

About the House

MISUNDERSTOOD COLORS.

Most amazing things in house furnishings have been done with perfect complacency. For instance, mixing helter-skelter French period furniture with sturdy Elizabethan oak, or modest Windsor chairs with spindly-legged gilt tables. Particularly lamentable are the misunderstood colors, or rather the wrong use of colors. Dreary rooms can be made cheerful and too bright and dazzling rooms can be softened in effect by the skillful use of color. The warm colors, cream, yellow-toned orange and tan, russet, rose and toned reds, are best when used on the north side of the house or in rooms where direct sunshine is a rarity. The cool colors, such as greens, blues, grays and combinations of these appear to better advantage in rooms where the sun is a frequent visitor. More brilliant color can be used out of doors than inside the house where it is shut in with us. Bright color is too exciting and causes unconsciously nervousness, strain and fatigue. No matter on what scale a house is furnished, one of its aims should be restfulness.

The mistake so many people make is in thinking that red is cheerful and a good color to use in a dark room. On the contrary, red absorbs the light, makes a room smaller than it really is, causes ugly, gloomy shadows in the corners, and at night, under the electric light, seems to turn into a murky red-black—a color for murderous thoughts and deeds! Besides, this color is a severe strain on the eyes, and many a red living room is the cause of seemingly unaccountable headaches.

Avoid, too, the semi-museum kind of house, where collections of old furniture and pieces, once beautiful and perhaps useful, now merely take up space and require care. Different period styles may be used together successfully if color, similarity of lines and usefulness are taken into consideration.

KEEP YOUR MACHINE FIT.

"Give your sewing machine a chance to save you work," is the advice of Miss Hazel Manning. The spring sewing will be more easily done if the sewing machine is in shape.

The equipment for the upkeep of the machine may consist of: cleaning cloths, a can of the best grade oil, a brush to free the "feed" from lint, a screw driver, a wrench, and an inexpensive strap-cutter and punch to repair the "belt."

"Oil can make or mar your machine," says Miss Manning. "Poor oil has a tendency to gum and to make it run hard. The gummy substance can be removed best by dropping a little alcohol into the oil holes and running the machine for a short time unthreaded. A reliable oil should then be used. Ordinarily, once a month is often enough for oiling, but a machine that is in constant use should be oiled sparingly every day. It is the quality, not the quantity, of oil that is important," she declares.

In cleaning, silk or linen cloths are preferable to those of cotton or woolen as the latter leave loose threads and lint on the machine.

Always close the machine when through using it. Dust tends to collect in the oil and causes the machine to work very hard and even to squeak. In such cases, remove the head of the machine from its table and soak for twenty-four hours in kerosene. At the end of this time it should be wiped thoroughly, replaced, and oiled.

Poor stitching may be due to different causes. "Skip-stitching," declares Miss Manning, "may mean that the needle is too fine for the thread, is bent, or is incorrectly threaded or set. If the stitch underneath is poor, it means that the top tension needs adjusting. If the stitching on top is not satisfactory, the bottom tension is at fault. Needles are easily bent if the thread is pulled forward instead of backward under the presser-foot when the material is removed from the machine."

Care in operating a sewing machine will add years to its life. Continual dropping of the presser-foot will gradually dislocate the feed. "Exceeding the speed limit" in stitching injures the machine and results in poor work. Cloth should never be pulled through a machine.

"Do not cast aside the attachments," concluded Miss Manning. "The time spent in learning their use

Chapped Hands or Face

Cured by one application of MEDORA CREAM. Leaves skin smooth and velvety. Used exclusively in Toronto General Hospital for ten years. Ask your druggist for 50c bottle and preserve your youthful complexion, or sent postpaid on receipt of 50c. J. A. MacDonald, Phm.S., 34 Hogarth Ave., Toronto.

from an instruction book is more than paid for in the end by unthought-of results in tucking, gathering, and hemming."

