Consumption.

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of Cod-liver Oil, with Hypophosphites, does more to cure Consumption than any other known remedy. It is for all Affections of Throat and Lungs, Coughs, Colds, Bronchitis and Wasting. Pamphiet free. South Bourne, Belleville. All Bruggists. 50c. & \$1.

HOUSE AND HOUSEHOLD.

USEFUL RECIPES.

WHITE CAKES.

A cupful each of sugar and milk, a half cupful of butter, three eggs, beaten separately, two teaspoonfuls of cream of tartar, and a teaspoonful of soda sifted in two cupfuls of flour. Beat well and

GINGER NUTS.

seasoned with a tablespoonful of grated made with a full filling of soft mull, cinnamon, the same of black pepper, a somewhat like a child's guimpe. The cinnamon, the same of black pepper, a teeaspoonful of ground clover and the grated rinds of two oranges and a lemon, astiff batter, four teaspoonfuls of baking powder and a large spoonful of lard. Roll into strips as thick as your finger and cut into nuts half an inch long. Bake brown and keep apart so that they will not stick.

BOILING POTATOES.

If potatoes be covered with boiling water and placed on the fire they will small they may get done in twenty-eight time after they once begin, but not at a confined by broad gray satin ribbons. farious rate, as a too rapid boiling breaks the surface of the potatoe before the centre is cooked. The time of cooking is to be counted from the moment the boiling water is poured over the po-tatoes. When the potatoes are done the water should be poured off and the steam then allowed to escape. Should it be necessary to keep them warm after that cover them with a coarse towel, never with the pot cover, for if the steam does not have a chance to escape it will be absorbed by the potatoes, which will become sodden, dark and strong flavored.

HINTS ABOUT GOODIES.

anstead of the cellar.

be impossible in a steamy kitchen. In making custard, pumpkin or lemon pies, it is better to partly bake the crust

before adding the mixture, in order to keep the pastry from absorbing the moisture and becoming "soggy." Strips of cetton an inch wide, wet. placed around the edge of pies will keep the juice in. They should be removed

when the pies are first taken from the The whites of eggs intended for cake making should never be allowed to stand during the beating process even for a

moment, as they return to a liquid state

and cannot be restored, thus making the

HOUSEHOLD HINTS.

Vira ar will remove lime from the car-

A whisk broom is the best clothessprinkler, and the water should be hot. To keep salt dry for table use mix a teaspoonful of corn-starch with one cupful of sait.

Fine shavings from soft pine wood make a pleasant pillow that may be utilized for comfort if you have a hammock. If your boiler should happen to leak,

take some Indian meal and put it in with the water; it will keep it from leaking until you have it mended. Try on saucepans and any kind of tin ware, and you will be pleased with the result.

Use a piece of an old suede glove to rub vaseline on your shoes, rub it in thoroughly, over night, and you will never try any other sort of shoe-dressing. It preserves the leather, and, if done as directed, will not be so greasy as to attract more dust.

HOW TO BOIL CABBAGE.

When you are boiling cabbage, if you put a piece of bread crust in a white coth and let it stay in the water with the cabbage while cooking you will never know that cabbage has been cooked in

RULES FOR THE CELLAR.

Be lavish in the use of lime. Charcoal, also, is an excellent disinfectant and purifies. An open box of it makes a good cellar ornament. Admit a draught of fresh air daily, however cold the weather. Do not let rubbish accumulate. If your desire for hoarding old things is irresistible, gratif; it anywhere but the

RULES FOR THE REFRIGERATOR.

Milk, butter, meat, vegetables, even fish may be kept in one refrigerator, Frovided each article is placed in a sepa-tate covered dish. Nothing uncovered, excepting, perhaps, eggs in the shell, should be tolerated in a refrigerator. Clean the reirigerator once a week, or three times as often if the weather be warm. Use clear, cold water for the pur-Pose. Do not permit left-overs to accumulate. Either make them up into some dainty dish according to one of the excellent recipes that teachers of cookery street.

have made familiar in our homes, or A PILGRIMAGE TO ST. ANNE DE give the scraps away, or throw them into BEAUPRE. give the scraps away, or throw them into the garbage kettle.

FASHION AND FANCY.

Gowns of Irish linen have reached the high distinction this summer of being combined with satin and costly silks. The imported Irish linen gowns are much the vogue. Many of them are made with embroidered seams, and among the most stylish are those composed of black satin and iet.

A fetching gown where Irish linen is introduced shows the entire skirt of this material. It is unlined in the front, but conspicuously stiffened at the back. With the skirt is worn a silk jacket of light brown taffeta, scattered with 1 ink rosebuds. It has revers of generous dimensions, outlined with a spangled trimming in gold and brown. The gauntlet cuffs are edged with the same glistening trim-

An adjustable front of white mousseline de soic completes the costume. The tront may be varied according to the fancy of the wearer. With this gown a full front of dark brown chiffon, rippling with frills of yellow Valenciennes lace, is

most charming.

