# The Provincial Wesleyan.

#### Two Ways to Live on Earth. BY CHARLES SWAIN.

There are two ways to live on earth-Two ways to judge, to act, to view; For all things here have double birth-A right and wrong-a false and true!

est corner.

Give me the home where kindness seeks To make that sweet which seemeth small Where every hp in fondness speaks, And every mind hath care for all,

Whose inmates live in glad exchange Of pleasure, free from vain expense; Whose thoughts beyond their ways ne'er range Nor wise denials give offence.

Who in a neighbour's fortune find No wish, no impulse to complain ; Who feel not, never felt the mind To envy yet another's gain.

Who dream not of the mocking tide, Ambition's foiled endeavour meets-The bitter pangs of wounded pride, Nor fallen power that shuns the streets.

Though Fale deny its glittering store. Love's wealth is still the wealth they choose For all that gold can purchase more, Are gauds, it is no loss to lose !

O, happy they who happy make,-Who, blessing, still themselves are blest ! Who sometimes spare for others' sake, And strive in all things for the best

## The Cottager's Welcome.

BY GEORGE P. MORRIS. Hard by I've a cottage that stands near the

A stream goes in peace at the door, Where all who will tarry, 'tis well understood, Receive hospitality's store.

To cheer that the brook and the thicket afford The stranger we ever invite ;

You're welcome to freely partake at the board, And afterwards rest for the night,

The birds in the morning will sing from the tree And herald the young God of day, Then, with him uprising, depart if you please, We'll set you refreshed on the way ; Your coin for our service we sternly reject ; No traffic for gain we pursue, And all the reward that we wish or expect To find in the good that we do.

Mankind are all pilgrims on life's weary road, And many would wander astray, In seeking eternity's silent abode, Did mercy not point out the way; If all would their duty discharge as they should To those who are friendless and poor. The world would resemble my cot near the woo And life the sweet stream at my door.

Temperance.

Temperance—A Mine of Wealth.

Give me the gold the drunkard spends, The wasted skill, the labour lost, As ruin's downward nath he wends Unmindful of the fearful cost. And I will buy each rood of soil In every yet discovered land, Where hunters roam, where peasants toil, Where many peopled cities stand.

I'll build asylums for the poor, By age or ailment made forlorn : nd none shall thrust them from t

Why there is more rain from September sale for four dollars a barrel. That is \$1,. FRIEND OF THE CANADIAN! handkerchief, or the lady, vowing, that if to March, than from March to September : 78 a bushel. At retail the poor pay \$2,50 lod gave him strength, never to touch, taste Because the temperature of the air is con- a bushel, or about five cents a pound ; twice To meet Miss Gamble was the hardest ef- tinually on the decline, and consequently its the price of con meal; five sixths as much or handle any intoxicating drinks. fort of his life. If he met her in her car- capacity for holding vapor becomes less, on as fine flour; one fifth more a bushel than riage, or on foot, he popped around the near- which account it discharges some of its va- beans, while one bushel of the latter is por in the form of rain. But from March worth for food as much as a cart load of to September the temperature increases, and potatoes. All other vegetables are still

She at last addressed him in a note under ber own hand, inviting him to her house, so does the capacity for retaining vapor; more uneconomical than potatoes. Carrots which he finally gathered courage enough therefore a smaller quantity of rain is dis- are the cheapest of all roots. But they are but little used as human lood, though very to accept. He told her if she still bore af- charged. Freezing of running water : When run- nutritions. They are partially used in

With the solution of him he would agree to her own fection to him he would agree to her own more that they have ever been."Freezing o..."They soon matrice". From that day he water, till they are stopped by some observed for the water, till they are stopped by some observed for the water, till they are stopped by some observed for the water, till they are stopped by some observed for the water, till they are stopped by some observed for the water is frozen, make the rough fakes or part is force of the stream by the force of the water, till they are stopped by some observed for the water, till they are stopped by some observed for the water is frozen, make the rough fakes or part is force of the stream of the stream of the force of the stream of the stream of the force of the stream of the stream of the fo

ed a most impressive sermon on Friday last in our sister city, Buffalo : and the text was Milk contains particular salts in solution, in Milk contains particular salts in solution, in Coarse vegetables, it is immeasurably cheap-Copy of a Letter from Anthony Smith, Esgr., the sermon also, and text and sermon were consequence of which it requires a greater er. A pound of sweet corn cooked to be

