

Radway's Ready Relief

Instantly stops the most excruciating pains, allays inflammation and cures congestions, whether of the Lungs, Stomach, Bowels, or other glands or mucous membranes.

RADWAY'S READY RELIEF CURES AND PREVENTS

Colds, Coughs, Sore Throat, Influenza, Bronchitis, Pneumonia, Rheumatism, Neuralgia, Headache, Toothache, Asthma, Difficult Breathing.

CURES THE WORST PAINS in from one to twenty minutes. Not one hour after reading this advertisement need any one SUFFER WITH PAIN.

ACHES AND PAINS.

For headache (whether sick or nervous) toothache, neuralgia, rheumatism, lumbago, pains and weakness in the back, spine or kidneys, pains around the liver, pleurisy, swelling of the joints and pains of all kinds, the application of Radway's Ready Relief will afford immediate ease, and its continued use for a few days effect a permanent cure.

TAKEN INWARDLY—A half to a teaspoonful in half a tumbler of water for stomach troubles. Colic, Wind in the bowels, Colds, Chills, Fever and Ague, Diarrhoea, Sick Headache, and all internal pains.

Price 25c. per bottle. Sold by all druggists.
RADWAY & CO.,
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Montreal, Canada.

Elias Rogers & Co'y



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We will mail on application, free information how to grow hair upon a bald head, stop falling hair and remove scalp diseases. Address: Altheim Med. Dispensary, 17 East Third Street, Cincinnati, O.

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Twenty-five years experience. Rates to suit the times. Public will find it advantageous to call when occasion requires.

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A TRUE BENEFACTOR.

Thousands Bless the Memory of

Prof. Edward E. Phelps,

M.D., LL.D.

He Gave Humanity Paine's Celery Compound.

Medical Men Say It is the Only Perfect Cure for Bright's Disease and Diabetes.

Dr. Phelps' wonderful prescription, Paine's Celery Compound, is a boon to suffering humanity. This remarkable medicine has cured and saved more victims of kidney trouble than have all other combined agencies in the world. It has rescued thousands who were thought to be hopelessly lost—made them well after medical men had pronounced them incurable.

The case of Mr. C. F. Kevill, of Dunsford, Ont., is one of the strongest proofs ever put on record that Paine's Celery Compound cures kidney disease, and all the terrible evils that follow this dangerous malady. Mr. Kevill has written for the benefit of other sufferers; he says:—

"I wish to testify in favor of the wonderful curative powers of Paine's Celery Compound for two reasons—first, in justice to the proprietors; and secondly, for the benefit of suffering humanity.

"For the past fifteen years I have been troubled with diseased kidneys. I am engaged in the manufacture of cheese, and am obliged to work more or less in a stooping posture. At times I found it almost impossible to work owing to severe pains across my kidneys. Often after working in a stooping position for a time, I would find it very difficult to straighten up at once, and could only do so after repeated efforts.

"Of late years, while laboring under these severe attacks, I became very nervous, and continually had tired, worn out feelings. My rest at night seemed to do me no good, and I always felt tired out in the morning.

"I had been taking various medicines and was getting worse all the time. At last I decided to give Paine's Celery Compound a trial. I procured a bottle, and took it according to directions, and found its effect wonderful. Before I had used the first bottle I began to improve, after I had used the second bottle I felt as well as ever I did in my life. It had banished all aches and pains, my nervousness was all gone, and the tired and worn out feelings were banished. I can go to bed now and sleep well, and rise in the morning rested and refreshed.

"I have recommended Paine's Celery Compound to my friends who were suffering from the same troubles as I had, and all have been greatly benefited. Knowing what it has done, I can cheerfully recommend it to any person suffering from kidney disease."

Splitting Headache

CURED BY

One Minute Headache Cure

10c.

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324 YONGE STREET, TORONTO.

HEALTH AND HOUSEHOLD HINTS

Plants do not thrive satisfactorily planted in glazed pots. It is better to grow a plant in an ordinary pot, and stand this inside the glazed one.

