

DAILY MAGAZINE PAGE FOR EVERYBODY

Fancies of Fashion

Filmy Tulle Favored for Summer Gowns

By Madge Marvel.

SUMMER evening wear perplexes the mind of the woman who is planning her wardrobe with the idea of spending the next three months at some vacation resort either in the mountains or by the sea. At either place there is sure to be need for light semi-dress frocks, that need not be elaborate but should be a bit different from the daytime dresses. For there is an increasing tendency to "dress for dinner" in even unpretentious resorts and there is always some evening gaiety, such as bridge or dancing which creates a demand for informal evening gowns.

Dancing shortens the life of a gown and the woman who contrives to combine becomingness and daintiness in her semi-dress attire can reap the reward of having more changes of costume.

Tulle the favorite. Unless one has liberal dress allowance it is foolish to have elaborate or expensive evening gowns for the summer except for the few very formal entertainments which are included in the program of the average woman.

The exclusive shop talk tulle whenever one asks for evening gowns. No one will deny the charm of tulle and it is the fabric of choice by the fashionables, but it is as perishable as its popularity, for who would want it if it were the plain cotton? But for wear, the gossamer web, plucked from the grass is hardly more transitory.

The tulle gown is an extravagance for the woman of limited income. But there are so many tulle accessories that even those who have to figure closely to keep within their bounds can have the delight of the note of tulle in their costumes. Tulle butterflies are worn on the backs of evening bodices with fascinating effect, a half-dozen of them in the ballroom giving a delightful charm to the scene.

The airy fabric is tied in a butterfly bow with the upper edge of the loops reaching below the waist and the lower loops pulled out in true butterfly shape. Sometimes two shades are combined, as pale pink and yellow or pale green and rose, one layer over the other.

The butterfly motif still appears on many of the summer frocks, notwithstanding the length of time it has been used. One of the most attractive frocks made for a young matron is the waist in gold lace.

Sashes and Scarfs. Tulle bowties on gowns of tulle or crepe or lace are much used and are edged in narrow ruching of the same material, which gives them a "body" that keeps them in place.

For those who like the neck band of which is becoming to all women with slender throats and white skin, tulle with rhinestone slides is used and adds a certain note of distinction to light gowns.

Sashes of tulle on summer dresses are charming and afford the opportunity for the introduction of some bright bit of color. On a gown of white tulle, with the much draped skirt in bustle effect, there was a tulle sash of bright green drawn through a lace and gold brocade.

A frock of brown satin combined with deep cream lace had a sash of burnt orange tulle.

There is a fascinating scarf offered as one of the novelties of the season which will appeal to all women. It can be made by one who is skilled in sewing and as a gift is delightful.

It is of chiffon, in any chosen shade, and combines the usefulness of a scarf with that of a theatre hood. The portion that goes about the shoulders is doubled and shaped somewhat on the order of a fichu and edged with tiny ruffles. Where this ruffled portion ends, there are chiffon rosettes so arranged that they will slide on the scarf and may be adjusted. From them the ends of the scarf fall free and full to any desired length. When it is worn as a hood the ruffled portion will be found long enough to fit over the head with the ruffles framing the face, the rosettes will come under the chin, and the ends may be arranged to suit the wearer. Could anything be more appealing for the woman who motors?

Sleeves in the formal evening gown are either of distinct importance or they are nil. While the sleeveless frock is like the old we used to wear, it is not a possession. The floating sleeve, which is like the old we used to wear, it is not a possession. The floating sleeve, which is like the old we used to wear, it is not a possession.

It should be remembered by the hostess that "afternoon tea" is the most informal of functions and should not be treated with elaboration. The moment one begins to hedge it about with ceremony it becomes a formal afternoon reception.

The term "light refreshments" exactly expresses what should be served at a tea. The English custom of serving toasted muffins and some marmalade with tea is being widely copied in America.

There are dozens of kinds of dainty and delicious sandwiches that are easily prepared at home.

Whole wheat bread should be used as well as white bread, for the combination of the sandwiches adds to the appearance of a table.

Also two or three fancy cutters are useful at many times and are not expensive to purchase.

The butter for sandwiches should be creamed before it is spread. Also the spreading should be done on the loaf before the slice is cut.

The crusts should always be trimmed and the sandwiches should be kept moist till they are served.

IS YOUR MIND IN PERFECT WORKING ORDER?



Favorite Poses of Georgie Remy.

"Concentration the Secret of Power," Says Well Known Actress.

By ELEANOR AMES

HER Mind in Order" is the text Georgie Remy offers for the working out of a practical human drama in which all women can have a leading role.

To the best knowledge and belief of Miss Remy, based upon her experience as a busy, ambitious and wide-awake woman, with associates among society, professional and business women, the average member of her sex suffers from a disordered mind.

Not that she would have it understood that she considers the average woman crazy—not for a minute, unless she is laughingly admits, "she may be crazy like a fox," but she thinks she needs to get her mind in order.