The sweet girl graduate is as anxious over her clothes these warm spring days as over her final examinations. What to wear on class day is a question of no small importance. Some useful suggestions on this subject may be obtained from two frocks which have already been made for

a Vassar girl. The class-day gown is of light blue Dresden taffeta, trimmed with embroidered mull and blue Dresden ribbons. This frock has been deliberately planned to serve a double purpose. Low neck and short sleeves are not allowed on class One quart of molasses should be well day. This short waist is cut low, but

sleeves are provided with an undersleeve of lace mousquetaire that may be shoved

have an apparent fondness for tea gowns which are made fit for reception wear. A negligee which happily combines com-fort and fashion is a graceful gown of soft gray faille Francaise, trimmed with deep cream lace. The yoke is made with cook in thirty minutes. If they be very | bands of the cream lace insertion and headed with a fluffy stock of gray chiffon. minutes, and if they be large it may take A deep bertha of cream lace outlines the them thirty-two to cook them sufficiently. They should be kept boilling all the sleeves. At the waist line the faille is

> An old lady of 112, named Rostowaka, presented herself recently at the prefecture at Lille to draw her pension. She served as a canteen woman in Napoleon's campaign in Russia, was under fire in twelve other campaigns. was three times wounded, and wears the silver cross for valor in the field. She acted as surgeon in a Polish regiment in 1831. She brought up fourteen children, her last surviving son dying some years ago at 80.

The Catholic University Library has received from Bishop Maes, of Covington, Baked pastry will remain firm and 129 volumes and 50 pamphlets bearing crisp if it is kept in a dry kitchen closet | mostly on the history and antiquities of North America, on the early Catholic Whites of eggs may be beaten to a stiff missions and the original explorations of froth by an open window when it would the far West. It is a unique and rare collection of Americana and is one of the most prized additions to the library.

> Cholera prevails in Mecca and in the villages frequented by the caravans of

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A pilgrimage is being organized by the Rev. M. J. Stanton, Smith's Falls, to the shrine of St. Anne de Beaugre, which has received the official sanction of His Grace, the Archbishop of Kingston, and will be the only diocesan pilgrimage this year. The main purpose of this excursion is to encourage taith and piety among our people and to afford them an opportunity of seeing this miraculous shrine of St. Anne. If advantage be derived from it through the numbers who will take advantage of it from all over the diocese of Kingston, the alms will be devoted to purposes of religion which will be designated by the Archbishop. That the pilgrimage will be a success is guaranteed at the outset, since the management is entrusted to the able hands of Father Stanton, who already has gained a reputation for perfect organiza-tion of such enterprises. His pilgrimage last year is well remembered for its magnificent and detailed organizing, showing that when this zealous and practical ciergyman undertakes a more extended effort, the same, and even greater success will be attained. It will be observed that the excursion this summer will be diocesan in its character; it will be the only one that the Archbishop will permit this season, and therefore, we have every confidence that it will be worthy of the diocese and reflect new credit on the able management of the pastor of Smith's Fall. We understand that the Church in Tweed, which is encumbered with a large debt, will receive a considerable share of the monetary benefits of this pilgrimage, and we bespeak for it, therefore, the patronage of our friends in Kingston and throughout the length and breadth of the diocese. Not only will those who avail themselves of its chearness, see a beautiful section of the country and make a religious visit to the holy shrine, but they will have the additional gratification of feeling that they are helping a poor mission to pay its burdens undertaken for the glory of God. We hope our numerous readers will read this notice and keep a few dollars free to enable them to take in this pilgrimage. In a few days, the date will be fixed and the programme of all other arrangements made public. Once more reminding our patrons that the diocesan pilgrimage in all its details will be under the direction and management of Father Stanton, we are satisfied that there will be no regrets and no disappointments, and what otherwise would be a tedious journey will be made comfortable and agreeable to all who will have the happiness of taking it in. Date of Pilgrimage is fixed for July 30th. - anadian F ceman.

Japan's reply to Russia, France and Germany is to the effect that the Mikado will relinquish claim to the permanent occupancy of Chinese mainland.

At Saint Angelo Romano, between Rome and Tivoli, Sulmona road, some workmen uncarthed a very large and headless statue. Soon after a head was brought to light, but it does not fit the

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Notice is hereby given that the Montreal Island Belt Line Railway Company will make application to the Parliament of Canada at the pext session thereof for an act to amend Act 67-58 Victoria, Chapter 83, to define and en large its bonding powers, to ratify and confirm or modify all contracts and agreements made with the divers Municipalities of the Island of Montreal and other places, respecting its line of railway, under and in virtue of said act, and of Act 56 Victoria, Chap. 70 of the Statutes of the Province of Quebec; to change the number of its Directors, and for other purposes. Montreal, 2nd April, 1895.

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