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mean a radical Toronto.

growing stronger and stronger, see Phil. i. 6; Ephes. Christ; that I have put on Christ; that the Holy and Bible reading, and works of kindness to others know perfectly, 1 Cor. xiii. 12; 2 Cor. iii. 18; 2 Cor. 1v. 6; Rev. xxii.~5.

Thou who didst come to bring On Thy redeeming wing Healing and sight, Health to the sick in mind. Sight to the inly blind, O now to all mankind, Let there be light.

## Hamily Reading.

INTEMPERANCE

A VIVID PICTURE ON THE EVILS IN ITS PATH-A BIT OF WORD PAINTING.

Intemperance cuts down youth in its vigor, mauhood in its scrength, and age in its weakness. It breaks the father's heart, bereaves the doting mother, extinguishes natural affections, erases conjugat love, blows out filial attachments, blasts paiental hopes, and brings down mourning age in sorrow to the grave. It produces weakness, not strength; death, not life. It makes wives widows, children orphans, parents childless, and all of them paupers and beggars. It feeds rneumatism, invites gout, imparts pestilence and emtraces consumption. It covers the land with idleness, misery and crime. It fills your jails, supplies your almsuouses and demands your asylums. It engenders controversies, fosters quarrels and cherisnes riots. It crowds your penitentiaries and furnishes victims to your scaffolds. It is the life bood of the gambler, the element of the burglar, the prop of the highwayman, and the support of the millinight incomiliary. It countenances the liar, respects the thief, esteems the blasphemer. It violates obligations, reverences fraud and nonours infamy. It detames benevolence, hates love, scoras virtue and slauders innocence. It invites the father to butcher his helpless offspring, helps the husband to massacre his wife, and the child to grind the paricidal ax. It suborns witnesses, nurses perjury, denies the jury box and sains the judicial ermine. It degrades the citizen, disarms the patriot. It brings, shame, not honor; terror, not safety; despair, not hope; misery, not happiness, and with the malevolence of a fiend it with its havoc, it poisons felicity, kills peace, ruins mortals, blights confidence, slays reputation, and wipes out national honour, then curses the world and laughs at ruin.

## BISHOP WILKINSON, OF TRURO, ON

have no part or lot in this matter."

Temptation is not sin. Our blessed Lord passed

Realize your true position with regard to the old then came that sudden fall.

growing stronger. His own good time we shall see and (thost is developing in me the higher nature! —for you must be especially careful, in the season What a blessing, that the old nature is like a grain of darkness, to go and do something to help others; of corn dying out; and that my real self, this to say a kind word to some one, even if feeling full higher nature, is growing up like the blade out of of bitterness in your heart; -he has been deterthe dark soil; "first the blade, then the ear, after mined to go on doing the things that he would that, the full corn in the ear.'

self almost satirically; to say: "What would ciently for the deepening of his religious life, I have have become of me, it God had left me to myself! watched him come out of the trial with such a real Look at these bad feelings, these grudging thoughts, and thankful spirit, and such power of the Holy this impatience, this want of love, these miserable Ghost, that I can only describe it by the account been lett to myself, what a contemptible creature I "when the devil had ended all the temptation;" liverance in such thoughts and words as these, were astonished. which can be realized only by those who have used

Try to lay hold of this idea; that although the forever and ever. tabernacle of your earthly nature is gradually decay lng, there is forming in you a glorious nature even as, by the Incarnation, the Godhead dwelt in the frail temple of humanity. Say to yourself: There is in me this higher nature; and my part is this: to go on feeding the higher nature, in every possible way. I must take care to spare no effort. I must not neglect my devotions. I must kneel down, even if I feel I cannot pray. I must read of the trunks of trees. my Bible, even if I have no inclination for its holy teachings. I must prepare for that Communion. and thank God afterwards for the blessing that I know I shall have received, though I may not enjoy it at the time-nay, may feel as if I were a hypocrite. I must go on feeding the higher nature by drawing near to His Holy Table, however long God may allow me to remain under the dark cloud of temptation.

O, brethren, the havor that Satan is making in the souls of Christian people, through neglect of this, it would take days to explain fully !

Sometimes, for instance, a person neglects pray er, or Bible reading, or Holy Communion, for one debases the legislator, dishonors the statesman and day, first of all -or even omits it for some lawled reason; and then the devil tells him that it was sinful to give up the prayer on that day, and that it is of no use to begin again; and so he makes calculy surveys its frightful desolation and satisfied the Christian dark and dull and miserable, until, at last, he gives up his prayers altogether!