In our sister city, Boffalo : and the text and serious consequence of which it requires a greater the last words of one of God's erring creaters. There was no organ with its swelling notes dying away in lengthened sisles, to greater series where were no anther so there sued by bys.open the services, there were no anther so that is sued by bys.When the place their feet on the called, there was no benefaction with which to continue the service was imposingly solenn, and it and the parts of the wood facing it all the most factor at the state of the site of the same surface, and frage is consequence of the same surface, and frage is consequence of the same surface, and it is sale to the weats is of an awa strick can the called string the service, steer or pusitie, in the person of the sole sheard words of the sole server the service was imposingly solenn, and it is also terry excellent nutritions account the cold surface, and frage is also the sole service was imposingly solenn, and it and the target of the sole service was imposingly solenn, and it and the service was indicated the service, was the string of the sole service, steer institute, in the person of the sole service, where sole also the sole service was imposingly solenn, and it and the service was indicater is conducted to the sole service was imposingly solenn, and it and the serve of the sole service, was the sole service, steer or pusitie, in the person of the sole service, where sole also the sole service was imposingly solenn, and it is called warping of water cools a sheard the sole service was imposingly solenn, and it is and the tweard warping wood. The heat of the sole service, the sole service, where sole service, steer institute, in the service, steer institute, in the service, it absorbs sole service was imposingly solenn, more the steer sole service was imposingly solenn, more the sole service was imposingly solenn, the service was imposingly solenn, the service was the sole service, the sole service was imposingly solenn, the service

What shall we Eat.

nity of society; there was the platform, the making the room much cooler than it was all, there stood the cringing, shivering out-all, there stood the cringing, shivering out-cast who was to explate his crime by yield-ing up his miserable life as the last lesson he could read to evil doers. That criminal that it will not readily dissolve substances he could read to evil doers. That criminal he could read to evil doers. That criminal he could read upon hit. When it filters through the course they readily dissolve substances how in the arms they risk that it will not readily dissolve substances here the parceles acheed the filters. The other night in a deluge of rain and in complete darkness, some twenty of those intrepid volunteers known in the arms as was the preacher, robed in a frock of white, placed upon it. When it filters through the enfans perdus, because they risk their lives These celebrated Pills are wonderfully efficacious in the girt by a black crape sash, and on his brow earth it becomes impregnated with sulphate in the most daring enterprises, passed out of Ague, the fatal cap. During this dressing for the of lime, and many other impurities in the our trenches. Two led the way, one be-

grave the distracted man cried outwe the distracted man cried out — earns and minerals inrough which it passes, nind the other at a distance of use paces. plaints, if Great God! Oh! my God! what an end thus becoming what is called hard. — Ar. The rest of the band followed, commanded Bloches on the Fits, I have come to ! Merciful God, look down thur's Home Gazette. on me! Merciful God, look down on me!

Oh! Lord have mercy on my soul! IT was RUM THAT DID IT. To his dying moments did that terrified

THAT DID IT !"-Cleveland Paper.

Miscellancous.

Science of Common Things.

Free radiators of heat : Wood, leaves, and

cigars.

man proclaim that his murdered wife did poor that has stared them in the face for glides on himself, and thus gets on without grysipelas, not offend him in anything, that he loved many years, and now with this cold month noise or embarrassment, always ready to her, and yet under the infernal spell of Rum upon them with all its rigor, it behoves them bound to his feet should an enemy surprise

her, and yet under the infernal spell of Rum had he imbued his hand in her blood; that had he imbued his hand in her blood; that had he imbued his hand in her blood; that had with which, but three short wonths before, he had pledged her his love and pro-tection. Will the world hear and heed the words of this despairing man? "Oh that I should of this despairing man? "Oh that I should to this would endure for ever, has been cut off suddenly. It is estimated that both to leave on the right an earthwork of this despairing man? "Oh that I should to this would endure for ever, has been cut off suddenly. It is estimated that of this despairing man? "Oh that I should to this despairing man? "Oh that I should sould to his feet should an energy surprise with the officer surrounded by his band. twey man had his eyes and ears on the seemed to think would endure for ever, has been cut off suddenly. It is estimated that they had to leave on the right an earthwork of this despairing man? "Oh that I should 50,000 persons have been thrown out of em-my in their mouths to steal away their brains, listen to this voice from a murderous grave. "Tell them to leave liquor alone, it has been the death of me?" Will those who deal out the maddening bowl to the young

