WILL REMODEL ANYBODY.



f. Buss, Esq., Compton P.O.,

Health seekers travel far to mountains, aker, seas and springs, but of all the famors places to have the body thoroughly cleansed of health destroying impurities, supple the joints, him up the mustles and frame, and make one feel fresh life trickling through the veins, give me

St Loon Mineral Water.

Have proved for fifty years By using it heartily for a few month's will remodel anyone.

THE St. LEON MINERAL WATER Co. (Limited),

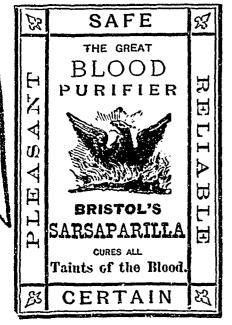
644 KING STREET WEST, TORONTO

Branch Office at Tidy's Flower Depot, 164 Young Street



PUREST, STRONGEST, BEST.

Told by All Grocers and Bruggists.



IMPORTANT TO MINISTERS.

JUST PUBLISHED,

FORMS OF SERVICE FOR SPECIAL OCCASIONS

In the Preslyterian Church.

BY REV. DUNCAN MORRISON, D.D.

OPINIONS OF THE PRESS.

The accomplished compiler of this most serviceable hand bookhas no intention of inducing the study. Presh tertains of Canada to become even modified ritualists. His particular to provide suggestive forms for all special occasions, so that hesitancy, inaccuracy and all that is inappropriate and unseemly may be guarded against. —The Globe.

Limp cloth, 1931pp., 75 cents. Plain leather, Si Mailed, tage prepaid, to any address on receipt of price.

ABBATH REMOOL PRESETERIAN Published monthly at 10 cents each in quantities,

BARLY DAYS.

Intended for the infant class-published ortnightly at 12 ents per 100 copies. Sample copies free on application.

Presbyterian Printing & Publishing Co., Limited. 5 Jordan Street Toronto

THE REAL BENEFIT

Of food is lost when the digestive functions are disordered - when the stomach is weak, the liver sluggish, and the bowels constipated. To restore the healthy action of these organs, Ayer's Pills surpass all other aperients. Composed of the best vegetable catharties, Ayer's Pills cleanso and strengthen the stomach, regulate the liver, and operate gently but effectually on the bowels. Heartburn, flatulency, nausea, sick headache, and other distressing symptoms of dyspepsia are speedily removed by this incomparable medicine. Mrs. M. J. Ferguson, Pullens, Va., says: "Ayer's Pills are the best I have ever used for headache, and they act like a charm in reheving any disagreeable sensation in the stomach after eating."

"I have used Ayer's Pills in my family for several years, and have always found them most effectual in the relief of ailments arising from a disordered stomach, torpid liver, and constipated bowels."-Charles J. Booth, Divewood, Pasadena P. O., Cal.

"Having been subject, for years, to constipation, without being able to find buch relief, I at last tried Ayer's Pills, and I deem it both a duty and a peasure to testify that I have derived great benefit from their use. For over two years past I have taken one of these pills every night before "-G. W. Bowman, 16 East Main st., Carlisle, Pa. rearing

yer's Cathartic Pills

Prepared by Dr. J. C. Ayer & Co., Lowell, Mass.

Sold by all Druggists and Dealers in Medicine.



Are the best that science has been able to produce. Their durability is pre eminent, and while they preserve the sight their lasting qualities are such that frequent changing is innecessary. They are mounted in all styles of GOLD, SILVER, STEEL, CELLULOID, FRAMELESS and NICKEL FRAMES, of the best quality.

Eyes accurately fitted with our OPTHALMOSCOPIC TEST LENSES. Prices of Spectacles and Eyeglusses in STEEL, CELLULOID AND NICKEL FRAMES, 25C., 50C., 75C., \$1.00, \$1 50, \$2.00; in SOLID GOLD FRAMES, \$4, \$5, \$6,

KENT BROS., Indian Clock Palace Jewellery Store 168 YONGE ST., TORONTO

N.B - Send for Illustrated Catalogue, free to any address on application.

