THE TRUE WITNESS AND CATHOLIC CHRONICLE.



As a people it is our desire the thing which is right to do but so many of us know between what is right and what seems right that we of-ten fail of the best results.

A Little Talk With Mothers

A daughter is, in nine cases out f every ten, the reflection of her nother. The training of the girl of every of fifteen is shown in the woman of of nitcen is shown in the women of fifty. A son may, by contact with the rough world, sometimes outlive his early home influences—a daugh-ter rarely does. A mother's word, a domestic proverb told at eventide by the quiet fireside, has been re called by many a woman years af-ter it was uttered. "I thank God that my mother told me what other women have been taught by the world," is a beautiful tribute to the influence of a mother. The wor has a sharp way of teaching truths to a girl. Is it not far be ter, then, that her mother shou world ter, then, that her mother should tell her with that sweet and sympashould thetic grace and gentleness which only a mother knows? Let the world build upon your foundation, but do you lay the ground story. Any builder will tell you that the whole strength of a house depends upon its foundation. The flowers most beautiful to the eye and sweet-est to the smell grow in good soil. The world's noblest women have sprung from good homes.

## The Heart of a Friend.

Broken friendship, like china, may be repaired, but the break will al-ways show. And it is a bit of real truth and wisdom. Friendship is a precious thing-too precious a trea-sure to be carelessly broken or thrown away. The world handles the word "friend" lightly; its real true, deeper meaning is forgotten, and the acquaintance of an hour or the chance comer is designated by the term, which in itself bears a wealth of meaning. Your friend is the one who anurce anter on the second truth and wisdom. Friendship the one who appreciates you-your faults as well as your virtues—who understands and sympathizes with your defeats and victories, your aims and ideals, your joys and dis-appointments of the sympathic sympathic appointments of the sympathic sympathic sympathic appointments of the sympathic sympathic sympathic sympathic appointments of the sympathic sympat appointments, as no one else does or can. It is to your friend whom you turn for counsel, for fort, for praise. He may not be as learned as some or as wise as others, but it suffices that he underyou; and even his quiet lis-gives strength and renewed e. Blessed is the man or tening gives strength courage. Blessed is the man or woman into whose life has come the beauty and power of such a friend-ship. Prize it well. Do all in your power to keep such a friendship un-broken. Avoid the break, for when it comes it cannot be easily mended, and the jarring note mars the har-mony of the whole glorious sym-phony. It is not alone a question of forgiveness: that may be full and completed. It is the hurt in the and complete. It is the hurt in the heart that will not readily heal and the confidence that will not fully back. come

### Simple Tenderness.

There is no more beautiful charac-eristic of human nature than ten-lerness. To be tender and sympateristic of huma derness not mean to be change-irresolute. Indeed, none thetic does irresolute. a brave, strong heart is capable

f being tender. The little babe is lulled, not forced or scolded, to sle

"As one whom his forteth, so will I Doctor Trumbull mother comfortern, so "mubul has fort you." Doctor Trumbul has said: "The wider and the deeper our experiences of the world the fuller is our realization of the superiority of this blessing, and the keener is our sense of its rarity." "We long for tenderness like that which hung About us lying on our mother's mother

our needs

About us lying on our mother's breast:

A selfish feeling, that no pen or tongue Can praise n praise aright, since silence sings it best;

A love as far removed from pas-

sion's heat As from the chillness of its dying

fire: A love to lean on when the failing feet

Begin to totter, and the eyes to tire

In youth's brief heydey hottest love

e seek, reddest rose we grasp-but The when it dies, God grant that later blossoms, vio-

lets meek, May spring for autumn skies! for us beneath life's

God grant some loving one be near

to bless Our weary way with simple tenderne

-Selected

# Enamelled Walls.

A sanitary wall surface is one of the most essential features of an ealthful home. Five-sixths of the the healthful home. Five-sixths of the area of every room is wallsurface. If this by of a character to lodge or retain dust, it may become a seri-ous danger source. A non-absorbent and easily cleanable wall is a hygie-

