

GRATS WITH YOUNG MEN.

Pocket Wisdom. Do things for yourself. Never lean. Stand on your own feet. They were given to you for that purpose.

Look ahead. There is nothing elevating on the ground, and you are done with the past. Make the ever-receding horizon your goal.

There are three kinds of people in the world—the will's, the want's and the can't's. The first accomplish everything; the second oppose everything; the third fail in everything.

If you hit the mark you must aim a little above it; every arrow that flies feels the attraction of the earth.

Keeping Friends. Do not flatter yourself that friendship authorizes you to say disagreeable things to your intimates.

The surprise of life always comes in finding how we have missed the things which have lain nearest to us; how we have gone far away to seek that which was close by our side all the time.

all who are aiming at perfection it is indispensable. Self-control is a spiritual brake by which we regulate our conduct. The word brake is a common mechanical device for arresting or retarding the motion of a car or vehicle by means of friction; a continuous brake with which trainmen are familiar is a series of car brakes so arranged that all can be controlled from one point on the train.

The great business of the brakeman in the spiritual, as well as in the physical order, is to carry out his orders, keep a clear head and alert vision, and see that the brakes are all right, in good working condition. In what state are his brakes who ignores the rules of the road, or who has begun to take them lightly; whose head is muddled with strong drink, whose eyes are misted with passion.

The grace of self-control—that mastery, spoken of by the apostle, and promised only to him who restraineth himself—is the grace of strength.

Our self-made men, who refused to remain employees or subordinates, are the backbone of the nation. They are the sinews of our country's life. They get their power as the northern oak gets its strength, by fighting every inch of its way up from the acorn with storm and tempest.

There are exceptions to the conditions described by Mr. Carnegie and Mr. McQuade; but the happiness of rich men is due to other things than riches. Most important of these is Christian character and the exhibition of its fruits in daily life.

The lament ever comes up anew, says an exchange, "The boys are leaving the farm, and why should they not, if they have the advantage of intelligence and the education to struggle with the problems and to avoid the false allurements of city life?"

There is no greater grace than that of self-control. They are few, indeed, who do not need this virtue. Some are in greater need of it than others; to

considerable notice of its own when it died fifteen years later in Half Moon street. Piously, this parrot could whistle "God Save the King" and "The Banks of the Dee," and would go back and correct itself if it whistled a note wrong.

"Are You One of These?" "Mabel, put down your book, and help me a few moments," called a mother to her young daughter.

The mother did not answer, but tired as she was, she did the work alone. Not being called again, Mabel decided that her mother did not want her and bent over her book with renewed interest.

There are hundreds of such girls. They do not mean to be wholly selfish; no doubt they think they love their mothers, but they love their own way also.

Girls, God gives you but one mother. See to it that you show your love for her in a way that will gladden her heart and lighten her cares.—The Friend.

Who is the most helpless creature in the living world? A creeping insect, a blind worm, a fledgling bird, a minnow in the stream? The worm of these, the insect, however tiny, knows his little path to safety; the bird understands where to seek the shelter of the earth; the little fish is able to capture his food and to escape his foes; the young bird must preen its wings for flight soon after it breaks through the shell.

The little hands are stretched out for help; the little mouth opens piteously in cries for help, and help is at hand in the loving care of father and mother.

Then when the little feet grow stronger, they must be guided into safe paths; the little hands must be kept from the anger-burning fires of mischief; the little heart must learn to love those that have so loved and protected it.

There is an old story of a poor wood-cutter who was met by the King of the country upon the high road. The poor man, bent under his heavy burden of logs, toiled painfully up the hill.

"How can you support life on such a wretched pittance?" asked the King. "Ah, thank God! I do more than that," said the woodcutter. "Out of my sixpence a day I am spending money, I am putting out money at interest and I am repaying an interest of a rapidly increasing amount."

Archbishop Keane would have the employe understand that wages taken for time that has been squandered is stolen money. The man who slight his work and gives his employer less than he agrees to give is a thief.

Excessive sadness seldom springs from any other source than pride.—St. Philip Neeri.

DEVOTION TO THE SACRED HEART OF JESUS.

The Catholic Book Exchange. Devotion to the Sacred Heart of Jesus may be said to be both an old and a new devotion. In one sense, it is as old as the worship of the Sacred Body of the Lord, that is, as old as the Holy Eucharist and as the Incarnation itself, and as necessary and universal as that worship.

The reason of this is, that the Holy Spirit did not inspire saints, devout persons, prelates of the Church, and the Holy See to make it a public and universal devotion, until these modern times. The Lord reserved it as a special means of grace for these latter days, the wicked and dangerous period in which we live.

It has been made known and introduced by revelations and miracles, propagated by the efforts of enlightened, faithful and zealous servants of our Lord, approved by the Vicar of Jesus Christ, and made obligatory in so far as the appointment of a special feast in honor of the Sacred Heart is concerned.

God has a real human heart, and loves us with a tender, human affection, conjoined with His divine love. God is Trinity in Unity; Three Persons—the Father, the Son, and the Holy Ghost.

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example which you ought to follow, by their signal acts of devotion to the Sacred Heart of our Lord. Follow this example, especially during this month of June—the month specially consecrated to the Sacred Heart—by adoring the Heart of Jesus, and offering your hearts to Him in grateful love, as a return for that love which is ever burning for you and for all men in that sanctuary of grace and perpetual adoration—the Sacred Heart of Jesus Christ our Lord, to whom be praise and glory, for ever, with the Father and the Holy Ghost. Amen.

THE LOOK OF A CHILD. "The look of a little child is some times a wonderful thing," said the man who has risen high on the ladder of success. "I remember that the greatest lesson I have ever learned in my life was pointed out to me by my daughter, who was only five years old at that time. That was fifteen years ago, when I had just attained some measure of distinction in the business world, and I felt that I could afford to rest on my own awfully. I had never been a drinking man, but frequent conferences at hotel lobbies and after theatre talks with my associates began to tell on me and I am ashamed to confess that I came home many a night slightly the worse for wear and 'boozed'.

The habit of imbibing grew on me, in spite of fearful entreaties from my wife, until I took a bottle of whisky home one afternoon. After I had left in my study, poured out a glass and raised it to my lips, when I caught a reflection in the polished woodwork of the wall. I turned quickly, and there was my little daughter standing in the doorway looking at me. I could never describe the expression on her face. If one may say so, it was a commingling of reproach, pity and disgust. Probably she had overheard conversations between her mother and myself—perhaps the mother had instilled her feeling—perhaps it was instinct. I have not taken another drink from that day to this.

Good people are not always good-tempered people. They suffer from a sort of spiritual dyspepsia. Religion which should sweeten them scurs them instead. The world wants people who can grow better without growing bitter.

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