

For cold in the Head and Chest use

BAUME BENGUÉ

has immediate effect.

BEWARE OF SUBSTITUTES
\$1.00 a tube.

THE LEEMING MILLS CO., LTD.
MONTREAL
Agents for Dr. Jules Bengué
RELIEVES PAIN

Remember This.

There are many stories told against Irishmen of ripe and full age, but not so many about them when they are young. Still, here is a proof that they are Irishmen even before they are breeched.

It was a class-room in a village school in Ireland, and the teacher was giving a lesson on salt.

"Now," she said, at the conclusion of her rather long and inclusive lecture, "I want someone to give me a good definition of salt."

"Shure, teacher," said Micky, a bright, blue-eyed youngster. "It's the stuff which makes potatoes taste nasty when you boil them and don't put any in."

Caterpillar Work.

Just to show what a modest caterpillar's hard work can accomplish, it may be mentioned that the silkworm in 1919 produced 52,767,600 pounds of raw silk.

Nearly two-thirds of this total quantity was produced in Japan. China contributed about one-fourth of the whole. In Europe, Italy was the big producer, sending to market 4,078,600 pounds, or just about ten times as much as France.

We believe MINARD'S LINIMENT is the best:

Mathias Foley, Oil City, Ont.
Joseph Snow, Norway, Me.
Charles Whooten, Mulgrave, N.S.
Rev. R. O. Armstrong, Mulgrave, N.S.
Pierre Landers, Sen., Pokemouche, N.B.

Be the Best of Whatever You Are.

"If you can't be a pine on the top of the hill,
Be a scrub in the valley—but be
The best little scrub at the side of the hill;
Be a bush if you can't be a tree.
If you can't be a bush, be a bit of the grass,
Some highway to happier make;
If you can't be a musketeer, then just be a bass—
But the liveliest bass in the lake.
We can't all be captains, we've got to be crew,
There's something for all of us here;
There's big work to do and there's lesser to do.
And the task we must do is the near.
If you can't be a highway, then just be a trail;
If you can't be the sun, be a star.
It isn't by size that you win or you fall—
Be the best of whatever you are."

THE FALL WEATHER HARD ON LITTLE ONES

Canadian fall weather is extremely hard on little ones. One day is warm and bright and the next wet and cold. These sudden changes bring on colds, cramps and colic, and unless baby's little stomach is kept right the result may be serious. There is nothing to equal Baby's Own Tablets in keeping the little ones well. They sweeten the stomach, regulate the bowels, break up colds and make baby thrive. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

To the Loser.

Never mind the losing.
Think of how you ran;
Smile, and shut your teeth, lad,
Take it like a man!
Not the winning counts, lad,
But the winning fair;
Not the losing shames, lad,
But the weak despair;
So, when failure stuns you,
Don't forget your plan,
Smile, and shut your teeth, lad,
Take it like a man.

It is much easier to be critical than to be correct.—Disraeli.

Washing by Fire.

The silky fibre derived from certain rocks which we call asbestos was familiar to the ancient Greeks and Romans, and was commonly used by them to make fireproof yarn, fireproof rope and fireproof cloth.

These are the uses to which asbestos is chiefly put at the present time. It is only in the production of thread from this material that we have much improved upon the ancients. It is now spun so fine that a pound of asbestos will yield two-thirds of a mile of thread.

To "wash" a piece of asbestos cloth one has only to put it into fire. That cleans it.

DRAWING ON YOUR RESERVE STRENGTH

This is What Thousands of People Throughout the Country Are Doing.

Thousands of Canadian housewives are working from day to day on their nerve. They are dally drawing more and more on their reserve strength, knowing full well that they are using up that vital force which often means life or death in the crisis of disease. They are the victims of a feeling of hopeless exhaustion after the performance of even the small tasks which were once the simplest and easiest parts of the day's work. They find the appetite failing, sleep is disturbed and unrefreshing; they lose weight, and always feel tired and depressed. In this condition a blood-building tonic is needed to restore health and activity, and for this purpose Dr. Williams' Pink Pills are unsurpassed. Often the trouble will have progressed to a point which makes full recovery slow, but the treatment should be persisted in and renewed health and activity will be the result.

