

### NO MORE KIDNEY TROUBLE

Since He Commenced to Take "Fruit-a-tives"

73 LESS AVENUE, OTTAWA, ONT.  
"Three years ago, I began to feel run-down and tired, and suffered very much from Liver and Kidney Trouble. Having read of 'Fruit-a-tives', I thought I would try them. The result was surprising."

I have not had an hour's sickness since I commenced using 'Fruit-a-tives', and I know now what I have not known for a good many years—that is, the blessing of a healthy body and clear thinking brain."

WALTER J. MARRIOTT.  
50c. a box, 6 for \$2.50, trial size 25c.  
At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

#### TRAVELLERS' GUIDE

### DOMINION ATLANTIC RAILWAY

THE TABLE REVISED TO MONDAY, JULY 1st, 1918.

GOING WEST			
Express Daily	Mixed Daily	Express Daily	Mixed Daily
a.m.	a.m.	p.m.	p.m.
Middleton	11.37	6.00	8.40
Lawrencetown	11.51	6.25	8.56
Paradise	11.58	6.40	9.02
Bridgetown	12.09	7.00	9.14
Tapperville	12.20	7.35	9.26
Roundhill	12.29	7.45	9.38
Annapolis Royal	12.42	8.30	9.55
Upper Clements	12.53	8.45	
Clementsport	12.59	8.55	
Deep Brook	1.05	9.10	
Seaview			
Bear River	1.15	9.25	
Imbertville	1.18		
Smith's Cove	1.22	9.35	
Digby	1.37	9.55	

GOING EAST			
Express Daily	Mixed Daily	Express Daily	Mixed Daily
p.m.	a.m.	a.m.	p.m.
Digby	12.30	4.20	
Smith's Cove	12.45	4.40	
Imbertville	12.49		
Bear River	12.53	4.55	
Seaview			
Deep Brook	1.05	5.10	
Clementsport	1.14	5.25	
Upper Clements	1.21	5.35	
Annapolis Royal	1.33	5.50	5.35
Roundhill	1.47	6.29	5.37
Tapperville	1.57	6.44	5.46
Bridgetown	2.08	7.05	5.56
Paradise	2.19	7.40	6.06
Lawrencetown	2.26	8.00	6.13
Middleton	2.42	8.30	6.30

R. U. PARKER, General Passenger Agent.  
GEO. E. GRAHAM, General Manager.

### H. & S. W. RAILWAY

Accom. Wednesdays only	TIME TABLE IN EFFECT March 10, 1918	Accom. Wednesdays only
Read down	STATIONS	Read up
11.10 a.m.	Lv. Middleton Ar.	5.00 p.m.
12.41 a.m.	*Clarence	4.28 p.m.
12.40 p.m.	Bridgetown	4.10 p.m.
12.22 p.m.	Granville Centre	3.43 p.m.
12.49 p.m.	Granville Ferry	3.25 p.m.
12.12 p.m.	*Karsdale	3.05 p.m.
12.30 p.m.	Ar Port Wade Lv.	2.45 p.m.

Connection at Middleton with all trains on H. & S. W. Railway and Dominion Atlantic Railway.  
W. A. CUNNINGHAM, Div. F. & P. Agent.

### WAR-TIME SUMMER SCHOOL

At the urgent request of business men and others who cannot secure sufficient number of Maritime-trained assistants, our classes will be continued during July and August under the direction of our senior teachers.

Enrol any day at the  
**MARITIME BUSINESS COLLEGE**  
HALIFAX, N. S.  
E. KAULBACH, C. A.

*Eat less Bread*

### Fighting in Mesopotamia



An open machine gun emplacement.



Turkish prisoners recently captured.

### Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

### What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

### GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

### TUPPER & CHUTE'S

IS THE PLACE TO GO FOR YOUR ICE CREAM

where you get the very best that can be made, and can listen while you wait to the sweetest of music on the

Edison Diamond Disc  
"The Phonograph with a Soul."

Come in and rest awhile. No obligation whatever.

THIS IS THE PLACE

to get your Fruit, Confectionery, Cold Drinks and Biscuits.

Also Sewing Machines and Sewing Machine Supplies  
Cream Separators, and Edison Phonographs  
and Records, both Cylinder and Disc.

### TUPPER & CHUTE

Next door to Primrose Theatre  
QUEEN STREET, BRIDGETOWN

### BUY NOW!

Your Clothing and Haberdashery for Spring and Summer

We have just received a shipment of the following in the latest styles and patterns:

- Men's and Boys' Suits, Spring Overcoats, Raincoats, Sport Shirts,
- Silk and Lisle Half Hose, Felt Hats,
- Men's and Boys' Underwear in light Wool and Merino,
- Trunks, Club Bags and Suit Cases,
- Suede and Cape Gloves, Belts,
- Overalls and Khaki Pants.

J. HARRY HICKS

Phone 48-2 Corner Queen and Granville Streets

### BARGAINS

in Misses' Oxfords and Pumps, Tan, Patent and Kids

Old Price, 2.40, Cut Price 1.75  
SALE FOR ONE WEEK ONLY

J. E. LLOYD

### The Morning Cup

well begins the day.

KING COLE  
ORANGE  
PEKOE

The "Extra" in Choice Tea



Many a man who knows that there is room at the top site down and waits for the elevator.

It sometimes happens that a handsome woman hasn't brains enough to be pretty.

A woman's voice isn't necessarily heavenly because it sounds unearthly.

Most men must be punished here on earth if it is true that every man gets the wife heaven intended for him.

When a couple love at the first sight they imagine the rest of the world is near-sighted.

Some men are locked up for safe breaking and some for safe keeping.

Every time a man tries to get something for nothing he gets a little additional experience.

If a woman is unable to think of anything else to say, she repeats what she said to other people.

Minard's Liniment cures Distemper.

men  
AM'S  
OUND  
operation  
GINE CO. LYNN, MASS.

Controlled Heat  
The oven in the Kootenay Range is surrounded by an envelope of heat which is at every moment under your instantaneous control. With the Kootenay Range the heat control is so easy and accurate you can use all the heat from your fuel without waste.  
ARLTON  
N. S.  
y's  
nay  
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Winnipeg  
Edmonton  
Vancouver  
Saskatoon

BOARD  
OF J. E. LLOYD & SONS  
THE OLD STAND  
RY

BUY YOUR Family Supplies FROM M. A. HOWSE IN A CHOICE LINE OF HATS and PROVISIONS Groceries a Specialty Street, one door south of the bridge. Phone No. 51  
fondness for change prevents a husband from leaving pockets.