

WYETH'S ELIXIR GUARANA.

Guarana is used with much benefit in cases of Sick and Nervous Headache, Neuralgia, Diarrhoea, Gastralgia, etc. The active principle is analogous to Caffein, being found in Paullinia in five times the quantity that it exists in the best Coffee. The tonic influence allied with the stimulating effect renders it an exceedingly valuable medicine. The effect is almost immediate in all cases of headache, from whatever cause it may arise; but it is more especially beneficial in those produced by over excitement to the nervous system.

The usual mode of administration has been in powder; but the Elixir will be found not only more agreeable, but much more efficacious.

CADBURY BROS. COCOA.

We have received a sample packet of Cadbury's Essence of Cocoa, and, having tried it, have to express our entire satisfaction. The reputation of this firm in England is first-class, and the fact that they have opened a branch establishment in Montreal will strongly recommend them to the countenance and support of the Canadian people. We have reason to believe that all their preparations are of exceptional purity.

REVIEWS.

Indigestion, Bilioussness and Gout in its Protean Aspects. Part I., Indigestion and Bilioussness.

By J. MILNER FOTHERGILL, M.D., London.
New York: Wm. Wood & Co. Montreal: J. M. O'Loughlin, 1881.

Dr. Fothergill's books are always eminently practical and instructive; the present volume is particularly interesting. The style is easy and conversational, sometimes racy; the comparisons are apt and striking, and the reader's interest is sustained from first to last. Dr. Fothergill is a shrewd observer, and a firm believer in the efficacy of drugs; he submits pathological problems and therapeutic theories to the test of common-sense, and when he adopts a theory or recommends a plan of treatment, he can usually give a satisfactory reason for the faith that is in him. Culture and study, supplemented by large and varied metropolitan experience, enable him to take a broad and comprehensive view of his subject; only the salient practical points are placed before the

reader, all confusing details being carefully avoided. The author believes that, in the past, too much attention has been devoted to the pathological changes observed in the digestive tract after death, and maintains that indigestion should be studied from the physiological rather than the pathological standpoint. He accordingly enters fully into the consideration of the normal digestive process in the light of recent physiological investigations, dwelling at greatest length upon the functions of the liver, and the action of the bile and pancreatic juice. He then treats of indigestion and bilioussness, discussing the causes, symptoms, and treatment, medicinal and dietetic. The various kinds of food are described, their proper selection and method of preparation. In the treatment of bilioussness he advocates a good old-fashioned calomel purge in suitable cases, and gives reasons for his belief. He points out the general confusion which exists in the average medical mind as to the exhibition of malt, pepsine, and pancreatine preparations, and gives plain directions for the proper selection and administration of these artificial digestive agents. He quotes largely from Drs. Budd, Murchison, Foster, and Roberts, and also from his own "Practitioner's Hand-book of Treatment." The only faults in the book are its diffuseness and frequent repetitions. To the busy practitioner who wishes a clear and rational idea of the mechanism and treatment of digestive troubles, we heartily recommend this work as being well up to date, trustworthy and practical.

Chemical Analysis of the Urine. By EDGAR F. SMITH, Ph.D., and JOHN MARSHALL, M.D. With illustrations: Philadelphia. Presley Blakiston. Montreal: Dawson Brothers, 1881.

This modest little book of 104 pages contains more practical information than many more pretentious volumes. The authors are practical instructors in Medical Chemistry, and their work gives evidence of a thorough acquaintance with the wants of medical men in this department. Casselmann's *Analyse des Harns* forms the basis of the work; but it has been largely supplemented by new methods of analysis, directions for the preparation of test solutions, and suggestions as to the details of laboratory work. The plates of Casselmann's book have been reproduced in this. Students engaged in laboratory work will find this manual concise and trustworthy.