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CHATS WITH YOUNG MEN.

Remember that your work comes only Remember that your work comes only moment by moment, and as surely as God calls you to work He gives the strength to do it. Do not think in the morning, "How shall I go through this morning, "How shall I go through this day? I have such and such work to do day? I have such and such work to do and persons to see and I have not strength for it." No, you have not, for you do not need it. Each moment as you need it, the strength will come, only do not look forward an hour; cirenly do not look forward an nour; circumstances may be very different from what you expect. At any rate, you will be borne through each needful and right thing "on eagles' wings." Do not worry yourself with misgivings; take each thing quietly.

Bear Your Burdens Like a Man. Every man must bear his own burden, and it is a fine thing to see anyone try-ing to do it manfully; carrying his cross bravely, silently, patiently, and in a way which makes you hope that he has taken for his pattern the greatest

An Upright Intention.

We should try to perform all our actions with an upright intention, having in view God's honor and the interests of truth, justice and charity. An interpretable properties and charity. ests of traction, how indifferent soever, is en-action, how indifferent soever, is en-nobled and sanctified by a religious intention. As the government stamp gives a value to a coin of the basest etal, so does an upright intention affix the royal stamp of divine approbation on the smallest deliberate act.—Cardinal Gibbons.

Faithfulness.

Faithfulness is the explanation of many a successful career. Opportunity, ability and the friendly assistance that may be given all tend to further one's efforts, but the persistent, undaunted faithfulness to labor in hand, in the very face of opposition and in the very face of opposition and hindrance and obstacles, is that which conquers. The character that is deconquers. The character that is developed by devotion to duty, in life's smallest undertakings, is being equipped for glorious achievements. Therein is found the secret of success. A Gentleman.

To say with emphasis that a man is a gentleman, in our language is prover-bially, so far as this world goes, the highest encomium that he can receive. No epithet adds anything to it; on the contrary, it is reduced by epithets, because it implies contrary, it is reduced by epithets, be-cause it implies in our usage all the highest qualities that a man can have among men. A truthful gentleman, a brave gentleman, a reliable gentleman are pleonastic and even vulgar expres-sions, pleonastic because the word sions, pleonastic because the word gentleman implies all these other qualities, vulgar because no one who is a gentleman would be capable of failing to recognize this fact.

Are You a Dead One ?

The story of that gentleman whose graceful lounge against the outside of a graveyard fence was interrupted by a friend with, "Why ain't you on the inside? Don't you know you're a dead one?" ought to set a good many people one?" ought to set a good many people to thinking. There is no disposition on the part of the living to criticise or in the least to complain of those "unburied dead" who go quietly about among the quick and disturb one by among the quick and disturb one by their persistence in keeping up the mo-tions of life long after those motions have ceased to signify life. No, it is with the uponiet deed that the with the unquiet dead that the quarrel is—those who take their stand in public places and by their boisterous actions assemble about them crowds of other unquiet "dead ones" to the imof the public business and to the distraction of the public mind. There are those who have a certain admiration for the quality of "not knowing you're whipped." It is, of course, a stupid quality and never yet produced anything but disaster—no one should confuse it with the admirable should confuse it] with the admirable quality of not imagining one is whipped when one isn't. But can a single admirer among the living be found for the quality of being "dead and don't know it?" Any one who cares to know whether he is alive or not—there be those in honest doubt—can partially test the matter by noting whether he has read this paragraph desert to morrow.' It is due proportion, and proved the handiwork of a true artist in cooking.

"As you understand so well how to prepare this homely dish,' he said, at the close of many compliments, as he close of many compliments, as he took leave, 'I am sure your delicate taste must be equally faultless at conganity that then and there she would promise him never to touch a frying-pan any more.

"You've the that,' responded the aunt. 'You've to keep their promise, and insisted that then and there she would promise him the thim."

"Nonsense, child; don't take on like that,' responded the aunt. 'You've to keep their promise, and insisted that then and there she would promise him never to touch a frying-pan any more.

