melancholy when they are old, while those "that sow in tears shall reap in joy." 1

Solomon tells us that "he that loveth pleasure shall be a poor man: he that loveth wine and oil shall not be rich." 2

Thomas à Kempis puts it on higher ground, but went perhaps too far when he said: "Behold the truth: the two you cannot have, here in this world to pass delightful days, and afterwards to reign a king with Christ."

"It is a perfect sin," said Max Müller, "not to be happy." We must not, indeed, expect too much. "Connoissons donc notre portée; nous sommes quelque chose, et ne sommes pas tout." 3

It is most important to form a just conception of life, not to be disconcerted by the contradictions and vicissitudes, to be prepared for all its varied phases—successes and reverses, triumphs and disappointments, hopes and fears, health and ill-health, pleasures and pains, joys and sorrows, happy memories and vain regrets.

¹ Psalm cxxvi. ² Proverbs xxi. ³ "We must learn our limits; we are all something, but not everything" (Pascal).