"The average woman's mind is a jumble of non-essentials that there is an overcrowding and confusion, and a mental cleaning out, elimination of the useless and cataloguing of the useful.

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would be a grand good plan for most of us to follow," said Miss Remy to me recently.

"We suffer from a sense of disorder which comes from trying to house too much in a small space.

"We scatter our mind over too much territory. We have yet to learn the true and best application of concentration.

"We have too many cross-cross mental paths.

"When we have our mind in order, we shall begin to accomplish more and better work. If you will look into the lives of the most successful women you will find that they are comparatively simple.

They have arranged the routine of their existence according to some system which gives them a chance to drive the machinery of their brains without least loss of energy.

There are no dangers of flying off at a tangent when the necessity comes for "speeding up." The secret is that they have learned to keep their minds in orderly condition.

"You know the nervous confusion which comes from dwelling in the midst

of a clutter of ill-assorted, useless and disarranged furniture? You know the waste of time that results from hunting through a muddled desk for a missing address or an important and mislaid paper? And we all have suffered the annoyance and delay of seeking some needed personal possession in a littered and topsy-turvy bureau.

"Yet we have our minds full of a medley of thoughts and facts, useful and important, trivial and irritating, which keep us in a mental whirlwind much of the time. Then we wonder why we don't accomplish more and why we get so tired doing nothing."

"I know what I am talking about, for I have been through it all and have had to solve the problem of setting my own mind in order.

"I began by purposely forgetting everything which was light or unessential, and adding the mental energy thus saved to remembering some other things which were of distinct importance and help to me.

"Don't imagine it was easy. It is just as hard to speak mental habits as it is habits of the body. And every little

necks never are alluring in the low collar—though they may be very charming and graceful in the decollete costume.

Again, whatever of youth there is in the great woman's work and in her spirit the flesh has begun in some degree to show the passing of years.

The neck is the first victim of what is generally known as age.

So the collar high up under the ears and fitted close with usually a ruche at the top.

Of course, it would be quite impossible for some of us, but the idea I want to convey is that we should all be fashionable to the proper limit of becomingness and no further.

Also I want to talk about necks and throats.

The summer is almost here, and the summer frocks have a cool brevity of collar. That will display the charm of rounded, snowy throats, and likewise the defects of those that are not so attractive.

To begin with, it is easier to keep the neck and throat beautiful than to make it so.

The slight bit of sweep in the stroke backwards from the chin. Remove all surplus cream with absorbent cotton, and you will find there is more grain in the skin than you would like to acknowledge.

For the flabby throat there must be some astringent treatment. Here is a harmless and harmless lotion of this nature:

Six ounces of rose water.

Two ounces of elderflower water.

Half an ounce tincture of benzoin.

Tea grains of tannic acid.

Another excellent astringent is made of a mixture of alcohol, white iodine and spirits of camphor, and your druggist will be able to give you the correct proportions and to mix it for you.

Exercise the throat unless you want it to become atrophied.

If there is the annoyance of a double chin to deal with, it can be remedied by stretching the chin forward as far as possible and then backward 10 times night and morning. Bend the head slowly forward till the chin almost rests on the chest, and then then incline the head first to one side and then to the other. Breathing and whistling will help fill out the hollows at the base of the throat. Whistling and blowing also pumps out hollow cheeks.

If the throat is white and free from wrinkles and round the collarless neck is delightful.

If your face shows premature wrinkles try this lotion:

Sixty grains of powdered alum.

An ounce and a half of thick almond milk.

Six ounces of rosewater.

You can buy the milk of almonds as easily as to make it. Dissolve the alum in the rosewater. Pour the mixture into the almond milk, meanwhile stirring all the time, till it is well assimilated.

He sang to them all the summer, sang all the songs he knew; the air was blithe with their cadence, perhaps they cheered him, too. Penned in his wicker prison, he could only sit and sing till the long day waned and twilight brought sleep under folded wing.

"Twas a busy time in autumn—From dawn till the late sundown—There were jaunts among country neighbors. A fair in the market town. And so much fruit to gather. Such work for the village feast. They even forgot to notice When that sweet singing ceased.

The days of yearly harvest, The merriest time of all, But none took thought for the blackbird In his cage on the whitewashed wall. Bountiful fare for many, But he had not been fed—Starved in the house of plenty, The poor little guest lay dead.

General abstract truth is the most precious of all blessings; without it is blind—it is the eye of reason.—Rousseau.

To reason justly from a false principle is the perfection of sophistry, which it is more difficult to expose than to refute false reasoning. The proper way to expose its errors is to show that just and conclusive reasonings have been built on some false or absurd principle.—Emerson.

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Secrets of Health and Happiness

History Proves Propriety of Modern Bathing Dress

By DR. LEONARD KEENE HIRSHBERG
A. B., M. A., M. D. (Johns Hopkins).