"Then Pura understood why the sprites had bid her invite the cripples got through it all so far. Do as I bid you, and it will all come right in the close of many compliments, as he took leave, 'I am sure your delicate taste must be equally faultless at conganity to heave the matter than the thin and there she would promise him never to touch a frying-pan any more.

"Then Pura understood why the sprites had bid her invite the cripples got through it will all come right in the close of many compliments, as he took leave, 'I am sure your delicate taste must be equally faultless at conganity to heave the matter than the thin and there she would promise him proved the handiwork of a true artist in cooking.

"As you understand so well how to he she sobbed harder than ever.

"You've had a stream thim proved the handiwork of a true artist in cooking.

"Then Pura understood why the sprites had bid her invite the cripples well have the min to the will have th whether he has read this paragraph without the slightest feeling of resent-ment, without the faintest twinge of

Something Lacking.

There are a great many things that success depends upon which are not taught in schools or colleges. Don't think that, because you have been graduated, and have a school or college diplome, you are necessarily compand graduated, and have a school of codlege diploma, you are necessarily equipped for a successful career, for many of the secrets of achievement elude textbook writers, escape the attention of teachers, and are never mentioned in There are certain indescribable qualities of personal attraction, manner, and subtlety which inhere in tact and common-sense that are not found in schools or colleges, but upon them all great work depends. There is an intangible something called personal magnetism. sonal magnetism, a power to surround oneself with success qualities and at-tract success elements, which eludes photographers and biographers, and yet is most potent in masterful

careers. Every year a great many graduates go forth from our law schools who stood well in their classes, are well grounded in the principles of law, and are ad-mitted to the bar without conditions. and yet they fail as lawyers simply be-cause they had not that indescribable something which would enable them to do just the right thing at the right

Many a man fails as a lawyer simply because he is not, first of all, an all-round man. He knows books, and is grounded in the theory of law, but he lacks a certain nameless instinct which makes men successful. We know lawyers who are remarkably well-posted in their profession, and yet they have hard work to make a decent living for their

families simply because they were never taught business principles. They are all at sea outside of theory.

The writer had a classmate in the law school state and a classmate in the law school state. school who was graduated well up in his class. He worked hard for years to get a start, but somehow clients would not come to him. He lacked an

know how to handle it because it did not fit his theories. He lacked a fine not it his theories. He lacked a line sense of the fitness of things. His tact and common sense were not developed. He had a good office, was a thorough student, and had good address, but lacked ability to get and keep clients. He was finally starved out, and is now the sixty of the start o

trying to get a living at something else.
We know physicians who stood well in their medical schools, are well posted in medical laws, and familar with the up-to-date principles of medicine, but they lack these indescribable somethings which make a man successful, if he has them, no matter what else he may lack, but which are not found in text-books or taught in schools. in text-books or taught in schools.

Many musical students who are grad-uated from conservatories with honors, and understand the technique of music and the laws of harmony, may be total failures as musicians or teachers. They are wanting in the power of expression. or lack ability to grasp and seize the opportune moment.—Success.

OUR BOYS AND GIRLS. WHAT ANNA SAW IN THE SUN-

" Pura's tears fell fast on the beautiful market spoil, on which Aunt Trinidad stood feasting her gaze. Never had such a provision of generous diet stood within sight of her hearth! But Pura only reflected on her incapacity to deal with such choice materials, and she knew there was no help to be got from her aunt, to whose cuisine even a piece of bacon and a rare delicacy.

"Pura went to bed that night as sad as the night before, for she kept saying to herself, Suppose the gentleman should think it is I who have been deceiving him!'

