

A POSITIVE CURE FOR RHEUMATISM

Hundreds of People Have
Found "Fruit-a-tives" Their
Only Help

READ THIS LETTER

Superintendent of Sunday School in
Toronto Tells How He Cured Himself
of Chronic Rheumatism After Suffer-
ing for Years.

55 DOVERCOURT ROAD, Oct., 1st, 1913.

"For a long time, I have thought of writing you regarding what I term a most remarkable cure effected by your remedy 'Fruit-a-tives'. I suffered from Rheumatism, especially in my hands. I have spent a lot of money without any good results. I have taken 'Fruit-a-tives' for 18 months now, and am pleased to tell you that I am cured. All the enlargement has not left my hands and perhaps never will, but the soreness is all gone and I can do any kind of work. I have gained 35 pounds in 18 months."

R. A. WAUGH

Rheumatism is no longer the dreaded disease it once was. Rheumatism is no longer one of the "incurable diseases". "Fruit-a-tives" has proved its marvellous powers over Rheumatism. Schieler, Lumbago—in fact, over all such diseases which arise from some derangement of stomach, bowels, kidneys or skin.

"Fruit-a-tives" is sold by all dealers at 50c. a box, 6 for \$2.50, trial size, 25c. or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

Return of the Prodigal Son in 1914

No, it isn't that the world has grown hard hearted; it isn't that we are just as glad today to see the prodigal come back and just as lovingly anxious to lovingly welcome him home as ever was anybody in the 15th chapter of Luke. It is the manner in which the prodigal son of 1914 frequently returns that throws a wet blanket over the festivities of the welcome. When he comes down the road with his hat hanging on his ear and his hands in his pockets; when he kicks the faithful old house-dog as he lounges in at the gate; when he calls his father Gov'nor, when he wants to know what's for dinner before he has been in the house fifteen minutes; when he gives his elder brother two fingers to shake, and advises him to comb the hayseed out of his hair; when he throws himself into the easiest chair in the house, perches his feet on the window sill and announces that he'll 'take a tub before dinner,' when he comes back with a generally forgiving air of good fellowship about him, and tries to make all the rest of the family feel very easy and reassured—then it is my son, that your father longs to run and meet you while you are a great way off and fall upon your neck with a plow line and welt you into a state of becoming humility and penitence by the time you are able to take off your hat to the bound boy, and crawl up to the front steps and ask your brother to shake hands with you. Good people are just as glad to-day as ever they were, to see a prodigal come home, but it does rattle them to see him come in a hack and ask them to pay the driver and send for his baggage.—The Ledger.

Why Not Teach Conduct?

Toronto Star: Complaints are made of the manners of the rising generation, as they have been made since the days of Adam. It is said that children's manners have deteriorated, because parental discipline has been relaxed, because flogging has gone out of fashion. Various remedies are proposed, such as religious teaching and military drill. What is really needed is systematic training in conduct. There is a book on etiquette, but it is largely made up of rules relating to dress suits and other minor details of etiquette. It does not go straight to the point of childish conduct. How should children behave at school? How should they behave at home? How should they behave on the street?

Religious training has hitherto been ineffective because the denominations could not agree. As to conduct there is little difference of opinion. When children mock at a cripple or an insane man or woman, when the weak are bullied by the strong, when dumb animals are cruelly treated, everybody is shocked, and everybody agrees that children should be trained so as not to offend in these ways. But there is no systematic training.

Definition of Home

Home—A small part of the world which "all the world" could not buy. Home, the anteroom of heaven. It should be anti-trust, anti-monopoly, anti-licensing and anti-all forms of evil.

The golden setting in which the brightest jewel is "mother."

The only spot on earth where the great are sometimes small and the small often great.

The father's kingdom, the children's paradise, the mother's world. The jewel casket containing the most precious of all jewels, domestic happiness.

Where you are treated best and you grumble most.

Home is the central telegraph office of human love, into which run innumerable wires of affection, many of which, though extended thousands of miles, are never disconnected from the one great terminus.

The centre of our affections, around which our hearts best wishes twine.

Cruel Treatment of Russians by Germans

London, Aug. 7.—The Berlin correspondent of the Daily Telegraph, who has reached Stockholm, sends the following dispatch:

The scene witnessed at Sassnitz, a fam-

ous watering place on the east coast of the German Island of Rugen, in the Baltic Sea, baffled all descriptions. Some 5,000 Russian refugees, turned out on the quay, were left to struggle for access to a steamer which was reached by only a single gangway. The vessel was obliged to sail, leaving 3,000 of them in despair. One family had a letter of credit for \$10,000, but were on the verge of starvation. Some of the refugees were half mad with hunger, thirst and lack of sleep.

The correspondent says that harrowing stories have been told by refugees, who are arriving at Stockholm by the thousands.

"They were like poultry in crates," the correspondent adds, "without food or drink and almost without air for fifteen hours at a time. During the nights when they were not on the train, they were turned into cowsheds at slaughter-houses. Everywhere they were subjected to a continuous fire of insults from the troops, especially the officers. Women of delicate breeding were openly threatened with violence, and all before the declaration of war."

