

evolence ; large. Constructiveness ; large. Ideality ; full. Sublimity ; very large. Imitation ; full. Mirth ; full. Individuality ; large. Form ; very large. Size ; very large. Weight ; very large. Colour ; large. Order ; large. Calculation ; large. Locality ; very large. Eventuality ; full. Time ; large. Tune ; full. Language ; full. Causality ; very large. Comparison ; very large. Human nature ; very large. Agreeableness ; full.

N. B. Cultivate :—Alimentiveness. Hope. Digestion.

Restrain :—Caution. Self-esteem. Firmness. Comparison. Human nature.

Mr. Wicksteed is not only a preacher but a practiser of the text: "A healthy mind in a healthy body." He is by no means contemptible at athletic sports and pastimes, such as: running, dancing, calisthenics, swimming, skating, fencing, boxing, singlestick, rifle-shooting, horse riding and driving, canoeing, rowing, yachting and steam yachting.

He is an unrelenting foe of alcohol and tobacco.

What he finds good for himself,—mind and body, — he, in a generous spirit, wishes to furnish to others ; he is unremitting in his endeavours to promote the cause of pure and wholesome physical education and culture.

The following testimonial from the Principal, and Physical Instructor of McGill University, Montreal, Canada, will give assurance that the subject of this sketch obeys, in this direction at least, the Golden Rule of Christianity :

"For upwards of fifteen years, Dr. Wicksteed has presented to this University medals for the encouragement of physical education, and it is a pleasure to certify