nic essential for rooms who the various housekeeping operations give rise to numerous vapors, as in laun dry and kitchen. The common practice of covering a plastered wal tice of covering a plastered wall with paper or cloth in one or an-other form is open to objections from a sanitary standpoint. Such coverings must be applied with a paste or glue which, so long as it retains its moisture, is fermentable and liable to become hereits and liable to become a breeder of germs or vermin, or both. Burlap and tapestries, while affording an artistic wall finish, are notable dust catchare become catchers, having also a tendency absorb moisture and to decay

absorb moisture and to decay upon the walls. The use of kalsomine or wash having glue for its base is to some degree objectionable. Tile is without doubt the best ma-terial for wall surface. But it is too expensive for general use. When possible to afford it for bathroom and kitchen, it is by all means to be preferred.

and artenen, it is by an means to be preferred. A wall covered with a permanent-ly tinted natural cement has many points in its favor. The plain co-lor serves as a most artistic back-ground for pictures. If well chosen, it is restful to the eyee. With a soft cloth over a broom, the dust can be readily wiped from the hard-finished surface, and thus walls, as well as floors, may be treated to a thorough and frequent cleaning. When necessary, the surface may be covered with two or three coats of tinted enamel, of which there are now on the market several exof tinted enamel, of which there are now on the market several ex-cellent sorts, the durability of which has been well tested.—From an ar-ticle in Good Health, by Mrs. E. E. Kellogg.

# Summary of a Life.

The following is the great French diplomat and author, Chateau-briand's, summary of his life: "I have four times sea; I have followed the sun in the

days by the mer who are now their nds. Some men even plea of having a certain amoun low-feeling on the subject them plead guilty of felle unt elves.

Some friends of the writer held

Some friends of the writer held a council of war soon after their mar-riage, one on one side of the hearth, one on the other, each with a bundle of the other's letters s in their hands, and each trying to de-cide which should be destroyed and which kert. a th which kept. "Listen, Dick, I'll read yours out

"Listen, Dick, I'll read yours out loud to you, and you read mine out to me, and we'll see which we had better burn"; but before the reading had gone very far Dick decided that he must keep Helene's letters, and she decided that she must keep all of Dick's. Really, they were all too precious for any of them to be deof Dick's. Really, they were a precious for any of them to be

troyed. Later on Helene confided to

writer that she had hit upon a bril-liant idea. 'I do have ideas some times,' she said. 'This one really is brilliant, though,' and then she times

his official, though, and then she proceeded to elaborate it. "Most people," she said, "have daily readings of some sort. Some people read the Bible, some read poetry, some birthday books, but I mean to read one letter a day from Dick to me. I shall bind them all together in chronological order, book form, and fasten them with rib-bons at the backs, to strengthen

"Then, every morning, I shall read one, then that will help me to re-member the sweetness of our courtmember the sweetness of our court-ship days, and if Dick seems cross or tired, and he often is, poor boy, when business worries crop up. I shall just try to remember what I was like when we were engaged, and I shall ask myself if the faults are all on Dick's side, I shall am always as sweet and as charm-ing as a wife as I was as a fiancee, and I think that the reading of his letters to me mill. etters to me will be helpful.

"It will serve to remind me, all events, what he thought of then, and I shall know that at m he thinks as much of me now, if more, only that the 'cares that in-fest the day' are bound sometimes to come in and cause friction, unless we are both on the alert to prevent this from hearpering. this from happening. I feel strongly on the subject of letters," went on Helene.

"I think, for instance, that when husband and wife are parted for a time, as, for instance, Dick and my-self, when he is away travelling, the letters are far too prosaic. To often the wife's letter is a catalog letters are far too prosate. often the wife's letter is a catalogue of week, a request for a cheque for the weekly housekeeping, or a decla-ration that the tax getherer has called for the third time. I mean to woman to her husband as sweet as my letters as a girl to her lover

It was many years ago when He-ene first aired these ideas. The other day hen fifteer-year-old daugh-ter got hold of her mother's desk, and pulled out a packet of love letters

Just then Helene, a bonnie ma tron, came into the room. "What are you doing, child?" "Oh, only reading yours and fa ther's letters to each other," shi ther's letters to each other." she returned; then added naively, "What awfully nice letters they were! In one of them you tell him about a chapeau you had just bought, it had blue wings on it, and in the next letter from him to you he had evi-dently seen you in the hat, for he says how sweet your little face look-ed from under the hatbrim, and that blue wings suit you down to the ground."