The case of Mrs. W. Schooley, R.R. No. 2, Tilsonburg, Ont., well illustrates the value of Dr. Williams' Pink Pills in cases of health breakdown. Mrs. Schooley says: "For upwards of five years I felt my strength declining, until at last I could not do light chores around the place. Then a doctor was called in, and after doctoring about a month he said that only an operation would help me. I did not feel like going through this, and decided that in any event I would wait a while. I had no appetite, often had headaches accompanied by dizzy spells; several times I had fainting spells, and my legs would swell, and I could not even sweep a floor without resting several times. Again a doctor was called in and he said the trouble was general debility and nervous breakdown. The treatment, however, did not help me, and then one evening as my husband was reading the paper, he came across a case in many respects similar to mine, cured through the use of Dr. Williams' Pink Pills. The next day he got me a supply of the Pills, and to their continued faithful use for several months, I owe my present splendid health. I may say that soon after beginning the use of the pills I felt a gradual improvement in my condition, my appetite improved, I began to feel rested after a night's sleep and I gained in weight. My friends were continually expressing surprise at my improved condition, as it was generally believed I had become a chronic invalid. I always take a delight in telling them that Dr. Williams' Pink Pills are responsible for my present good health, and as they have been a real blessing to me I shall always continue to praise them."

If you are suffering from any condition due to poor, watery blood, or weak nerves, begin taking Dr. Williams' Pink Pills now, and note how your strength and health will improve. You can get these pills through any dealer in medicine, or they will be sent by mail, post paid, at 50 cents a box or six boxes for \$2.50 by The Dr. Williams' Medicine Co., Brockville, Ont.

Photographed by Lightning.

Pictures imprinted on the skin are a common freak of lightning. Natural objects, trees, ships, and the patterns of ferns are often found on a man's, woman's, or child's body after it has been struck.

Perhaps the most curious instance of this phenomenon is recorded by the famous French scientist, M. Flammarion. A doctor, returning from a train journey, missed his purse. Later in the day he was called to attend a stranger who had been struck by lightning in a train.

On the man's throat the doctor was amazed to see an imprint of his own monogram, similar to that on his lost purse. The purse was found in the stranger's pocket.

He had picked the doctor's pocket in the train, and while examining the purse a lightning flash had been attracted by the metal clasps and imprinted the monogram on the thief's neck.

Scientists often quote the case of the eight petrified reapers when talking of the freaks of lightning.

They were sitting under a tree eating their midday meal when a storm came on, and they were found later in the same position—dead.

One of two held their food in natural attitudes, one had a mug to his lips, while another was reaching forward with his hand in the food bag. All had been struck by lightning.

Another time a flash of lightning tripped a girl of her hair, every

AUTO SPARE PARTS

For most makes and models of cars. Your old, broken or worn-out parts replaced. Write or wire us describing what you want. We carry the largest and most complete stock in Canada of slightly used or new parts and automobile equipment. We ship C.O.D. anywhere in Canada. Satisfaction or refund in full our motto. Shaw's Auto Salvage Part Supply, 923-921 Dufferin St., Toronto, Ont.

strand being cut clean away as if shaved by a razor. Yet the child felt no shock. A somewhat similar case was that of a woman who, after being struck, gradually lost all the hair on one side of her head.

Boats That Push Themselves.

Boats that push themselves along, and that can be steered without rudders, will soon be seen on our rivers and canals, says an English writer. The barges fitted with this new invention travel by means of water which they first pump up, and then force back again into the stream with sufficient power to drive the barge forward.

The manner in which the water propels the barges can be regulated; and by exerting a greater pressure on one side or the other the direction in which the barge is moving may be altered at will, and so the need for a rudder is done away with.

Another advantage of this method of propulsion is that weeds cannot get entangled in the machinery as when a screw is used. Also, very little depth of water is required for these barges.

Still another peculiarity is claimed for this invention. It is said that boats driven by this means will be able to travel sideways as well as forward, as the water power can be regulated to act in any direction.

Live Stock Show.

It is said that the proof of the pudding is in the eating, and this very aptly applies and is proven in the price received for the best finished live stock at the Toronto Fat Stock Show. In the 1919 show as high as 75c per lb, live weight, was paid by auction for cattle, 50c per lb. for hogs, and 41c per lb. for lambs. Quality always brings a premium. The attention of the readers is directed to the Eleventh Annual Toronto Fat Stock Show, to be held at the Union Stock Yards, December 9th and 10th, 1920.

Random Remarks.

No one is a good judge of her own reputation.—Mrs. Asquith.

One often lightens troubles by telling them.—M. Millerand.

I am now a rich woman, but my greatest wealth is my imagination.—Mary Pickford.

Friendships cannot be kept in repair without some effort.—Right Hon. H. A. L. Fisher.

