

Believes She Was Saved From Stroke of Paralysis

All One Side Was Cold and Powerless When She Began Using Dr. Chase's Nerve Food.

A dead nerve cell can never be replaced. In this way it is different to the cells of the human body. But other wasted nerve cells can be restored, and herein lies hope. In this fact is also a warning to take note of such symptoms as sleeplessness and loss of energy and ambition, and restore the vitality to the nervous system before some form of helplessness results. Nervous prostration, locomotor ataxia and paralysis are the natural results of neglecting to keep the nerves in healthful condition. The use of Dr. Chase's Nerve Food when you suspect there is something wrong will soon restore vitality to the nervous system, and thereby prevent serious developments. Mrs. Merritt Nichols, R. R. No. 3, Dundalk, Ont., writes: "I take pleasure in writing to tell you the great benefit I have derived from the use of Dr. Chase's Nerve Food. I was so nervous I could not sleep, and found it hard to get my work done at all, but, having no help at the time, had to do the best I could. Finally my left arm became powerless and cold, and this continued to get worse until my whole side was affected, head and all. I decided to try Dr. Chase's Nerve Food, and the first box helped me so much that I used several, and believe that this treatment saved me from having a paralytic stroke. It has built me up wonderfully, and I can recommend it most heartily, believing that if more Nerve Food were used there would be much less sickness." Dr. Chase's Nerve Food cures in nature's way by nourishing the feeble, wasted nerves back to health and vigor. Fifty cents a box, all dealers, or Edmondson, Bates & Co., Limited, Toronto.

LONDON GOSSIP.

LONDON, Oct. 16th, 1916.

NEW DUTIES FOR DUKE OF CONNAUGHT.

The return in the near future of the Duke and Duchess of Connaught and Princess Patricia is keenly expected at Court. Rumor is lavishly bestowing all sorts of new offices upon the Duke, and much as he deserves a quiet rest at Bagshot he will doubtless be able, as no one else quite could, to relieve the King of many duties which press heavily on him, and of which, since his accident, he has felt the burden. On the purely personal side one may recall that Princess Mary greatly delights in the friendship of Princess "Pat," and it will be interesting to see the two in public together, in vivacious charm Princess Patricia has lost nothing during her sojourn in Canada.

THE GREEK NAVY.

The Greek Fleet, which Admiral Du Fournet appears now to have put out of harm's way, is a curiously mixed collection of fighting ships. In 1914 the Germans were building a fast battleship for it, but when the hostilities began they decided to keep the vessel for themselves. If the contract had been carried out the ship would, however, have been only partially a Teutonic product, for the armour plates, the guns, and the gun mountings were being made in the United States. The two largest armoured vessels in the fleet are completely American. One was originally, in fact, the United States battleship Idaho, and the other the sister ship Mississippi. Four of the more modern destroyers have American armaments. They were built at Birkenhead a year or two ago for the Argentine Government, and subsequently sold to Greece. The biggest armoured cruiser—the Georgia Averoff—was constructed in Italy, and

the most modern of the protected cruisers—the Hellis in the United States. The Hellis was, however, originally intended to be a unit of the Chinese Navy. British, German, and Italian firms have between them contributed the surface vessels in the flotilla, and a French concern the submarines.

ONCE-NOTORIOUS NAME.

The name Lambros—that of the Greek professor who has been dumped into the Premiership at Athens—has not the best of records in this country, for a member of that clan took office under the Sultan forty years ago or so, translated his name into "Lambri Pasha," and came to the Court of St. James's as Secretary to Midhat Pasha, the Turkish Ambassador. Introducing the game of bacarat to this country, and cheating—or, to use his own expression, "playing with the advantages"—Mr. Labouchere gave him a rare showing up. Can we hope for better things from this M. Lambros?

SOLDIERS AND GRAMOPHONE RECORDS.

Hearing the other day of a parent who, having lost a vocalist son in the war, was partly consoled by the possession of a series of gramophone records—taken just before the regiment left for France—preserving the lad's voice in his favourite songs, I have made some inquiries on this interesting subject. Little business of the kind, it seems, has been done by the gramophone companies, and so far as can be gathered there is no disposition to seek it, especially at a time when skilled labour cannot be spared from national work. Though the parents of whom I speak may cherish the records of his boy's voice, other bereaved people could not trust themselves with the possession of

what would probably in the majority of cases prove a rather poignant memento calculated to keep the wound open and prevent forgetfulness. Apart from temperamental consideration, however, there are difficulties which must tend to limit the demand for this kind of record—it is by no means easy to secure a perfect gramophone record. Caruso and Tetrassini lose little in the rendering on the best instruments, but these results have only been achieved after many painstaking experiments. Amateur vocalists and speakers find their natural defects exaggerated. Only after drill are satisfactory results obtained. Considerations like these necessarily mean dear records and restricted popularity.

WOMEN, WORK AND THE WAR.

