that other money chase of machine up primarily beents from Ottawa Fund, for one. ined them on the sertions, And the yet been sent to tice from Ottawa ire needed.

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DAILY MAGAZINE PAGE FOR EVERYBODY

Clara Morris Says FEMININE FOIBLES

THAT WE SHOULD FIND A GOLDEN MEAN BE-TWEEN THE TWO SUNDAY EXTREMES.



I all the changes made in three or four decades past there is no such "about face" as in our manner of keeping the Sabbath.

Many must recall, with shudders, those three grim ermons, with their "thirdly, fifthly, finally and to end." Harangues with the stretching power of rubber. Then the deadly monotony of those bread, cold meat and pickles or baked bean dinners, without even that woman's comforter, a cup of tea, that coldly furnished forth

But worst of all was the turning of that precious day which He had "blessed and hallowed" into an occasion of weariness and sullen dread to "little ones" of His tenderest love. Poor catechism-ridden bables! Frequent and sharp were the punishments inflicted for singing worldly "Lily Dale," "Old Kentucky Home" or "Ring Around a-Rosey" or-being bored to extinction-for a surreptitious peep into "Cinderella" or even a

There is awe in the thought that the mighty Creator knew the value of a day of rest, and so "blessed and hallowed" it, and demanded that his people nor and keep it holy ever after. We-well-we "keep" it-somehow. If we set aside a day in which to do honor to some fellow-creature, how

d are happy in the doing. It is very easy. Yet when Power Supreme demands that every seventh day shall, for our n sake, be free from labor, and for his sake shall be kept holy with praise nd prayer and love, we either can't or won't understand, and so make it a

We put aside all work. Adorned and bearing flowers, we gather joyfully ether. We offer thanks, we praise him or her in words, in song, in music,

Our "about face" has brought about a Sunday of ball games, racing, athletic contests, partly expurgated theatrical performances, vaudeville turns in street clothes, and various merry ways of whipping the devil about the bush. But signs of its being the Sabbath are comparatively few, which re-

A small boy overheard his aunt the other day, when she hoped "the Lord's

"Lord's day? What day's that?" snapped the boy Why, the Sabbath, of course."

"Sabbath! Well, what's that? Oh, Sab-Sabbath school! Oh, yes, Sunday school says: 'Remember the Sabbath day to keep it holy.' I know now." Blessed be the Sunday school, then, if it helps the little ones to differentiate the Sabbath from a Sunday of amusement pure and simple.

Having tried the two extremes, can we not change again to a golden mean, where at the very least we may share the day with the God who created it. us and the world we so enjoy, and from whom we withhold the praise and thanks we cheerfully give to mortal beings?

The thunders of Mt. Sinai are silenced, so gather the family together, read a few lines from the Book, repeat "Our Father" in dear unison, and sing a bright, triumphant hymn, before starting on pleasure bent.

And, while abandoning our own work, avoid amusements that entail

Movels in a Mutshell

"THE PRINCE AND THE PAUPER"

streets of London and stopped before the gates of the royal palace to
gaze into the courtyard.

This convinced the nobles that he was
mentally sound and the lower than the was The gruff guard ordered him away.

and handled him so roughly that he tions for the coronation.

and overhearing the rude command of the guard, invited the boy to come with-reach London a few days before the coronation, and found the city making The boys were as nearly alike as two great preparations for the event.

peas, even to a remarkable physical resemblance, and immediately became suggested that they exchange clothes. protesting against the coronation of Tom readily agreed, and discarded his rags for the silks and velvets of his Edward.

As Prince Edward watched Tom dressing he noticed the bruised hand, and became indignant that one of his guards should thus mistreat a harmless stranger, no matter how poor he ap-



the Prince in the Pauper's Clothes the adventures which have befallen you." Was Driven Away.

Clad in the rags of the pauper he to the earth. rushed alone from the palace to repri-mand the guard, who laughed at him, went away.

customed to walking through the dropped, feeling very sad, when suddenly he saw a trapdoor which he lifted and streets of the city the prince had strange found a flight of stairs leading down into the earth. He descended and came to experiences, and finally fell in with Tom's family. He received such bad treatment that he decided to run away middle of the room a large white rabbit.

with Sir Miles Hendon, a disinherited "You are very welcome. Prince Car long time for you. I know why you are here. Do exactly as I say and at the Inight, whose pity he had aroused.

