rendered thee unceasingly. And to this end I offer these my prayers to thee, in the virtue and merit of the Sacred Heart of Jesus, in his name and in that of all the holy angels and saints, to thy eternal praise and glory. I humbly beseech thee to preserve me from all distraction and dryness of spirit, and to enable me duly to bring thee this my appointed tribute of prayer. AMEN.

AT THE CONFITEOR.

Lord, I offer to thee all my sins and offences, which I have committed in thy sight, and that of thy holy angels, from the day that I was first capable of sin until this hour, upon thy propitious altar, that thou mayest burn and consume them all with the fire of thy charity, and mayest remove all the stains of my sins, and cleanse my conscience from all offences, and restore to me thy grace, which I have

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