

in most cases. Your first reaction may be to struggle or at least to make provocative comments. Never attempt to fight or struggle. Avoid provocative comments. Try to follow the terrorists' initial orders. They may be unstable individuals who can react irrationally. Request special medicines or medical attention immediately if you have a disease or physical condition which requires treatment. After the first moments are over, try to establish some kind of rapport with your captors. Whenever possible, take mental note of their characteristics, their habits, surroundings, speech mannerisms, and what contacts they make. Make a mental note of all movements including times in transit, direction, distances, speeds, landmarks along the way, special odors, and distinctive sounds like bells, construction, voices, etc. Do not discuss what action may be taken by your family, friends, or company. You cannot expect a good opportunity to escape. Any attempt to escape should not be made unless it has been carefully calculated to insure the best possible odds for success.