What should the Sacrament of the Lord's Supper be to those who partake of it now ?

1. A memorial of something past. It is the very picture, painted in simple, yet vivid colours, of what Christ did for us long ago. 2. A symbol of something present—like the ring which shows the union between bride and bridegroom, even while parted for a time. 3. A pledge of something in future. A physician was called upon to remove to a distant place, leaving behind a much-loved and suffering relative. He gave her a shell, with a swallow painted on it, and the words: "I shall come back." Such a token has Christ given to his people, only a surer one, for he can never disappoint them.

BEREAN METHODS. Hints for the Teachers' Meeting and the Class.

Begin by calling attention to the sacrament of the Lord's Supper as now celebrated. . Show its institution in the lesson....The circumstances, events, and manner of its institution . . 1. The bread—what it represents, and how. 2. The cup—its meaning and suggestions. 3. Teachings concerning Christ: 1. 3. Teachings concerning Christ: 1. Head of the Church ; 2. Foreknowledge ; 3. Self-surrender; 4. Fellowship with disciples. 4. Teachings concerning the Church: 1. Its unity; 2. Its perpetuity; 3. Its final triumph,The teachings of the Supper. (See additional Practical Lessons.)...The character tional Friedrical Lessons. . . . The Character of the Last Supper. (See Analytical and Biblical Outline . . . The privileges of Jesus' friends: 1. To remember their Lord; 2. To commune with their Lord; 3. To obtain life from their Lord (body, blood, see John vi. 53.) 4. To look for a meeting with their Lord... Dangers of Jesus' friends: 1. Doubting Jesus, v. 27; 2. Forsaking Jesus, v. 27; 3. Self-confidence....ILLUSTRATIONS. The famous picture of "The Last Supper," by Leonardo Da Vinci, so well-known by engravings from it, may be referred to, or a copy exhibited ... An artist painted a picture of the Last Supper. A visitor praised the painting of some cups upon the table as being especially fine. The artist erased them, saying, "Nothing in my picture shall call the attention away from the Saviour." So in the rites and services of the Church let Christ be made prominent.....In the Sierra Nevadas there is a mountain called the "Mount of the Holy Cross," on whose snowy summit two ravines may be seen fifty miles away, lying in such relation to each other as to form a gigantic cross. So the cross of Christ is the most prominent object in the Bible.

References. Foster's Illustrations. Ver. 22, Poetical 2167, 2168, 3200, 3712. 3713, 4022. Ver. 22-26, Poetical, 3516, 3839, 3200, 4022; Prose, 8711. Ver. 22, Prose, 7205-5750. Ver. 27-31, Prose, 3439, 3876. Ver. 30, Prose, 11410, 3664, 3665, 10309-10311.... FREEMAN: Singing the passover hymn, 716.

Primary and Intermediate.

BY M. V. M.

LESSON THOUGHT: Remembering Jesus.
To be taught: That Jesus loves to be remembered. That we may remember him in the Lord's Supper. That if we remember self we shall forget Jesus.

1. Ask if children have ever put flowers on the grave of a friend, and why they do this. Talk about being remembered, why it is pleasant, etc., and teach that because Jesus loves his children, he loves to have them remember him. Recall the passover supper. Why was it eaten, and when ! Of what was it in memory? God wanted his people to remember their deliverance from Egypt, and the deliverance of their children from death, and so every year the passover feast was kept. Tell again what a type is, and teach that now Jesus was come, and was so soon to be crucified, there was no need of eating the passover longer. But now Jesus wants to leave something by which his disciples will be reminded of him.



2. Show a photograph of some one known to the children in general, if possible, and let children tell what a photograph is for —to keep some one in memory. Tell that the Lord's Supper is some-

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thing by which we are reminded of him. Read verses 22-24, explaining that Jesus did not mean that the bread was really his body, but only a reminder of it, etc. As the bread was broken, so his body was broken by the cruel nails, and as the wine was poured out, so his blood poured out from the wound in his side. Teach that when we eat the Lord's Supper, we should remember how Jesus loved us, and died for us. Tell story of the mother on a sinking vessel, who dropped her little boy into the one vacant place in the life-boat, and died herself that he might live.

3. Tell of the boast of the disciples. They thought that nothing could make them forget Jesus. We may think so, too, but we do not know how weak we are till we are tried. Get children to help name ways in which we may remember Jesus, and also ways in which we may forget him, and teach that we shall be sure to forget him unless we ask him to make us remember.