" But the sprites did not forget her, Lolita. Very early in the morning—very early!—they came in on the sunbeam, as bright and as beautiful as before; and in a trice they had laid the fire in the stove, and blown the charcoal into a fine red glow; then, while the chart coal into a fine red glow; then, while one took down the large pots from the shelf, and filled them with water at the well, one was busy plucking the fowls, and another washing and preparing the vegetables. The vegetables were soon put on in one way with the bases and vegetables. The vegetables were soon put on in one pot with the bacen; and then the fowls, the ham, the sausages, the tripe, the pigs-fry, the rolls of lean meat nicely larded and stuffed, all set to stew in another, and all seasoned with the greatest care and delicacy. The whole morning Pura watched the sprites. And though Aunt Trinidad sprites. And though Aunt Trinidad saw nothing but the sunbeam playing about the kitchen, Pura saw them, as they carefully skimmed the pots, added to the liquor or the flavoring, made up or slackened the fire; then an hour before dinner-time the contents of two pots were mingled with care, and once more set on to simmer, while with herbs, and bread crumbs, and garlic, primento, and parsley, certain force-meat were being made ready, and fried in sparkling oil to a fine golden hue, ready to drop into the pot the moment

efore serving up.
"The traveller came faithful to his appointment, and the delicious odors of the porridge met him directly he entered the garden-gate over-powering the perfume of the carnations on the window-sills. Proudly Aunt Trinidad bore in the lordly dish, for she knew that never in the palace was a more perfect stew served. The traveller dined with undisguised satisfaction; the confessed it was the ne plus ultra of cooking. Nothing was wanting, of nothing was there too much, everything was in its due proportion, and proved the handiwork of a true artist is cooking.

by means of which to explain how little part she had in the performances he had been led to ascribe to her; but while she was yet thinking, her ad-mirer had already plucked a carnation for her hair, and raising his hand in affectionate farewell, had taken his de-

"Aunt Trinidad busied herself with putting by the remains of the abundant meal; there was meat enough to last her frugal needs a week, and more, and some to spare for a poor neighbor be-

While she schemed and portioned, Pura, torn by conflicting thoughts, stood still, with the carnation in her hand, gazing after the form of the stranger as he disappeared among the trees, and wondering why she had not courage to run after him and explain

"She stood thus leaning against the "She stood thus leaning against the window-pane, and still gazing, perplexed, hours afterwards, when the same messenger who had visited her on the two evenings before, again appeared with a load of almonds and filberts, pine-kernels and walnuts, honey and eggs. Pura took the things from him with a heavy heart, for she was much too humble and simple to expect that the sprites could be so kind as to help her again: so she went to bed in as great toe humble and simple to expect that the sprites could be so kind as to help her again; so she went to bed in as great distress as on the preceding nights. Nevertheless, early in the morning—very early, very soon after sunrise, that is as soon as the sun was up high enough for his beams to get in at her window—in came the three sprites, and without saying a word, set to work, just as they had the day before; then began such a wonderful bruising, and pounding and mixing, that Pura soon lost all fear of the work not being performed as perfectly as on the two former occasions. They had not yet half finished their mixing, when all of a sudden she noticed a soft buzeing sound, like the humming of bees, but all in beautiful melody; and then she saw the sunbeam a full of sprites of every hue like living would not come to him. He lacked an full of sprites of every hue like living indefinable drawing quality; practical flowers. They were the genii of the

talent was wanting in him. He could sit in his office and split hairs on the fine points of law, but, somehow, when he got an actual case, he would not know how to handle it because it did nectar into the confection, giving it a flavor such as no confection, of earth, at least, ever possessed before. "'We have done all these things for

you,' said the sprites, when they had completed their handiwork; 'now, we want you to do one thing for us.'
'' Oh, whatever you like! only tell me anything I can do!' answered Pura,

me anything I can do!' answered Pura, with a ready grace.
"'Well, it is this. We know three poor girls, very poor and very sick; they are all terribly deformed cripples. They are so deformed and ugly that they live in the hospital, and never get asked anywhere. It would be such a pleasure to them to come to your wedding-fete. They will be no ornament to it, I know; but still, will you let them come?'

let them come? ""Oh, yes; to be sure, poor things;" answered Pura, with grateful and charitable alacrity; 'that is, whenever I get married. But who would marry a poor penniless orphan-girl, who can do nothing? More likely I shall have to go to the hospital too, when aunt dies." "Oh, no; you're going to be married very soon, to that traveller who has been here so often." "What! to that kind, handsome gentleman! cried Pura, in raptures. But a moment after, a cloud stole over her joyous countenance; and hiding her