deal out the maddening bowl to the young for daily bread for themselves and families out letting them be aware of the danger they and innocent, and to the old and hardened, Whatever will tend, not to cheapen food, had incurred. Before entering the narrow listen to the dying words of this their vic-tim? Weeping and groaning as the grave them what to eat, less expensive than their Russian post, the officer leit more than half opened beneath his feet, he screamed, "God accustomed diet, should be at once adopt- his men on station. Should his party be help me," "God forgive me," "Christ as- ted. For this purpose we offer a few sug- discovered they were to fall upon the post.



# HOLLOWAY'S PILLS.

BARET, DUBAREY & CO., 77 Regent-street, London. A FEW OUT OF 50:100 TestrivosiaLs of CURES ARE OIVEN BELOW. Analysis by the Celebrated Professor of Chemistry and Analysis and the Celebrated Professor of Chemistry and Analysis and Chemist, Andrew Ure, M. D., F. R. S., & C., & C. London, 24, Bloomsbury Square, June 8, 1849.—1 hareby certify, that having examined DuBarRy's Riva-LENTA ARABICA. I find it to be a pure vegetable Farina, perfectly wholesome, easily digestible, likely to promote a healthy action of the stomach and bowels, and thereby to countersct dyspepsia, constipation and their nervous consequences.

following comptaints. | Female Irregulari- | Scrofula or King

earths and minerals through which it passes, hind the other at a distance of five paces. Billious Com. Fevers of all Sore throats, by an officer called Benner. They all crept along on their bellies in dead silence. Their thief, an old Zonave, had taught them how. As each man lies down he glides along his rifle to the full stretch of his arm, he then

With one of the hardest winters for the rifle to the full stretch of his arm, he then Dropsy, Dyseniery, Piles, Rheumatism, Retention of Urine **D**N B. Directions for the guidance of Patientsin veery disordor are affixed to each Pot and Box.

and a feeling of restored health induced. Having with nessed the beneficial effects in the above mentioned case. I can with confidence recommend it, and shall have much pleasure in so doing whenever an opportunity offers, &c. Acc. I am, gentlemen, verv truly yours, JAMES SHOALAND, late Sargeon 96th Regt. CERTIFICATE FROW DB. GATTIKER. Zurich, 3 Sept 1853 - I have tried Dulbarry's Revalential Arabica for a complaint which had hitherto resisted all other remedies-viz: CANCER OF THE BYOMACH; and I am happy to say, with the most successful result. This I am happy to say, with the most successful result. This soothing remedy has the effect not only of arresting the vomiting, which is so fearibily distressing in Cancer of of the Stomach, but also of restoring perfect digestion and assimilation. The same satisfactory influence of this excellent remedy I have found in all complaints of the digestive organs, it has also proved effectual in a most obstinate case of habitual flutulence and colle of meny years studeng. I look upon this delicious Food as the most excellent restorative gift of nature. Da. GRATTIKER.

Stone and Gra

Secondary Symp-toms, Tic Doloreux,

Ulcers, Venereal Affec

tions, Worms, all kinds

Weakness Iron

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cause,&c

DR. URA UNA DR. UR

Magdebourg, 16th Sept. 1553.-My wife, having soffer ed for years from a pulmonary complaint, became so seriously liat the beginning of this year, that F looked daily for her dissolution. The remedies which hitherto hither without celler. In the second se General Agent for Nova Scotia, Directions for the Guidance of Patients are affixed to

elcerations of the lungs and night sweats debilitated her fearinily. It was in this, evidently the last and hopeless learning. It was in this, evidently the last and noperson stage of pulmonary consumption, when every medicine remained powerless in even affording temporary relief-that I was induced by a medical bother from Hanover, who makes pulmonary consumption his special study and treats it with Dulbarry's Revalenta Arabica, to try blig strengthening and contrativation and I am hanny

AYER'S

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ckarage, Waltham-cross, Ilerts : a cure of extreme ryousness indigestion, gatherings, low spirits, and ner-

ear Liverpool: a cure of ten years' dyspepsia and all, he horrors of nervous irritability " Plymouth, May 9th 1851.—For the last ten years I have

ever been side since, now many the second state of the second state of the second state of the sufferers. I remain, generative sufferers, I remain, generative sufferers, TROMAS WOODHOUSS.

tiemen, yours sincerely THOMAS WOODHOUSS. Bonn, 19th July, 1853 — This light and pleasant Farina is one of the most excelent, nourishing, and restorative remedies, and supersedues in many cases, all kinds of me-

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of the kidneys and bladder, such as stone or gravel; lammatory irritation and cramp of the uretha, cramp he kuiney and bladder strictures, and hæmorrhoids.