The chief thing to bear in mind in starting life is that everyone is entitled to an opinion.—Sir J. Colman.

It is not the prize that is the great thing; it is the effort which has deserved the prize.—Bisshop Welldon.

"Honor all men" is a thoroughly democratic sentiment, but it sometimes seems to be interpreted, "Be equally rude to all men."—Bishop of Lichfield.

When I was a bit younger I was told that one's boyhood was the best time in a man's life. At the time I did not think it was true, but I must say that I know it now.—The Duke of York.

Minard's Liniment For Dandruff.

Was Well Fixed.

One of the churches in a western town is so fortunate as to have a young woman as its pastor. She was called to the door of the parsonage one day, and saw there a much embarrassed young farmer of the Swedish type.

"They said the minister lived in this house," he stammered.

"Yes," replied the fair pastor.

"Well—well—I'd—er—like to get married."

"To get married? Very well, I can marry you," said the minister encouragingly.

"Oh, but I've got a girl already," was the disconcerting reply.

CASCARETS

"They Work while you Sleep"

Stop growling around like a cross bull pup. You are constipated, bilious, and what you need is Cascarets tonight sure for your liver and bowels. Then you will wake up wondering what became of your nervousness, dizziness, sick headache, bad cold, or upset, gassy stomach. No griping—no inconvenience. Children love Cascarets too. 10, 25, 50 cents.

America's Pioneer Dog Remedies Book on **DOG DISEASES** and How to Feed. Mailed Free to Any Address by the Author, H. Clay Glover Co., Inc., 113 West 51st Street, New York, U.S.A.

BITS OF HUMOR FROM HERE & THERE



Horticultural.

A teacher in an Englewood school asked the other day: "How many kinds of flowers are there?"

Three pupils held up their hands. She chose one to reply.

"Well, Isidore, how many kinds of flowers are there?"

"Three, teacher."

"Indeed? And what are they?"

"Wild, tame, an' collie."

The Only Way.

Talk had veered round to the modern cynical view of love that prevails. "I remember once," said Smith, "hearing two very ordinary men, a bricklayer and a plumber, discuss love in a smoking car."

"I hold," said the bricklayer, "that if you are terribly in love the way to cure yourself is to run away."

"The plumber shook his head and sneered.

"That won't cure you," he replied, "unless you run away with the girl."

Easier to Spell.

A doctor received a note asking him to go at once to a case of small-pox, but to his surprise, on arriving at the patient's bedside he found that it was merely a case of rheumatism.

"But this is very plainly not small-pox," he said.

"Well, doctor," replied the man, as he shuffled one foot over the other, "to tell you the truth, we know it was rheumatism, but nobody in the house could spell the word, and we thought small-pox would do just as well until you came, and probably bring you quicker."

MONEY ORDERS.

Remit by Dominion Express Money Order. If lost or stolen you get your money back.

Citrus Powders.

Announcement is made of the discovery of a successful process for reducing orange juice and lemon juice to dry powders, the method adopted being much like that employed for the production of powdered milk.

Dry air, at not too high a temperature, evaporates the juices to dryness, thus preserving the fresh flavor. When wanted for use, it is necessary merely to add water.

"DANDERINE"

Stops Hair Coming Out; Doubles Its Beauty.



A few cents buys "Danderine." After an application of "Danderine" you can not find a fallen hair or any dandruff, besides every hair shows new life, vigor, brightness, more color and thickness.

STORM WINDOWS & DOORS

SIZES to suit your openings. Fitted with glass. Safe delivery guaranteed.

Write for Price List (G). Call down, full bills, insure water comfort.

THE HALLIDAY COMPANY, Limited
HAMILTON FACTORY DISTRIBUTORS CANADA

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"



The name "Bayer" on Aspirin identifies the only genuine Aspirin—the Aspirin prescribed by physicians for over ninety years and now made in Canada.

Always buy an unbroken package. There is only one Aspirin—"Bayer"—You must say "Bayer"

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocetate diester of salicylic acid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Classified Advertisements.

FOR SALE

GET YOUR SILVER FOXES FROM me. My stock all "Standard bred" and guaranteed. Prices right. E. M. MacDougall, West Gore, N.S.

As an aid to loveliness, Hindu women color their teeth black, while in Japan and China they paint their faces white, with red on their cheeks, and magnets on the lips.

Minard's Liniment Relieves Distemper

An engagement to marry is often announced as a kissing-feast in Hungary.

MOTHER!