Among the victims were M. Kasso, former minister of education. Twice he was placed under arrest in spite of the knowledge of his identity, and packed into a fourth-class carriage. Councillor of State Schreiber and his wife were assaulted by officers, to whom they were vented to complain. Wives were separated from husbands and parents were separated from their children; no consideration was shown either for age, sex or infirmity. Many persons are now in ignorance of the whereabouts of those dearest to them.

You Can Help The Editor

BY REPORTING FACTS OF DEATHS, MARRIAGES, ETC.

One of the most difficult tasks in a newspaper office is in getting the facts relative to marriages and deaths in the community. Many people take it for granted that when a person dies the editor is familiar with every detail of the life of the deceased and his activities, when in fact he sometimes knows absolutely nothing about him, but he has to get his information from other sources, same as other persons would have to do.

It is the same with marriages or other more or less important happenings in the community. In almost every case the editor has to dig up the particulars or satisfy himself and the readers with a meager and inaccurate account.

The average editor of a country paper has something like a million and a half of things to do and think about in a week, and the patrons can hardly over-estimate how much he appreciates any efforts they make in furnishing him the facts for news items. Send in your items to the Guide-Advocate, and sign your name as a guarantee of good faith.

Gratitude Galore

"What's this one hour's overtime, Bill?" said the master of the mill, when settling up his wages on Saturday morning. "No one worked overtime last week that I know of."

"It's quite right, gov'nor; one hour," answered Bill, passing a horny hand across his mouth.

"When was it then?" queried the master, suspiciously.

"Last Thursday."

"Why last Thursday I sent you up to my house to help shake the carpets. And I knew you got off at six sharp."

"True, boss; but your missus gave me 'arf a meat pie to take home, and that there hour is for carryin' the dish back."

The City Farmer

The country "Rube" who came to town used to be a stock joke. But the "Rube" has made good. Most of the men at the head of any city's biggest affairs first came to town as "Rubes."

The tide of migration has turned, and what the joke has turned upon the city man who has the idea that a few thousands and dollars and a few books on agriculture will make him a successful farmer.

Even a stupid turnip is said to know a city farmer as soon as it sees him; the peas fairly rattle in their pods with derision as he passes; wandering too near the beehive with a book on honey-making he gets stung in three places; his cauliflower turns out to be cabbages; the thunder sours his milk; the drouth takes his corn; the rust gets in his wheat; the peaches drop before they ripen; the rot strikes his potatoes; the hogs destroy the watermelons; everything goes wrong, and farming is a failure.

Edmonton has coal beds containing sixty thousand million tons of coal directly under the city.

Take pleasure in your work. A task which appears distasteful at first sight soon becomes a pleasure.

One way:—"Woman, without her, man is a brute."

Another way:—"Woman without her man, is a brute."

An American exchange tells of a novel church contribution box. It is the invention of an Oklahoma man. If a person drops a quarter or more there is silence; if he drops a dime in, a bell rings; a nickel sounds a whistle, and a penny fires a blank cartridge. If one pretends to be asleep when the box passed, it wakens him with a watchman's rattle and a kodak takes his picture.

Scarcity of employment in the cities is forcing a back to the land movement that promises to be sweeping in extent, and it is the most effective cure for the mad rush to the cities that has been going on for some years past.

Farmers are getting good help in the harvest field this season from tradesmen who have been laid off in the cities. A readjustment of conditions has commenced, as it was bound to do sooner or later. The cities have had their period of prosperity—it is now the turn of the country.

That Weak Back

accompanied by pain here or there—extreme nervousness—sleeplessness—may be faint spells—or spasms—all are signals of distress for a woman. She may be growing from girlhood into womanhood—passing from womanhood to motherhood—or later suffering from that change into middle life which leaves so many wrecks of women. At any or all of these periods of a woman's life she should take a tonic and nerve prescribed for just such cases by a physician of vast experience in the diseases of women.

DR. PIERCE'S Favorite Prescription

has successfully treated more cases in past forty years than any other known remedy. It can now be had in sugar-coated, tablet form as well as in the liquid. Sold by medicine dealers or trial box by mail on receipt of 50 cents in stamps.

Miss Elizabeth Lordahl of Berkeley, Cal., in a recent letter to Dr. Pierce said: "I was completely broken down in health, I was schling and had pains all over my body and was so nervous that I could scream if anyone talked to me, but I had the good fortune to meet a nurse who had been cured by Dr. Pierce's Prescription. I have never had an occasion to consult a physician since—am in excellent health."

Dr. Pierce's Pleasant Pellets regulate stomach, liver and bowels—sugar-coated, tiny granules

Watford Flour Mills

We have the following brands of Flour always in stock and can give you close prices on any quantity.

SUNRISE, First Patent from Manitoba wheat
FIVE ROSE do do do
ROYAL HOUSEHOLD do do do
HORTON do do do
HARVEST QUEEN, 2nd Pat. from Man. wheat
GOLD DUST do do do
RED ROSE, High Grade Blended Flour
NEW ERA, Special Pastry Flour

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

C. B. MATTHEWS & SON.
MILLERS AND FEED MERCHANTS

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

INTERNATIONAL STOCK FOOD
FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL
AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Crapping and Rolling Done While You Wait
PHONE 39

Many Thousand Farm Laborers Wanted

FOR HARVESTING IN WESTERN CANADA

"GOING TRIP WEST." "RETURN TRIP EAST."