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evalents Arabics is assumption. c complaints and consumption. Dr. Run. Wenzer.

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hina, by Medhurst

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Class-Leader & Firestue. Closing Scenes of Human Life. Converted Jewess. Cooper's (Mrs. M. ) Life by Dr. Clarke. Covel's hibe Dictionary, designed for the use of Sundag Schools and Families, Maps, Engravings. Chaplets and Flowers, gilt.

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enes, by D. W. Clark. pp 578. plain and gift Philosophy of Religion.

Do do Philosophy of R Doddridge's Life of Col Gardine

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son's Heavenly World.

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Etheredge on the Mercy of tio Fables and Parables, by Cottin.

Female Biogiaphy, Genis o Female Dead, compiled by Allen Fletchers Address to Earnest Seekers, Do Christian Perfection, Do Life by Bernest Seekers,

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Kingdom of Heaven anong Children-Kitto's Ancient and Modern Jerusaie Do Court of Persia

Do. Land of Promise

Last Witness; or the Dying Sayings of Eminent Christian and of Noted Infidels. Light in Dark Places, by Neander.

Dr. Harvey presents his compliments to Messrs BAR my, DuBARNY & Co., and has plensure in recommending their "Revalenta Arabica Food," it has been singularly useful in many obstinate cases of diarrhea, as also di the opposite condition of the bowels and their nervoas consequences. London, Aug. 1st, 1649. Living Waters. London in the Olden Time. Longden's Life Longkin's Notes on the Gospels and Questions. (An east leut Work for SabbathSchool Teachers and Bible Clas equences. London, Aug. 1st, 1849. 2, Sidney Terrace, Reading, Berks, Dec 3, 1847.

4, binney terrate, iteauing, beras, beras, beras, beras, et al. (an interrational structure of the person for whom the former quantity was procored, has derived zerv great benefit from its use. distressing symptoms of dropsy of long stunding having been removed, and a feeling of restored health induced. Having with the person of the

Magic, Pretended Miracles, &o

Martyr sof Bohemia. Martyr sof Bohemia. Marty is (Henry) Life. Maxwéll's (Lady) Life. MeGregor Family. McOwen on the Sabbath.

on the Sabbath. Mental Discipline, by D. W. Clark

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Palestine, by Hibbard Peeps at Nature. Pilgrim's Prop

tion, by Mrs Pickard Procrastination, by M Pollok's Course of Tin

With withering looks and words of scorn : sist me to pass through this struggle." I'll clothe each shivering wretch on earth In needful, nay in brave attire, Vesture befitting banquet mirth, Which kings might envy and admire.

In every vale, on every plain, A school shall glad the gazer's sight, Where every poor man's child may gain Pure knowledge free as air and light; A temple to attract and teach. Shall lift its spire on every hill. Where pious men shall feel and preach Peace, mercy, tolerance and good-will,

To every province shall belong Collegiate structures, not a few, Fill'd with a truth exploring throng, And teachers of the good and true. Music of bells on Sabbath days Round the whole earth shall gladly rise And one great Christian song of praise Stream sweetly upward to the skies.

Reformation of William Wirt.

six or seven months after his first marriage | earth !! became addicted to intemperance, the efonly he was found with jolly, frolicksome million of dwellings costing \$1000 each. bust a set of men as ever lived. hun of the injury he was doing to himself. a salary of \$500. It would support three desirous of practicing economy, can do

to fall off, and many looked on him, as on lege, giving each \$300 per annum for ex- tious food. It costs only half the price per the sure road to ruin. He was advised to penses. We leave others to fill out the pic- pound of flour, and contains no moisture, get married with a view of correcting his ture. Is this annual outlay to increase or while the best of flour holds from twelve to habits. This he consented to do, if the right decrease in future ?- Agriculturist. person offered. He accordingly paid his ad-

creses to Miss Gamble. After some months' ble, had I not reciprocated the affection not we should expostulate with him, when perfine white flour. Corn meal costs less which you evinced towards me. But I can-up came his loving spouse with a handful of than half the price of flour. It is worth not yield my assent till you make me a black mud, which she not only dashed in twice as much. It is not so economical in

