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ALL CHATTING FORSTIMULANTS, AND RELIEFES WEAKNESS OF THE STOMACH. IT CURES BLOATING, HEADACHE. NERVOUS PROSTRATION, GENERAL DEBILITT,
DEFERSION AND INDIGESTION. 2 2 3 4
THAT FRELLING OF BEARING DOWN, CAUSING PAYS,

DEFERSION AND INDIGESTION.

THAT FRELING OF BEARING DOWN, CAUSING PAYN, WEIGHT AND BICKACHE, IS ALWATS FERMANENTIT CURED BY THE BALL THRES AND UNDER ALL CHEUNSTANCES ACT IN HARMONY WITH THE LAWS THAT GOVERN THE FEMALE SYSTEM.

\*\* EXPITS PURPOSE IS SOLELY FORTHELECTIMATE HEALING OF DISEASE AND THE RIGHER OF PAIN, AND THAT IT DOES ALL IT CLAIMS TO DO, THOUSANDS OF LADIES CAN GLADLY TESTIFY. \*\* EXPLINED AND AND THAT IT DOES ALL IT CLAIMS TO DO, THOUSANDS OF LADIES CAN GLADLY TESTIFY. \*\* EXPLINED AND AND THAT IT DOES ALL IT CLAIMS TO DO, THOUSANDS OF LADIES CAN GLADLY TESTIFY. \*\* EXPLINED AND AND THAT IT DOES ALL IT CLAIMS TO DO, THOUSANDS OF PLADIES CAN GLADLY TESTIFY. \*\* EXPLINED AND AND THE SEX THIS REMEDT IS UNSURPLASSED. \*\* OF THE CURE OF AND AND THE SEX THIS REMEDT IS UNSURPLASSED. \*\* OF FILLS OF LOSSINGES ON PROCED OF PICE OF ADDRESSED OF AND FINE AND SENDERS. \*\* OF THE OF LOSSINGES ON PROCED OF PICE OF ADDRESSED OF AND SENDERS. \*\* OF THE OF THE SEX PROCEDES OF THE OF THE SEX PROCEDES OF THE OF THE SEX PRINCIPAL AND TOPICALLY SAME AND THE SEX PRINCIPAL TO CONSTIPLIED. \*\* INDICATES AND TOPICALLY SEX PRINCIPAL TO CONSTIPLIED. \*\* INDICATES AND TOPICALLY SEX PROPERTY OF THE SEX PRINCIPAL TOPICALLY SEX PROPERTY OF THE SEX PRINCIPAL AND TOPICALLY SEX PROPERTY OF THE SEX PRINCIPAL AND TOPICALLY SEX PROPERTY OF THE SEX PRINCIPAL AND TOPICALLY SEX PROPERTY OF THE SEX PR

# To Dyspeptics.

The most common signs of Dyspepsis, or Indigestion, are an oppression at the stomach, mausea, flatuloncy, water-brash, heart-burn, vomiting, lors of appetite, and constipation. Dyspeptic patients suffer untold mixins, bodily and mental. They should stimulate the digestion, and secure regular daily action of the bowels, by the use of moderate doses of

## Ayer's Pills.

After the powels are regulated, one of these Pills, taken each day after dinner, is usually all that is required to complete the cure.

Arithe Pills are sugar-coated and purely restrizble - a pleasant, entirely safe, and reliable medicine for the cure of all disorders of the stomach and bowels. They are the best of all purgatives for family use.

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New York for small package of boautiful Silks for Patchwork. EMBROIDERY Silk, assorted colours,

### Scientific and Aseful.

For Washing Paint.—It is recom-mended for cleaning paint to wring a flannel cloth out of warm water, dip it into whiting, and rub the paint up and down until it is clean. Wash off with cold water, and rub until dry.

IMPROVED LEMONADE.—Here is a receipe for a cool and pleasant drink for summer, which will be found quite a good variation from lemonade: Take the juice of six oranges at 1 six temons, adding sugar to suit the taste. Put to this a quantity of suit the taste. Put to this a quantity of pounded ice and some sliced pine-apple, pouring over it two quarts of water.

pouring over it two quarts or water.

Lydia E. Pinkham's Vegetable Compound is a most valuable medicing for ladies of all ages who may be affiliable with any form of disease per aliar to the sext. Her Remedies are not only put up in liquid form but in Pills and Loreges in which form they are securely sent through the mails.

VEAL CREAM SOUP.—Boil the remnants of a roast of yeal until the meat falls from the bones. Strain and cool. The next day put on to boil, with a slice of onion and one third of a cupful of raw rice. Let it simme Let it simmer slowly for an bour. Add salt and pepper to taste. Just before serving add one cupful of rich milk, or cream if you have it, heated in a separate dish.

TIN BOXES FOR FLOWERS. — Botanists collecting flowers carry tin boxes. These will keep flowers perfectly fresh for some hours, the moisture in the flowers being preserved. from evaporation by the close the. For un-professionals, a large-sized baking powder box would be a convenience for bringing home trophies from the woods, or the garden of a friend.

YORKSHIRE PUDDING .- To every pound Yorkshirk Pudding.—To every pound of flour, one teaspoonful of carbonate of soda, well mixed, add buttermilk (no matter how sour) to make it a thick batter, beat well up; put it into a very hot tin in the oven with some fat nearly boiling, or in a large frying pan over the fire; take care it does not burn; Turn it, gravy, sirup or preserve is nice with it. Serve it at once.

FOR Bronchial and Target Affections, Allen's Lung Balsam is recognited. [See f.vba

ORANGE MARMALADE.—wash the oranges, and cut will any discoloured part; cut them into rouse sinces; to each pound add one lemon, also sliced; pour them into a pretenon, also sliced; pour them into a pre-serving pan with water in the proportion of three pints to a pound of fruit; boil till re-duced to one pint; strain through a sieve, and to every pint of liquor add a pound of pounded sugar; boil them together for ten minutes; skim it well, and when nearly cold put into moulds or jars.

