

EXTERNAL.

Two heaping tablespoonfuls Johnswort
One " " White Oakbark
One " " Salt
One " teaspoonful Arnica Flowers
One " " Valerian Root
Rub well into the affected parts twice daily.

INTERNAL.

One heaping tablespoonful Johnswort
One " " Valerian Root
One " " Peppermint
One " " Yarrow
Take one tablespoonful every four hours.
(Prepare as Directed on Page 20)

EPILEPSY.

There is no need for detailed symptoms, because the disease is well known.

The following treatments have resulted in relief, and even in many cases an entire cure was effected.

EXTERNAL.

One heaping tablespoonful Johnswort
One " " Yarrow
One " " Peppermint
Two " " Salt
Apply once a day with the spine treatment along the spine.

INTERNAL.

One heaping tablespoonful Valerian Root
One " " Betonica
One " " Juniper Berries
Take one tablespoonful before each meal and one before retiring.
(Prepare as Directed on Page 20)

ST. VITUS DANCE.

Characterized by irregular contractions of different muscles, without the agency of the will. As to the cause of St. Vitus Dance, nothing definite is known.

Treatment:—