This reply to Wirt was as unexpected as feel relieved of a duty discharged. The is in grinding it too much, and next in no it was novel. His reply was, that he regar-poor fellow received it with a calmuss beau-ted that reproduce a basic solid form the follow for the solid form ded that proposition as a bar to all further considerations of the subject, and he left her. Her course toward him was the same to see from whom it came, or uttering a hour. Buckwheat flour should never be as ever-his, resentment and neglect. murmuring word."

In the course of a few weeks, he went again and solicited her hand. But her reply was that her mind was made up. He became indignant, and regarded the terms she proposed as insulting to his honor, and avowed it should be the last meeting they should ever have. He took to, drinking worse and worse, and seemed to run head- grass part with or radiate their heat very long to ruin.

quickly; on the other hand, metal which is Out day, while lying in the outskirts of the polished, smooth stones, and woolen cloth, city, near a little grocery or grog-shop, drunk, retain their heat for a long time. But all a young lady, whom it is not necessary to leaves do not radiate heat freely, such as form a compound of substances peculiarly name, was passing that way to her house hard smooth ones, but rough woolly ones do. adapted to furnish all that is necessary to not far off, and beheld him with his face upturned to the rays of the scorching sun. She used boils quicker than a new one: Be. in proper proportions to a man. This food The Present War with Russia ok her handkerchief, with her own name cause the bottom and sides of the old one will enable one to perform more labor, at

marked upon it, and placed it over his face. are covered with soot, and the soot absorbs After he had remained in, that way for the heat of the hot coals very rapidly. some hours, he was awakened, and his thirst The reason why a flint and steel produce being so great, he went into the little gro- fire : Because the blow compresses the parts cery and grog-shop to get a drink, when he which are struck together, and disturbs discovered the handkerchief, at which he some of their latent or hidden heat, which her that algoing the some of their latent or hidden heat, which booked and the name that was on it, After passes off, in the form of a spark. prusing, he exclaimed : "Great God ! who The sea is often luminous in summer :

the this with me? Who placed this on my The reason of this is because the remains face ?" No one knew. He dropped the glass ex- acid which they contain, becomes destitute

claiming, " Enough ! enough !" Laming, "Enough ! enough !" of oxygen, turns to phosphorus, and in turn He retired instantly from the store, for-unites with the oxygen of the air, and begetting his thirst, but not his debauch, the comes inflammable-

gestions. He himself with five or six determined men

Fresh meats of all kinds, at the prices at enters the dangerous path, and proceeds This is no fancy picture, but drawn, word for word, from the scene in the prison, by which butchers retail it, is not economical alongside the fusse; with his hand he tries our Buffalo cotemporaries. "IT was RUM food. Meats will average over a shilling a the strength of the defences ; they are bound pound. Salted meats are cheaper than firmly together and are fixed fast in the fresh. In economizing food, meat should ground. The fusse is six feet deep, and never be fried or boiled. If you would get full of rain water. It seems possible to How much Tobacco is used. the most substance out of fresh meat, make scale the fosse; to tear up the defences The present annual production of tobacco it into soup, or stew, or pot-pie. In mak- would require time; it would be better to is estimated to be 4,000 000,000 pounds! ing soup, soak your meat some hours in burn them; the chevaux de frise are connec-This is all smoked, chewed and snutfed. cold water, and boil it in the same. Thick- ted together by chains. If the one burns the Suppose it all made into cigars. One hun- en with beans, peas, rice, barley, hominy or other will remain; it is more advisable to

dred to the pound, it would produce 400, broken bread. The best meat is the carry them off some twenty yards-once 000,000,000,000. Four hundred billions of most economical for soup. Do not buy there, they are ours. The night is pitch dark. A few steps ahead a man appears. bones. Allowing this tobacco unmanufactured to If you boil meat to eat, never put it in Astonished he glides towards him. It is

