

It is quite a daily occurence to hear persons say: Oh, what a feeling of distress I have alter meals, fullness of the stomach, heaviness and headache, I feel too tired to do anything. I have no heart to exert myself, and at times I care for nothing. I often have a pain in the pit of the stomach, no appetite, my heart beats rapidly on the slightest exertion. I feel just as tired when rising in the morning as when retiring to bed. My sleep if often disturbed, and I often awake with a sense of suffocation and a difficulty of again going to sleep. I have to be careful of what I eat, and my life seems a veritable burden.

Now, it seems a shame and a pity for persons to be suffering like that when it is in their power to get cured by taking a bottle of Dr. Stafford's Prescription A. A sure cure for persons afflicted with stomach troubles. It can be obtained at

DR. F. STAFFORD & SONS,

Duckworth St. and Theatre Hill. Small size, 25 cents; postage 5c. extra; large size, 50 cents; postage, 10c. extra. Mail orders must be accompanied by remittance.-dec7



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This is a condition (or disease) to which doctors give many names, but which few of them really understand. It is simply weakness—a break-down, as it were, of the vital forces that sustain the system. No matter what may be its causes (for they are al-most numberless), its symptoms are much the same; This week we are showing a special lot of LADIES UNDERSKIRTS, made of thoroughly reliable materials in most numberless), its symptoms are much the same; the more prominent being sleeplesmess, gense of prostration or wariness, depression of spirits and want of energy for all the ordinary affairs of life. Now, what alone is absolutely essential in all such rase is *increment with the industry*. Black and Co'ored effects. Prices range from 55c, to \$1.80 each. "Don't fail to see them."



(The pick of the Orchard for Xmas Trade.)

500 brls. choice Red Apples-Wagner, King, Spy, etc.; 100 kegs Sweet Grapes, 20 brls. Sweet Oranges And to arrive-100 cases Valencia Oranges, 100 kegs Sweet Grapes, 20 cases fine Lemons. Buy your Apples before the Xmas rush. From our long experience we know what



there can be no red cheeks and round form where there is female weakness. Women who have suffered from this trouble have found prompt

relief and cure in the use of Dr. Pierce's Favorite Prescription. It gives vigor and vitality to the organs of womanhood. It clears the complexion, brightens the eyes and reddens the cheeks.

No alcohol, or habit-forming drugs is contained in "Favorite Prescription Any sick woman may consult Dr. Pierce by letter, free. Every letter is heid as sacredly confidential, and answered in a plain envelope. Address: World's Dispensary Medical Association, Dr. R.V. Pierce, Pres., Buffalo, N.Y.



VITAL STRENGTH & ENERGY

to throw off these morbid feelings, and experience proves that as night succeeds the day this may be more certainly secured by a course of the cele-

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is taken in accordance with the printe tions accompanying it, will the shatters h be restored,

velopments. milk added will often benefit them. Fill halved peaches with whipped for Chatham, N.B., three weeks ago To mend a torn umbrella stick black cream and put grated macaroons over and is still unreported. The vessel courtplaster inside the tear. This will the top, or dot the cream with can- carries six men with captain, and was show less than a darn. died violets.

Wood alcohol is excellent to clean a A common large screw serves very fine gold chain, if the chain is soaked | erts, arrived to-day from Burin, Nfld., well as a pie crimper if pressed firmly in it for half an hour and then well after a two weeks' trip, during which prushed.

time she was driven out of her course A good way to toast bread is to by heavy storms. use a regular corn popper. The long handle enables one to stand back from ASK YOURSELF the heat.

A good way to remove mildew from white material is to make a thick paste of table salt and butter and put n the hot sun for a day.

And find out 'f you have kidney dis-orders-Also make this test. For a much-used ironing board nake two slips of heavy, unbleached Have you pains in the back over cotton cloth and use alternately , to

he kidneys? Have you urinary disorders? seep the board fresh and clean. Do you suffer from severe head-ches, dizziness or defective eyesight? Is the skin dry and harsh? Wagon grease ar wax spots from andles should be scraped off and lard applied. Benzine, naptha, gasoline Are you failing in health and strength and suffering from rheumaand chloroform dissolve grease. .. ever black a kitchen stove. Wash

syrup and a few chopped nuts and dates boiled together. Grear Bargains in Rubbers-Men's, Women's, Misses' & Children's Chloroform is very good for re noving grease spots, and leaves no Price and Christmas Presents FREE. water marks, but should be used with care. It can be used to clean whit kid gloves, and leaves them soft and white

repared. It makes a delicious

Schooner Missing.

North Sydney, N.S., Dec. 6 .- Fea

are entertained for the safety of the

schooner Florence M. Smith, Capt

Strickland, which left North Sydne

The schooner Portland, Capt. Rob

THESE QUES'TIONS

sweetmeat.

90 tons register

THE WHITE SHOE STORE, The skin of the grape fruit, after emoving the bitter white part, can be 304-306 WATER STREET. rystallized and cooked in the same manner as orange and lemon rinds are

P.S.-We shall give away the Chistmas presents to all who oring the bills during Xmas week. Outport people can get their Christmas presents at the time of purchasing the goods. In Christmas week there will be the Christmas counter all ready for giving away. dec5 S. B. KESNER.

NOW DON'T FORGET sale on every day December month.

-best quality at HALF PRICE. Remember you get Footwear at Half

Just received ex Steamers Florizel and Rosalind. 150 bris. Can. Pea Beans,

300 sacks of Cornmeal,

100 sacks Crushed Corn.

30 brls. Hambutt Pork,

(125 pieces to brl.) also,

BLACK & WHITE OATS. HARVEY & COMPANY,

was held by his prof

as well as his stan

Not only was he a

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Such