And then—everything goes well with him! The work seems better done; there seems to be more success in it; more comfort, less ill-temper, less means; the devil has left him! For the devil knows that if the child of God neglects prayer and Bible reading, and Holy Communion, and so forth, Do not confuse temptation with sin. That is one he has him, as surely bound in his fetters as if he of Satan's great objects. He fills our minds with had committed some gross sin. And, therefore, wandering thoughts and unnoly desires, and then Satau leaves him alone; he plays with him he turns round upon us, and says: "You have so to speak, as the angler plays with the ding anxiety; and He who even in the desert sinned; you are guilty; that wandering thought, fish that he has securely caught. And so it spreads His table for the birds, He who clothes the that defiled imagination, that buter and uncharit- goes on, for a time; and then, when Satan finds flowers in their embroideries of beauty will feed able feeling, that unholy word, shows that you it worth his while, he comes back, and destroys and clothe you. That trust which unconsciously that soul.

through every temptation, yet He never sinned. into a great forest, and seen a gigantic tree laid these lower things, because He gives, and will give, In all points He was tempted, like as we are; and low, and you have said, "Why is this? There and has given to you, higher things than these. was no great storm last night." But on examin-We may be tempted for a whole month—without ing the tree, you find it was inwardly decayed and mire by the spirit of mean, selfish, grudging, the a moment's comfort, through those entire weeks, dead; and, therefore, the little breeze of eventide trustful accumulation. If you seek first the kingand yet we may never once have yielded to the was enough to lay it low—that strong oak! Even dom of God, all these other things, or things transtemptation. Sin only begins, when our will yields so, if there be not, by the grace of God, this conitself up to the desires of our lower nature, or to tinual feeding of the higher nature, it must decay. the temptings of the great adversary. Stand fast This will account for the fall of many, who were your merchandise, and your daily work to earn in your fortress! Let the arrows of the enemy fall as they will! You cannot help it, if the enemy is near; but you are safe, unless you go out of were deluded by the devil, because all seemed the kingdom of Heaven is a Divine law which your fortress, and give yourself up to the enemy. peace, and no storm was raging around them; and should regulate, a Divine temper which should per-

spiritual diseases—this unholy temper, this discon- watched a Christian man passing through a whole worth living, for the sake alike of your temporal tent and murmuring, or whatever it may be—as Lent, without any comfort in his religion; no con- and eternal happiness, do not seek the dross of apart from yourself. It is the "old man," as St. scious communion with God, no joy in the Holy earth more, and love it better, than the gold of Paul calts it; the old nature, gradually dying out, Ghost, none of those happy seasons, which we Heaven. Let conscience and faith enter into every that the new man may be raised up in you. Learn would not exchange for anything in this world. necessary act of your daily life. Learn to discrim-

have done, if he had felt Christ near to him. And And it is a great help, at times, to look at your-then, when God had allowed him to be tried suffiprayers, these wretched communions! If I had given, in one of the Gospels, of our Blessed Lord, should have been by this time! In me, that is, in that He went forth "in the power of the Spirit," my flesh, dwelleth no good thing " There is a de- and did such wondrous works, that all the people

Yes, it is of little matter, in this short life, whether we are happy or unhappy; but it is of Whilst you are dealing thus with the old nature, infinite matter, that not a day should be wasted, be continually strengthening, in every possible way, your in which that higher nature can be strengthenedhigher nature. " Put on the new man, which after that glorious, eternal, incorruptible being of ours, God is created in righteousness and true holiness." which is to live with God and with the boly angels

## WHAT THE BIRDS ACCOMPLISH.

The swallow, swift, and nighthawk are the guardians of the atmosphere. They check the increase of insects that otherwise would overload it. Woodpeckers, creepers, and chickadees are the guardians Warblers and flycatchers protect the foliage. Blackbirds, crows, thrushes, and larks protect the surface of the soil. Saipe and woodcock protect the soil under the surface. Each tribe has its respective duties to perform in the economy of nature; and it is an undoubted fact, that if the birds were all swept off the face of the earth man could not live upon it; vegetation would wither and die; insects would become so numerous that no living thing could withstand their attacks. The wholesale destruction occasioned by grasshoppers, which have lately devastated the West, is undoubtedly caused by the thinning of the birds, such as grouse and prairie hens, etc., which feed upon them. The great and inestimable service done to the farmer, gardener, and florist, by the birds, is only becoming known by sad experience. Spare the birds and save your fruit; the little corn and fruit taken by them is more than compensated by the quantity of noxious insects they destroy. The long persecuted crow has been found, by actual experience, to do more good by the vast quantities of grabs and insects he devours, than the harm he does in the few grains strife, and so on. Of course, we know what that of corn he pulls up. He is one of the farmer's best friends.—Home Journal.

## TRUST AND WORK.

Do your work, but do it in quietness and confidence; do your duty, but do it without this corro-Gods humbler creatures show, that do ye show Some of you may have gone out in the morning reflectingly and consciously. Trust in God for cendently better than these, shall be added unto you. There is nothing wrong in your trade and yade and transfigure them. Only, for the sake of nature. It is a great help to look quietly on these And on the other hand, I have sometimes your own souls, for the sake of all that makes life to say: "What a blessing that I am baptized into And yet, he has gone on steadily with his prayers inate the transcendent. Learn to feel habitually