cost on the average ten cents a pound, we cold water. Let it be boiling when you one of his own men. If they all get up have 400,060,000 of dollars expended every put the meat in the pot. Do not buy fresh they are lost; a trench stops him, he hears year in producing a noxious, deleterious meat a pound or two at a time. Buy a the sound of the spade and the pickaxe in weed. At least one and a half times as quarter or half a sheep. You get it at half the rock; he hears the workmen converse, much more is required to manufacture it price. Beef or Pork by the quarter is a the guard splash with their feet in the water, the men cough. What does this mean ? into marketable form and dispose of it to the quarter cheaper. customer. At the very lowest estimate, Do not buy your bread ready baked. It The sound is hollow, it is a mine. It comthen, the human family expend every year is sixpence a pound. Dry flour is the same, mences here and leads there. But the rain one thousand millions of dollars in the gra- Home-made bread is far more nutritious .- continues to pour down. It is bitter cold, tification of an acquired habit, or one doltar Make use of corn meal, oat-meal, Graham and the flash of a gun may lead to their dis-The distinguished William Wirt, within for every man, woman, and child, upon the flour, hominy, and cracked wheat for bread, covery. The officer gives the signal to rein preference to fine wheat flour, both for treat. They return the way they came

This sum would build two railroads health and economy. Here are the relative Their track on the moist earth guides them. fect of which operated strongly on the mind around the earth, at the cost of twenty thou- retail prices per pound of these articles .-- They pass aga n the Russian outwork. The and health of his wife, and in a few months sand dollars per mile, or sixteen railroads Wheat flour, 6c; Graham flour, 6c; crack- Russians little suspect a mortal enemy is so more she was numbered with the dead. Her from the Atlantic to the Pacific. It would ed wheat, 6c; corn meal, 21c; hominy, 3c; near to them. The men speak low togethdeath led him to leave the country where build one hundred thousand churches, cost- oat-meal, 4jc. The latter is the most nu- er; they might take them all prisoners but he resided, and he moved to Richmond, ing \$10,000 each; or a half a million of tritious bread stuff known. Look at the it would be imprudent There are other But his habits hung about him, and occas- school-houses cosing \$2000 each; or one Scotch with their ostmeal porridge-as ro- parts of the defences to be examined. The success of the enterprise is more valuable spirits in bacchanaliam revelry. His true It would employ one million of preachers, Hominy we have before given our opin. than the death of ten Russian soldiers. Fitriends expostulated with him to convince and one million of teachers, and give each ion upon. It is an article that no family nally all having been explored, they rejointhe remainder of the band, who are wait-But he still persisted. His practice began and one third millions of young men at col- without. It is a very cheap, healthy, nutri- ing for them lying down in the mud. Anything new, boys ! says the officer. Nothing. Then let us return. And these twenty brave feilows, wet to the skin, pass our sensixteen pounds of water in a barrel. Crack- tries, who are becoming anxious about them, in the same silence as before. It is said ed wheat is excellent for sedentary persons TEMPERANCE .- " A few mornings since," That and Graham flour should be used in that in the night before the 28th and 29th

attention, he asked her hand in marriage. She says the Daily Tribune, " as we were pasreplied : "Mr. Wirt, I have been well aware sing down Pearl street, we saw approaching white flour, because more healthy and more works which annoyed our troops, took a of your attentions some time back, and sing down Pearl street, we saw approaching write hour, because more heating and more prisoner, despite of themselves, and carried should have given you to under the under the source of themselves and carried of themselves are constructed to be an of the source of themselves are constructed to be an of the source should have given you to understand that is a good-nearted tooking chap, but evident- nutritions. One nutder of points of one of some sacks of powder. One of them reyour visus and attentions were not accepta-le had 1 not reciproceted the decide of postate to be of the first first of the first source of the first of the fir

mee. THE COLONIAL pledge never to taste, touch, or haudle any black mod, which she not only dashed in twice as inden. At is not occurs in the so much fire to LIFE ASSURANCE COMPANY. without a word, walked away, seeming to cook it. The first great error in corn meal. CAPITAL, 1,000,000 Sterling.

THIS Company was established in 1846, and since that period the business transacted has been steadily in-creasing, the amount of assurances effected during the years 1832 of alone having been upwards of a Quarter of uful to look upon, undoubtedly recognizing boil two hours; it is better if boiled four, the hand, as he passed on, not even looking and not fit to eat if boiled less than one Million Sterling. Every facility is afforded to Parties transacting with purchased by a family who are obliged to the

economise food. It must be floated in dear butter to be eaten, and then it is not healthy. Oatmeal is as good in cakes as buckwheat and far more nutritious. But it is more nutritious, and is particularly healthy for on intin children, in the form of porridge.