And then Helene's young daughter

with a blueish cast is not t should be white with a sh tint. yellowish tint. A little lemon juice added to boil-ing rice will whiten it and help to eep the grains separate. Burn cinnamon on the stove emove the oder of cabbage

or When rice is used as a vegetable, serve tomato sauce with it. A pint of tomatoles, stewed, strained and thickened with a little flour, with

butter, pepper and salt and a little finely chopped parsley makes a good sauce.

Cook all green vegetables in boilsalt water. For green peas, asparagus and spinach use as water as possible. Green corn ing corn, asparagus and spinach use as little water as possible. Green corn should be cooked from five to ten minutes, potatoes, celery, spinach and cabbage from twenty to thirty minutes, young beets, carrots nips, onions, parsnips, from to forty-five minutes. thirty

Five Rules of Life.

First-If possible, be well and have a good appetite. If these con-ditions are yours the battle of life is already half won. Many soul and already half won. Many soul heart troubles arise really in stomach though it may

stomach though it may seem strange to you. Second.—Be busy. Fill the hours so full of interesting and useful work that there shall be no time for dwelling on your troubles, that the day shall dawn full of expecta-tions the night fall full of repose tions, the night fall full of repose. tions, the night fall full of repose. Third-Forget yourself. You ne-ver will be happy if your thoughts constantly dwell upon yourself, your own perfections and your own short-comings, what people think of you, and so on. Fourth-Expect little. Expect lit-tle of this life, nor too much of your friends.

our friends.

Trust in God. Believe that Fifth for is, that He really knows what is is best for you; believe this tru-ly and the bitterness is gone from

Luncheon Dishes.

life

Egg Patties.—Hard boil as many eggs as are required for a dish; re-move the yolks and cut them in half; slice as many large champig-nons as there are yolks and put them together in a basin. Make some thick white sauce (using a small proportion of cream if possible), fla-voring it with ham, onion, parsley and some of the liquor in which the Egg Patties .- Hard boil as many and some of the liquor in which the champignons were preserved, and season it with celery salt, pepper and a dust of curry powder; sieve the whites of the eggs and add them to the sauce (after it has been and pour it mixture into the saucepan, here by squeeze of lemon juice and heat by placing the saucepan on the stove in a larger one of boiling water. Have ready some little pulf paste vol-au-vent cases (which should be hot), fill them with the egg mixture and scatter a little finely minced truffle, or some parsley, over the surface of the sauce and serve at once. VIENNA STEAKS.—Remove the skin, fat aand gristle from rather less than one and a-half pounds of rump steak and pass the meat twice

less than one and a-half pounds of rump steak and pass the meat twice through a fine mincer, together with a slice of fat bacon and-a small on-ion, which has been scalded. Season the beef well with salt, pepper and grated nutmeg, and add a well-beat-en egg; mix thoroughly and spread grated nutmeg, and add a well-beat-en egg; mix thoroughly and spread it out on a flat dish for an hour. Take about a dessertspoonful at a time and form it, on a floured board, into a little round fillet of about an inch in thickness; when a sufficient number of "steaks" have been pre-pared fry them quickly in bot drip. inch in thickness : when a sufficient number of "steaks" have been pre-pared fry them quickly in hot drip-ping over a clear fire until they are evenly browned on both sides. Brush the "steaks" over with warm glaze, arrange them neatly on a hot dish and surround them with alternato heaps of carefully prepared Brussels sprouts and sliced, fried tomatoes, sprouts and sliced, fried tomatoes and serve thick tomato sauce with

ORANGE FOOL.-This should be ORANGE FOOL.—This should be served in an ornamental china bowl and should accompany fruit compote. Separate the yolks from the whites of three new-laid eggs, and put the former into a basin and whisk them to a stiff froth. Dissolve two ounc-es of loaf sugar into a saucepan con-taining half a pint of cream (the preserved kind in fars will not ans-wer the purpose) and as soon as



nie Merritt Farmer itt Farmer in Won ompanion for February. Woman's

# Cleansing Wash For the Face.

This formula is one prescribed by careful and succ diseases of the skin: It may be made

Alcohol, 2 ounces. Benzoin tincture, 1-2 dram. Gautheria essence, 10 drops. Glycerir, 2 drams.

