NOVEMBER 2, 190
The Genims of Persistence. A wide oulook upon life tells
that the prizes of life are less to the swift than to the patient plod ders. Looking back upon his long
eareer with his students, Mark Hop lins once said that if the brillian boys carried off the recitations, th
plodders carried off life's prizes Every college-bred man can recall ii Justrations of this shrewd observa-
tion. The student who was univer tion. The student who was univer ered on the campus with the field sports until the last moment, then rushed to his room, flung down his at the lesson, thought like light ming, drew on his reserves in an awering questions and drawing out the professor, who did the real re
citing, and so gleefully making ". brilliant recitation." Just besid him was another student, who had toiled half the night over the same but who blundered in telling what he knew, and was marked a grad Then, when twenty yuperficial fellow. ed, the plodder is the employer frusted, honored and successful. The by his sudden, brilliant flight height second reached the height, climbing in the night while the other slept ment is the history of persiste plodding. Gibbon wrote his mem oirs nine times. Newton re-writes his chronology sixieen times. Ad-
dison collects three volumes. fections before he writes his first paper for the Spectator. Turner ended with his "Slave drawings and immortality. The great words are the youth who can say. © This one thing I do," and who understands chosen purpose.-[Rev. Newell Dwight

## Go to Sleep.

The old adage tells us "Nine
hours of sleep are enough for a fool." Perhaps they are, and not
infrequently they are none too much for a wise man, and many a wise man has shown his wisdom by takmost prodigious Goethe felt the need or and trols aine hours out of every twenty-:our It is generally conceded that the fourteen hours each day for sleep. This period is gradually shortened, the boy is found of lourteen years, hours. When grown, and in a healthy condition, the man may find cient a night of eight hours is suffiand recreate him for the morrow at if he finds that he needs more, When one take it. bed in therag one's self out o will there is something wrong; parhaps a forgotten waste must be an unusually hervous strain sleep, or emand has been made upon the sysand he who is wise will payment, Just veryone here allow me to say that ood old-fashioned his bed at the not seen until hour of nine, and ght o'clock breakfast, should have位 requently tell how breaklast tables eople take restful nights. Sa many rith them. The business man write before he puts out his last thing says his prayers piously, closing his eyes, sighs, tosses, and longs for the dawn. He counts forward and backfalls into a restless, sleep, only to wah n more weary than when he
to
to That we may continue to be

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us wisely keep in, has put us, let us wisely keep in our hands a re
serve power of bodily and mental vigor, produced by a careful mentanc ing of the hours of sleep with the
hours of work. We do hours of work. We do not know be called. Let it never find ws too
weak to weak to accept it as we should."
The question, "How much The question, dow much sleep have our thoughtful consideration, No one can think the matter out
for us as well as we can for for us as wer as we can for our-
selves. Our constitutional tendencies, our habits of life, all our cir-
cumstanch selves. With all these to ourmind we should each think things in by out reasonably, and then abide ment. decision of our best judgIf this were intended for an exsleustive paper on the sibubject of
sleere are many things we might speak of that cannot go in-
to this brief space. We would epeal of the benefit to be gained from indulging in some gentle exercise beore retiring, a simple romp with the children, some light gymnastics, singing and story-telling.
We might talk
taking warm feet to bed necessity of best sort of hed and bed, of the the of
the size, shape, and best manner of ventilating the ideal sleeping room; primary object of calling attention o the importance of sleeping regularly, soundly, and enough.-[Good Health.

A Happy Home.
Close a home on a windy helgint Close by the sounding sea : Above, rising cloar and Where the far sea-view, from the rough The sweep of th Will give to the soul in the stately halle a pint pure and grand.
1 for a home in a humble tow Ath garden of bloom and green, As the twilight hour serene I oltIn song, in sorrow, in mirth, As the summer time to earth. I for a home by the shadowed wo Away from the militon schemese ! good who works and dreams Stronge in the soll for hily dally brea Tho dreims while and 8 ree

But whether on seagirt, windy helgh
Or hard by the forent wild,
Or round the oottage candle-light In converse gled and mild${ }^{6} 1$ for a home in the heart of love The sea and the wood maf lave: iver the good God relgns above-
And the soul ? it is undiemayed ।

Possibilities for Beauty. A plain country farmhouse wlll sooir bo simply keephag the lawn carefully mown and by the clever arrangement of flowera ous littlo thrings that farmers aro numon the way of landscape gardening whe they uttilize all opportunities. Save all ready to burn. Leave the barkg woo reay to burn. Leave the bark on,
them with rich ooll and then fill then with plants. They form very artistl
flower plots. Again, large blocks, with
the the bark adhoring, marge blocks, with
stands for holding tubs alled very quafn
Whe解 a little and plant vines to grow up them. A clematis or wistaria growing
over a dead tree to beautiful ginia creeper tree is beantifo very. The veautiful Vir
this purpose, and as vel this purpose, and, as very beautiful for
ly, a tree will be nearly cowe so rapld
seasons it seasons if strong, healthy vines are
Mlanted at the base.-[Fermen zino.