TO APPRECIATE MUSIC.

Two things are necessary to the listener to music if he is to enjoy it as it deserves. He must love music, and he must have some intelligent idea of what he is listening to and what to listen for. To love music without possessing some knowledge of it, is something. Much pleasure is to be had from a great deal of music which calls for no particular knowledge of it. But infinitely more pleasure is to be had from listening to good music with the assistance of an idea or two as to its make-up, as to its composer, and as to a few other things. As against that, however, a sound knowledge of music without imaginative feeling for it, is no less costly to the listener. For in that case he too often is a highly critical expert with an ill-developed emotional structure. He is too critical to enjoy himself. He hears too many defects, and fails to hear much that is worth his hearing.

A PRETTY NIGHT DRESS.



4586. Nainsook, crepe or crepe de chine are attractive materials for this design. Lace or insertion or, a simple finish of hem-stitching will be suitable for trimming.

The Pattern is cut in 4 Sizes: Small, 34-36; Medium, 38-40; Large, 42-44; Extra Large, 46-48 inches bust measure. A Medium size requires 4 1/2 yards of 36-inch material. To trim with contrasting material requires 3/4 yard 36 inches wide or, 2 1/2 yards of lace 3 inches wide if trimmed as illustrated.

Pattern mailed to any address on receipt of 15c in silver, by the Wilson Publishing Co., 73 West Adelaide St., Toronto. Allow two weeks for receipt of pattern.

GUARD THE BABY AGAINST COLDS

To guard the baby against colds nothing can equal Baby's Own Tablets. The Tablets are a mild laxative that will keep the little one's stomach and bowels working regularly. It is a recognized fact that where the stomach and bowels are in good order that colds will not exist; that the health of the little one will be good and that he will thrive and be happy. The new sales tax will not increase the price of Baby's Own Tablets, as the company pays the tax. You can still obtain the Tablets through any medicine dealer at 25 cents a box, or by mail, post paid, from The Dr. Williams' Medicine Co., Brockville, Ont.

FOR BAKING DAY.

When dry ingredients, liquids and fat are all called for in the same recipe, I measure in the order given, using the same cup, and save dish-washing, a job we all like to shorten.

In like manner on baking day I can mix pie crust, light cake, dark cake, gingerbread or brown bread in the same bowl, without washing each time, if done in the order given.—N. D. F.

The City of London covers 675 acres; the administrative County of London contains 74,816 acres, and Greater London has 445,424 acres.

Old March Proverbs.

March, many weathers.
March snow hurts the seed.
March grass never did good.
March winds and April showers
Bring forth May flowers.
A peck of March dust is worth a king's ransom.
March comes in like a lion and goes out like a lamb.
As many mists as ye have in March,
so many frosts in July.
A dry March and a dry May portend
a wholesome summer, if there be a
showering April between.

RHEUMATIC PEOPLE CAN FIND RELIEF

By Enriching Their Blood With Dr. Williams' Pink Pills.

Rheumatism attacks people when the blood is clogged with impurities, thus setting up an inflammation of the muscles and joints. Cold or wet weather may start the tortures of rheumatism, but it is not the cause, as was once supposed. The cause is thin or impure blood. Rubbing with liniments or applying hot applications may give relief, but that is all; the pains are soon back again. You must treat the trouble through the blood to get rid of it. The value of Dr. Williams' Pink Pills in cases of this kind is proved by the following statement. Miss Margaret M. Cullen, writing on behalf of her grandmother, Mrs. A. McEwen, Ormstown, Que., says:—"My grandmother, now 85 years of age, was, some years ago, a great sufferer from rheumatism. She tried many remedies, but found none that did her any good until she began using Dr. Williams' Pink Pills. These she used for some months until every trace of rheumatism disappeared. Since then she has taken the pills at intervals, and they have kept her in the best of health. It is marvellous how well and active my grandmother is. She cooked the dinner for the threshers last fall, and she gives the credit for her good health to Dr. Williams' Pink Pills. She is anxious that her experience with this splendid medicine be given for the benefit of others."

