

success—puts so much of himself into the doing of the work upon which he has set his heart that when the work is done the man who accomplishes it is a spent force. When this happens there has been a lack of adjustment between the energy put forth and the value of the end sought. For the worker ought always to be superior to his work; ought not only to survive it with undiminished power, but to be enriched by it. Shakespeare was not exhausted by the writing of "Hamlet;" he was rather enlarged in his thought and reinforced in his will by a task which held him to the highest exercise of his whole nature, but did not drain him of his vitality. It is true that there are tasks which a man may not escape, and which consumes his vitality as those duties in the discharge of which one must count his life as dross; but these supreme tasks and duties are rare. To most men the opportunity is offered to determine the price they will pay for success. The danger of overpayment is however, peculiarly insidious, because it is often not recognized until too late; the man who meant to fix the price he is willing to pay, suddenly wakes to find that he has already overpaid. He meant to exchange time, strength, and pleasure for success, he discovers that he has also parted with freshness of feeling, the capacity of enjoyment, the ability to use leisure, the faculty of friendship. Success costs more than it is worth when a man lets these things go out of his life for the sake of it; and the danger is that a man may lose them without being conscious of his loss. Every man must protect himself against his own success.—The Outlook.

#### The Secret of Health.

Don't hurry. Don't worry. "Too swift arrives as tardy as too slow." "Simplify!" "simplify!" "simplify!" Don't overeat. starve. "Let your moderation be known to all men." Court the fresh air day and night. "Oh, if you knew what was in the air." Sleep and rest abundantly. Sleep is nature's benediction. Spend less nervous energy each day than you make. Be cheerful. "A light heart lives long." Think only healthful thoughts. "As a man thinketh in his heart so is he." "Seek peace and pursue it." "Work like a man, but don't be worked to death. Avoid passion and excitement. A moment's anger may be fatal. Associate with healthy people. Health is contagious as well as disease. "Don't carry the whole world on your shoulders, far less the universe. Trust the Eternal." Never despair. "Lost hope is a fatal disease." "If ye know these things, happy are ye if ye do them."

#### Columbian Meeting of Bee-Keepers, Chicago Ill.

The North American Bee-keepers association will hold its 21th annual convention on the 11th, 12th, 13th of October 1893 Chicago Illinois, at the Louisiana hotel, corner of 71st street and Seipp avenue.

The Louisiana hotel will furnish comfortable accomodation to a large number at moderate prices. For a small room two persons pay daily 75cts. each. Larger rooms occupied by two at \$1 per person. Four persons occupying a room having two beds will pay 50 cents each. Meals can be obtained in the hotel at reasonable rates. It is best to engage rooms by letter beforehand. For this purpose address Manager of Louisiana hotel corner of 71st street and Seipp avenue Chicago stating what priced rooms are wanted.

#### RAILWAY TICKETS AND BAGGAGE

Baggage should be checked to Exposition depot. For information as to railway tickets ask local agents.

#### PROGRAMME

A very full programme is being prepared a portion is as follows:—

1. Presidents address.
2. "The Production of Comb honey."
3. "The Winter Losses—Their Remedy."
4. "The National Bee-keepers Union its scope and legitimate work."
4. "The Control or Prevention of Swarming."
6. "Should There be any Change in the rules for Grading Honey adopted at the last Convention?"
7. How can the usefulness of the Association be increased?"
8. Apiculture at our experimental station."

On Art—Fond Mother—And so you think the Elgin marbles the best, Mr. Brush? Our Artist—Oh, yes: decidedly so. Fond Mother—I should be much obliged to you if you would get a few for my Johnny the next time you are in town, Mr. Brush, if they are not too expensive! The dear child's always losing his. (A fact)—Fun.