# RATOR

timates Furnished

R on Hand.

### TOR'S QUESTION

Due to Bowel Disorders, t question when consulted are your bowels regular?" ninety-eight per cent. of d with inactive bowels and that this condition must tly and thoroughly before stored.

ies are a positive, pleasant for constipation and bowel eral. We are so certain attive value that we promise prchaser's money in every all to produce entire satis-

ies are eaten like candy,
to, and have a soothing,
taling influence on the enact. They do not purge,
tsea, flatulence, excessive
thea or other annoying
to especially good for chiltons or old folks. Two
too. Sold only at our store
tore.

AREN, Watford

Dog Owners.

mething that may be dog owners here. A ne Court decision out-bilities of owners of

able breath put a few of myrrh in a tumbler-d thoroughly rinse the

IS PRIZED.—There have so put upon the market in public attention, but do so long or met with so armelee's Vegetable Pills. of them has attested ue, and they need no ment than this. Having ed thomselves in public wrank without a peer in w rank without a peer in idard yegetable prepar-

nd simple face tonic is 10 to one of rose water, into the wash bowl when. Both will soften and

flannel cloths wrung out r and apply to the throat red with dry ones, and as soon as the others t cold.

ks caused by the drip-marble basins or water be removed by rubbing ld brush dipped in pul-

her roughens and reddens causing chaps, chilblains discomfort, try

RU-CO

Hazel Cream

redients sooth and soften while the Witch Hazel heals the deeper tissues. shaving or washing.

at your druggist's. IG AND CHEMICAL CO.

To Keep Young. decorations. Keep in the sunlight; nothing beautiful or sweet grows or ripens in the darkness Avoid fear in all its varied forms of expression; it is the greatest enemy of the human race. Avoid excesses all kinds; they are injurious. im figure on it.

> regular life. Don't live to eat, but eat to live. Many of our ills are due to over-eating, to eating the wrong things, and to irregular eating.

The long life must be a temperate

Because they act so gently (no purging or griping) yet so

NA-DRU-CO

AXATIVES

are best for the children as well as

anal Brug and Chemical Co. of Canada, Limited

ne grown-ups. our druggist's.

Don't allow yourself to think on your birthday that you are a year older and so much nearer the end. Never look on the dark side; take sunny views of everything; a sunny

thought drives away the shadows. Be a child; live simply and naturally, and keep clear of entangling alliances and complications of all

Cultiva e the spirt of contentment; all discontent and dissatisfaction bring a ... arrows prematurely to the

Form a habit of throwing off be fore going to bed at night all the cares an anxieties of the dayeverything which can possibly cause mental wear and tear or deprive you

"Language was made to conceal thought." Some people are keeping a lot of things to themselves.

DREAD OF ASTHMA makes countless DREAD OF ASTHMA makes countless thousands miserable. Night after night the attacks return and even when brief respite is given the mind is still in torment from continual anticipation. Dr. J. D. Kellogg's Asthma Remedy changes all this Relief comes, and at once, while future attacks are warded off, leaving the afflicted one in a state of peace and happiness he once believed he could never enjoy. Inexpensive and sold almost everywhere.

That the Imperial Oil Company will erect a large factory in Sarnia for the manufacture of Perfection heaters is the report in oil circles. Nothing definite can be learned to substantiate the truth of the story, but certain indications appear to substantiate the rumor.

Surgeons have succeeded in transfer-ring the brains of a dog to a man. It is hoped that this operation will seldom be mecessary as the world is already amply supplied with bullheaded men.

A PRIME DRESSING FOR WOUNDS.—

In some factories and workshops carb lic acid is kept for use in cauterizing wounds and cuts sustained by the workmen. Far better to keep on hand a bottle of Dr. Thomas' Eclectric Oil. It is just as quick in action and does not scar the skin or burn the flesh. There is no other Oil that has its curative qualities.

Forty years in use, 20 years the standard, prescribed and recommended by physicians. For Woman's Ailments, Dr. Martel's Female Pills, at your druggist.

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SHORTHORN CATTLE-LINCOLNSHEEP Four extra good roan bull calves from good milking strain. Also two heifer calves. A few lambs of both sexes left.

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> > SOCIETIES.

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H. Hume R. Sec., J. E. Collier, F. Sec.

The Best Cook In America, Who Didn't Make Good.

DINNER ALL IN THE SOUP.

Confusing Results That Ensue From Reading Magazine and Newspaper Stories About What to Eat and What Not to Eat.

My Dear Elsa-I have such a good joke on Dick. You know, the dear boy was recently hunting in Canada, and just before he started for home I received this telegram: "Am bringing on the best cook in America. Get ready the fatted calf."

Well, dear, you know how excited I was at the prospect of acquiring such a domestic prize, for between you and me I had reached a state when anything that could cook potatoes was a blue ribbon winner. And my neigh-bors were almost as excited over the

"find" as myself.