Two uses for eggs are not generally known or appreciated. A fresh egg beaten and thickened with sugar, freely eaten, will relieve hoarseness, and the skin of a boiled egg, wet and applied to a boil will draw out the soreness.

The following is an excellent formula for camphor wash balls: White soap, one half pound; spermaceti, one-half ounce; boiling water sufficient to cover the soap when shred up finely, and leave until dissolved. Then beat up, adding rather more than half an ounce of finely-powdered camphor, make into round balls and dry in a dry, cool place for some weeks.

Sponge Cake.—Two cups of sugar, two cups of flour, eight eggs, one teaspoon of lemon. Beat well together and bake in dripping pan.

Tea Cake.—One-half cup of butter, one cup of sugar, one-half cup of sweet milk, one teaspoon of baking powder, two cups of flour; flavor with peach. To be eaten warm.

Orange Pudding.—Fill the glass dish with layers of orange and banana. Make a custard with a pint of milk, two eggs (leave out one white), a little flour or cornstarch, half-cupful of sugar, not to make it stiff, but a little thicker; pour the custard over the fruit, which should be sweetened. The white, beaten stiff, with four table-spoonfuls of sugar, can be dropped in spoonfuls over the top. Serve very cold.

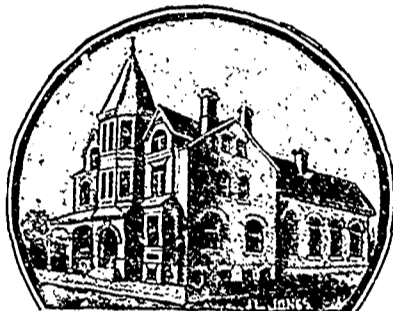
Thirsty Babies.—It seems strange, but true it is, that there are yet in existence young mothers who never give their young babies a drink of water. Water is as necessary to a child's well-being as good food and its bath. Two or three times a day the baby should be given a drink of water, say a table-spoonful, at regular intervals. Try the little mite and see how he relishes it. Furthermore, it will, if given at regular intervals, keep the bowels in good order.

Puree of Vegetable Soup.—Peel and cut up very finely three onions, three turnips, one carrot and four potatoes. Put them into a saucepan, with a quarter of a pound of butter, and the same of lean ham and a bunch of parsley. Place them over a sharp fire for ten minutes, then add a good spoonful of flour and mix it well in. Then add two quarts of stock and a pint of boiling milk; stir until boiling. Season with a little salt and sugar. Rub it through a sieve, put it into another saucepan, boil again, skim and serve with trouts of fried bread. The soup ought to be rather thick.

Stuffed Beefsteak.—Take a thick and tender slice of rump of about two pounds weight. Make two gills of stuffing of bread crumbs, pepper, salt and powdered cloves, of sweet marjoram, as you please. Roll the dressing up in the steak, wind a piece of twine around it, taking care to secure the ends. Have ready a saucepan, with a slice or two of pork fried crisp. Take out the pork and lay in the steak, and brown it thoroughly on every side. Add two gills of the stock, or of water in which meat has been boiled; sprinkle in a little salt, cover close, and stew slowly an hour and a half. Add more water after awhile, if it becomes too dry. Some persons like the addition of chopped onion. There should, however, be only a very little; half of a small one is enough. When nearly done, add half a gill of catsup. When you take up the meat unwind the string carefully so as not to unroll it. Lay it on a hot dish, thicken the gravy, if not already thick enough, and pour over the roll. Cut the meat in slices through the roll.



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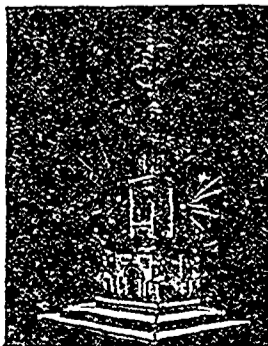
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