The substitution of women in industry for men called to the colors is proceeding with growing rapidity. During the second quarter of this year the number of women enrolled was more than doubling that it was in the preceding three months, the figures being 87,000, as compared with 40,000, and of these the women directly replacing men were put at 50,000. Among particular trades the cotton industry has played a notable part in this substitution scheme of the Board of Trade Employment Department and has been the most enterprising in employing women during the past eighteen months. In the woollen and worsted industry, while substitution has made, and is making, good progress, the main difficulty is to increase, and in some cases even to maintain, the supply of women for what has always been regarded as women's work. One contributing factor to this state of affairs has been the diversion of women to munition and tramway work. Another, and perhaps the most serious, cause has been insufficient lodging accommodation. This has handicapped the department in the policy of transferring female labor from places where there were more workers than work to centres where hands were urgently required, and constitutes the great problem of the hour. It is understood that, according to the latest statistics, about 868,000 additional women have been drawn into various occupations since the outbreak of war.

AVIATION AND THE WRIGHT PATENTS.

The decision of the British Wright Company, with the concurrence of Orville Wright, brother of the late Wilbur Wright, not to apply for a renewal of the British Wright patent on the expiry of the ordinary 14 years' monopoly, which terminates on March 23, 1917, is received with gratitude by the whole British aviation industry. The validity of the patent is assumed not only because of the Government recognition of its existence by the payment of the £15,000 for postponement and future use of the patents, but because the American rights were upheld in court after court. The Wright patent covers practically any system of control that is conceivably possible on an aeroplane, and it is doubtful whether more than three or four pure experiments with aeroplanes, none of which ever reached maturity, have been made without infringing the patent in some way or other, because the use of a rudder on an aeroplane in conjunction with ailerons or balancing flaps, or with mechanism for warping or bending the wings for steering or balancing, is the essence of the patent. The patent is therefore, used on every aeroplane and seaplane in the possession of the British, French and German flying services. As regards British aeroplanes, of course the sum accepted by the British Wright Company from the War Office freed all service machines from any claim to royalty. Nevertheless, but for the present decision, considerable anxiety would have been created in the aeroplane industry for the future. After the war aeroplanes will be used to an enormous extent for sport, and undoubtedly also for commercial purposes, and the surrendering of the patent will do much to assist the British nation to secure supremacy in the construction of aeroplanes for private use in this country and for export abroad.

MANNEQUIN PARADES.

The fashion parade season is in full swing. On miniature stages, with footlights, and before a carefully-selected audience, such queens of languid beauty as the revues have not snapped up parade daily in the big ateliers in the newest frocks, furs, and headgear. In some cases an admission fee for the benefit of the Red Cross or other charity is readily paid by the women whose patriotism is not sufficient to keep them away from such shows at the present time. Most of the spectators who sit through these parades and murmur admiring approval of the creations are of the "Nouveaux riches" order. Dwellers in Mayfair are mostly too busy with war work, and too heavily hit by the losses in the war to trouble about fashions, and simple coat frocks or coat and skirt dresses are still the only wear for Princesses and Duchesses.

ASK FOR MINARD'S LINIMENT AND TAKE NO OTHER.

Girls! Draw A Moist Cloth Through Hair Double Its Beauty

Try this! Hair gets thick, glossy, wavy and beautiful at once.

Immediate!—Yes! Certain!—that's the joy of it. Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after a Danderine hair cleanse. Just try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt or excessive oil, and in just a few moments you have doubled the beauty of your hair. A delightful surprise awaits those whose hair has been neglected or is scraggy, faded, dry, brittle or thin. Besides beautifying the hair, Danderine dissolves every particle of dandruff; cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair; but what will please you most will be after a few week's use, when you see new hair—fine and downy at the roots—growing all over the scalp. If you care for pretty, soft hair, and lots of it surely get a 25-cent bottle of Knowlton's Danderine from any drug store or toilet counter and just try it.

In Milady's Boudoir.



SLEEP FOR BEAUTY.

Night is the psychological time for beauty culture. It is the time for erasing the care-lines of the day, and making ready for rebuilding. It is a time of recuperation, of gaining strength, of repairing nerves. If you want to rise with a sunshiny face, go to sleep with a mind freed from inharmonious. Put away all "envy, hatred and malice," set yourself at peace with the world, yourself and your fellow men.

Take simple exercises for the relaxation of tense muscles. Don't say you are too tired, and tumble into bed with the "tired" thought. You have to breathe, whether you are tired or not. Twenty-five deep breaths will quiet nerves, start the circulation, loosen the tension of body and mind. A warm bath will do as much good as an hour's sleep. Brush your hair with long even strokes, breathing rhythmically meanwhile, massage the scalp. It will clear your head, and take away the feeling of being "bound with bands" which is the sign of a tired brain.