The cheapest of food is white beans .-They are worth from \$1 50c to \$2 a bush-

el, and retail for eight cents a quart. Professor Liebig has stated that pork and beans Reason why a saucepan which has been support life and give bone, muscle and fat, less cost than any other substance. quart of beans, 8 cents, half a pound of pork, 6 cents, will feed a large family for a day with good strengthening food. And st the Store who that can raise a reminiscence of good

ber that glorious old-fashioned dish called bean porridge ?" We should call it bean soup now. Four quarts of beans and two of small jelly fish decay, and the phosphoric pounds of corned beef would give a good meal to five men-one cent a meal.

Potatoes should be utterly abandoned by the poor this winter. They cannot afford to eat them. Potatoes are selling at whole to eat them. Potatoes are selling at whole

or the restoration of my wife, that I to finaking the extraordinary efficacy of Da tenta, in so tearful a complaint, known ; and to reco mend it to all other sufferers. Gains, M. D. Are curing the Sick to an extent never Cure No. 71, of dyspepsia from the Right Honsthe Lord before known of any Medicine. that do Decies: "I have derived considerable benefit room Du Barry's Revalentia Arabica Food, and conside due to yourselves and the public to authorise the pub-cation of these lines. — Start de Decies.

INVALIDS, READ AND JUDGE FOR YOURSELVES JULES HAUEL, Esc., the well known perfumer, of Chestnut street, Philadelphia, whose choice products

Chestnut street, Philadelphia, whose choice products are found at almost every toilet, says: "I am happy to say of your Carriante Pinia, that I have found them a better family medicine for common than any other within my knowledge. ids have realized marked benefits ncide with me in believing that they possess extraordi-nary virtues for driving out diseases and curing the sick. They are not only effectual but safe and pleasant to be aken, qualities which must make them valued by the public, when they are known."

puone, when they are known." The venerable Chancellor WARDLAW, writes from Baltimore, 15th April, 1854: "Dr. J. C. AFER-Sir: I have taken your Pills with "Dr. J. C. AFER-Sir: I have taken your Pills with

aw spirits, sieeplessness, and delusions, and swallowed "DR. J. C. AVER-SIT: I have taken your this with great benefit, for the listlessness, languor, loss of appetigk and Blious headache, which has of late years overtaken um in the apring. A few doese of your fills curred nor. I have used your Cherry Pectoral many years in tay family for coughs and colds with unfailing success. You make medicines which care, and I feel it a pheasure to w enjoying better health than I have had for many Devon Cottage, Bromley, Middlesex, March 31, 1849 Devon Cottage, Bromley, Niddlesex, March 31, 1849 UEXTLENEX,—The lady for whom I ordered your food is six months advanced in pregnancy, and was suffering severely from indigestion, constipation, throwing up her meals shortly after cating them, having a great deal of hearthorn, and being constantly obliged to physic or the enema, and sometimes to both. I am happy to inform you that your food produced immediate relief. Bue has never been sick since, had little heartburn, and the func-tions are more results. So nend you for the good you have done and are doing. JOHN F. BEATTY, Esq., Sec. of the Penn. Railroad

Co., says: "Pa. R. R. Office, Philadelphia, Dec. 13, 1853. "Sir: I take pleasure in adding my testimony to the efficacy of your medicines, having derived very material benefit from the use of both your Peetoral and Cathartic Pills. I am never without them in my family, nor shall t ever consent to be, while my means will produce them."

ever consent to be, while ny means will produce them." The widely renowned S. S. STEVENS, M. D., of Went-worth, N. H., writes: "Having used your CATHENTIC PLLS in my practice, I certify from experience, that they are an invaluable pur-gative, an cases of disordered functions of the liver, causing headache, indigestion, costiveness, and the great variety of diseases that follow, they are a surer remedy than any other. In all cases where a purgative remedy is required, I confidently recommend these Pills to the public, as superior to any other I have ever found. They are sure in their operation, and perfectly safe, qualities which make them an invaluable article for public use. I have for many years known your Cherry Perforal as the have for many years known your *Cherry Pectoral* as the best Cough medicine in the world, and these Fills are in no wise inferior to that admirable preparation for the treatment of diseases."