But a moment after, a cloud stole the her joyous countenance; and hiding her her joyous countenance; and hiding her her joyous countenance; and hiding her face in her hands, she said, sadly 'No; that can never be. I dread even to meet him again, because we have been deceiving him. Oh, it was very wrong; I would not have done it for the world if I had had time to speak. If he wants to marry me, it's because he thinks I'm so clever; and when he finds I can do nothing he will turn his back, and that is not the worst. When he finds he is deceived, and I can do nothing, oh, how he will despise me !' And she sobbed

again. "' No, it is not because you clever, answered the sprites; it is because you are good. If you have not learned more, it is because you had not the opportunity. You have always been industrious at doing what you did understand; and as to deceiving him, that has never been your will and in-tention. So cheer up! we will make it all right. Only don't forget to invite the three poor girls from the hospital to the feast.' And the sprites floated away on the sunbeam.

"Be sure I shall not forget them,

poor things!' cried Pura after them.
"The next day the stranger came again; and having tasted the exquisite dessert, which seemed indeed to have been perfumed by no ordinary taste, he told Aunt Trinidad he hoped she would let him marry her niece at once.

"There was nothing the old lady desired more; for she had inquired about him meantime, and found he was a worthy man, as well as abundantly supplied with this world's goods; so all was speedily arranged.
"To her surprise, when she came to

"To her surprise, when she came to announce her good fortune to her niece, and to arrange preliminaries with her, she found she was anything but pleased, and only burst into tears." Why, child! what ever is the matter with you? she exclaimed. 'You don't mean you don't like him? I'm sure he has spoken kindly and fondly enough to you. And what is more he

enough to you. And what is more, he has spoken kindly and fondly enough behind your back, too; which shows his esteem is genuine, and no mere flattery.' That's it. That's just what

makes me so wretched, sobbed Pura. man loves you?

"'No, aunt, no; but to think that he is so good and kind, and we have been deceiving him. When he finds I can do none of the things he has fancied

I am so clever at, what will he think of me? With what face can I meet him?

"Para, used to obey, and trusting in mise.

desert to-morrow."

"Pura, used to obey, and trusting in great measure also to the promises of the sunbeam sprites, prepared to do her by means of which to explain how little by means of which to explain how little and the promises here. great measure also to the promises of the sunbeam sprites, prepared to do her mixed feelings.

mixed feelings.

"When the wedding-day was fixed, and all preparations made, Para did not forget to go out early into the garden, and ask the sprites of the sunbeam how she should find their protégés, the three cripples of the hospital. Leave that to us, said the sprites. You have done your part in remembering have done your part in remembering them. We will take care they have the invitation; only give us the token by which they may be sure of being ad-

A red and white carnation will

suffice,' answered Pura; and a cloud overshadowed the sunbeam.
"The wedding came, and the fetes, and the cripples. A pitiable sight they were, indeed. They were still young; but their distorted forms only made their youth a motive for greater com-passion. The back of one was curled over so that her chin touched her waist, and her arms were so short they were no longer than the fins of a fish Those of the second were so swollen that each was the size of her whole body, and you could scarcely tell which was which; and on her forehead was a great swelling like the horn of a rhino eros. The skin of the third was all shrivelled and seamed with scars, and her eyes were red all round, and stood out from her head worse than those of a

" Pura! exclaimed the bridgegroom, as they made their approach how on earth did these three scare crows get in ? they are almost enough to

cast a evil eye on our happiness. cast a evil eye on our nappiness.

"'Say not so, beloved,' replied;
Pura; 'they are three poor girls who might have been as happy as you and I, but that misfortune overtook them. Their life is sad enough; shall we not try to make them glad for once, on our own happy day?' wn happy day?'

" Sweet child, you are right, and I " Some one who was very kind to I n unsuccessful effort?

too, and asked me to invite them, that they might have one bright day at

" Then, if that is the case, they rhen, it that is the case, they have my heartiest welcome; I had rather see them here than if they were the highest duchesses of the land."

