Household Hints.

JELLY ROLL.—One cup of flour, one cup of sugar, four tablespoonfuls of melted butter, two tablespoonfuls of water, three eggs, two level teaspoonfuls of cream of tartar, and one teaspoonful of soda sifted into the flour. Put all the ingredients together and beat ten minutes; bake in two long sheets, spread with jelly, and roll up while hot. Cream of tartar and soda may be omitted, and one teaspoonful of baking powder used instead.

A CURE FOR DRUNKENNESS.—Opium, morphine, chloral, tobacco and kindred habits. The medicine may be given in tea or coffee without the knowledge of the person taking it, if so desired. Send 6 cents in stamps for book and testimonials from those who have been cured. Address M. V. Lubon, 47 Wellington Street East, Toronto, Ont.

THE best medical writers claim that the successful remedy for nasal catarih must be non-irritating, easy of application, and one that will by its own action, reach all the remote sores and ulcerated surfaces. The history of the efforts to treat catarrh during the past few years obliges us to admit that only one remedy has completely met these conditions, and that is Ely's Cream Balm. This safe and pleasant remedy has mastered catarrh as nothing else has ever done, and both physicians and patients freely concede this fact. The more distressing symptoms quickly yield to it.

VERMICELLI PUDDING.— Parboil twelve THE best medical writers claim that the

VERMICELLI PUDDING .- Parboil twelve VERMICELLI PUDDING.— Parboil twelve ounces of vermicelli, drain it in a sieve, and put into a stewpan with a quart of cream, four ounces of butter, half a pound of sugar, the juice and grated rind of two oranges, the grated rind of one lemon and the juice of half a one, and a little salt; cover and let it simmer slowly until the cream is nearly absorbed; turn out to cool on a dish. Then add the wolks of six eggs, and the whites heat into a yolks of six eggs, and the whites beat into a stiff froth; mix thoroughly, yet lightly. Put it into a well buttered mould, and bake for an hour and a half in a moderate oven. When done, turn it on a dish, and serve with

HOP YEAST.—One handful of hops (home raised), one-half gallon cold water, one-half cup white sugar, one-fourth cup of salt, four good-sized potatoes, grated. Boil hops in water until the strength is all out of them. Strain and add the sugar and salt. Last, add potatoes. Place all on the stove and just scald. Stir constantly until scalding; remove from the fire, and when milk warm add one cup of good yeast. Give it plenty of time to rise. When it settles, put it away in jars tightly covered. Keep in cool place. This is preferable to yeast in which flour is used, as it will keep better.

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