In a few days Dick came breezing in, and following after him in a shambling fashion appeared a woman without a hat, attired in a bright red sweater, a yellow skirt and necktie. Closer view elicited the fact that she was a full blooded Indian squaw. I bore the shock of the discovery "manfully" for Dick's sake, merely inquiring her name. "Gwendolyn," he replied, "and she's the finest cook in America, and so to the finest cook in America, and, so to speak, we own her."

Trying to feel hopeful about our re-cently acquired possession, I introduced Gwendolyn to Nora, our second girl, and then initiated her into the mysteries of the kitchen. Next day Gwendolyn took hold in good earnest, and, feeling secure in the culinary ability of my prize, I invited several of our nearest friends in to have dinner. Time passed, and the assembled guests ex-pectantly awaited dinner—assembled and waited. At last, with some mis-givings, I sought the kitchen, and as I opened the door a most alarming volume of smoke greeted me. I returned to the dining room with the report that it might be all right, but Gwendolyn didn't seem to understand the use of coal exactly. She had built a kind of bonfire on top of the range. I refrained from looking at Dick during the recital.

Well, Elsa, dear, there was a long and ominous pause. Then the door swung open and Nora entered with the largest tureen I own in her hands. She set it down in front of Dick with a thump and a swash. "It's for you to serve it," said she.

"It ain't soup; it ain't roast; it's Injun stew, and I'm leaving this place tomor-

Nora retired. It was evident she was emotionally stirred. "Dick," I cried appealingly, "what is

Dick gingerly removed the tureen cover and ladled forth a conglomerate mixture. The dinner was in the soup, literally and entirely, from oysters to cheese, while the sirloin roast appeared ignominiously cut into chunks swimming in the midst. A shout went up from the company, and in a chorus we

"Why did you think she could cook?" "Why," explained Dick, "you just ought to have tasted the ducks she roasted for us. Hung 'em up by the necks, you know, and turned them round and round. George, they melted in your mouth! They were wonderful. We drew lots, the fellows and I, to see who should bring her home with us. I can't understand how she made this

"Dick," I laughingly interrupted. "what else did she cook for you?"

"Well, if you had tasted those ducks

you would have said that was enough." What did we do for dinner? We phoned for a taxi and beat it to the nearest good hotel for a square meal.

Dick? Well, he hasn't complained about any of the awful things served up to us by ladies of various countries and principalities who have reigned in our kitchen since the departure of his

I'm afraid you are heartfly tired of the "eats" subject, but while on the warpath doesn't it make you tired the advice one gets from magazine and newspaper stories on what to eat and what not to eat?

After conscientiously perusing a

Bad Blood-

is the direct and inevitable result of irregular or constipated bowels and clogged-up kidneys and skin. The undigested food and other waste matter which is allowed to accumulate poisons the blood and the whole system. Dr. Morse's Indian Root Pills act directly on the bowels, regulating them—on the kidneys, giving them ease and strength to properly filter the blood—and on the skin, open g up the pores. For pure blood and good health take

Dr. Morse's 16 Indian Root Pills

score or two of these articles you find that ment heats the blood, clogs the liver and spoils the complexion; that fish contains the germ of leprosy and shellfish harbors ptomaines; that the starch tucked away in wheat, rice and potatoes is the source of untold ills and sugar causes rheumatism and gout, fruit teems with dysentery, raw vege-tables are a mass of indigestible cellu-lose and cooked vegetables are only a degree less so, eggs are not always pardegree less so, eggs are not always par-ticularly nourishing and decidedly indigestible and spices are poison pure and

You discover in another article perhaps that tea is a fearsome alkaloid, causing dyspepsia and shattered nerves, and that coffee is more so, while milk is the awful transmitter of tuberculosis. I really was in a state of collapse when I read that too many hearty meals wear out the stomach and too light ones cause general debility. Now, what is a poor mortal to do-go on nib-bling sweets and drinking sundaes until the bank account dwindles? Write and advise your bewildered

Talcum Aid to Sewing.

Talcum powder is a useful help in sewing. It keeps the palms and inside of the fingers from becoming sticky and does not injure any fabric.

SOME LAMP LORE. Rub Off Top of Wick Daily With Soft

Paper. Despite the reign of the electrolier, the lamp still has many followers. Many take to lamps because they must, some because the light it sheds is softer, more becoming and better for the

When a lamp fails to give a good light do not waste time reviling the manufacturer, but look to your own

Perhaps the wick is crooked or too short or not in squarely. Rub off the top of the wick each day with soft paper and if it fails to draw pull it up on the catches or get a new one. Unless sure you can put in the wick correctly send the lamp to a store and have it done properly.

Perhaps a new wick is less necessary

than removing the oil with which it is clogged. Boil the wick in vinegar and water and dry thoroughly.