\$12.00 TO WINNIPEG \$18.00 FROM WINNIPEG

GOING DATES

August 15th—From all stations, Kingston, Sharbot Lake, Renfrew and west to Asilda and Sault Ste. Marie, Ont., to all points in Manitoba.

August 16th—From all stations east of Kingston, Sharbot Lake and Renfrew, in the Province of Ontario and Quebec, to all points in Manitoba.

August 18th—From all stations, Kingston, Sharbot Lake, Renfrew and west to Asilda and Sault Ste. Marie, Ont., to all points in Manitoba and to certain points in Saskatchewan and Alberta.

August 21st—From all stations east of Kingston, Sharbot Lake and Renfrew, in the Province of Ontario and Quebec, to all points in Manitoba and to certain points in Saskatchewan and Alberta.

For full particulars regarding transportation west of Winnipeg, etc., see nearest C.P.R. Agent, or write—E. F. L. STURDEE, Asst. D.P.A., M. G. MURPHY, D.P.A., C.P.R., Toronto.

JOS. H. HUME, AGENT, WATFORD.

It's usually advisable to give a narrow-minded man a wide berth.

The man who cannot afford to advertise, should be out in the woods cutting green timber.

Cornwall, Aug. 6.—The work of guarding the Cornwall Canal has been taken over by the fifty-ninth Regiment, Co. "A" of Cornwall, under Captain W. R. B. Leslie, of Montreal, and Co. "B," of Morrisburg, under Captain Lawless, were called out yesterday. The men have been stationed at the locks and are fully equipped with tents and camp outfit.

Dust Causes Asthma. Even a little speck too small to see will lead to agonies which no words can describe. The walls of the breathing tubes contract and it seems as if the very life must pass. From this condition Dr. J. D. Kellogg's Asthma Remedy brings the user to perfect rest and health. It relieves the passages and normal breathing is firmly established again. Hundreds of testimonials received annually prove its effectiveness.

The army worm, now so destructive in this and other countries, secures its common name from its army-like formations. It is the larva of a noctuid moth, about an inch and a quarter in length and nearly an inch and three-quarters across the full spread wings. The eggs are laid on blades of grass or grain in very large numbers. It is a northern or mid-American moth. To give some idea of the enormous number of eggs laid by the moth, Mr. Chant, of Calicut, estimates that on his farm alone 15 bushels of the grub were trapped in holes dug at intervals along furrows plowed to stop the advance of the destructive army. The worm prefers green grass for food, and when that fails will attack green grain, but will not eat ripened grain stalks.

Fall Fair Dates

Strathroy.....September 21-22-23
Petrolea..... 23-24-25
Sarnia..... 28-29
Forest.....October 1-2
Watford..... 5-6
Brigden..... 5-6
Wyoming..... 7-8
Alvinston..... 8-9

CHANTRY FARM

Shorthorn Cattle and
Lincoln Sheep

Wanted to purchase any number of Lincoln or Cotswold rams, one and two years old, registered or good grades, must be shorn not later than April 1st and in good condition for August delivery.

ED. de GEX - KERWOOD, ONT.

GRAND TRUNK RAILWAY SYSTEM

TIME TABLE.

Trains leave Watford Station as follows

GOING WEST

Accommodation, 109 8 44 a.m.

Accommodation, 111 2 45 p.m.

Chicago Express, 1 9 22 p.m.

GOING EAST

Accommodation, 110 7 43 a.m.

New York Express, 6 11 01 a.m.

New York Express, 2 3 00 p.m.

Accommodation, 112 5 16 p.m.

VALE, Agent, Watford.

Canadian National Exhibition

PEACE YEAR

America's Greatest Livestock Show
Acres of Manufactures
Exhibits by the Provinces
Exhibits by Dominion Government
Exhibits by West Indies

Grenadier Guards Band

Dragoons' Musical Ride
Auto-Polo Matches
Circus and Hippodrome
Dozen Shows in Single Hour
Boy Scouts' Review
Canada's Biggest Dog Show

BABYLON

Greatest Oriental Spectacle
ever presented on Continent

Paintings from England, Scotland,
United States and Canada
Educational Exhibits
Goods in Process of Making
Athletic Sports
Aero-Hydroplane Flights
Grand Water Carnival

Creators' Famous Band

Score of other Bands
Dozen Band Concerts Daily
Chesapeake and Shannon
Biggest Midway ever
Peace Year Fireworks

International Peace Tattoo

10 Bands 400 Musicians

Aug. 29 1914 Sept. 14

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A. D. HONE & SON

Painters, Decorators

Good Work.

Prompt Attention.

Reasonable Prices.

Estimates Furnished.

Satisfaction Guaranteed

A. D. Hone : Clarence Hone

RESIDENCE :

ST. CLAIR ST. : WATFORD

Children Cry

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