Lavender-water, 6 ounces. Distilled water, Q. S., 52 ounces Distilled water, Q. S., 52 ounces. To be applied on absorbent cotton or flannel, as a cleansing wash, whenever special need arises : oth-erwise, twice a week before retiring, proferably the days on which soap has not been used on the face.-Jean Williams, M. D., in Women's Home Companion for February

# What is Worn in London

ompanion for February.

The wonderful beauty of the fab-The wonderful beauty of the lab-rics which have issued from the great silk-weaving houses of Lyons and elsewhere this year has been duly appreciated by the artistic eyes of the dress-designers of Paris and of the dress-designers of Paris and Vienna, and we women may con-gratulate ourselves on living at a time when such beauty is placed at gratulate ourselves on living at a time when such beauty is placed at our disposal for our adornment. The wonderful damasks, brocaded satins, silks and velvets which are the feaseason have done good work also in ensuring the con-tinuance of the long-line and the clinging fourreau, especially for even-ing wear. Simplicity of design must accompany these rich materials if their beautiful patterns and colors are to be shown off to the best ad-vantage. You cannot cut up some splendid gold or silver damask or brocaded velvet as you would some ordinary material of no consequence or special beauty; so the arrival of good work also in ensuring the conor special beauty; so the arrival these gorgeous fabrics has not only given delight to our eyes, but has helped the cause of beauty as ex-emplified in the fourreau when it was being threaten in the four the was being threatened with paniers and flounces and all kinds of bulg-ing abominations.

ing abominations. We have just seen an exquisite de-We have just seen an exquisite de-sign in which one of these beautiful materials forms the chief part. The fourreau was made of a brilliant rose brocade patterned all over in silver, which, in spite of this mix-ture of metal thread, was as supple and malleable as chiffon. The skirt was clinging and long, for no one would think of using a rose and sil-ver brocade for a short dancing frock; and this gown was essential-ly a splendid dinner dress. Over the rose brocade fourreau was a tunic rose brocade fourreau was a of tucked black chiffon, the tu tucks shaping the material to the figure inste instel atoes, atoes, with with atoes, with bowl 1 be bowl 1 consed at the knee-line 1 and terminates in a loop on the train. The black chiffon tunic 1 atoes in a loop on 1 be 1 nd being carried down to the bor-er of the tunic. A broad band

dress of brilliant lime-green dress of brilliant lime-green satin (one of the loveliest colors in arti-ficial light) was made in the long clinging fourreau which refuses to make way for any less becoming fa-shior. The fourreau was veiled by a tunic of chiffon of the same bril-liant shade of green, which was draperies being held in place by a broad band of silver lace which ross up to the décolletage in frort, and from thence sloped away under the arms to the back, where the band from each side crossed at the back and came down to the front where arkle line. A wide ribbon of the arkle line. A wide ribbon of the arkle line at the fact and the fact of chiffor the folded narrow, began somewhere among the folded A wide ribbon or satin, folded narrow, among the folds ackle line. A wide ribbon of the softest black satin, folded narrow, began somewhere among the folds of chiffon at the back of the bodie, was brought over the left shoulder and across the bust en sautofr and round the hip, where it widened out and fell stant-wise, following one of the lines of silver lace to the bot-tom of the skirt, where the black ribbon ended at the left, side in a giant chou centred with a big Ca-bochon emerald set in silver. The sleeves, that barely reached the el-bow, were simply draperies of the green chiffon. bordered with a nar-row band of silver lace. The spiral lines of black and silver winding round the lissom figure in brilliant green had an exceedingly beautiful and arresting effect; but 1 am not at all certain that the whole effect still more successful if the tunic had been in black chiffon instead of thes. These spiral effects given by bands,