"California Syrup of Figs" Child's Best Laxative



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless physic for the little stomach, liver and bowels. Children love its fruity taste. Full directions on each bottle. You must say "California."

CUTICURA HEALED ITCHING ECZEMA

On Little Boy's Face. In Blisters. Lost Sleep.

"My little boy had eczema on his face, and it caused itching and loss of sleep. The trouble began with red blotches, and his face got red, almost like raw beef, and then it broke out in blisters. The blisters broke and caused his face to become sore.

"Then I used Cuticura Soap and Ointment. In a short time all traces of the eczema were gone." (Signed) Mrs. Z. Alexander, Box 35, Trout Creek, Mont., January 21, 1919.

Make Cuticura Soap, Ointment and Talcum your daily toilet preparations. Soap 25c, Ointment 25c and 50c. Sold throughout the Dominion. Canadian Depot: Lyman, Limited, St. Paul St., Montreal. Cuticura Soap shaves without soap.

USE SLOAN'S TO WARD OFF PAIN

You can just tell by its healthy, stimulating odor, that it is going to do you good

"If I only had some Sloan's Liniment!" How often you've said that! And then when the rheumatic twinge subsided—after hours of suffering—you forgot it!

Don't do it again—get a bottle today and keep it handy for possible use tonight! A sudden attack may come on—sciatica, lumbago, sore muscles, backache, stiff joints, neuralgia, the pains and aches resulting from exposure. You'll soon find warmth and relief in Sloan's, the Liniment that penetrates without rubbing. Clean, economical. Three sizes—35c, 70c, \$1.40

Sloan's Liniment Pain's enemy

Surnames and Their Origin

ROBERTS

VARIATIONS—Robertson, Robson, Robinson, Robison, Probert, Probyn, Robinett.

RACIAL ORIGIN—Medieval English; also Welsh.

SOURCE—A given name.

Robert was one of the most popular of Christian names in the middle ages in England, more so by far than today, and as an inevitable result the family name of Roberts to-day is most widespread, as are also the unusually large number of variations from it.

Probably no better illustration could be chosen of the manner in which family names of that class derived from given names developed.

The origins of all the variations mentioned in this article, which, by the way, fall far short of completing the full list of Robert names, have been along normal lines and obvious lines.

As a given name, Robert is of Teutonic origin, coming from two roots; "hruod" in the early Frankish tongue ("hruotha" in Scandinavian), meaning "fame," and the old word, common to all Teutonic tongues signifying "bright," which in German names has developed into "brecht" or "precha," and in English names into "bert."

Robin was a very common variation of the given name in old England, as was the contraction Rob. From the former has come Robinson, Robison, Robins and Robinet, the last named through the use of the Norman-French diminutive "et." Robertson, of course, is simply "Robert's son," and Robson is "Rob's son." Probert and Probyn are forms of the name developed in Wales from "Ap-Robert" and "Ap-Robyn," the "ap" being similar to the Gaelic "O" and "Mac" and the Norman-French "Fitz," and serving the same purpose of the Anglo-Saxon ending, "son."

SEYMOUR

VARIATION—Seymore.

RACIAL ORIGIN—Norman-French, also Middle English.

SOURCE—Descriptive of locality, also of occupation.

It is surprising how many family names which have come to us from England have developed from two or more independent sources. The surname of Seymour is one of these.

Regarding it in the light of one of these sources, it belongs to that very large classification of family names, descriptive of localities in various parts of northern Europe, which developed in England following the invasion of William the Conqueror.

As William had gathered his forces from many sections of Normandy, making it a rather cosmopolitan host, and as this took place at a time when there was necessity for some system of names which would distinguish one John from another, and one Hubert from another, it became quite common, when the Normans got to England, to add to a man's given name some mention of the locality in Normandy from which he had come. One of the invaders were enrolled was St. Maur. The records show first mention of this surname in the form of "de St. Maur" (of St. Maur). Following this the English language went through the throes of radical change in a short period, from which the name emerged as Seymour and Seymore.

The more humble explanation of the name's origin is that it developed from the trade of some of the early bearers. The word for tailor in those days was sometimes "seamer," and it is more than likely that, in some instances at least, the surname Seymour may be so explained, being influenced in its spelling by the prior existence of the changed form of St. Maur.

Nature Responds
Nature is on your side every time you eat



Grape-Nuts

For this sturdy blend of wheat and malted barley supplies body and brain with just the elements of nutrition that Nature demands for health and vigor.

Grape-Nuts is a Sugar Saver

"There's a Reason"