THE EVENING TIMES, ST. JOHN, N.B. willivate de Infundred Snow of Cucumbers Lotion of Lavender Flowers.
(Toilet Lotion to be Added to Water V. Washing.) Violet Tooth Powder. Eye Lotion. Milk of White Roses.

(A Cure for Wrinkles.)

4 pint of rosewater.

4 ounce simple tincture of benzoin.

3 drops of aftar of roses.

Put the rose water in a basin. Add the tincture of benzoin a drop at a time.

Add attar of roses, and bottle. Heat the Spoon for Mixing Throw Back Sponge the Face 100 Oils THE girl who would be beautiful must take two words as her motto through life—"self-denial" and "perseverance." Possibly the latter is the most important of all, and it is lack of perseverance that has caused failure in many a beauty quest.

It is useless to deny one's self a certain dish, which means indigestion and muddy complexion, for six days in the week, and then indulge in it on the seventh. It is just as useless to devote a half hour daily to improving the appearance by exercise, massage, etc., for several days in the week, and then utterly neglect this care for as many more days. The following extract from a letter written by a famous beauty of the court of Queen Marie Antoinette shows how necessary was systematic perseverance in the pursuit of duty considered in those days:

It will, no doubt, amuse thee, dear Will Enlarge a Add a Few Drops of Benzoin at a Time Wrinkle Lotion Beneficial Will you kindly send me the formula for the astringent wrinkle lotlon you recommend? I had it made up over a year ago and found it very efficacious, but have lost the formula.

Lotion for Premature Wrinkles. HE girl who can make her own cosmetics is able to save about a quarter of the price she would be obliged to expend if It will, no doubt, amuse thee, dear friend, to learn how curious are the methods at which I am at present employed. Not only must I use various pomades, lotions and ointments, but the queen has been graciously pleased to inaugurate the "hundred" system, in which her maids have been initiated, and I instructed. This system is to insure regularity in the treatment. It is remarkably tedious, but promises vast improvement of the hair and complexion, and consists of applying the numeral 100 to all rubbings and brushings of the skin and scalp. she bought them from a beauty spe-Restoring the Hair The average kitchen contains all the necessary paraphernalia, which consists of an enamel-lined saucepan, an enamel spoon, an egg whisk, a few old jam jars and some small pots and bottles to hold the creams and lotions when completed.

There are few rules to be observed beyond exercising judgment and common sense. One thing must always be remembered, that creams should be made in a warm room, with the doors and windows closed, and every breath of cold air excluded. All ingredients, jugs, jars, even the spoon, must be heated. A breath of wind, the touch of a cold utensil, and your labor is wasted.

It is well to have everything prepared before beginning. It is also most advisable to label all jars and bottles neatly and plainly. Mrs. A. S.—If you get your scalp in perfect condition by massage and application of a good tonic, I think it will regain its former color and lustre. I know the application of any greasy substance to the hair is unpleasant, but I have known of cases where the daily application of a little vaseline to the roots of the hair for about a month has accomplished wonders in the way of restoring the hair. Of course, you may shampoo frequently during this treatment, and thus keep the bair from appearing too oily. 100 Strokes Will Make the Hair Shine To Darken the Lashes Will you please publish formula for Chinese eyelash stain? I shall be very thankful if you will.

Chinese Eyelash Stain.

Gum arable, 1 dram; india ink, ½ dram; rosewater, 4 ounces.

Fowder the link and gum and triturate small quantities of the powder with the rosewater until you get a uniform black liquid in a powder, and then add the remainder of the rosewater to it. It should be applied with a very tiny camel's hair brush. Label Lotions Iy and plainly.

The formulas given will be found most efficient and will not be too complicated for the amateurs to prepare. and Creams Neatly Cream of Sweet Orange. Cream of Sweet Orange.

2 ounces sweet oil of almonds.
2 ounces orange flower water.
2 drams white wax.
1 dram oil of sweet orange.
2 drams spermaceti.
Half fill the saucepan with boiling water. Stand the jam jar in this. Shred the wax and spermaceti into the jar. Let it dissolve. Heat almond oil and add to the wax. Heat orange flower water; add it half a teaspoonful at a time, stirring the mixture quickly. Lift the jar out of the saucepan. Beat mixture with the whisk. Heat and add oil of sweet orange. Whisk cream until it is cold. Put in pots and cover with parchment. Sallow Skin and Blackheads Sallow Skin and Blackheads

Kindly send me the best remedy you have for blackheads and sallow complexion.

F. J. L.

I am giving you lotion for the removal of blackheads. Sallow skin indicates some disturbance of the liver or digestive organs, and requires internal treatment. No doubt a good blood purifier might help you. Drinking plenty of water and exercise in the fresh air are also helpful.

Lotion for Blackheads.

Pure brandy 2 ounces; cologne, 1 ounce; liquor of potassa, 45 ounce.

Apply at night, after washing the face thoroughly with soap and water. Mrs. Symes' Beauty Advice to Correspondents Powder of White Gerandum.