Sit before your mirror in a strong light and very carefully smooth out all lines of worry or petulance, of unhappiness. Work over the lines about eyes and across the brow with some simple emollient. I have given dozens of recipes, if however, you want a specific for wrinkles, try this: Half an ounce of lanolin and coconut oil, a quarter ounce each of white wax and spermaceti, one ounce of oil of sweet almonds. Melt together and while stirring add half an ounce of orange flower water and a few drops of benzoin.

Wonderful Bilious Remedy Actually Prevents Attacks

There are two great causes of biliousness—they are constipation and defective liver action. When Dr. Hamilton's Pills are taken, they not only correct constipated bowels, but act upon the liver as well. Quite unlike ordinary medicines which purge and give temporary relief, Dr. Hamilton's Pills remove the conditions which cause biliousness, and thus permanent cures are effected. No person who occasionally uses Dr. Hamilton's Pills will ever suffer from the headache, bad stomach or bilious complaint. Get a 25c. box today.

Your Boys and Girls.

About the beginning of the third year mothers should commence feeding baby a little meat. It is usually added to the midday meal with advantage. It should be given first in moderate amount and in the most digestible form. Scraped beef from the inner portion of a rare broiled steak which is free from fat is the best form, and a heaping tablespoonful may be given at first and the amount soon be doubled. When this is given with bread, the child should be instructed systematically to chew. At this time soup may be increased to six ounces and milk dropped, as milk and meat are not to be used together at one meal.

MINARD'S LINIMENT, LUMBER MAN'S FRIEND.



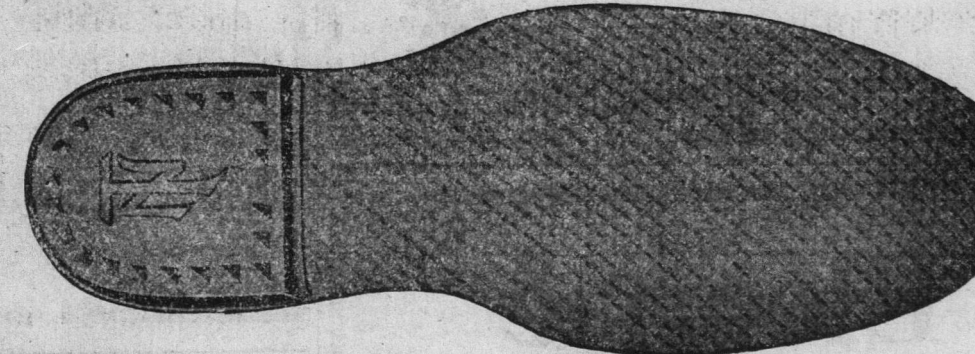
Buddy Boots

No Rubber Boot has ever been made to equal them.

Every pair you buy guaranteed to give satisfaction.

They are GREY all over from top to bottom.

They are a light weight, perfect fitting Boot, and are not wool-lined. They are much more healthful than wool-lined Boots, and can be easily dried inside.



Buddy Boots

Are Patented

and guaranteed to outwear any other Rubber Boot Made.

200 Dealers in

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are selling BUDDY BOOTS. For sale in St. John's by—

Nicholle, Inkpen & Chafe,
The Royal Stores, Ltd.,
Fred. Smallwood,
Smith Co., Ltd.,
Steer Bros.,
Jesse Whiteway.



ASERS.

PERFECTION these with great... should get one... such an effort to combat this

brands, and can... for winter



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ants and a sparkling coat... to sleep in succession... wave unless a bed is... in the front yard, close... of a colony of stilt-walk... ants serve a useful... if they become agitated... a pleasing diversion... the mind of the heat un... man shows up.

ment Co., Limited... I have used MIN... ENT on my vessel and... for years, and for the... and accidents of life I... as no equal.

start on a voyage with... a dollar a bottle... T. F. R. DESJARDIN... St. Andre, Kamou...

ONS AND FADS.

frocks with hip drap... chine nightgowns... pockets... are threaded in large... metallic thread... and velvet cloths r... highest favor... an important fea... suits and dresses... are used for hand... the new hats... are one of the most... for fur linings... treated like cloth, be... and even puffed... there is a frocks whose... to the ears... frocks are most de... of Georgette crepe.

HT

grets,

the

You



TIRING DAYS

OXO—Ready in a moment

The fatiguing duties which ladies in every class of society are performing now-a-days have emphasised in a wonderful degree the recuperative power of Oxo Cubes.

It is remarkable how quickly a cup of Oxo will revive and strengthen you after the fatigue of a long day. Hardly less remarkable is its convenience in the form of Oxo Cubes. A touch of the bell, and in almost less time than it takes to remove your gloves, a cup of Oxo is ready.

Many ladies make a point of having a cup of Oxo before they leave home. It fortifies them against the cold and is wonderfully sustaining.

A Cube to a Cup

Tins of 4, 10, 50 and 100 Cubes.

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CUBES