

Be on Hand

If you are going to do anything, do it promptly. The longer you wait and think about it, and dread it, the worse it will be. Be on hand. Life is a great deal pleasanter to the man who promptly does what he is required to do.

Don't keep your friends waiting. You have no right to waste the time of other people. If you are one-half hour behind time in fulfilling an engagement you may cause a dozen other parties to break engagements, and untold perplexities and delays may come out of just that little shortcoming of yours which you look upon as such a trifling thing.

To an active, energetic, wide-awake person there is nothing more trying and more annoying than to be made to wait. Brace up and make an effort, you shiftless, indolent, always behindhand folks, and see if you cannot come to time. If you have agreed to be at a certain place at a certain time, be there, unless you are sick, or dead. In either case you might be excused, but not otherwise.

If you are a man, don't keep your wife waiting dinner for you, unless there is some good and sufficient cause—and generally there is not. Waiting a dinner spoils not only the dinner, but the temper of the woman who is managing it.

If you are a woman, and your husband says he will be round at four o'clock to take you to drive, be ready for him. Have your bonnet and gloves on. Don't keep him dancing on the sidewalk for half an hour clinging to a fidgety horse, while you leisurely get on your wraps, and look at your back hair in a hand-glass, and hunt up your gloves and your parasol, and wonder whether you had better take an extra shawl or not. Have all these things attended to and decided on before the time he has fixed.

A little system, and a good deal of determination, will help you to be prompt. And after you once get in the habit of it, you will like it. It is refreshing to do business with a party who is always on time, and who, you know, will be on time. He begets courage and confidence in everybody with whom he comes in contact. He is a power in society. He is a blessing to the world. When he dies he will be missed.

Teach the children early to be prompt. Teach them to respect a promise. Bring them up to tell the truth and stick to it. A broken engagement is a lie. Sometimes it is worse than a lie, and may cause a great many more unpleasant complications than a lie. Be careful in making agreements, but when you have once agreed, stick to the terms of the agreement.

And if you follow out the prompt punctual, preserving method of doing everything when it needs to be done, there are ninety-nine chances out of a hundred that you will be successful in life; and if you are not, you will have the delightful consciousness of knowing that you have deserved success, and you will not be continually beset by the remorseful thought that if you had only come to time—if you had only been on hand—you would have achieved success instead of failure.

Look Out for Mother.

Many wives and mothers are laboring with hand and brain almost incessantly, day after day and year after year, to supply the oft returning wants of their families; no other class lead such lives of daily self-sacrifice as do our patient, plodding mothers. They anticipate all our wants and needs, come and go at our slightest wish, with untiring love and interest in all that concerns us, from early infancy until they sink beneath the burdens and cares of this life.

From force of habit, brought about by the tender devotion of their hearts, they are always thinking and doing for others. Yet in many homes no one seems to think of the mother's comfort, or that she can have any need for relaxation. Now, every woman who has led an active life needs to be released from constant toil by the time she is 40 years of age. Those who love her should learn this before it is too late, and make it possible for her to take life easier and lay by a store of physical force against a time of need fast approaching.

The much-needed rest the mother will always protest against taking so long as she feels that any of the family need her care and labor, but her future health, and in many cases her life, depend upon a few years of rest, rest, rest—physical and mental. Who will say she has not earned it? Can you let the time slip quietly by and do nothing when the life of one you dearly love is slowly wearing away in a treadmill round which she is a daily necessity to the family?

Arouse yourselves; see to it that your mother gives up her cares entirely for a time even though your comforts are lessened. Send her to visit a sister or some dear friend and make her stay a good long time—six weeks or more. When she returns see that

some one is installed to share the burdens that have always fallen upon mother. Take her out to ride often. Encourage her to take walks and call on her neighbors and friends. If she has long regretted that she was always too weary to make the effort to attend church, see that she has a day of absolute rest preparatory, and then offer to accompany her. Make her feel young again by your thoughtful care; she has done so much for you.

Household Hints.

Tenderloins broil better if first brushed over with olive oil.

Souk clothes that fade over night in water in which has been dissolved one ounce of sugar of lead to a pailful of rain water.

Boiling-hot liquid may be safely poured into a glass jar or tumbler by first putting a silver spoon in the dish. Be careful, however, that a draft of cold air does not strike the vessel while hot.

Every housekeeper knows how important it is to keep the refrigerator clean. Wash the shelves and ice racks in soap, ammonia and water. Vinegar and water will remove every stain from the zinc.

