I give Thee thanks, O Lord, Holy Father, Almighty, Everlasting God, Who hast strengthened and refreshed me with the most holy Body and Blood of Thy Son Jesus Christ our Lord; and I pray that this Sacrament of our Salvation, which I, an unworthy sinner, have received, may not turn to my judgment nor condemnation, according to my deserts, but to the profit of my body and soul, unto life eternal, through Jesus Christ our Lord. Amen. When the Priest has left the Church, say—

O Gracious and Merciful Lord, forgive the imperfections of this Service, and vouchsafe to receive my prayers. Let Thy blessed Presence abide with me this day, and further me with Thy continual help, through Jesus Christ our Lord. Amen.

¶ And now, do not hurry away, as if you were glad that the Service is over. Rather, if possible, stay yet a few moments, and offer, unless it has been already used, the second Thanksgiving on page 56, or say the following—

O God, Who hast, in Thy great mercy, permitted me to draw near to the Blessed Sacrament of the Body and Blood of Thy dear Son, accept now my