

*Bishop College Monthly* comes to us with renewed interest. The enrollment is 368. A new building has lately been erected, designed and superintended by F. Goble, well known to our Woodstock boys. A recent number chronicled the death of the son of Dr. M. McVicar, the first Chancellor of McMaster University.

McM. . in McGill University, was unfortunate enough to forget to put on his gown before entering one of the Dean's classes and was saluted with the order "Go out! Go out! This lecture is not open to the public. Strangers are not allowed in here!" He tried to remonstrate, but that stern voice bade him depart. He went, and returned wearing the livery of the establishment, and naively remarking: "I came unto him as a stranger, and he took me not in."

WASTING TIME OVER NEWSPAPERS.—If I were asked to select what one influence more than another wastes the spare time of the modern man, I should be inclined to specify the reading of newspapers. The value of the modern daily newspaper as a short cut to knowledge of what is actually happening in two hemispheres is indisputable, providing it is read regularly so that one can eliminate from the consciousness those facts which are contracted or qualified on the following day. Of course it is indispensable to read the morning, and perhaps the evening newspaper, in order to know what is going on in the world. But the persistent reading of many newspapers, or the whole of almost any newspaper, is nearly as detrimental to the economy of time as the cigarette habit to health.—*Scribner's Magazine*.

The *University Monthly* of Fredericton is of unusual interest. Its articles are too good to pass off with a hurried glance, they require careful reading. Its matter is worthy of better paper and typography. The following has some sensible suggestions:

NECESSARY FOR SUCCESSFUL STUDY.—The first essential to successful study is the power of concentration of thought. This power is largely a matter of habit and cultivation. Read five pages of history in a lackadaisical manner. Close the book and write out all you can remember. Then compare your production with the printed matter, and you will be able to judge of your proficiency. Read five pages more with fixed attention and a resolution to retain the subject, and compare as before. You will find a marked improvement. If your memory is treacherous read but very little and always write on the subject. When you hear a sermon, or address, hear it, and afterwards reduce it to writing. Read no novels and do not read aloud to please others unless you care nothing for the article yourself. A practical reader can read aloud for hours and carry on an independent train of thought all the time. This ruins the faculty of study as well as the memory. Dismiss all other subjects but the one in hand. Let the ear be deaf to all sounds, and the eye blind to all sights. Let the sense of touch sleep, and smell and taste be as though they were not. A lesson learned in this state of mind will stay with you, and will not need to be "crammed" again the night before examination. It will be