"And with that he sent the friend who attended to marshalling the guests,

to put them in the best places, nearest to the bride and himself.

to the bride and fixself.

"Nevertheless, he could not get over his curiosity, to know why they were formed in such an extraordinary manner; and when the conversation began to get sufficiently general and familar, he went up to the first, and after an exchange of ordinary compliments, and feeling his way by little and little, at last allowed himself to say in the polit-

est tone—
" May I ask, dear friend, how it is your back comes to be so bent, and your

arms so very short?'
"And while he waited in great per turbation, lest he should have offended or hurt the poor thing, she answered,

or hurt the poor thing, she answered, cheerfully enough—
"By all means; I am not at all ashamed of it. I used to be a famous hand at making lace, and my step-mother, finding she could make a lot of money out of my work, kept me at it so hard that from bending over it so much my back never came straight again; and my arms, from continually twisting the helphins, got quite worn away and the bobbins, got quite worn away and screwed like into the sockets, and never would come out any more.'

"'Indeed!' exclaimed the bride groom, almost abruptly, for his alarm got the better of his courtesy; and with that he sprang to the side of his bride, and exacted from her a precise that she would never, never make any

lace from that day forward.
"Pura gave the promise willingly enough; and his composure somewhat restored, her husband before long found his curiosity lead him to the side of the second 'scarecrow' guest, to ask her why her arms were so very thick, and why she had such a bump on her fore-

head.
""Because, she answered, in a tone
"Because, she was pleased which seemed to show she was pleased to have the opportunity of explaining the circumstance, 'because I used to be a rare hand at making sweetmeats of every kind, and from continually pounding, pounding at the almonds and nuts, my arms grew as thick as you see; and as I often knocked my forehead with the big pestle we used, I got this

with the big poster we described and ugily bump."
"With greater trepidation than before, he darted, at hearing this, to Pura's side, and taking her hand in his, and taking her hand in his, to her bumping him with the required her to promise him with the greatest solemnity that she would

never touch any confectionary again.

"Encouraged by the good natured reception his curiosity had met with in the two former cases, he soon found himself by the side of the third cripple, asking her why her eyes were so red and goggled, and her skin so scarred. "'Because I was a famous cook.' was

the answer. 'I was married very young, and my husband was very par-ticular about his dinner. I never could be away from the cooking-stove, there was always something to be got ready; was always something to be got ready; and that injured my eyes. And worse than that, one day I had a frying-pan in my hand, full of boiling oil, and I was just going to drop in the chops, when bang went a pane of glass. Some one had frightened the cat, and in he had bounded through the window, scattering the glass right and left. The noise gave me such a start that I upset the frying-pan over the heated stove, the oil flared up in my face, and burnt the oil flared up in my face, and burnt

me all over as you see me."
"Without retaining sufficient selfcommand to say the few words of sympathy and consolation which would not have failed him at another time, he hastened back to Pura, and insisted

ing into the sunbeam.'

THE INDESTRUCTIBLE PAPACY.

The writer then goes on to prove by history the marvellous power existing in the Church that buoys her up in all and the Church that buoys her up in all dangers, and everywhere preserves and restores her temporal power. The testimony is the more noticeable because contained in a periodical bearing the name of a publishing house once very inimical to Catholics. The tribute runs as follows:—

as follows :"If we except the unique record of Pharaonic rule in Egypt, which itself was repeatedly interrupted by the intrusion of foreign dynasties, the Papacy has proved the most indestructible of the control of the human institutions. . . . To one familiar with the extraordinary history

of the Papacy, as every Cardinal must be, there is nothing appalling or even be, there is nothing appalling or even formidable in the existing ascendency of the civil power in Italy. The Bishop of Rome has less to fear from Victor Emmanuel III. than he had from Theodoric, from the Lombards, from the German Emperors, or from Napoleon I. There is, in the nature of things, no reason to suppose that the head of the Hones of Savoy will succeed where House of Savoy will succeed where greater men have failed. How can he hope to prove an exception to a rule that has held good fifteen hundred years the rule, namely, that every att the expense of the Papal system is doomed to evanescence and futility."—

Sacred Heart Review.

