The little cares that fretted

me,
I lost them yesterday among
the fields above the sea, Among the winds at play Among the lowing of

herds,
The rustling of the trees. birds.

The humming of the bees

The foolish happen happen I cast them all away I canning the clover-scented

Among the grass,
Among the new-mown hay:
Among the husking of the

corn
Where drowsy poppies nod.
Where ill thoughts die an
good are born,
Out in the fields with God.
—E. B. Browning.

TACT AND GENTLENESS

Of all the gifts to be prayed for, Of all the gifts to be prayed for, next to grace at heart, tact and gen-tleness in manner are the most de-sirable. A brusque curt manner, a cold indifference, a snappish petul-ance, a brutal appearance of stolidity, antagonize and wound and rob even really kind actions of half their value

their value.

It is worth while to do a kind thing gracefully and tactfully. There is a certain proprietary demeanor which never makes a mistake, which the facility of a lovely contact. guards the feeling of a loved one as guards the feeling of a loved one as carefully as a mother cherishes her little delicate child. In time such tact becomes natural, and one who has it makes others happy without trying to do so.

BITS OF TRUTH.

Opportunity comes to a man ence in a lifetime, but there is no limit to the number of visits a man can make to opportunity.

is the grandest word in Sympathy the world. It overcomes evil and strengthens good; it disarms resist-ance, melts the hardest hearts and draws out the better part of human

whatever criticisms you pass upon his companions. Relatives, like features, are thrust upon us; com-panions, like clothes, are of our own

We can always defend ourselves from a thief, because one can bar his doors and make many devices for protection, but from a lying and deceitful man there is no escape, and he does not, like the thief, steal ne's earthly possessions, but steals to truth, which is all one has to fend its reputation.

FRUIT STAIN REMOVER

Here is a simple method of moving fruit stain from the moving fruit stain from the most delicate colors as easily as from white: Before the goods is wet, moisten the spot with camphor, and the stain will come out when washed. When I take off a tablecloth, I moisten any stains with camphor before placing it with the soiled clothes, and there is no delay on weekdey.

TAILORED SUITS AND THE NEW SILHOUETTE.

In an exhaustive article on of for September, Grace Mar-Gould says: the straight lines of last season's

silhouette are passing. The new tailored suits and the one-piece dresses are daring to show the curves of the figure. Though the early autumn tailored coats are not actually tight-fitting, yet the new tendency is towards revealing rather than concealing the figure. The loose fit seen in the spring models has entirely gone, though the slender hip in the summer of the call with the series of the control of the control of the series of th rely gone, tho still with us.

"The trade refer to the new coats seven-eighths fitting." The tail-"The trade refer to the new coats as 'seven-eighths fitting.' The tailored suit for fall is much smarter in appearance than last year. The coat is long, varying from about forty to forty-eight inches in length.

"Sleeves are still small and except of the tailor."

to forty-eight inches in length.

"Sleeves are still small and extremely plain. Coats of the tailormade suits are strictly tailored and
are extremely mannish in effect.
They show none of the elaborate
trimming of last year, none of the
conspicuous button-trimmed pocketflaps nor big Directoire revers. Instead, they have a plain notched
collar and a small, inconspicuous
culf. Many are made single-breasted, fastening with rather large but
inconspicuous buttons, or they fasten invisibly with a fly.

"The extreme cutaway effect is
also a thing of the past. The fronts
of the coat may curve a trifle toward the bottom and still be this
season's style, yet the very newest
models show the fronts perfectly
straight. Some of the tailored coat
and skirt suits show the self-tabric or
with braid to emphasize the slong-

ated-waist line, but generally speaking, the plainer the tailored coat this year, the better its style.
"Skirts show many changes. It was only a very short time ago that the plaited skirt—gave an old-fash-

was only a very short time ago that the plaited skirt gave an old-fash-ioned stamp to a costume. The plain gored skirt, as nearly straight up and down in line as it was possible to make it, was the reigning fashion. Now this autumn our skirts to be stylish at all, we are told, must be plaited. Surely Fashion keeps her followers extremely busy these days. There is no time to lotter by the There is no time to loiter by way in the world of style

way in the world of style.

"The newest skirts have a deep hip-yoke effect which fits the figure very closely. From this yoke come the plaits. The plaited portion of the skirt may be kilted, box-plaited or it may show a panel from with plaits introduced at the sides. But plaits there must be in one form or another, and fulness at the bettom. another, and fulness at the bottom or the skirt will not have the newest stamp of fashie

WIDER LINGERIE RIBBONS NOW USED.

