

## From the Foreign Service Community Association

Well, it's that time of year again, posting season. People coming. People going. People staying who want to go. People going who want to stay. And, if they are lucky, people doing what they want to do. In any event, if you are on the move, let us have your new address so that we can keep in touch. FSCA activities and publications are available for anyone to enjoy, but why not consider becoming a member if you are not already. The FSCA is your independent voice and represents the interests of all employees, their spouses and dependants in the development of policy and programmes that effect them.

In November the first phase of the Community Liaison Coordinator programme was implemented. Hopefully, everyone is aware of its existence, especially at posts. If you are not, ask your admin officer or head of post about taking part in the program. As a spouse at post you are eligible to apply for the contract. As a spouse in Ottawa you are eligible for the training program; in fact, if you plan to apply for the contract it would be advisable to take the course. The FSCA was closely involved in its development.

The Re-Entry Committee has been renamed the Mobility Committee as that was felt to more accurately represent its area of activity. Its members are Terri Lobsinger, Carolyn Sunquist, Pilar Todd and Laurel Pardy (coordinator). Various avenues for the use of spouses as resource persons for Pre-Posting Briefings are being established with the Posting Services Centre. An Advance Re-Entry kit to be sent to the post, and an Arrival Re-Entry Kit to be picked up in Ottawa, are being compiled.

A neighbourhood contact network has been set up for personnel returning to Ottawa (call 993-5729 M-F 9-12:30.) to help alleviate that bereft feeling that accompanies relocation. If you have not been contacted about being a member of the network and are willing to be a resource person for either someone going out to a post where you have served, or, a family returning to live in your neighbourhood, please call the Mobility Committee at the office and volunteer your services.

A major paper exploring various aspects of the posting cycle — uprooting, cross cultural adaptation, the process of re-entry — and its effect on various age groups has been prepared. At this moment it is awaiting translation and printing.

Wherever you are; whatever you are doing; let us know if we can help you.



## FOREIGN SERVICE LIFE IN THE 80's

### PLANNING FOR THE FUTURE

APRIL 27, 1985

For men and women who are in any way associated with single or multiple foreign assignments during a career, whether as an employee or a spouse.

### KEYNOTE SPEAKERS

9:00 a.m. Monica Townson, co-author of "The Canadian Woman's Guide to Money"; free-lance writer on personal money management for the *Financial Post*, the *Ottawa Citizen*, and *Canadian Living*; founding member of the Ottawa Women's Credit Union; served on Human Rights Task Force; workshop coordinator at National Pensions Conference.

1:00 p.m. Dr. Nancy Adler, cross-cultural management consultant, course designer, and author with wide experience in the international divisions of private industry and government; latest research field — entry and re-entry management, portable careers, the dependent spouse in a rotational lifestyle; originator of a video-cassette, *A Portable Life*.

### WORKSHOPS

**Financial Planning for Women** — establishing your credit rating; working on contract; sole proprietorship; money management in absentia.

**Care of Elderly Dependants While Abroad** — ensuring their well-being in your absence.

**Third Culture Children and the Canadian Educational System** — diagnostic testing; appropriate placement; Canadian content and second language education while abroad.

**Financial Planning for Everyone** — preparation for retirement; Tradex; pensions; income sharing; absentee homeowners.

**Stress and Mobility** — an examination of the stress points of the posting cycle; forewarned is forearmed.

**Public Image: Self Image** — reconciling your public life with your private self; avoiding the appendage syndrome.

**Continuity or Ingenuity** — portable careers; the entrepreneurial approach; tailoring volunteer experience.

Conference Fee: \$20 per person  
\$30 per couple

FSCA Members: \$15 per person  
\$25 per couple

FSCA Membership: \$12.00 single/\$15.00 family; due in January each year

---

#### Registration Form for Conference '85

Name(s) \_\_\_\_\_ tel: \_\_\_\_\_ (h) \_\_\_\_\_ (o)

Address \_\_\_\_\_

Make cheques payable to the Foreign Service Community Association  
Catered lunch included  
Telephone number: 993-5729

125 Sussex Drive,  
Ottawa K1A 0G2