

the causes of irritation and the replenishing of the tissues, especially the nervous system.

Deficiencies of the digestive juices must be supplied by artificial ingredients until restoration to the normal occurs. Autointoxication is to be treated by suitable lavage of the colon, a matter which is most important is the re-education of the mental centres. For this latter a specially trained nurse is desirable, one with a mental grasp capable of skillfully combating all abnormal manifestations as they arise, and of directing the patient's thoughts into new channels.

The removal of the uterine end of the tube, or the cutting out of a "Y" shaped piece from the uterine horns for the purpose of sterilization is considered justifiable in all cases of pronounced mental disease. Realizing the importance of the hereditary element in the causation of insanity, I consider that we are justified in eliminating the potential of degeneracy awaiting to become manifest in the next generation.