

Patriotism.

Oct. 9.—How can we get ready to be good citizens? Ps. 33: 11-22.

DAILY READINGS.—Monday: Love of country, Isa. 62: 6, 7. Tuesday: Patriotism in exile, Ps. 137: 1-6. Wednesday: Old-time patriotism, 1 Kings 11: 21, 22. Thursday: Perverted patriotism, 2 Kings 5: 11-13. Friday: God's favor, Ps. 147: 12-14, 20. Saturday: In God we trust, Ps. 29: 11.

No man can love his own country well until he loves "the better country" better. Our home, our village, our town or county, are parts of our country; and patriotism begins at home.

A patriot must be intelligent. Teach the Juniors how necessary it is that they have a knowledge of their own country's history. For this meeting we might suggest that papers be read by the Juniors—short sketches of the lives of the prominent men of the country, or, of important events in the life of the country. Open or close the meeting with the national anthem, and select the hymns and Bible-reading to correspond with the subject.

To be a true patriot is more than to be ready to die for one's country; it is to be ready to live for her; and to live for her is to spend time for her, and thought, and money. Warn the Juniors that often the duty of a patriot will be a very disagreeable one. If he is a man of quiet habits, it will be very distasteful to him to take a public stand on some great moral question, but none the less will it be his duty.

Elijah.

Oct. 16.—Lessons from the life of Elijah. 1 Kings 18: 21-39.

DAILY READINGS.—Monday: Trustful, 1 Kings 17: 5, 7-10. Tuesday: Fearless, 1 Kings 18: 17, 18. Wednesday: Mighty in prayer, Jas. 5: 17, 18. Thursday: Discouraged, 1 Kings 19: 4. Friday: Encouraged, 1 Kings 19: 15-18. Saturday: Type of John the Baptist, Mal. 4: 5, 6, Luke 1: 17.

For reading-lesson at this meeting select 1 Kings 18: 21-39. Select some of the various qualities of Elijah, and after mentioning them have verses from Scripture read. Elijah was fearless. He challenged evil boldly. The Junior who is a true Christian is equal to a whole army (1 Kings 18: 17, 18). Elijah's weakest hour was soon after his strongest hour. We must all be most on our guard in seasons of prosperity (1 Kings 19: 4). If at any time we think of ourselves as the only good people in the world, we may be sure that we are very foolish. Elijah's experience proved this (1 Kings 19: 18).

The ravens taught Elijah not to worry because he could not see just how God was going to help him. God delights in sending us help at unexpected times. The Juniors should learn to seek God often in prayer. Elijah heard God in the still, small voice (1 Kings 19: 11-13). One of Elijah's greatest works was the training of Elisha. Every Christian worker should have some Elisha in view. It is not enough to pray for the sinful world in general. We are more likely to work when we have some particular person in view.

Work for Missions.

Oct. 23.—What ought we to be doing for home and foreign missions? Acts 16: 5-10.

DAILY READINGS.—Monday: Paul's work, preaching, Acts 26: 19, 20. Tuesday: The Philipians' work, giving, Phil. 4: 16, 17. Wednesday: A day of good tidings, 2 Kings 7: 9. Thursday: Proclaim liberty, Isa. 61: 1-3. Friday: Publish peace, Isa. 52: 7. Saturday: Except they be sent, Rom. 10: 13-15.

As this will be the last missionary meeting of the year, it would be wise to make it a review. Select beforehand the various countries where our foreign missions are located, and assign the countries to the

various Juniors. The same plan might be taken with the domestic missions. Have short papers on these various countries written by the Juniors and read at the meeting. Let those who are clever at drawing, draw maps of these countries, marking the mission stations on them.

Explain to the Juniors that those churches which are most interested in foreign missions are usually the churches that look best after the interests of their domestic missions.

If possible, arrange at least a month previous to this meeting, that to it the Juniors may bring a missionary offering which shall be entirely their own earnings.

There is no use in their saying, "Go ye into all the world," to the missionary, while they are saying to their money, "Stay right here in my pocket." Then, if Christ wants us to go ourselves, we must not send, or if He wants us to send, we must not try to go.

Another plan that will promote enthusiasm for missions is to "go" with some great missionary in his biography. The study of a missionary's life has often fired others to devote their time and money to the same cause. Christ was the first foreign Missionary, and the space from heaven to earth was the space travelled by the first Missionary in the first missionary journey.

Helpfulness.

Oct. 30.—What are some ways of helping other people? Gal. 6: 1-5.

DAILY READINGS.—Monday: Tribes of Reuben and Gad, Num. 32: 16-18. Tuesday: The captive maid, 2 Kings 5: 1-4. Wednesday: The lad with the fishes, John 6: 8-11. Thursday: The disciples, Luke 9: 16, 17. Friday: Four friends, Mark 2: 3-5. Saturday: Paul's helpers, Rom. 16: 1-3.

There is only one text-book of helpfulness—the Bible; only one school of helpfulness—your neighbor's need. The best test for helpfulness is an ungrateful person.

The true helper will seek, not the easiest way of helping, but the best way of helping. The Junior's watchword should be, "Lord, what wilt Thou have me to do."

There is always some one to smile at, somebody to give your chair to, somebody to whom a book, a flower, or even an old paper would be a boon.

These small attentions will open the way to confidence, will make it possible that in need these friends will give you opportunities to help them which, unless you had shown thoughtfulness and regard for them, they could never have done. A quiet, sympathetic look or smile many a time unbars a heart that needs help which you can give,

"And see how everywhere

Love comforts, strengthens, helps, and saves us all;

What opportunities of good befall

To make life sweet and fair."

Teach the Juniors to make their lives so helpful that it may be said of each one, "She hath done what she could."

THE Superintendent of the New Brunswick Insane Asylum at St. John, N.B., Dr. J. T. Steves, in his evidence before the Royal Commission, said: "The insanity of about one-eighth of our patients is directly due to intemperance and one-eighth indirectly. Compared with other causes, intemperance stands as the leading cause of insanity. It stands pre-eminently above any other cause."