"Det J. C. AVER-Dear Str.: 1 have been afflicted from my birth with scrools in its worst form, and now after twenty years' trial, and an untold of anount of srif fering, have been completely cured in a few weeks by your Pills. With what feedness of reporting I write, can be imagined when you reance what I have suffered

your runs, only be implied when you realize what runs, and how long. "Never until now have I been free from this lonth-one disease in some shape. At times it attacked my ever, and made me almost blind, besides the unendurable pain; at others it settled in the scalp of my head, and destroyed my hair, and has kept me partly hold all my descent sometimes it came out in my face, and kept it for estroyed my hair, and has kept me parily bald all my ays; sometimes it came out in my face, and kept it for aonths a raw sore. "About nine weeks ago I commenced taking your Ca-

"About nine weeks ago I commences transferred that the pills, and now an entirely free from the complaint, thy eyes are well, my skin is itsir, and my har has commenced a healthy growth, 20 of which makes me feel already a new person.
"Hoping this statement may be the means of convering information that shall do good to others, I am, with every sentiment of gratitude, Yours, & c., MARIA RICKER."

Begle's Hyperion Fluid. Cenver's perfumed Bears Grease. "Castorine and marrow Pountinm "Circassian Cream. "Exquisite Pounde. "Rosmary and Castor Oil. "I have known the above named Maria Ricker from her childhood, and her statement is strictly true. ANDREW J. MESERVE, Overseer of the Portsmouth Manufacturing Co."

CAPT. JOEL PRATT, of the ship Marion, writes from

Cart. JOEL PRAIT, of the ship Marion, writes from Boston, 20th April, 1854: "A Your Pills have cured me from a biloors attack which array from derangeneent of the Liver, which had become very serious. I had failed of any relief by my Physician, and from every remedy I could try, but a lew does of your Pills have completely restored me to health. I have effects. They were promptly cured. I recommended them to a frend for cortiveness, which had troubled hum them to a frend for co-tiveness, which had troubled him for months; he told me in a few days they had cured him You make the best medicine in the world, and I am fre-to as x or ".

Potter s Hair Balm. Spencer's Hair Dye. With a large assortment of Hair Brushes, combs, & cor sale at Morton's Medical Warehouse, Granville Stree to say so." Read this from the distinguished Solicitor of the Suprem Court, whose brilliant abilities have made him we known, not only in this but the neighboring States. "Are Ocleans, 5th April, 1854. "Sir: I have great sati-faction in assuring you that my December 14.

"Sir: I have great sati-faction in assuring you that my self and family have been very much benefited by your medicines. My wile was cured two years since, of a severe and dangerous cough, by your CHERAN PECTORAL and since then has employed perfect health. My children have several times been cured from attacks of the Influ-ances. It is an invaluance in a CATHARTIC PILLS have these complaints. Your CATHARTIC Pin cured me from a dyspepsia and costive cured me from a dyspepsia and costiveness, which has grown upon me for some years, -indeed this cure is much more important; from the fact that I had failed to get relief from the best Physicians which this section of the country affords, and from any of the numerous remedies I had taken, ... You seem to us, Doctor, like a providential blessing to our family, and you may well suppose we are not unmind-ful of it. Your respectfully, LEAVITT THAXTER."

"Senate Chamber, Ohio, April 5th, 1554, "Dn. J. C. Argn-Henored Sir: I have made a thor ough trial of the Carmanic Pilla, left me by your agent and have been cured by them of the dreadful Rheumation under which he found me suffering. The first dose re-heved me, and a few subsequent doses have entirely removed the disease. I feel in better health now than for removed the disease. I feel in better nearth now the effects some years before, which I attribute entirely to the effects of your CATHARTIC PILLS. Yours with great respect, LUCIUS B. METC.M.P."

The above are all from persons who are publicly known where they reside, and who would not make these state-

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at treats it with DuBarry a test tood, and I am happy is strengthening and restorative tood, and I am happy be able to express my astonishment at its effects. My poor wife is now in as perfect suite of health as ever she we, attending to her household affairs and quite happy I tas with pleasure and the most sincere gratitude to God the setoration of my wife, that I fulfill my duty the setoration of my wife, that I fulfill my duty

DR. GRATTIKER.

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