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70 acres of fair farm... Choice land, mile west of the buildings...

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SEED GROWING

The Kind of Crop to Grow and How to Grow It—An Opportunity for the Ontario Farmer

In 1915 the farmers of Ontario will require 1,000,000 lbs. of root seed, made up as follows: 304,000 lbs. mangels, 222,500 lbs. sugar beets, 286,000 lbs. turnips, 8,586 lbs. carrots.

Hence, at this time, it appears to be not only the duty, but the opportunity of the Ontario farmer, as it has never been before, to supply root crop seed for our own consumption.

Mr. Paul A. Boving, in charge of the root crop investigation of the Cereal Husbandry Department of the McDonald College, Quebec, has conducted very complete experiments in growing seed, and gives some very instructing reports as to his methods.



Excellent Models of Seed Roots to Select of the Globe and Intermediate types.

at best to import practically all the seed needed for a crop valued at \$20,000,000 when this seed can be raised within the country.

The Kind of Crop to Grow. The first problem for the future seed-grower will be the choice of kind. Shall he grow mangel, swede, or carrot seed?

When and How of Planting. Roots are naturally cross fertilized, and different varieties belonging to the same kind should not be planted close to one another.

Harvesting and Threshing. Very often the field does not ripen quite uniformly, and all the seed on one and the same plant will not mature simultaneously.

Storage That Gives Results. Perhaps it would not be out of place just here to give a few directions for the proper storing of roots. Seed roots spoil very easily, and should be handled very carefully.



A False Forest Set Up to Conceal a German Position.

This illustration, from a German paper, has a special interest as affording an instance of the painstaking care the enemy take to conceal their positions of importance.

43. Am I a dog!—The dog even in Palestine is ill esteemed. 44. I will give thy flesh unto the birds of the heavens, and to the beasts of the field.

45. I come to thee in the name of Jehovah of hosts—A childlike faith such as could be the inspiration of the Shepherd Psalm.

46. That there is a God in Israel—A God who is worthy of Israel—See 1 Kings 18:36.

47. That Jehovah saveth not with sword and spear—This was a conviction of the Israelites (see 1 Sam. 2:1-10; 14:6; Psa. 44:6, 7; Hos. 1:7; Zech. 4:6).

48. Ran toward the army—That is, toward the battle line of the Philistines. David did not wait for the giant to approach him.

49. Smote the Philistine and slew him—David must have struck some exposed part of Goliath's head.

50. And when the Philistines saw that their champion was dead, they fled—In verses 4 and 23 the word used is "champion" in our sense; here "champion" means "mighty man."

51. The strongest man of the Philistines' had. As soon as he was dead he left the Philistines and they fled.

52. Yawn for Your Health. Doctor Naegell, professor of medicine at Liege University, commends the practice of yawning as a physical refresher.

53. Took his staff in his hand—Not to fight with, but because he always carried it with him. Even if he did not lay it aside when he was ready to use his sling, it would be no impediment, but rather a help to him.

54. Five smooth stones out of the brook—He was sure of himself, but he intended to take no chances.

55. He would not risk the battle on one throw or two or three. The brook near the scene of battle was full of smooth and rounded pebbles, the very kind David had used many times, doubtless, in his sling.

56. And the man that bare the shield went before him—Goliath was so heavily equipped that he could not carry all his implements of the battle.

57. And he disdained him—See Prov. 16:18: "Pride goeth before destruction, and a haughty spirit before a fall."

HOME

Nourishing School Lunches.

During the period of school life, there is great activity as well as constant development and growth of the body, all of which has to be provided for in considering the food.

The school luncheon takes the place of the noon meal at home, and should be substantial and attractive. Many lunches that are now discarded would be eaten if they were attractively arranged.

The thermos lunch box has compartments which are very convenient and a thermos bottle for carrying hot cocoa, milk or soup.

Meat is rather more acceptable if finely minced and mixed with salad dressing than if sliced. Fish may be flaked and mixed with milk, lemon juice, pimento, or salad dressing.

A little surprise in the form of two or three pieces of candy or an unusual fruit adds to the interest. The child should have a fresh paper napkin each day, and every article should be wrapped in waxed paper so that there may be as little mixture of odors and flavors as possible.

Some Timely Hints.

Have you ever tried (if your family is large and your kitchen sink small) using an oval tin foot tub instead of the orthodox round dish pan?

An ordinary tin can with a hole punched in the bottom as a soap saver, in place of the bought wire ones?

Scalding out tin syrup cans (the sort that have fitted tops) and using them to keep such things as rice, barley, hominy, beans, etc.

Washing the kitchen floor, the subbase, and the frame work about the sink with lye, at the first appearing of those pests, water bugs or roaches?

Saving the bits of sage, thyme, etc., in the penny potheb that was not used in soups, drying them, and using them later in the stuffing for chicken?

Using evaporated fruits—apples, peaches, apricots—in place of the fresh ones for dumplings, pies, and brown Betty?

Putting a lump of washing soda over the sink drain and pouring hot water over it after each dish washing, in order to keep the pipes from clogging? This will save many a plumber's bill.

Flavoring deviled eggs with a dash of vinegar from sweet pickles and using olive oil instead of butter? A tiny pickled cucumber chopped fine and mixed with the yolk of the egg is an improvement.

Some people like a thick gravy with sausage, and this is made by creaming the ordinary essence of the sausage and the flour just as you would butter and flour, seasoning to taste, and then thinning to the desired consistency with water.

Varying fried or broiled halibut steak by adding a rich brown gravy? The flour must be very brown (not scorched) for this, and a goodly lump of butter is required.

And, by the way, when brown flour for gravy do it under the flame of the gas oven, using a fork to mix it. Fork-mixed thickening is apt to be smoother than spoon-mixed.

THE SUNDAY SCHOOL LESSON

INTERNATIONAL LESSON, APRIL 25.

Lesson IV. — David and Goliath. I Sam. 17: 1-54. Golden Text, Rom. 8: 31.

Verse 38. And Saul clad David with his apparel—A military dress to which a sword was attached. It would seem that David was almost as large as Saul.

39. I cannot go with these; for I have not proved them—David knew nothing about warriors' garments, particularly the equipment of a king.

40. Took his staff in his hand—Not to fight with, but because he always carried it with him. Even if he did not lay it aside when he was ready to use his sling, it would be no impediment, but rather a help to him.

41. Five smooth stones out of the brook—He was sure of himself, but he intended to take no chances.

42. He would not risk the battle on one throw or two or three. The brook near the scene of battle was full of smooth and rounded pebbles, the very kind David had used many times, doubtless, in his sling.

43. And the man that bare the shield went before him—Goliath was so heavily equipped that he could not carry all his implements of the battle.

44. And he disdained him—See Prov. 16:18: "Pride goeth before destruction, and a haughty spirit before a fall."

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