Milk porridge, carefully prepared and almost as thick as a custard, is a delicacy when properly sweetened and flavoured enjoyed a like by invalids and the robust.

To colour lace curtains, before starching take a little saffron, tie it in a muslin bag, and squeeze into the starch while hot. Any shade may thus be obtained from ecru to dark yellow. For red cochineal may be used.

PLAIN PEA SOUP.—One pint of split peas, three quarts of water, a pound and a half of beef, a pint bowlful of spinach, one slice of ham, a little ground cloves and nutmeg, a few sprays of mint, one lump of sugar, a saltspoonful of pepper, the same quantity of salt, or enough to suit the taste; boil the peas in the water until quite soft, then add the beef and ham cut in pieces, and cook it about two hours, adding the spinach and seasoning after the meat has been boiling an hour; when the soup is done rub it through a sieve or colander, heat well, adding the sugar and a dessertspoonful of butter; serve with fried bread cut in dice.

ROAST TARGET OF LAMB.—A target of lamb is the breast and neck joints not separated. The flap bones must be taken from the neck, the chine bone sawed off and the ribs well chopped. Wash it well and wipe dry, season well with pepper, salt and a very little sage; cover well with melted butter and place it in a shallow pan, and brown it well in a quick oven. Baste frequently with butter and flour, adding cracker crumbs just before taking it from the oven. Dish it up with the sauce from the pan poured over it, and serve with mint sauce in a tureen.

VENISON HASH.—Cut some cold venison into nice slices, and season lightly with salt and pepper, put the bones and any cold gravy with a sufficient quantity of water to cook well, stir slowly one hour, then strain off the liquor and season it well with a little cayenne, a teaspoonful of chopped parsley, half a shallot, a dessert-spoonful of butter, add flour enough to thicken it and salt to suit taste, add three tablespoonfuls of port wine, put in the slices of venison, and when thoroughly hot, serve with currant jelly and appetizers of bread.

BAKED GERMAN PUDDING.—Yolks of four eggs, whites of three, two tablespoonfuls of flour, half a pint of cream, two tablespoonfuls of butter melted, two tablespoonfuls of good wine, a little nutmeg, and sugar to suit taste, mix all these ingredients well together adding eggs well beaten last, bake in cups in a brick oven, and serve with a delicate sauce flavored with vanilla.

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Feb., 1887.

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Lot 5, P. E. I.

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"Having some knowledge of electricity and its power, and having used other belts prior to my use of yours, I can say that it is the best I have ever worn." Jas. Blair, Port Dalhousie.

"Am much pleased with belt; it has done me a great deal of good already." J. Sorgerim, Galt, Ont.

"Saved my life when I had muscular rheumatism." Mrs. Carroll, West Market St.

"Your Electric Belt cured a violent attack of sciatic rheumatism of several months standing, in eight days." Jas. Dixon, sen., Grand Valley, Ont.

"Have been a sufferer for years from nervous headaches and neuralgia. After trying one of your belts am more than satisfied with it. Can knock out a headache now in fifteen minutes that used to keep me in bed for days." Thomas Gales, Crawford Street, Toronto.

BEWARE OF IMITATIONS AND CHEAP BELTS.

Our attention having been attracted to the many base imitations of "The Owen Electric Belt," we desire to warn the public not to be deceived by the false statements of men calling themselves electricians, who lacking brains sufficient to produce an Electric Belt of their own creation, have copied as near as they dare in appearance, but only in appearance, the "Genuine Owen Electric Belt" that has stood the test of years and with more than a continental reputation.

In justice to ourselves and generous public we are determined to expose such unprincipled trickery, and prevent, if possible, the unsuspecting from being gulled by such men and means. The Owen Electric Belt Co. is not afraid of fair and open competition, as their goods have no equal in this or any other country, and will bear inspection by those competent to judge—and so great are they in demand that there are more of them made and in use than all other makes combined—their Chicago factory alone being the largest of its kind in the world.

Our Trade Mark is the portrait of Dr. A. Owen, embossed in gold upon every Belt and Appliance manufactured by the Owen Electric Belt & Appliance Co. None genuine without it. The cheap so-called Electric Belts advertised by some concerns are perfectly worthless as a curative power and dear at any price. A genuine Electric Belt cannot be manufactured and sold at cheap prices. Send six cents for illustrated catalogue of information, testimonials, &c.

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