If you are suffering from any trouble due to poor or watery blood Dr. Williams' Pink Pills will help you. Sold by medicine dealers everywhere, or sent by mail at 50 cents a box by writing The Dr. Williams' Medicine Co., Brockville, Ont.

Terrible News.

An Irish servant girl asked leave of absence for an hour to consult a fortune-teller. She returned wailing dimly.

"Did she predict some great trouble?" asked her mistress sympathetically.

"Och, ma'am, sich terrible news!" moaned the girl, wringing her hands.

"Tell me what she said," asked the mistress, wishing to comfort the girl.

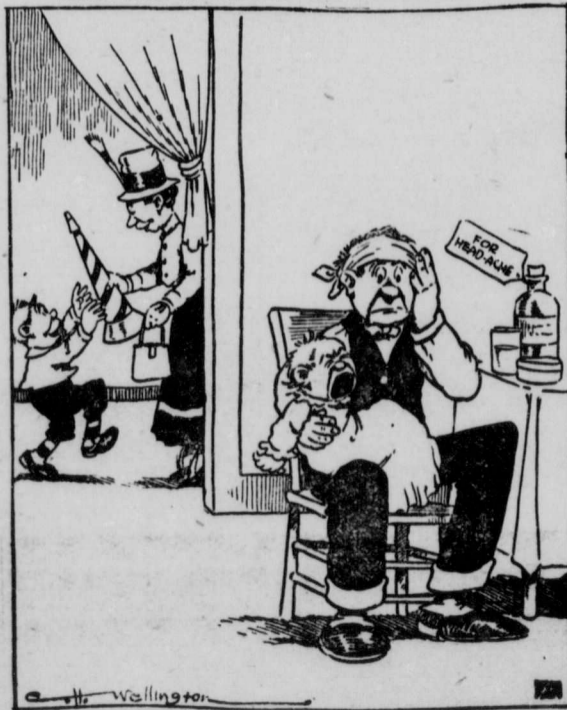
"She told me that me father works hard shovellin' coal an' tindin' foires for a livin'!"

"But that's no disgrace," said the mistress, a trifle vexed at such affectation.

"Och, ma'am, me poor father!" sobbed the girl. "What a hard time he must be havin'! He's been dead these noize years!"

Measure your cloth twice since you can cut but once.

—AND THE WORST IS YET TO COME



RED ROSE TEA 'is good tea' and extra good is the ORANGE PEKOE QUALITY

HEALTH EDUCATION

BY DR. J. J. MIDDLETON
Provincial Board of Health, Ontario

Dr. Middleton will be glad to answer questions on Public Health matters through this column. Address him at Spadina House, Spadina Crescent, Toronto.

Smallpox is raising its ugly head in Windsor at the present time and threatening the lives and health of the people of the Border Cities. The disease is in a virulent form, several deaths already having been reported, and many cases being of a particularly severe type.

Every effort is being put forth by the municipal and provincial authorities to check the spread of the outbreak. The Provincial Board of Health has sent down officials, nurses and vaccinators and are giving every assistance possible to the local health authorities. A conference has just been held at Spadina House, Toronto, where the Health Officers of the Border Cities conferred with the Chief Officer of Health as to the best means of combating this dreadful scourge.

Vaccination is the only hope of stamping out the epidemic completely. As long as there are people unvaccinated so long will cases continue to develop. Vaccination has already proved its worth. Every person who has died of smallpox in Windsor so far, has not been vaccinated. Every case of

smallpox that has developed has not been vaccinated within the past twelve years.

