elements, and so these secretory and excretory disturbances are of importance in connection with its causation.

- 6. As all healthy cells of the body, by their catabolism and anabolism contribute a hormone or something to the general circulation, so experimental evidence shows that the cells of a cancer mass itself, when fully developed, secrete a hormone or something which is poisonous to animals, and which probably hastens the lethal progress of the disease.
- 7. Repeated laboratory experiences have demonstrated, in a most remarkable manner, the absolute controlling effect of diet on the development of inoculated cancer in mise and rats, so that the process was inhibited almost entirely with certain vegetable feedings.
- 8. We thus see that as the laboratory has eliminated the local nature of cancer, it has also, in a measure, established the fact that there are medical aspects of the disease which further studies will show to be of the utmost importance. These all tend to demonstrate its constitutional origin, that is, its relation to deranged metabolism, which is now recognized as the basis of so many diseases.

But clinical and statistical studies come in with overwhelming force to confirm the correctness of this position.

- 1. We have already seen that with utter medical neglect the death rate of cancer has steadily and greatly increased in the United States, of late years, in spite of the prodigious advances in surgery during the same time. This is also true in all the countries from which we have any accurate statistics. We know also that tuberculosis, as a result of careful medical attention, has decreased in mortality, by almost as great percentage as cancer has increased. The same is reported by reliable observers all over the civilized world.
- 2. Any number of observers, in many lands, have recorded the almost entire absence of cancer among aborigines, living simple lives, largely vegetarian; they have also shown the definite increase in the disease, and in its mortallity, in proportion to their adoption of the customs and diet of so-called modern civilization.
- This increase of cancer mortality seems to depend largely upon the altered conditions of life attending advanced civilization, particularly along the lines of self-indulgence in eating and drinking, and in indolence.
- 4. Statistics from many countries show that increase in the consumption of meat, coffee, and alcoholic beverages, appears to be coincident with a very great and proportionately greater augmentation of the mortality from cancer.
- 5. Clinical observation has time and again shown the effect of specific nerve strain and shock in the development of cancer; and there