Orders by Mail carefully and promptly attended to.

ENTIRE REVOLUTION OF MEDICINE. THE HISTOGENETIC SYSTEM.

ALL DISEASES SUCCESSFULLY TREATED

By a New System of Non-Poisonous and Tasteless Medicines. Send for free book explaining system, and Testimonials of the most remarkable cures on record.

SGENETIC MEDICINE ASSOCIATION,

frect Market, Corner Youge and Gerrard Streets, TORONTO, and Rooms 2 and 3 Albion Block, Bichmond Street, LONDON. 19 Youge

Mention Canada Presbyterian.



DEVELOP YOUR MUSCLES BY EXERCISE.

Spply your system with Muscle-Forming PLEMENTS by taking

JOHNSTON'S FLUID BEEF. THE GREAT MUSCLE-FORMER.

No "Grippe" Last Winter

We have received many letters from ladies who wore the

"HEALTH BRAND" UNDERVESTS

last fall and winter, stating that they themselves, and children, had been entirely free from colds or grippe during the whole season. (Note by the Manufacturers.)

Every First-class Dry Goods Store in the Dominion now Keep these Goods for sale.



HOUSEHOLD HINTS.

GREEN GRAPES PRESERVED. - Pick them carefully, and reject any that are injured wash them, and to every pound of grapes allow three quarters of a pound of sugar. Put the grapes into a preserving-pan; then a layer of sugar, then a layer of grapes. Boil on a moderate fire, stirring it all the time to preventits burning, and as the grape stones rise take them out with a spoon, so that by the time the fruit is sufficiently boiled-about one hour-the stones will have been taken out.

RIPL TOMATO PRESERVES. - Seven pounds of round yellow or egg tomatoes, peeled; seven pounds of sugar and juice of three lemons. Let them stand together over might Drain off the syrup and boil it, skimming well Put in the tomatoes and boil gently twenty minutes. Take out the fruit with a perforat ed skunner and spread upon dishes. Holl the syrup down until it thickens, adding just before you take it up the juice of three lemons. Put the fruit into the jars and fill up with hot syrup. When cold seal or tie up.

COMPOTE OF GREENGAGES.-Take one pound of white sugar, add to it half a pint of water, and let it boil (taking off the scum as it rises) for about five minutes; pick a quart of greengages, throw them into boiling water for five minutes, drain them in a sieve, then place in the syrup and set aside to get cold; boil three ounces well-washed rice in half a pint of milk, add two ounces of white sugar and a little essence of vanilla; when the rice is tender let it get cold; when cold make a border of rice round a glass dish, place the greengages in the centre, put a row of preserved cherries on top of the rice, and serve.

A DELICIOUS DISH OF PEARS.-Ingredients: Six large baking pears, half pound of sugar, quarter of a pint of wine, eight whole cloves, half a lemon, half-ounce of gelatine. Peel the pears and cut them in quarters. Put them in a shallow dish with sugar, cloves and water enough to cover them. Stew in the oven till tender, but not broken. Take the pears from the liquor, and put them into a dish for the table. To half a pint of the liquor add the gelatine, juice and grated and of lemon and wine. Let these ingredients boil quickly for five minutes, strain the liquid warm over the pears and set them in a cool place. When cool serve on a glass dish. A few drops of cochineal may be added to the jelly to improve its colour.

TOMALO FIGS.-Allow one pound of sugar to two pounds of tomatoes, which must be the small round or egg-shaped tomato, either dark red or yellow. Scald them and remove the skins, being careful not to break them. Put them in a preserving kettle, and sprinkle the sugar (having reserved one third of it) between the layers. Stew them slowly until transparent, lift them out very carefully one by one, and spread on large dishes in the sun to dry, sprinkling them with the reser ved sugar and turning several times while drying. It may take several days for them to dry; and you will have to be very careful not to leave them out in the dew, or when it is cloudy, as the dampness will injure them. When they are perfectly dry pack them away in boxes or jars, with a layer of sugar between each layers of tomatoes.