The Perfume of an Hemisthere.— Throughout an area occupied by the foam one hundred millions of civilized things Murray & Lanman's Florida Water is to day the standard persume in society.

To PRESERVE RIUBARE.—Rhubarb may not only be preserved in cans, but may be made intogelly. After rinsing the stalks in cold fifter, cut them in pieces, and with only about enough water to cover them; put them in a porcelain kettle; let them boil until nothing seems to be left but a soft pulp. Strain through a flannel jelly bag. To each pint of this juice add a pound of sugar; try it by taking out a little and putting it on a cold plate; when it "jellies" at once it is safe to pound tido bowls. To PRESERVE RHUBARH.—Rhubarb mas

How to cure a Cold.—Takes some gentle opening medicing bothe the seet in warm water, adding a partial of mustard; remain indoors; equalify the citellation with warm bath and friction; drink warm ginger tea, and take Hagyard's Pectoral Balsam, the most partiet and safest rough cure that can be parcured.

HINTS TO THE HOUSEWIFE.-Keep tea in a close chest or canister. Keep coffee by itself, as its odour affects other articles itself, as its odour affects other articles. Bread and cake should be kept in a tin box or a stone jar. Oranges and lemons keep best wrapped close in soft paper and laid in a drawers. Soft soap should be kept in a dry place in a cellar, and should not be used till three months old. Meat of any kind should not be washed, but wiped with a towel to preject the juices and quality. An ointment of the by mixing carbone acid, or coal-oil and lard, is sure death to vermin on noultry. poultry. A PACT.

There preofis white, and oils black,
But up in bottles short and tall,
But Hagyard's Yellow Oil, for pany
Is the very best oil of all.

It cares, the patient, neuralgia, deslocations, limits, contracted cords, sore throat frest bites, burns and all sorcues of the flesh. It is for external and internal use.

She was in the handsome show-room of She was in the handsome show-room of Petley & Petley's dry goods store on Saturday, and walking up to the tall mirror placed against the wall, remark and "Why, how came you here?" Then observing surprise, not to say amuschent, in the faces of the other occupants of the room, she saw her mittake, and explained, in great confusion, "I thought it was my sister; we're twins."

#### Advertising Cheats !!!

"It has become so common to write the beginning of an article, in an elegant, interesting manner,
"The num it into some advertisement

that we avoid all such,
"And simply call attention to the morits

of Hop Bitters in as plain, honest terms as possible,
"To induce people
"To give them one trial, which so proves their value that they will never use anything

"Tue Remedy so favorably noticed in

"THE REMEDT SO INVOICELY HOUSE."

all the papers,

"Rollgious and secular, is

"Having alargo sale, and is supplanting
all other medicines.

"There is no denying the virtues of the
Hop plant, and the proprietors of Hop
Bitters have shown great shrewdness

"And ability

"And ability
"In compounding a medicine whose virtues are so palpable to every one's observation."

Did She Die? 8/52

No 1

"She lingered and suffered along, pining

away all the time for years."

"The doctors doing her no good;"

"And at last was cured by this Hop
Bitters the papers say so much about."

"Indeed! Indeed!"

"How thankful we should be for that medicine."

A Daughter's Misery

a Daughter's Misery.

"Eleven years our daughter suffered on a bod of misery,

"From a complication of kidney, liver, rheumatic trouble and Nervous debility,

"Under the care of the best physicians,

"Who gave her disease various names,

"But no relief.

"But no relief,
"And now she is restored to us in good health by as simple a remedy as Hop Bitters, that we had shunned for years before using it."—The Parents.

### Pather is Getting Well.

"My daughters says:
"How much better father is sines he used
Hop Bitters."
"He is getting well after his long suffering from a disease declared incurable."
"And we are so glad, that he used your Bitters." A Lady, of Utica, N. Y.

A CELEBRATED CASE.—The remarkable case of W. A. Edgars, of Frankville, who suffered from disease of the liver and kidneys so badly that all hope of recovery was abandoned. He remained ten and thirt on days without action of the bowels. For bottles of Burdock Blood Bitters restored thin to perform the best by the best and the performance of the best by the best best and the performance of the best by the best best and the performance of the best by the best b

fect health, which he had not known for twenty years before.

RICE AS FOOD.—One pound of rice pre-pared for the table gives eighty-eight per-cent. of nutriment, and consequently a rela-tively proportional ability to labour com-pared with other articles of food. A pound of beef, costing fifteen cents, gives only twenty-five per cent. of nutriment. Yet countless numbers of the poor in New York strain a point daily to purchase beef at fif-teen cents a pound, when they could get a pound of rice for one-third of the amount; the rice, too, having three times as much nutriment as beef—making a practical difner nee, too, having three times as much nutriment as beef—making a practical difference of 800 per cent, saide from the fact that boiled rice is three times easier of digestion than roast beef, the rice being digested in about one hour, roast beef requiring three hours and a half. There is meaning, then, in the reputed fact that two-fifths ing, then, in the reputed fact that two-fifths of the human family live on rice,

of the human family live on rice.

Mr. R. C. Winlow. Toronto, writes:
"Northrop & Lyman's Vegetable Discovery
it a valuable medicine to all who are troubled
with indigestion. I tried a fortle, of it after
suffering for some ten years and the results
are certainly beyond my expectations. It assists digestion wonderfully. I digest my
food with no apparent effort, and am now
entirely free from that sensation, which
every dyspeptic well knows, of unpleasant
fulness after each meal."

Sill s month and board for analysis Jomes Garaison & Co., 23 King St., Telento