

whatever is mean or low, and conduct themselves as gentlemen, to be generous in their services and gifts, to avoid narrow-mindedness and allow of freedom of opinion, to be catholic in the discharge of professional duties irrespective of religion, rank or race. It is your duty, also, to co-operate with others in guarding the interests and maintaining the reputation of the profession. Become active, working members of the city or district medical societies, and attend as often as you can the annual meetings of the Provincial and the Dominion Medical Associations. A regular attendance at such meetings for mutual instruction will tend to maintain your interest in the science as well as the practice of medicine—will stimulate your industry and promote a taste for the accurate observation and careful recording of the cases daily entrusted to your care. In a sparsely-peopled new country such reunions of men belonging to a profession, the practical duties of which consume so much time that but little is left for reading, afford important opportunities of learning what is being done in the great centres of the world, the various members contributing according to their ability to the common stock. It has been said that “the *formative* factor of our time is the *continual, complete and perfect intermingling of thought.*” No doubt this is true. And in those professions or communities where this factor does not exist, intellectual progress is not made, and arrested growth, degeneracy and death of mind are inevitable. But do not confine your attention to purely professional subjects—(the “*idola specûs*” must prove a stumbling-block.) Enlarge your general knowledge; cultivate literary tastes; store your minds with the thoughts and principles of the great writers of the past and present—they will supply food to strengthen you when weary, counsel and hope when perplexed, motives and courage when desponding, and distraction or amusement when anxious and worried. Music, art, literature, the modern languages—all that is included in the word “culture”—should receive your earnest attention. The reputation of your profession demands it, and your own success in life will very largely depend upon its possession.

In your relations with your colleagues, be honourable, chari-