Pleased by our Perseverance,

Is there, then, no such thing as pleas ing God by tending to a perfection not yet attained? Are struggle, and patience, and failure, and ever recurring failure, not pleasing to Him? Does He not seem often to leave a thing in our hearts in order that we may please Him was hasty, answered the bridegroom; by our perseverance in what seems a but how did you come to know them?' by our perseverance in what seems a ruitless fight, and our self-humiliation



SKIMMING THE CREAM

Somebody quotes a quaint old grandmother as saying, "If you're going to give me a pan of milk, don't skim it first." Most of us would be indignant if accused of such smallness; but a re-cent writer shows that very much the same thing goes on in ordinary family intercourse. "Another errand? I can intercourse. "Another errand? I can never go down town without half a dozen commissions!" complains Joe, when his sister asks him to bring a bottle of Holy Water from the Church. He never refuses to oblige his mother or sister; he does not really count it an inconvenience, the only takes the cream inconvenience; he only takes the crean

inconvenience; he only takes the cream off his kindness.

"Those gloves ripped again!" exclaims Emma, when Fred wants her to take a few stitches. "It seems to me they always need mending when I am in a hurry to get to Mass." She would be shocked at his going shabby to Church, and distressed if anyone thought her providing to render such thought her unwilling to render such offices; but she makes it a little unpleas-

ant to ask the favor.

The children follow the fashion.
Tommy shuts the door at Mary's request, but he grumbles at having to leave his play. Agnes goes to the door when she is sent, but she departs with a protest that "it is Anthony's turn."

a protest that "it is Anthony's turn.

Thus all day long, people who love one another, and who at heart are glad to serve one another, skim the sweetness from every service they render.

WEAK AND NERVOUS.

THOUSANDS OF LIVES MADE MISERABLE BY A TROUBLE EASILY OVERCOME.

Thousands of people throughout this country suffer continually from nervous-ness—their blood is poor and watery, their nerves unstrung and jaded. They are pale, weak, often troubled with headaches and dizziness, are exhausted with the slightest exertion, and often feel as though life were a burden. There is only one absolutely certain way to get new health and strength, and that is through the use of Dr. Williams' Pink Pills for Pale People. These pills make new, rich, red blood, strengthen the nerves, and bring health, strength and happiness bring health, strength and happiness to those who uses them. Mr. D. W. Daley, Crystal City, Manitoba, proves the trath of this. He says: "I have used Dr. Williams' Pink Pills with wonderful results. Before using them I was weak and nervous; my blood was poor. I was pale and suffaced from was poor; I was pale and suffered from pains in the region of the heart. Now after the use of eight boxes of the pills my nerves are strong; my blood is pure and rich; I have a good color and my heart action is regular. I think there is no medicine can equal Dr. Wil-

liams' Pink Pills for these troubles."

This is the verdict of all people who have given the pills a fair trial, and those who are sick can obtain new health and strength through the use of this medicine. Do not waste money and further endanger your health by taking any substitute. See that the full name Dr. Williams Pink Pills for Pale People is printed on the wrapper around every box. If you cannot get the pills from your dealer they will be sent by mail at 50 cents a box or six boxes for \$2.50 by writing to the Dr. Williams' Medicine Co., Brockville, Ont.

PREVENT DISORDER—At the first symptoms of internal disorder, Parmelee's Vegetable Pills should be resorted to immediately. Two or three of these salutary pellets, taken before going to bed, followed by doses of one or two pills for two or three nights in succession will serve as a preventive of attacks of oppepais and all the discomforts which follow in the train of that fell disorder. The means are simple when the way is known.

simple when the way is known.

Severe colde are easily cured by the use of Buckle's Anti-Consumptive Syrup, a medicine of extraordinary penetrating and healing properties. It is acknowledged by those who have used it as being the best medicine sold for cough, colds, inflammation of the lungs, and all affections of the throat and chest. Its agreeableness to the taste makes it a favorite with ladies and children.

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