AT the thought of seashore, sunshine and the far from sad sea waves, splashes of memory come to mind of Oliver Goldsmith's "Elegy on the Death of a Mad Dog." You may recall the verse:

"A kind and gentle heart he had
To comfort friends and foes;
The naked everyday he clad
When he put on his clothes."

Thomas Carlyle, who wrote "Sartor Resartus," the great Tailor Retained, was more interested in the unclad human form than in bathing costumes.

Lives the man, he begs, that can figure a naked Duke of Windsor addressing a naked House of Lords? The Old Testament, too, in Genesis, second chapter, 25th verse, explains why Adam and Eve, once they had partaken of the forbidden fruit of the Tree of Life, were naked and not ashamed.

The human form divine, whether in the contour of an Apollo Belvedere or a Venus de Milo, is the beautiful mark which God has set on human health and virtue.

All but naked tramps wherever they are in summer or winter, biding the petting pebbles of pinching poverty or the wealth of the noonday sun, need have little fear of divine or earthly punishment. The badge of stamina is in their nakedness, and the inheritance of the earth.

The civilized fiction to shift and bask and bedrape is hypocritical, artificial and sinful. The modest habit of the shy and ashamed heathen in the forest is the frank, open, unobtrusive nudity of purity and virtue.

When knives and tools combined over all pre-When justice falls, and right begins to fall. Even for the soldier, start from public sneers, Afraid of shame-unknown to other fears, Ever daily die, by virtue kept in awe, And shrink from ridicule, though not from law.

There should be no sin or shame in the nobility of the human figure. The mad mullahs of swooping morality who howl down the bathing costumes along the seashore, the fine statuary and art of the great human creators, pervert religion and ethics. These militants contend that clothing is a cloak of hypocrisy.

What shame forbids you to speak, virtue and honesty bid you do. In shame and modesty there is no comfort. I will be brief, have I heard to dwell, On crimes they almost share we blush to tell.

There is a homely old saying about making one's head save one's heels. It is full of good sense. There might be another saying about making one's head save one's heels. It is full of good sense. There might be another saying about making one's head save one's heels. It is full of good sense.

I am a young girl of 18, and have been going with a young man of my own age for about a year and a half. Sometimes he speaks and sometimes he does not when you meet him on the street?

Well, he'd never have a chance to speak to me after the first "sometimes" when he looked straight at me and didn't even nod. Where in the world was the man brought up?

He's the spoiled son of some indulgent mother I'll warrant.

And the spoiled son makes the worst husband in the world. What on earth do you want to have anything to do with the man, ill-bred, selfish, conceited creature for?

Please tell me what to do.

WELL, Anxious, I don't think I'd be anxious about that young man for very long. He's "peculiar," is he, and proud of it very likely. Farewell to peculiar people, as far as I'm concerned, thank you. If I were a girl I should not want to marry a "peculiar."

Equivocation, a word now applied to any evasion, was once understood to mean the calling of diverse things by the same name.

Peck at first meant a basket or receptacle for grain or other substances. The expression at first had no reference to size.

Starve was once to die any manner of death. Wycliffe's sermons tell how "Christ starved on the cross for the redemption of men."

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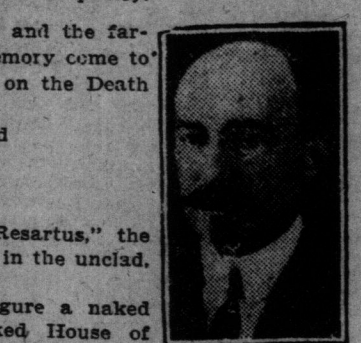
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How fast we learn in a day of sorrow.—H. Bonar.

To be innocent is to be not guilty; but to be virtuous is to overcome our evil feelings and intentions.—Penn.

How often events, by chance and unexpected, come to pass, which you had not even dared hope for.—Terence.

The problem of restoring to the world original and eternal beauty is solved by the redemption of the soul.—Emerson.



DR. HIRSHBERG

Answers to Health Questions

J. H. E. Seymour, Ind.—I have sugar diabetes. Am 40. Sugar foods make it worse. I eat eating. Bread and potatoes do not. Is there any permanent cure for it?

Children and young people are killed by diabetes. Those above 30 need only exert sane care and they may live to the new standard of five score and ten.

As long as you are free of sugar signs when you partake sparingly of starches and sweets there is no need to punish yourself too severely.

Nowadays we allow a slightly more liberal diet than we did up to five years ago. There is no way of getting rid of it altogether.

Dr. Hirshberg will answer questions for readers of this paper on medical, hygienic and sanitation subjects that are of general interest. He will not undertake to prescribe or offer advice for individual cases. Where the subject is not of general interest letters will be answered personally if a stamped and addressed envelope is enclosed. Address all inquiries to Dr. L. K. Hirshberg, care this office.

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