Launderable, or lingerie ribbons are markedly wider than were those formerly in general use. The majority of the threadings for the tops of corset covers, chemises and combination garments are an inch wide, while those used on petticoat flounces, night robes and negligees measure fully two inches across. This fashion so materially increases the expense of keening up the lingerie that the care of the reserve supply of delicately tinted ribbons is of importance. As it is more economical to purchase these ribbons are markedly wider than were thos nomical to purchase these ribbons the bolt, they should be kept oy the bott, they should be kept rolled up in their original paper rib-bons, which should be extended as nearly as possible to the outer end of the roll. Long eyed bodkins are specially provided for running these wide ribbons through lingerie bead ings, but for the traveller who

ings, but for the traveller who is prone to mislay her toilet utensils, there are tag-ended ribbons which come in two yard lengths.

While all the staple pink, blue, green and yellow tints are still popular, ultra fashionable girls, are using old rose, vine, grape, dahlia, fuschia, emerald, ercordiane, and the fuschia, emerald, areoplane and the various orchid shades in lingerie rib-

A NEW WAY TO CAN TOMATOES

Last summer I tried a new method of canning tomatoes, and it proved so satisfactory that I want to pass it on. Scald, and peel the tomatoes as usual. Have the cans sterilized, as usual. Have the cans sterilized, place the raw tomatoes in them whole, pour in boiling water to fill whole, pour in boiling water to fill the cans, running a knife around in the cans, so that all the crevices are filled, then put on the cover. Place the cans in a boiler or large vessel, pour in boiling water till it reaches the neck of the can, put the lid on the boiler, wran it with a blarket. the boiler, wrap it with a blanket or rug, and leave until the water is or rug, and leave until the water is cold, which will he next morning. The cams are then ready to put away. I did not lose a can out of forty quarts. When the cans were opened, the tomatoes were whole and firm enough to slice easily.—Woman's Home Companion for September. tember

THE GOOD WILL HABIT.

A habit of holding a kindly atti-tude of mind towards everybody has a powerful influence upon the cha-racter. It lifts the mind above pet-ty jealousies and meannesses; it en-circles and enlarges the whole life. Where we meet people, no matter if they are strangers, we feel a certhey are strangers, we feel a cer-tain kinship, with the friendliness for them, if we have acquired the good will habit. In other words, good will habit. In other words, the kindly habit, the good will hab-it, makes us feel more sympathy for everybody. And if we radiate this helpful, friendly feeling others will reflect it back to us. On the other reflect it back to us. On the other hand, if we go through life with a cold, selfish, mental attitude, caring only for our own, always looking for the main chance, only thinking of what will further our own interest, our own comfort, totally indif-ferent to others, this attitude will after a while harden the feelings and the affections, and we shall become dry, pessimistic and uninteresting.

THE GENTLE ART OF RESTING.

One woman said of another recently: "She boasts that one is never idle, that every moment not spent in sleep is a busy one. When she does sit down for a short time she always has some fancy work eady and picks it up. She declares that she can rest as well if her hands are occupied as if they lie quiet in her lap. In fact, she says that she rests better for the trifling work, and I imagine that she does, but it is because she is too overwrought and too nervous to sit prefectly still. I shall be much surprised if, some day, there is not a total collapse there."

In Nature has, as is alleged, a long memory, and never forgets an injury, it does seem probable that this woman, who, like her proto-

type in Mother Goose, "never is quiet," will some day discover that the few moments of "efreshment and of rest that she would not seize, as she went on with her faily work, have been forced upon her in the accumulation of their long arrears. I would counsel every active woman to preserve her health and prolong her life by taking a proper share of rest, says G. Marcusi in The Tablet.

woman's home companion for SEPTEMBER.

A big section of the unusually big number is devoted to fashions. Ex-perts in Paris and famous tailors and milliners in the United States have, with Grace Margaret Gould's knowledge of the American woman's tastes, made the issue one that wo men will preserve for many months Not only gowns, coats, hats am waists, but the important litthings, shoes, hosiery, fabrics, trimmings, coiffures—all are exhaustive ly handled.

