

Our Women Folk

CONDUCTED BY
PEARL RICHMOND HAMILTON

1950: A MAY MORNING REVERIE

I am sitting alone by my casement,
While the swallows come and go;
Watching the sun on the garden,
And something strangely stirs me,
Recalling a youthful song,
'Tis the pure clear air of the morning,
The air of the sweet May morning
Whose fragrance lingers long.

It was just such a morn, I remember,
When with you I crossed the lea;
Sunbeams were waking the flowers
And gilding the sapphire sea,
And the joy of a love undying
Was filling my youthful heart,
As I breathed the air of the morning,
The air of that sweet May morning
When life was at the start.

But that Summer the great War claimed
you,
And so I grow old alone;
While the creeper we planted together
Has over the old house grown,
'Tis years since the guns were silenced;
Yet I see your face once more
When I breathe the air of the morning,
The air of a sweet May morning,
As I did in days of yore.

C.M.S.
The above original and extremely
beautiful verses are contributed by
a young lady friend and old school-mate
of one of the members of the "Canadian
Thresherman and Farmer" staff. Her
brother is with the forces in France.

COLLEGE TRAINING AND HOME-MAKING

Last week I spent a very interesting
and pleasant afternoon at the Mani-
toba Agricultural College, where more
than one hundred girls are taking
courses in Household Art and Domestic
Science.

I know of no institution in the city
where one may see such a splendid
group of girls—young women whose
faces reflect intellect clear and pure—
and whose personality indicates fine
womanly dignity and modesty. They
are girls who appreciate their opportu-
nity and are hungry for instruction.
If my own daughters were old enough
this institution is where I would send
them, not only for the splendid educa-
tional advantage but for the associa-
tion with such a superior type of girl-
hood and for the influence of teachers
who are women genuine and helpful. I
was pleased to meet Miss Kennedy there
for I know her training alone is worth
more to a girl than can be estimated.
When a girl leaves her classes, she
knows how to make her own clothes
from underclothing to dresses, suits and
hats and is able to design as well.
The training in economy in dress under
Miss Kennedy is saving the parents of
these girls many times the cost of the
course. Then, too, the course is most
interesting as the girls are taught the
scientific part of dress materials. The
art of furnishing a home, too, is an
important part of Miss Kennedy's in-
struction. Being very much interested
in girls I feel that the influence and
instruction of a woman like Miss Ken-
nedy is a great blessing to the young
women of the West, for girls from all
of the Western Provinces are enrolled
at the Manitoba Agricultural College.
Miss Kennedy is also very popular with
the women of the Province. Her dem-
onstrations have been highly appreciated
and at every town she visits she makes
loyal friends.

Miss Edie has charge of the domes-
tic science department. She gives the
girls thorough instruction in food values
and cooking. There is splendid equip-
ment in this department. During the
term each girl is required to plan and
cook all of the meals for four people
for one week. There is a private din-
ing room and kitchen and the girl has
entire responsibility for the week. She
must keep an accurate account of
weights, measures and cost of the food.
When I passed through the kitchen the
girl in charge of the week's cooking had
just taken out of the oven two nice
loaves of bread. The work in this de-
partment shows excellent system. Miss
Patrick is Miss Edie's assistant.

Miss Gowsell has charge of the exten-
sion work and spends most of her
time among the Home Economics So-
cieties of the Province.

Miss Evelyn Moore, who very kindly
invited me, took me with her for tea.
The large dining room was indeed a
splendid sight. Each table accommodates
four young ladies and four young men.
This arrangement provides an opportu-
nity for the students to become ac-
quainted with one another. Rearrange-
ment is made every week. One young
man at each table acts as host and a
young lady as hostess. The visitor
notices a splendid social atmosphere
among the students. Skating clubs,
snowshoeing and other winter sports
all add to the social pleasure of student
life. Parents may feel perfectly con-
tented as a careful system keeps the
body of students at the college as they
are not allowed to go to the city
unless a member in charge gives per-
mission and then she must have a
written invitation from the home where
the girl visits. This is very commenda-
ble as it protects carefully the college
girl away from home.

The visitor leaves the college with a
fine feeling of admiration for the young
women and young men that come from
our rural communities.