The knight believed that the boy was a madman, because of his frequent assertions that he was of royal birth, but the prince did not want to do, for he liked the rabbit, but she insisted the management of the prince did not want to do, for he liked the rabbit, but she insisted the prince did not want to do, for he liked the rabbit, but she insisted the prince did not want to do, for he liked the rabbit, but she insisted the prince did not want to do, for he liked the rabbit, but she insisted the prince did not want to do, for he liked the rabbit, but she insisted the prince did not want to do, for he liked the rabbit, but she insisted the prince did not want to do, for he liked the rabbit, but she insisted the prince did not want to do, for he liked the rabbit, but she insisted the prince did not want to do, for he liked the rabbit, but she insisted the prince did not want to do, for he liked the rabbit, but she insisted the prince did not want to do, for he liked the rabbit, but she insisted the prince did not want to do. tht, whose pity he had aroused.

he grew to be sincerely attached to the lad and welcomed him as a travelling and he finally did as he was told.

No sooner had the head been severed than he saw before him a beautiful no sooner had the head been severed and showed him the wonders

companion.

They wandered about the country, having one strange adventure after another.

Tom, in the mean time, found his hanged condition unpleasant in many spects. Life at court did not altographed their appeal to him. His uncouthness when he was asked for the "great unette subjected him to many trials.

When he was asked for the "great the courtiers pronounced him to be demanded.

They wandered about the country, having one strange adventure after another.

No sooner had the head been severed than he saw before him a beautiful think it would please her if I did. When in company and I speak of her I call her mother, but that is all. When the foot of the stair-action way and there found the princess and a large retinue of attendants, each bearing at casket of jewels or some other costly gift, awaiting to accompany him.

The old King saw the glittering procession and could hardly believe his eyes when he saw Carlus.

He thought his youngest son's adventure quite out of the ordinary and immediately named him as his successor, but the princess said: "He doesn't need your kingdom. Divide it between your other sons, for he has a larger kingdom to underground."

THINK that you should call her mother, as she seems to be kind to you and does everything that a mother could do for a daughter. As you call her mother in company, if you started to underground."

mentally sound, and they began prepara-Tom was at first grieved and worried bruised the boy's hand.

Just at this moment the impulsive, kind-hearted young prince—afterward Edward VI.—happened to be passing, had exchanged places with him.

Sir Miles and Prince Edward finally On the morning of the ceremony the prince slipped away from his protector and went to Westminster Abbey. Here he confronted the nobles and the clergy.

At first they gave his statements no credit, but there was something about the boy which compelled respect and

By Annette Bradshaw



TRYING ON THE BRIDAL GOWN

Little Sister-Where do they put the bells?

Little Sister-Maude said they would be there with bells on.

Little Things That Mean Much to Beauty

By LUCREZIA BORI.

Prima Donna of the Metropolitan Opera Company, New York.



the boy which compelled respect and confidence.

The hiding place of the "great seal" was made the final test to substantiate his claims, and assisted by the still faithful Tom, he revealed it.

Clad in the rags of the pauper, Prince Edward was then crowned King of England amid the cheers of his subjects.

Then he richly rewarded Tom for his loyalty, and Sir Miles for his affection and faithful services.

He never forgot the privations and "time our neglect will rob the face of its chief charm.

LUCREZIA BORI time our neglect will rob the face of its chief charm.

LUCREZIA BORI Few women pay any attention whatever to their eyebrows, and yet they are one of the most important features of the face. Upon them depends your expression. If you stand before a mirror and "ruffle" your eyebrows you will notice that however smiling your countenance may be the expression is one of the never forgot the privations and "windburn kemedy.

My skin is easily affected by sunburn and windburn, so I use this preventive when going outdoors. I first anoint my face with a lotion which contains:

The proper brush to use for the eyebrows is shaped somewhat like a toothors, but the bristles must be fine and soft.

Then I remove the superfluous liquid with a piece of soft linen and dust the skin with rice powder. The powder protects the complexion from the sun and the cheers of the serior of the serior of the serior of the sun and the provided by any attention whatever to their eyebrows, and yet they are one of the face of its cajeput every day.

"Bushy" brows can be improved by applying the smallest quantity of grease and windburn, so I use this preventive when going outdoors. I first anoint my face with a lotion which contains:

The proper brush to use for the eyebrows is shaped somewhat like a toothors, but the bristles must be fine and soft.

Then we draw draw draw the provided to the provide

misfortunes he had endured while a pauper, and during his brief reign treated the unfortunate with mercy and pity so often denied him when he was as a homeless wanderer.

Down brush the brows smoothly to sweep down in a broad line, and you will look as solemn as a country deacon on Sunday morning.