There are plenty of good stories in the issue for these last hot days-stories by Octave Thanet, Mrs. John Van Vorst, Katharine Holland stories by Octave
Van Vorst, Katharine Hollung
Brown, Mary Heaton Vorse, and
others, illustrated by such artists as
James Montgomery Flagg and Alice
Parber Stephens. Kate Douglas WigParber Stephens. Kate Douglas WigParber Stephens. Kate Marganette. Parber Stephens. Rate Shakers, in's seriel story of the Shakers, 'Susanna and Sue,' is also in this 'Susanna and Sue,' is also in this 'Susanna and Sue,' is also in this "Susanna and Sue," is also in this issue. For the theatre-goer, Walter Prichard Eaton's article, "The Decent stage," will prove a splendid guide, giving a list of the good, clean, successful plays that will appear outside of New York this fall. In "Reluctant Parentage" Dr. Woode Hutchipson startles us with In "Reluctant Parentage" Dr. Woods Hutchinson startles us with rew ideas about the "Race Suicide" question. He shows all the aspects of this big problem and eventually proves that it isn't really a problem

Marion Harland, in her pilgrimage through Europe, has met "Little Boy Blue." and tells his sad little

William H. McElroy contributes a number of stories about Edward Everett Hale, that have the charm, humor and sweetness that pervade everything connected with Doctor

We hear constantly the cry that our daughters are being taken from our daughters are being taken from home, but seldom a practical plan to bring them back. Katharine Eg-gleston's article in this issue gests a plan and a good cne.

There are a number of articles that

should be cut out and pasted in scrap-books: "The Successful Aquarium." 'How to Make Candle Shades,' 'Furniture Made at Home' ''Small Fruits." The children's department is even

bigger than usual. There are many pages devoted to embroidery and other hand work. Fannie Merritt other hand work. Failine Method for the farmer's cooking pages are full of new ideas, and all the other regular departments are as good as they always are.

WOMAN.

In a recent published symposium oncerning the ages of woman, Da-

"Woman is like the moon—many phased—and in all her phases fascin-ating. She is at her best at three acting. She is at her cess at three ages, according to your personal taste. If you prefer he beautiful woman, she is at her best between the ages of 20 and 35. If your taste is for the woman of sentiment, she is at her pre-eminence between the ages of 30 and 45. If you wor the ages of 30 and 45. If you worship intellect, she is supreme between 40 and 60. If you want all of these qualities, seek out a goddess, for goddesses have no age."

HOUSEHOLD HINTS

A salt bath will be found to quiet pervousness, if taken just before re-

tiring. Two quarts of cold water

day, drunk at intervals, is a good remedy for kidney trouble.

A cup of hot water a half before breakfast every morning will cure dyspepsia and indigestion.

A flannel dipped into boiling water and apprinted with turnentine

A flannel dipped into boiling water and sprinkled with turpentine and laid on the chest, will relieve cold and hoarseness.

By mixing two teaspoonfuls of glycerine with one teaspoonful of lime-water and one teaspoonful of paregoric you have an excellent gargle for a sore throat.

THE GIRL WHO CUSHES

There is a certain form of insince-rity, which is rightly termed gush, infulged in most often by silly women and young girls. It is that kind of flattery which may be right-ly described as "laying it on with a trowel."

kind of flattery which may be rightly described as "laying it on with a trowel."

Men dislike girls who gush; they distrust them, and not without reason, for the deepest natures are the most reserved where their affections are concerned.

Cirls who gush find themselves "on the shelf," when their less obtrusive sisters are napply married, unless they are fortunate enough to take in some guileless man; but this does not happen often, because,

although man is fond of flattery, it should be of that subtle character which only a tactful and clever woman knows how to administer. Perhaps his flattery would better be described as praise, which is dear to the heart of all; but let it be single working approaching gush is cere—anything approaching gush to be abhorred.

to be abhorred.

I have met the gushing girl again and again, and I have found her insincere and shallow. She is always more or less affected, and her plausible manner deceives a few. She is simply silly, ready to agree with you one moment and with someone else the next, disliked both by men

and women.

Although men share many of the failings of the fair sex, I think they are exempt from this; they never gush—at least, I have never come across a man who does.

Avoid gush and avoid affectation if you wish to be popular.

BAD MENTAL HABITS.

If I were asked what was the greatest foe to beauty in both man and woman, I would say, not errors in diet, not lack of exercise, not in diet, not lack of exercise, not overwork, not corsets, not any one of these, but bad mental habits. If we observe closely the faces of the people we meet at random on the street, or in the great shops, we will observe that nearly all of them are characterized by the lined mouth the drawn brows, and other facial the disfigurements which accompany bac

disfigurements which accompany bad mental states.
What do I mean by bad mental states? I mean anger, fear, worry, anxiety, irritability, regret, envy, jealousy, lack of trust in one's self and in the Great Good—all these are bad mental states; and all these destroy beauty, not only by interfering with the action of the vital organs, but by directly disfiguring the expression of the face.—Dr. W. R. C. Latson, in The Outing Magazine.

