gone?

I am copying a letter from one of
my soldiers I asked about. I will close,
and hope I will not trouble you for
some time to come. KILLARNEY.

for sending them out here to me. Be-lieve me, I am making good use of them today. There is a young fellow came out here with me, his home is in Lon-don, and say, wasn't he tickled to see the London Advertiser. He was just like a kid with a new toy. We are

overseas address. He seems such a likeable lad from his letters. Hope you may find time to visit us more often. Am so glad to hear that your brothers are still safe.

Would Be Grateful.

Dear Miss Grey,—I am sending some lonelies' addresses. Some of them have no father or mother, and I'm sure they would be very grateful for any letters or parcels that anyone would send.

Ans.—These will be sent out, "Pearl," to some of the Pageites inquiring for certainly do with a few more out here. certainly do with a few more out h soon again. Pte. A. E. S. writes as follows:

and he was quite all right then. I hope he will continue with such luck as I shall not be as happy without him, for we were always together, and I tell you I miss him very much now as he is my only brother now.

Milk For Infants

A Nutritious Diet for All Ages.

Keep Horlick's Always on Hand

Quick Lunch; Home or Office.

CEETEE UNDERCLOTHING Guaranteed Not To Shrink