(A Tollet Powder.)

2 pound starch powder.

1 ounce powdered orris root.

3 dram oil of geranium.

Crush free from lumps. Add the perfume a drop at a time. NE IN DISTRESS. — Bleaching the superfluous hair with peroxide of hydrogen will make it less noticeable. Electrolysis or X-ray are the best-known methods for harmless and safe removal; if you cannot have these, the next best thing is to apply a depilatory, which can be purchased in either stick or liquid form. Hair Too Curly Would you please repeat a formula for straightening 'kinky hair,' that I saw in your column about three years ago. I have used it, and find it good for kinky hair and making the hair grow also, but I have mislaid the receipt, which I have kept all this time. It contains beef suet, yellow beeswax and one or two liquids. I think one was rosewater, but I am not sue, and cannot remember the quantity at all another the possible of the pomade to which you refer;

Anti-Kink Hair Pomade.

Beef suet, 8 ources; yellow wax, 1 ource; How Women Can Get Rid of the Blues How Women Can Get Rid of the Blutes

By Dr. Emma E. Walker.
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If Is a very common thing to hear girls do so the contrary, worry, and the girls do to much on Sunday. Especially week should spend a quiet, restful Sunday in the contrary, worry, and the seems to have gone wrong. Now, in such a case something very word, at that.

This condition can almost invariably the traced to some physical chiese. Siths of the contrary word of the disturbance both of the circulatory at that.

This condition can almost invariably the traced to some physical chiese. Siths of the contrary word of the disturbance both of the circulatory at the cream of the disturbance both of the circulatory at the contrary word of the disturbance both of the circulatory at the disturbance both of the circulatory at the contrary, worry, and the world and the contrary word of the system.

This condition can almost invariably the traced to some physical chieses. Siths of the contrary word of the system.

The condition of the blues are shown to the contrary word will invaluable energy.

Cherrical and the contrary words at the cherry of the contrary words and the contrary words at the cherry words and the contrary words and the To Avoid Using a Stain.

A. T. D.—Before resorting to the use of a stain I advise you to try regalning the natural color in your hair by getting the scalp in perfect condition. Trim the ends of your hair carefully. Give it daily massage with a good tonic and rub pure vaseline into the roots several times a week. In a person as young as you are it is quite possible to thus nourish the hair, so that it will regain its original color. The general health should be kept in good condition. To Bleach Superfluous Hair Beef suct, 8 ounces; yellow wax, 1 ounce; castor oil, 1 ounce; benzole acid, 5 grams; oil of lemon, ½ gram; oil of cassia, 8 drops. Mix the suct and wax over a slow heat, add the castor oil and acid and allow to properly cool, then add the oils. Apply to the hair as any other pomade. Harassed or permits her nerves to get the better of her.

Use of Galega

Have used several of your formulas, and find them very beneficial, and would like to know if galega is in any way injurious to a person's health and how much to take, and how often, or could you recommend anything better for developing bust? E. W.

The only way I recommend the use of galega is as one of the ingredients of Dr. Vaucaire's Remedy. Taken in this manner it is perfectly harmless.

Internal Treatment.

G. G.—Peroxide is an excellent Improving the Arms

MARION S.—Daily massage with a good skin food will develop and improve the condition of your arms. The orange-flower cream is good for this, so is cocoa butter, but the latter should not be used too frequently if there is any tendency to growth of superfluous hair. Lost Formula An Excellent Remedy. To Clear Complexion.

MABEL.—To clear your complexion, rub the face over, just before washing it, with two teaspoonfuls of flowers of sulphur, mixed in half a pint of new milk. This mixture should stand a little while before it is used on the face. You will also find that using the orange-flower cream at night will improve the appearance of your skin. G. G.—Peroxide is an excellent bleach for the skin, but your case needs internal treatment, as the sallow skin you describe indicates some inward disturbance. The following preparation is good for removal of moth patches:

To Remove Moth Patch. Increasing Weight I am so interested in your page that I want to see if you can help me. I am very thin and would like you to give me something that will fatten me in a very short time. I have tried many different kinds of tonics, but they don't do any good, so I thought I would ask you. Will you please see if you can help me?

H. W. Cocoa butter, 10 grams; qastor oil, 10 grams; oxide of zinc, 20 centigrams; white precipitate, 10 centigrams; essence of rose, 10 drops. Apply to moth patch night and morning. Leanness and Emaciation.

Absolute freedom from care and anxiety. At least ten hours' sleep out of every twenty-four. In addition to this, naps during the day if possible. This sleep must always be natural. Nothing is so bad for the appearance and general health as sleep induced by anodynes or narcotics in any form. The diet should be liberal and should consist largely of food containing starch and sugar, potatoes, fresh, sweet butter, milk, cream, fruits cooked and served with sugar, all vegetables containing starch and For Reducing Flesh

Mrs. E. P.-I do not know any harmless internal remedy for reducing the flesh. There are many anti-fat preparations on the market, but I know nothing