What is Worn in Paris.

Dinner Gowns More Elaborate Than Ever--Outing Skirts Shorter Than Ever--Dainty Wraps, and Scarves in Unending Variety.

Like the poor, the dinner gown is always with us, and never more so than at this moment, when the sea-son of country-house parties is in full swing. A very handsome gown has just been created for a lady who is starting on a round of visits; and as it has various novel points abou it, it is worth describing. The high it, it is worth describing. The high corselet fourreau of oyster-white satin fits like a glove round the hips, but a noticeable feature in the dress is the great fulness that is brought into the skirt at the back, which, while in nowise detracting from the smooth slimness of the effect in front cities a vecening grace to the back ves a sweeping grace to the back which we have been long accus-med. Over the satin fourreau is a to which we have to well as a close-fitting tunic made of lattice work of silver cord and opals, an opal being set wherever the cords cross each other. This unic falls in a deep point almost to the feet in front, the line rising from thence to the whore the tunic ends just a deep point almost to the feet in front, the line rising from thence to the back where the tunic ends just where the full folds of the train begin. A border of silver tulle, embroidered in opals and silver thread, finishes the edge of the tunic. The upper part of the bodice is original, too, for it gives the effect of being merely a draped fichu of pale rose chiffon and old lace which is all in one with the rucked sleeves that barely reach the elbow. The corselet is a very high one, and the folds of the fichu bodice are tucked into it; but it remains a corselet, and there are no bretelles to continue the line over the shoulders. Thus the lattice-work tunic is of silver and opals is used to give the effect of the Plantagenet cotte are one of the most prominent features in the fashions of the moment.

If used with taste and discretion If used with taste and discretion the ootte is most effective: but alone, with the hard line of its lower edge running straight round the figure a good way below the hips it is disastrous, and gives to even it is disastrous, and gives to even the best-made woman the Semitic effect of a long body and short legs. Nothing is prettier than the cotte combined with the wide double stole or the pinafore, the cotte in both combined with the wide double stole or the pinafore, the cotte in both cases showing at the sides and being veiled before and behind by the over-hanging drapery. This arrangement is equally successful on day or even-ing dresses, and the side openings have a very diminishing effect on the bios. the hips

In spite of all the efforts of the Paris dressmakers, in their nataral desire for novelty of any kind, to find something to supersede the long lines and lisson effects we have loved so long, they have not yet persuaded the Parisiennes to give up these effects, especially as regards evening frocks. The Parisiennes consent to yarv the coat and skirt uniform. ing frooks. The Paristennes consent to vary the coat and skirt uniform, that has such firm sway by day, with all sorts of tentative eccentricities (which ib most cases are each one uglier than the other), but they will not allow their beauty of line to be interfered with in the evening, and the Princes fourtent is a tribunand the Princess fourreau is as trium-phant as ever it was, having gained still further influence by the increas-ed fulness at the back.

ed fulness at the back.

The skirts for day wear are shorter than ever, a fact that is one of the most striking features at Trouville, and as Frenchwomen's feet are usually small and their footgear impeccable, it is not 'or the beholder to complain. A delightful example of present fashion in every detail was given by a dainty figure in black and white striped linon, the skirt only reaching to the ankles and disclosing the very smartest of



Louis XV. shoes in white doeskin, Louis AV. snoes in white doeskin, brogued and heeled in black patent leather, with white silk stockings embroidered in black. Over the linon dress was worn a semi-fitting sleeveless coat in black taffeta hanging open in front to show a voluminous jabot in white Malines Jace, similar lace frills adorning the wrists of the lace frills adorning the wrists of the lace frills adorning the wrists of the striped linon sleeves. The big black hat was covered with black algrettes and the dome-shaped sunshade of black Chantilly was incrusted with jet, which had a most brilliant and unexpected effect when the sun was pleased to shine on it. The soft taffeta' coats, with or without sleeves, were to be seen in numbers of Desir. were to be seen in numbers at Deau-ville or Trouville in conjunction with ville or Trouville in conjunction with dresses of light materials, such as voile, linon, or tulle. Sometimes the coat was of the same color as the dress, sometimes it was black, and, again, sometimes it was in a contrasting color, as for instance, a violet or dark blue coat with a grey violet or dark blue coat with a grey dress, or an emerald coat on a white frock of lace and muslin. The silk coat undoubtedly gives a "dressed" note to even the simplest frock, and may be looked upon as a most useful addition to one's wardrobe.

