

FIVE-MINUTE SERMON.

WORK OUT YOUR SALVATION IN TIME

"To-day if you hear the voice of the Lord, do not harden your hearts." (Ps. 94, 8.)

We should heed the admonition of St. Paul: Put off the old man, that is, old habits of sin and assume the new man, that is, a life of sincerity or truth, according to the divine law of Christ. Oh, that we would heed this admonition of the Church, this voice of grace!

Now, my dear friend, are you certain that you can attend to your salvation later? Have you received any special revelation from God to this effect? Certainly not. Now consider, if day after day, year after year, in every part of the habitable globe untold numbers of your fellow-men die suddenly, how can you be certain that you will not meet with a similar fate?

Obedience a Necessary Virtue. Some young people seem to think it a sign of superiority to ignore restrictions and regulations. They seem to look upon obedience as childish, and a declaration of weakness.

Social Wisdom. Here is a London society woman's advice to a debutante whose shyness was the result of abnormal self-consciousness: "You must be sincere, or people will not trust you."

History of the Angelus. The custom of ringing the Angelus bell in the middle of the day is due in part to a remarkable event. In 1456 the city of Belgrade, on the Danube, on the frontier of Turkey, was besieged by the Turks, who kept battering its walls for four months without avail.

"Experience is the Best Teacher." We must be willing to learn from the experience of other people. Every testimonial in favor of Hood's Sarsaparilla is the voice of experience to you, and is your duty, if your blood is impure and your health failing, to take this medicine.

Hood's Pills are non-irritating, mild, effective. One of the greatest blessings to parents is Mother Graves' Worm Expeller. It effectually expels worms and gives health in a marvellous manner to the little one.

Terrible words! Should they not move every fibre of our heart, and impel us on to work out our salvation now when there is still time!

OUR BOYS AND GIRLS.

A True Fairy Story. This is a pretty little tale that comes from Berlin and sounds almost like a leaf from Hans Andersen's fairy book.

A Great Actor and His Little Friend. Of the many thousands who thronged the theatres to witness the wonderful acting of the late Edwin Booth, there were few who knew what a rarely beautiful soul the actor himself possessed.

A story told by his friend, Mr. William Winter, illustrated one of the most charming qualities of children. One of his favorites was Constance, the twelve-year-old daughter of his friend, Mr. Charles Carroll.

BERTUCCIO'S WISH FOR MAMIE HAPPY RETURNS OF THE DAY. LAYDE CONSTANCE ON HER TWELFTH BIRTHDAY. Fair layde bright, Thy knobby knight— Bertuccio high— Poor twisted wight!

Be in time. Have Prayer-Book or beads. Stand at the "Asperges." Kneel from the beginning of the Mass until the "Gloria." Stand while the celebrant is reciting the "Gloria."

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CHATS WITH YOUNG MEN.

The Power of Habit.

Some one has called man a bundle of habits, and it is not a bad description. As time goes on our lives get more and more into grooves. Habit has often been illustrated by a beaten path.

The power of habit increases our facilities for work. The architect who builds a house, the painter who paints a house, the statesman who legislates, the author who puts himself into books, the preacher who preaches sermons week after week—all gain ease in their individual spheres of activity through repetition of their efforts.

Habits are threads to begin with, but in course of time they become as strong as a cable. Many are to day prisoners in the captivity of evil because of the tyranny of habit.

The advantages of thrift to the individual who practices it are not to be measured by the amount of money saved or gained, although that is of importance; they include the formation of a good habit and very often the development of a temperate and contented disposition.

Don't run chances by taking whiskey or brandy to settle the stomach or stop a chill. Pain Killer in hot water sweetened will do you more good. Avoid substitutes, there's but one Pain Killer, Perry Davis, 25c. and 50c.

THE D. & L. EMULSION OF COD LIVER OIL may be taken with most beneficial results by those who are run down or suffering from after effects of grippe. Made by Davis & Lawrence Co., Ltd.

THE HABIT OF THRIFT HAVING BEEN ESTABLISHED, the man learns to curtail his wants; he is temperate in eating and drinking, and therefore, preserves his health, and he is benefitted in many ways. Best of all, perhaps, he is rendered to a certain degree independent. He has no debts; he is capable of car-

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ing for himself if sickness or other misfortune should temporarily deprive him of an opportunity to earn his daily wages. He is in little danger of becoming pauperized by being made an object of public charity, and by slow degrees he is tolerably sure to become more and more independent, until he has attained a competence, even though he may not have made a great fortune.

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