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8184 Prizes worth.....

JOY.

Not by appointment do we meet delight
And joy; they heed not our expectancy;
But round some corner in the streets of life,
They on a sudden cleap us with a smile.

— GERALD MASSEY

A SONG OF REST.

O weary hands I that all the day
Were set to labor hard and long,
Now softly fall the shadows gray,
The bolls are rung for even song;
An hour ago the golden sun
Sank slowly down into the west;
Poor weary hands, your toil is done;
This time for rest!—'tis time for rest!

O weary fcet! that many a mile Have trudged along a stony way,
At last ye reach the trysting stile;
No longer fear to go astray,
The gentle bending, rustling trees
Rock the young birds within the nest,
And softly sings the quiet breeze
""Tis time for rest!"

O weary eyes! from which the tears
Fell many a time like thunder—rain—
O weary heart! that through the years
Beat with such bitter, restless pain—
To-night forget the stormy strife
And know what heaven shall send is best!
Lay down the tangled web of life;
"Yis time for rest!—'tis time for rest!

FOR THE ORITIC.

MIDDLETON AND THE WILMOT SPA SPRINGS.

How perplexing the would-be summer vacation-taker often finds the task of selecting an objective point to which to hie in order that the cobwebs caused in his brain by his year's office work may be effectually swept away. After mature deliberation on the subject, the writer chose Middleton for this purpose, and has no reason to regret the decision.

purpose, and has no reason to regret the decision.

Everyone knows, or ought to know, that Middleton is one of the choice places of that choice place, the Annapolis Valley, often called the Garden of Nova Scotia—and not mis-called either. Here are fruit farms without number, teeming with the varying sweets wherewith the seasonable month endows each separate sort and kind of tree, shrub and plant. Strawberries are at their best, fresh, ripe and lussious, without the serious fault of being too few. At the American House, which is kept in truly comfortable style by mine host Daniel Feindel and his good wife, you are served with strawberries at every meal, and there is no stint of rich cream to accompany them. This in itself forms a sufficient attraction to lure many a city-weary worker to the place, but when is added to it the other benefits of soft, pure, inland air; beautiful scenery of the pastoral variety framed in by the mountains on the north and south; delightfully warm weather, and nothing to do but take the untiring kind of exercise that is obtained in a hammock slung under the shady trees which stand in the front of the American House, or drive in a comfortable covered buggy to some of the surrounding places of interest or beauty.

This is essentially a place to rest in. The soil is sandy and the roads are rather too soft to make walking a pleasant mode of travelling. The sand gets into your shoes, and altogether, at this season of the year, good horse flesh has an especial value in the eyes of the tourist. Fortunately, horse hire is very reasonable, and no one need stay at home for want of a drive. when a nag can be procured for an afternoon for from one dollar to two

dollars, according to circumstances and the number of persons going.

One great advantage of the American House is its home-like quality. There is no stiffness. Run on temperance principles, it is a place where no one need hesitate to put up, and the writer can in all confidence recommend it as setting a first-rate table and supplying all the luxuries of the season. It is near the post office, and not far from the railway station. A conveyance from the hotel is present at every train, and it rarely happens that it

does not bring back a full quota of passengers.

Since last visiting Middleton, three years ago, the writer observes aigns of considerable progress in the place. The old railway station, which was destroyed by fire, has been replaced by a fine building, which is a vast improvement over the former little box of a station house. The Nova Scotia Central trains connect here with the W. & A. trains, the train from Lunenburg getting in shortly before the train for Annapolis goes through, and the train for Lunenburg leaving after the train for Halifax departs. This entails a wait of three hours in Middleton for passengers going through, but this is in many cases an advantage rather than otherwise. The trip is a long one any way, and taken all at once is tiresome, but the three hours in this pleasant stopping place relieve the monotopy and restore those who are easily jaded by railway travelling. It is also good for the hotels, so that the arrangement may be considered satisfactory to all except a few business men, who may be in a hurry to arrive at their destination.

Among the chief attractions of this part of the country are the famous. Among the chief attractions of this part of the country are the ramous. Spa Springs at Wilmot, about two and a half miles from the American House. A few years ago Captain Hall, whose property the Springs are, kept a flourishing hotel near by, but the fire fiend awept it out of existence one night about two years ago, and since then the only accommodation for invalids seeking the healing waters has been the private boarding houses in the vicinity and the hotels at Middleton. The latter are a little too far \$52,740 00 away to suit people who are not well, but for healthy people, who want to S. E. LEFEBVRE, Man.ger.
51 St. James St., Montical Conadu. take the baths and drink the waters as a pastime or for any other reason,