The morning bath is one of the essentials of beauty, but its value is increased a hundred-fold if it is followed by a sun bath and 10 minutes' exercise.

Wrap yourself in a bathrobe or dress-way as a homeless wanderer.

One day he took them into the garden and picking three pieces of thistle-

Prince Carlus-for that was his name-sat down where the down had

"You are very welcome, Prince Carlus," she said. "I have waited a long,

If we neglect to care short and thick without being coarse, water or cold cream to allay the "sting" and if you find that a tonic is required of the peroxide. butes of beauty in to improve your scragly brows, massage time our neglect will them, rubbing in a few drops of oil of

The morning bath is one of the essentials of beauty, but its value is increased a hundred-fold if it is followed by a sun bath and 10 minutes' exercise.

Wrap yourself in a bathrobe or dressing gown and stand in a sunny window and breathe deeply. I always take an erect position and 25 times raise my arms slowly in front of me until they are stretched high above my head. All the while I inhale deep breaths of the pure air. Then I drop my arms slowly as though my hands were made of lead, to my sides.

Lied down for 10 or 15 minutes, for, as a rule, you will feel dizzy after the

N a far, far country there lived a King who had three sons, and as only one deep breathing exercise. Relax every could inherit the throne he did not know which to choose, for they were all muscle and close your eyes and banish every thought from your brain. Absolute rest will make you in prime condition for the day's activities.

down he commanded the boys to blow them into the air. "I want each of you to down he commanded the boys to blow them into the air. "I want each of you to Now you are ready to dress for going follow whither his piece of down leads and at the end of a year return and relate out, and the complexion must be prefollow whither his piece of down leads and at the end of a year return and relate the adventures which have befallen you."

One piece of down went sailing to the north, another to the south, but the piece which the youngest son was to follow floated a short distance and then fell to the earth.

Out, and the complexion must be prepared to withstand the ravages of spring wind and sun. If upon rising you have not massaged the skin, do not neglect to do so at this time.

Use the second and third fingers, dip-Laughing at the supposed misfortune of their brother the two elder sons ping them into a good cold cream and apply it with rotary motions. The

> Advice to Girls By ANNIE LAURIE

DEAR ANNIE LAURIE: I am 17 years old, and have a stepmother. She is good to me, and does everything a mother can do for a daughter, but I cannot make myself call her mother, although I think it would please her if I did. When in company and I speak of her I call her mother, but that is all. What would you do? Would you call her mother to her face or not?

heard the time-worn saying, "It the little things at count in life." is an invarile truth where sauty is concerned. We neglect to care

we neglect to care

form a narrow, arched line above each lengthwise movement will make lines while the rotary eradicates them. Remove the cold cream with a soft towel and apply a fresh coating. Remove this also and give the skin a bath consisting of a wineglassful of rosewater to which 15 drops of peroxide have been added. Leave this on the face not longer than 15 minutes. I always remove this lotion with a second bath of plain rosewater or cold cream to allay the "sting"

skin with rice powder. The powder pro-tects the complexion from the sun and wind while the lotion keeps the skin

Secrets of Health and Happiness

Rest and Slow Thinking the Cures for Stuttering

By DR. LEONARD KEENE HIRSHBERG.

A. B., M. A., M. D. (Johns Hopkins).

TITH few exceptions, perhaps, no man or woman should be a stutterer. Even if one is so unfortueliminated. Unluckily, most stutterers visit doctors for a cure. Once the painstaking physician has made a thorough diagnosis, however, the victim should hie himself to a patient elocutionist or vocal department studio for appropriate syllable exercises and oral gymnastics. You may recall the artificial distinctions between the

two conditions-stammering and stuttering. The stutterer is one who pronounces all consonants and combinations of consonants correctly. He speaks even as you and I, except when interrupted by irregular movements or irrelevant spasme of the muscles of the windpipe, throat, mouth, tongue, palate or lips.

Rapid thoughts often block the com-+ plete action of the vocal apparatus and thus instigate the trouble. The initial letters and initial syllables do not come freely, because thoughts fly ahead of muscle action and an unconscious airbrake or cramp holds up vocal movements.

The prime essential in the cure depends upon rest. A stutterer must be forbidden to speak—nay even to think for a time. Rhythmical exercises must be at once begun. If a vocal teacher or an elecutionist is available, patience and persistence upon the part of teacher and pupil will accomplish a cure. Children train their fingers in two or three years to play a small piano repertoire. Yet the to play a small plano repertoire. Yet the fingers learn more quickly than the tongue and the lips.

ments until a right-of-way is declared Answers to Health Questions

tongue and the lips.