This extraordinarily uncertain and chilly summer has had a natural result in an unusual variety of dainty wraps, and among the novelties of this kind to be seen were some charming little garments recalling the 'polonaise' of the Second Empire, made in silk gauze or net with narrow stripes of velvet and bordered with fur. Shoulder scarves of all kinds were, of course, to be seen in bewildering variety; and none prettier than those of super posed chiffons of different colors sapphire blue over violet, or silve grey over turquoise, hemmed inch-wide borders of ermine,

TO THOSE WHO WAIT.

Many a castle I've built in Spain, With turrets and domes that wer passing fair,
But the first wild storm of wind and

Has proved my castles were made of air.

dany a fleet I have sent to sea Freighted with hopes and ambi-tions bright.

Never a ship has come back to Though I've watched for long by day and night.

But I sometimes think there come a day When my heart's fond wishes I shall

When, walled and towered in grand Shall stand secure my castles in

REMEMBER

emember me when I am gone away. Gone far away into the silent land, When you can no more hold me by the hand, Nor I half turn to go, yet turning

stay.
Remember me when no more day by day
You tell me of our future that you planned; Only remember me; you understand t will be late to counsel then or

pray.
Yet if you should forget me for a while
And afterwards remember, do not

grieve; For if the darkness and corruption

For if the darkness and corruption leave
A vestige of the thoughts that once I had,
Better by far you should forget and smile,
Than that you should remember and be sad.

—Christima Rosestti.

IN THE COOL OF THE EVENING.

In the cool of the evening, when the low, sweet whispers waken, When the laborers turn them homeward, and the weary have their will,

When the censers of the roses o'er the forest aisles are shaken,

Is it but the wind that cometh o'er the far green hill?

they say 'tis but the sunset winds that wander o'er the heather, Rustle all the meadow-grass and

bend the dewy fern;
They say 'tis but the winds that bow
the reeds in prayer together,
And fill the shaken pools with fire
along the shadowy burn.

In the beauty of the twilight, in the Garden that He loveth,
They have veiled His lovely vesture with the darkness of a Thro' His Garden, thro' His Garden

it is but the wind that moveth, No more! But O the miracle, the miracle is the same! In the cool of the evening, when In the cool of the evening, when the sky is an old story, Slowly dying, but remembered, ay, and loved with passion still, Hush! . . the fringes of His gar-ment, in the fading golden

glory, Softly rustling as He cometh o'er the far green hill.

-Alfred Noyes.

+ + + WHITE ROSE OF THE WORLD.

An Irish Love Song

If thou wert mine I'd weave thee robes of cloud and

glistering dew,
Warp of white mist and voof of sunset hue,
With apple blossoms, faintly red,

and musk,
I'd strew the ways that lead into
the dusk

the dusk
Of deep, cool woods, where dewy,
fern-frond curls;
Would scatter 'neath thy feet a
shower of pearls,
And steal the moonlight's sheen
from the dim lake

To pave a silver path for thy dear sake.

If thou wert mine, I'd captive make the voice of every

And wed to each the sweetest, fondest word—
Thy name—that when they sang, their song should be
Linked with a chain of melodies to

thee.
I'd pluck from out the day its brightest hours,
Wreath them—a diadem of fairest
flowers,
When night should come with sable

wings unfurled-To crown thy brow, O White Rose of the World.

If thou wert mine,
I'd seize the wind (O throbbing
wind of sorrow,
Vex not her soul with whisperings
of the morrow),
I'd garner up the radiance of the

morn,
The wonder-music of the rustling orn, fashion fairyland—the world

apart—
And when 'twould fade I'd house
thee in my heart.
No impious hand this shrine of thine

could shatter water,

If thou wert mine.

—Cahal O'Byrne.

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Constipation or costiveness clogs the bowels, chokes up the natural outlet of impure matter, and retains in the system the poisonous effete waste pro-ducts of nature, thereby causing Bilious-ness, Headache, Piles, etc. Avoid this serious trouble by the use of

MILBURN'S LAXA-LIVER PILLS

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They act on the bowels and promote their free and regular action, thus curing constipation and all the diseases which arise from it.

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sent residence upon owned by him in the homestead the require residence may be sa dence upon said land should be given the Dominion Lands at tention to apply for W. Deputy Minister of B.—Unauthorized s advertisement v

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Ma WEAK BACK FOR YEARS.

days, being scarcely s and I have also bee while trying to perfeduties. I had doctors out avail and tried lini but nothing seemed t I was about to give in husband induced Kidney Pills, and aft I am now well and at I am positive Doan's that you claim for edvise all kidney sufficial trial."

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