In Windsor the original case of smallpox proved fatal. The wife of the unfortunate man has developed confluent smallpox and is still very ill. The wife's sister has died of haemorrhagic smallpox. Neither one of these had been vaccinated. On the other hand, this woman's little girl, ten years old, was vaccinated five years ago and has not contracted the disease although equally exposed to the infection. What could be plainer? Surely every unbiased person has to admit that there must be some virtue in the process of vaccination. The evidence is all in its favor.

Three cases have broken out in Amherstburg. One is an old man 85 years of age who was vaccinated over 60 years ago. His case is very mild and though he shows a few pocks is able to be up and about. The other cases were his son and his son's wife, neither one vaccinated. The wife is particularly ill with confluent smallpox and may die. The evidence is all the same, vaccination is the only sure preventative of smallpox.

Royalties Now Curious About Labor Rule.

With many European crowned heads visiting London in the near future the British capital's society is looking forward to a brilliant season, despite some earlier uncertainties as to what would happen after the Labor Government was installed. The first of the royal visitors to Buckingham Palace will be the King and Queen of Rumania, followed by the King and Queen of Italy, the King and Queen of Yugoslavia and finally the Shah of Persia.

There are some who think European crowned heads are anxious to visit Great Britain while Labor is in the saddle to satisfy their curiosity about any changes in the complexion which the British Government has taken on since Ramsay MacDonald and his colleagues occupied their posts of governmental authority.

But so far as the visit of the Italian sovereigns is concerned, it is certainly not induced by Labor's rise to power, for they will be making a return call. It is certain, too, that in view of the brilliant welcome given King George and Queen Mary when they went to Italy last year, their trip to London will be marked by a reception both cordial and memorable.

Such state visits always make inroads on the State's exchequer, and

regardless of what party is in power, an appropriation will have to be made. At formal banquets in honor of visiting royalty it is customary for the heads of the Government to be present, so Mr. MacDonald and his principal Ministers will be called upon to participate in the dinners at Buckingham Palace.

The Prime Minister has caused some surprise by naming Lord Cromer as Lord Chamberlain; but it is announced that, during the present administration at least, this important household appointment is not regarded as political. With Lord Cromer occupying this post, the Labor Prime Minister will have no worries about ceremonial blunders, as Lord Cromer filled the office for a long time, and his reappointment also meets with satisfaction in the social world.

It had been thought that Mr. MacDonald might decide not to fill the post of Master of the Horse, which on grounds of economy often has to be recommended for abolition, though in existence since the Norman conquest. He has, however, named the Earl of Granard, who held the incumbency under Sir Henry Campbell Bannerman.

Youngsters to Match.

Mistress—"Maggie, I think I'll take one of the children to church this morning."

Maggie—"Yes, ma'am."

Mistress—"Which one do you think would go best with my dress?"

Seeds for Sale

Peel County is noted for its high-quality seed. Peel Seed House, Brampton, Ont., is located in the very centre of this district. It has large quantities of Oatmeal, Vaseline, Special Alfalfa, Red Clover, Alsike, Sweet Clover, Timothy, etc., which are sold direct to farmers, any part in any size lots. Write at once for price list.

PEEL SEED HOUSE, Brampton, Ontario

5-Room ALADDIN 798
We pay the freight!
You can buy all the home furnishings for complete home direct from the manufacturer at big savings on the lumber, millwork, hardware, labor, etc.

6-Room ALADDIN 898
Living room, dining room, kitchen, bath, 4 color plates, some with pictures, dining glasses, grade, dining chairs, three bed-room, bath, linen and clothes closets, grade color entrance.

7-Room ALADDIN 1,612
Dutch Colonial with full cellar, first and second floors, 14' x 22' living room, large dining room, kitchen, three bed-room, bath, linen and clothes closets, grade color entrance.

Price includes all lumber cut to fit; highest grade interior woodwork, siding, flooring, windows, doors, glass, paint, hardware, nails, roofing, with complete instructions and drawings. Freight paid to your station. Permanent Home—NOT PORTABLE. Many styles to choose from. Write today!
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