It behoves the stutterer and stammerer who would be cured to begin at once and continue such articulate gymnastics several years. Several hours practice daily are even more necessary than to master a musical instrument.

The exercises are selected for perfect quiet, regular movements. Syllables, words and sentences are chosen by the teacher, and the victim must "go into"

Dr. Hirshberg will answer questions for readers of this paper on medical hygienic and sanitation subjects that are of general interest. He will not undertake to prescribe or offer advice for individual cases. Where the subject is not of general interest letters will be another and sucred personally, if a stamped and addressed envelope is enclosed. Address all inquiries to Dr. L. K. Hirshberg, care this office.

Diary of a Well-Dressed Girl

By SYLVIA GERARD Solving the Problem of a Demi-Evening Gown.

WONDER if any girl ever has a better time than I? Fate is always unusually kind to me. She seldom allows a dull dinner companion, a bad dancer or a grouch to fall to my lot.

I always go to an affair blissfully conscious that I am well dressed, for I wear the frock which seems best suited to the occasion and to the mood I happen to be in, and almost invariably a good time is sure to follow.

No woman can be happy if she has to feel apologetic for her clothes. What is more, she cannot "put her best foot forward." There is an assurance which

forward." There is an assurance which comes with smart clothes that will make even the shy, mouse girl interesting and

entertaining.

Last night when I dressed for Eleanor's dinner dance I felt that I could go "forth and conquer" the entire social world. An evening gown always transforms me into a different being. I'm ten times better looking, and often I gaze into the mirror and voice the sentihighway: "Lack-a-mercy on me! It is none of I." I knew that it would be im-possible not to enjoy myself whenever I wore that frock, and Eleanor's affair was but the beginning.

It was the first of the Easter bride dinners, and only the wedding attendants were invited. The girls looked like dainty Dresden china statuettes come to life in their lovely frocks of silk and lace. I've never seen a prettier collection of bridesmaids, and was glad I didn't have to be classed as the "ugly

My frock is a lovely blending of the pastel colors and the silk is soft and shimmery. When I bought the material I wavered between an old-fashioned striped pattern and one with small roses scattered over the surface, finally choosing the latter. I've never regretted the choice. It has a creamy-white background, and the roses are pink and yel-ow and the foliage pale green.
When Mrs. Mathon and I designed the

Demi-Evening Gown of Flowered Taffeta and Chiffon.

Peter's Adventures in Matrimony

By LEONA DALRYMPLE Author of the new novel, "Diane of the Green Van," awarded a prize of \$10,000 by Ida M. Tarbell and S. S. McClure as judges.

"Peter," she said, "there's no

turn any woman into a fiend." answered. "You were very far from a fiend. I've been brutal myself, I'm afraid. I feel awfully mean about the

"Most people aren't." I said, Into the Country.

A Happy Suggestion.

"Suppose," she suggested, "that we just say this—that you'll do whateveryou deem advisable—and we won't talk about it any more. That's wise, isn't please her. A Happy Suggestion.

"And just," I conceded. "You're a dear, sweet little wife."

"I'm not going back to the office.

gested, "it would mean you didn't care, wouldn't it?"

"I don't know," said my wife. "Sometimes lack of jealousy may be utter trust—but I'm not big enough, I'm afraid, to know that kind of trust."

"Most people aren't."

"I won't answer Joen's letter." I said.

"I won't answer Joan's letter," I said, after a while, "if it's going to make you feel badly. I won't do it, of course."

But now that Mary was in a glow of repentance, woman-like, she glided into extremes and insisted upon my answering the letter that had led to our quarity didn't bother me in the least. I merely ignored it, feeling that my nerve

please her.

We went home and while Mary was washing the left-over dishes in a perfect whirlwind of energy, I was bathing and shaving myself into excellent

We presently glided off into idylic summer roads in our old machine, laughing and chatting like a pair of youngsters.
"This," said Mary, "is ever so much better than quarrelling, isn't it?"
"Anything is," said I.

The Problem Solved. OMETHING. Some elemental little wave of warmth between us, had cleared the atmosphere like magic. And now that Mary had begun her generosity, she did the thing handsomely.

use my disguising LEONA DALRYMPLE. my feelings. I was jealous. Just plain, unadorned jealous. And jealousy will "Please don't say that, dear,"

deal" and could not tell its whereabouts the courtiers pronounced him to be described to the courtiers pronounced him to be described.

The doesn't need could do for a daughter. As you call her whole thing."

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grow easy and would please her.