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Synopsis of Canal HOMESTEAD I

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ADVOCATES,

These spiral effects given by bands, These spiral effects given by bands, sashes, or draperies are very popu-lar at present - in Paris, the cross-ing of the front panels of the over-dress being one of the prettiest me-thods, which is used in smart af-thods, which is used in sin morntermoon dresses as well as in n ing ones. Both the crossed the bands were exemplified in ed effect and a morning dress I which was a model of I saw recently of elegant and which was a model of elegant and graceful simplicity. It was a cor-selet skirt in Chinese blue satin cloth, the fronts crossing to the left and bordered with a broad band of satin of the same color. These sa-tin bands were carried up behind, crossing again to the top of the corselet. The draped blouse bodice was of silk voile exactly matching fronts which emphasized the crossing of the skirt. These fronts were bor-dered by itwo narrow dópassants in satin, the first black and the se-cond emerald green, which only showed a thread of color, while the hard line between the Chinese blue hard line between the Chinese blue volle and the black satin band was volle and the black satin band was softened by a tiny embroidery n gold thread. The little guimpe was of white tulle, which gave just the required relief between the intense of white tulle, which gave just one required relief between the intense color of the dress and the weare's face. The dress, which looked as if it had been just wrapped round the figure. was a triumph of cut the figure, was a triumph of and fit in its simplicity, and little touch of black, green and gold

little touch of black, green and gold on the bodice was the sign manual of a master hand. The sashes used round the ankles and knees, as they have been by some misguided dress-makers these last months, are ex-traordinarily ugly and ungraceful; but both sushes and broad insertions of lace used in these winding, spiral effects, such as I have indicated, are guide another thing, and are full of graceful and pleasing possibilities, which seem to have struck the lead-ing minds in the Parisian world of fashion. fashion

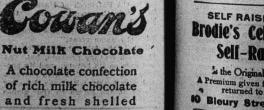
thickened and strained) into the basin containing the yolks and champignons; then turn the mixture into the saucepan, add a

gentle voice of the mother has more power over her little ones than all the threats and whippings she could give. And we never wholly out-grow the child in our natures. Hence Christ says to us all:: "Be ye kind to one another, tender-heart-ed, forgiving one another, even as God also in Christ forgave you." The story is told of

The story is told of a mother who, The story is told of a mother who, in bitter grief, was trying to soothe her dying child. She told of the glowing all around, of the angels with shining faces; but the little one to go there, for the light hurts my eyes." Then she spoke of the harp-ers playing on the golden harps, and of the great numbers who sing the songs around the throne above; but the child orly said: "Mother. I could not bear the noise, my head hurts so." Grieved and disappoint-ed at her failure to speak words of comfort, she took the little one from its restless bed, and enfolded it in her arms with all the tonder-ness of a mother's love. Then, as the little sufferer lay there, near to all it loved best in the world, oon-situe orly as its life obbed away of the nearness of love and cart, the whisper carnet. "Mother." I in bitter grief, was trying to soothe her dying child. She toid of the

<text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text> eet, Memphis, Mempis, Cortange, Sparta and Athens; I have prayed at the tomb of St. Peter and worshipped on Gol-gotha. Poor and rick, powerful and weak, happy and miserable, a man of action, a man of thought, I have placed my hand in the century, my mind in the desert; effective existence has shown itself to me in the midst of illusions, even as the land ap-pears to sailors in the midst of mists. In each of the three careers I place an important object before myself; as a traveller, I aimed at discovering the polar world; as a man of letters, I have striven to reconstruct religion from its ruins; as a statesman, I have endeavored to give the notions of the system of balanced monarchy, to restore France to her the strength which the treaties of Vienna had taken from her: I have at least assisted in winning that one of our liberties which is worth all the others- the liberty of the press. In the divine order of things, religion and liberty; in the human order, honor and glory (which are the human generation of religion and liberty); that is what I have desired for my country."





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