Home Economics

The month of February is the yearly
milestone of the Home Economics so-
cieties. This year the societies have
done most remarkable work in patriotic
interests. They have done more than
their share in responding to every call.
Nearly every woman member has con-
tributed to her country's call in some
way. The golden chord of harmony
among the societies will make the com-
ing convention at the College a gather-
ing of unusual interest and instruction
as well as an opportunity to become
better acquainted with one another. It
always gives the writer of this depart-
ment new inspiration to meet the
women in charge of the different soci-
eties. I hope I may have that pleasure
this year.

MANITOU

Manitou, Dec. 14, 1915.

The December meeting of the Manitou
H. E. S. was well attended though the
day was very cold and the roads bad.
Those who came were well repaid for
any effort they had made to be pre-
sent, for the meeting was more than
usually interesting and instructive. Re-
ports showed our Rest Room is becom-
ing better known and more used, and
our work in aid of the Red Cross is
being well kept up. The Red Cross
parcel shipped last month contained 23
surgical shirts, 20 pairs of socks, 24
towels, several rolls of cotton, linen and
cheese cloth and four knitted face
cloths.

Mrs. N. Wood presented to the soci-
ety the sum of \$36.50, the proceeds of a
tea held at her home in aid of the
Red Cross. This money will be used to
purchase materials for Red Cross Work.
Miss Mordin gave a most interesting
talk on woman's part in this war. A

general discussion followed Miss Mor-
din's talk. Tea was served by the re-
freshment committee and the meeting
closed with the National Anthem.

L. M. Gillerlain.

Manitou, Jan. 10, 1916.

The H. E. S. met on Jan. 8th, and
though the attendance was much
smaller than usual, a very pleasant
time was spent and much work accom-
plished. In the absence of our Presi-
dent, Mrs. G. T. Armstrong, the chair
was occupied by Mrs. E. Seymour.
Many suggestions for subjects for the
year's programmes were given and a
committee was formed to attend to
drawing up the programmes. It was
decided to hold a Burns Banquet and
concert, again this year on Jan. 25, and
several committees were appointed to
look after the many details. We had
not intended having this dinner this
year, but so many have asked that it
be made an annual affair the Society
agreed to have it this year, at any rate.
Proceeds to be equally divided between
the Patriotic Fund and the Rest Room.

The report of the Sec. for Red Cross
work showed last month's parcel con-
tained 2 surgical shirts, 17 pairs of
socks, 1 pair gloves, 1 roll each of linen,
cotton and cheese cloth, also five night
shirts and five pairs pyjamas given by
Mrs. H. Bradley. After a dainty tea,
much appreciated on such a bitterly cold
day, the meeting closed with the Na-
tional Anthem.

L. M. Gillerlain.

VALLEY RIVER

The annual meeting of this Society
was held on Wednesday, December 1,
at the home of Mrs. W. J. Boughen.
The attendance was, unfortunately,
small, owing to the inclemency of the
weather, but, after the financial report
had been read the officers were duly
elected for the ensuing year. At the
conclusion of this part of the pro-
gramme Mrs. Weir proposed a vote of
thanks to the retiring president, which
was seconded by Mrs. Kilty. After ar-
rangements had been made for the next
meeting, a pleasant half-hour was spent
during the tea-table. Our Society has
experienced a certain amount of success
during the past year, and improvement
has been manifested in many respects.
With the beginning of a New Year, we
hope to put forth fresh efforts and
advance with yet greater strides.

Mrs. W. Jones, Sec. Treas.

LA RIVIERE

La Riviere, Jan. 4, 1916.

The Home Economics Society met at
the home of Mrs. Evans on Nov. 28th.
There was a good attendance of mem-
bers, and some visitors, also two new
members were enrolled. After the usual
business the election of Officers for
the year 1916 took place. Mrs. W.
Wightman, President; Mrs. J. Leslie,
1st Vice President; Mrs. P. E. Dunlop,
2nd Vice President; Mrs. T. Dunlop,
Treasurer; Mrs. Hepburn, Secretary.
Directors, Mrs. Murray, Miss Keating,
Mrs. McCormack and Mrs. Sutherland.
After some discussion it was decided to
have a social evening instead of the
usual meeting for December, to be held
on the eve of 31st in the Odd Fellow's
Hall. A fee will be charged which will
go to the Red Cross fund. On account
of sickness among some who were to
take part in the Program the social has
been postponed until Friday evening the
7th January.

I will now try and give you a short
report of what our Society has been
doing the last year. During last win-
ter we sewed clothing new and partly



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