

ronized. Refreshments were served and pleasant conversations were the order of the day. This is only one of the many good things Dr. Aikins is doing to assist in building up the Academy.

MEDICAL PREPARATIONS

THE PALLID SCHOOL GIRL.

In view of the modern methods of education, which force the scholar at top speed, it is not to be wondered at that the strenuous courses of study prescribed for the adolescent girl more than frequently result in a general breakdown of both health and spirits. Each winter the physician is consulted in such cases and almost always finds the patient anemic, nervous and more or less devitalized. In most instances a rest of a week or two, together with an efficient tonic, enables the patient to take up her school work again with renewed energy. Pepto-Mangan (Gude) is just the hematinic needed, as it acts promptly to increase the red cells and hemoglobin, and to tone up the organism generally. It is particularly suitable for young girls because it never induces or increases constipation.

VIBURNUM IN CRAMPS OF CHOLERA MORBUS.

Hayden's Viburnum Compound presents Viburnum Opulus and Dioscorea Villosa in their most refined and active state, and when given in hot water it will be found as useful in the cramps of cholera morbus as it is in dysmenorrhea. This excellent antispasmodic well deserves a trial in all conditions of cramps anywhere in the body.—*Critic and Guide*, May, 1915.

THE HAY FEVER PROBLEM.

This is the time of year when the services of the physician are actively demanded by the victim of vasmotor rhinitis—a season dreaded not alone by the patient, but, not uncommonly, by his medical adviser as well. Particularly is this true of the latter if he has not kept abreast of modern ideas on the therapy of hay fever. In any event the disease is one that tries the patience and calls for the application of remedial agents that have been proved beyond peradventure. Happily there are a number of such agents from which the physician can choose—products that have passed the experimental stage and demonstrated