Fill your lamps daily. Never light a lamp that is nearly empty, as it increases danger of explosion. Fill a lamp by daylight. If it must be done

after dark keep away from a flame and wipe all oil from the outside. Even with the best oil a poor light results if the burner is not clean. It should be washed once a month in a quart of cold water to which have been

added a tablespoonful of washing soda and a little soap. Boil several hours, pour off the blackened water, cover with fresh boiling water, soap and soda, boil five minutes, rinse in clean hot water and rub dry with a clean soft cloth that is not linty.

Lamp chimneys may be rubbed off

with soft paper daily and when smoked should be washed in hot ammonia water, rinsed in cold water and polished with a tea towel and soft paper.

#### WINTER BREAKFASTS.

What to Serve at the Morning Meal

These Cold Days.
Perhaps because of the energy of the cereal distributers the American breakfast table is discarding meats and hot breads and substituting fruits and

Here are menus for half a dozen breakfasts where heavy meats are omitted. These may not exactly suit any housekeeper, but will serve to remind her of certain foods and suggest ways of varying this somewhat mo-

Grapefruit. Wheat Cereal With Dates. Salt Codfish, Creamed. Baked Potatoes. Boston Brown Bread. Coffee.

Hot Baked Apples, Corn Cereal, Broiled Bacon. Rye Muffins. Coffee.

III. Oatmeal With Prunes. Cottage Pie. Toast. Coffee.

IV. Bananas.
Hominy or Corn Mush.
Poached Eggs on Toast. Coffee.

V.
Cracked Wheat or Graham Mush.
Stewed Rhubarb.
Brolled Finnan Haddie. Muffins. Coffee.

VI. Oranges.
Creamed Chicken on Toast.
Fried Hominy With Sirup. Coffee.

There is no fmore effective vermifuge on the market than Miller's Worm Powders. They will not only clear the stomach and bowels of worms, but will prove a very serviceable medicine for children in regulating the infentile system and maintaining it in a healthy condition. There is nothing in their composition that will injure the most delicate stomach when directions are followed, and they can be given to children in full essurance that they will utterly destroy all worms.



[These articles and illustrations must not be reprinted without special permis-sion.]

THE ROSE COMB WHITE LEG-HORN.

Our Canadian cousins up there where the zero winds whistle through their whiskers sure show horse sense when they breed Rose Comb White Leghorns in quantities, for they are great winter layers, and that low rose comb can't freeze off like the tender points on the single comb, a condition

that so often knocks the egg record. But our friends of the snowdrift land are not the only fanciers wise to this bird that matures so early and lays so late, for it is claimed there are 3,000 breeders of this variety in the United States, and the number is increasing. But whence that rose comb?

That rose comb comes from the Hamburg as the result of a cross made in this country about fifty years ago, the Single Comb White Leghorn



ROSE COMB WHITE LEGHORN COCKEREL and White Hamburg being used, thus the Rose Cemb White, which is half Italian and half Dutch.

At first the bird wasn't very popular. as it was small and had a big bunched comb that lopped over the eyes; but, coming from such remarkable laying ancestry on both sides, the new variety was bound to make good, and fan-ciers soon began to sit up and take notice that it was an egg phenome

Its friends increased; they bred it by selection for size, shape and smaller, more regular comb, so that today it is a beautiful bon ton bird that lays lots of eggs-low cost eggs.

The larger the hen the larger the feed bill and the cost of the egg and the more room she occupies. For these reasons Plymouth Rocks and similar



Photo by C. M. Barnitz.

are not to be despised.

ROSE COMB WHITE LEGHORN PULLET. breeds are not the stock on the big

breeds are not the stock on the big egg plants, Leghorns being bred al-most exclusively. \* Of course the carcass is not so large, but it must be remembered that the Legborn is an egg specialist. She makes a good profit for her own-er without her carcass being consider-

ed, and if bred to great size her lay-ing ability is cut down. Leghorns are not the butterfly birds they once were, the breeder by selection now trying to get his pullets to four and cockerels to five pounds at least, and for fine grained flesh these

Robert Bigny, aged 71, died at his home near Copleston Tuesday after an illness of several months Mr. Bigny was a native of Norfolk, England. He was six years in the British artillery, and for some years worked in the mines in Yorkshire. He came to Petrolea in 1878, and had resided there ever since. For 27 years he was employed by the late H. Corey. Mr. Bigny was twice marred; his second wife survives him. An adopted daughter is Mrs. Frank Braybrooks, of the 12th line.

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OYSTERS by the Dish, Pint or Quart.

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Get your Choice Confec tionery here. Everything you want in the line of plain and fancy quantities.

**BOVRIL** For a Refreshing Drink Wedding Cakes,

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H. MITCHELL

cision was given where n brought to recover the owner of a dog d frightened the plainhe plaintiff was thrown and brought suit for The jury gave him that amount and the dog applied to the t. The Supreme Court verdict and said in that the owners of cious dogs are responmages caused by such owners keep them at l.—Ex. orth Remembering bruises may be taken by using the kernel of a ternut. eyebrows grow better, rub to them every night beheepskin rugs by scrub-e soap and water, drying