IFE in Regina is varied by many amusements and recreations, although the great distances which separate the new capital of the West from the larger cities of Eastern Canada and the United States prevent it from securing as many attractions in the way of entertainment as might be desired. The people are thoroughly appreciative, and when first class entertainment companies do appear in the city they are most liberally patronized. A vigorous effort is being made to overcome the geographical handicap by the development and encouragement of local talent. Foremost among the institutions of the city stands the Regina Philharmonic Society, which has done most effective work in the encouragement of vocal and orchestral music. This institution is a young but thriving one and its success in the past has induced it to make more ambitious attempts for the future. It has furnished most satisfactory productions of such operas as "The Yeomen of the Guard" and "The Gondoliers," and its next work is "The Creation." A repertoire of this description is sufficient to indicate the scope of the society's work. The citizens are proud of the success achieved by it and support it most generously.

The principal theatrical companies which appear in the west count heavily on the returns from the performances at Regina, and they are seldom disappointed. The taste for good plays is constantly improving and extending, and the city promises to derive much importance as a centre of theatrical patronage.

In the realm of sports, Regina occupies a prominent position. Lacrosse, cricket, baseball, football and tennis flourish during the long summer season, and curling, hockey and skating in the winter. The city boasts an athletic ground in the central district, where the lacrosse, baseball and football devotees may disport themselves. Tennis and cricket grounds are set aside in Victoria Park, which is also centrally located. A large rink furnishes accommodation for hockey and skating, and these pastimes are deservedly popular. Curling requires a special rink, and at the time of the Provincial bonspiel, which is held annually, the skating rink is also surrendered to the men of broom and stone.