

HEALTH NOTES.

Gold Sore. So-called fever sores, others are known as herpes, and as cold sores, appear frequently on the lips, at the junction of the mucous membrane and the skin. They commence as small vesicles, containing a clear fluid. This fluid afterwards becomes thicker, until finally a crust is formed, which falls off in from eight to fourteen days, and recovery is then complete. In some persons these cold sores recur again and again, and without any assignable cause. Sometimes they appear during the course of certain acute diseases, such as malaria or pneumonia.

No part of the body is free from the eruption of herpes, since, rather curious as it is, an affection due directly to some disturbance in the nerves of the region. Any nerve trunk may be affected, and there will thus appear along the course of its branches crops of vesicles, similar to those met with on the lips, and accompanied usually by severe neuralgic pains.

The eruption commonly met with directly above the eye, on the neck, about the body and on the limbs. Usually when it occurs upon the trunk it passes half way round the body, from the spinal column forward, in the form of a half girdle, and in that case constitutes what is known as "shingles."

The vesicles form within the mouth their upper surface is quickly worn away, and, small, ulcerated surfaces remain, producing the so-called "canker sores." The different varieties of herpes are generally classed as separate diseases, and yet there is evidently some relationship among them all.

Herpes is not contagious, and the form which follows the course of the nerve distribution rarely recurs in the same individual. Perhaps it may be proven that this is one of the diseases caused by a specific germ, but at present the question must remain in doubt. Since it is a limited disease, getting well of itself, generally within two weeks, there is little to be done except to relieve the disagreeable sensations produced by the presence of the eruption.

If the crust which has formed is removed too early, an ulcerated surface is left and recovery is delayed. For protecting the parts from irritation, vaseline or simple salves, affords relief. No method of shortening the course of the affection is known, and those cases which are supposed to have been cut short by special mode of treatment were probably not typical cases of the disease, but underwent a spontaneous cure.

How to Have Good Health. One of the best ways to keep in good health is not to think or worry too much about it. If you are strong and well, don't imagine that some insidious disease may be secretly attacking your constitution. Eat and drink what you desire, as long as it agrees with you. Your stomach knows pretty well what it can digest. Plain, simple food is desirable, as a general thing, but the luxuries of the table, in moderation, will do no harm.

Take all the sleep you can get, but remember that the necessary amount varies greatly for different persons. Some must sleep nine hours, while others thrive under six. Only don't rob yourself of what you really need. The "midnight oil" is a very expensive illuminant to burn, either for purposes of labor or study of any sort.

FARM AND GARDEN.

Whole Potatoes for Seed. Observing men are noting the deterioration of the potato, and looking about for a cause seem to have fixed upon the almost universal habit of planting out seed. Against this practice, a correspondent of the Ontario Farmer says: "From my own experience I am satisfied that a better yield and a better quality of potatoes can be raised by using good medium-sized tubers for seed, rather than cuttings. I am also satisfied that it will require more than one trial to convince one that they are not safely tried the plan. One item in the thinking. This should be done as soon as the vines get well started to growing. My plan of doing this is to take a time after a good shower and, by putting the foot close to the plants it is desired to leave, gather the rest into the hand and give a sharp pull.

Care should be taken not to break them off, as the plant will start up again. Two or three vines only should be left in each hill. My experience in raising potatoes is that one year's trial is not sufficient to thoroughly test the value of seed, as it is possible to select out the small tubers, and in a well prepared soil and with good cultivation secure a good yield. But if the small tubers from this crop are again selected and this is done the third time, I am satisfied the results will be satisfactory. It is mainly because only one trial is given that so many are willing to claim that the small tubers make good seed. But if the plan is followed successfully the difference will become sufficiently evident. The principal reason for using whole tubers for seed is that a larger amount of plant food is furnished and the plant secures a much better start to grow.

One or two eyes will send up the vines, but in cutting the amount of available plant food is much less than when whole tubers are used, and especially if they are of a good size. I prefer to drop one tuber in a hill and cover deep. Unless the seed is planted very early, deep covering is the best. The soil should be well prepared, made loose and mellow before planting the seed. Then by planting deep the surface can be kept level and at the same time thorough cultivating can be given. The last two years I have planted my crop after this plan and have secured good yields, of good quality of tubers, better than the average.

It is as important with potatoes as with any other crop to have good seed, and the difference in the yield, both as regards the quality and quantity, will make the additional cost profitable.

Tidily clothed. Farm labor necessarily soils the clothing, but overall is cheap and should be worn, and to protect from the waist up is a garment called a "jerk" (or short), which can be bought for fifty cents. These should be kept clean and whole. I have seen at farmers' tables where animal hairs were flying, and stable scent from those who had been caring for the stock. The farmer should keep a long frock hanging in the barn to be put on whenever horses are to be carried or cows milked. When evening hours set the outside working man to be put off, and in white collar and slippers the farmer is prepared to enjoy his cotton dainties.

The greatest error the agriculturist makes in his costume, especially the farm laborer, is to purchase ready-made suits—worth little for hard usage. Good clothing made to order by a competent tailor, although the first cost be twice as much, will endure four times the service, besides the gratification of a good fit and one's presentable appearance.

Tidily clothed, a man has more respect for himself and others, and to him more highly. His example will prove contagious with wife and children, and the happiness of all concerned is greatly augmented. Another error is constantly wearing top-boots of leather or rubber. They cause the feet and ankles to perspire freely, thereby weakening the parts and many times producing varicose veins of the lower limbs, a life-long annoyance. Rubber boots should be worn only in wet or muddy weather, and leather boots very seldom, if at all. Feet clothed with leather shoes are the easiest, most sensible and effective footwear invented for winter use. Leather shoes should be worn in summer; they are lighter than boots and tire the feet and legs less. To keep dirt, twistles, etc., out, anklets can be made of the lower parts of old trousers legs by sewing straps across the bottoms, cutting slits in the tops and shirring them up with cords. They are just as effectual in keeping out snow. Shoes and felt boots give the air access to the feet and ankles, which is a necessary consideration.—Terra.

The Common Lilac. The domestic or common lilac of the garden is the most profitable to the florist of all the lilacs forced. If he can procure large overgrown bushes that have remained undisturbed for eight or ten years, these will serve him generously, yielding very readily to the forcing treatment, giving long stems and usually plenty of foliage and flowers. Lilacs may be pure white by growing them in a perfectly dark house. A new Rochet grower has blue and lilac lilac houses; all the shades from white to deep purple are brought out in lilacs by management.

A Brilliant Record. Will soon end if not supported by genuine merit. The success of Burdock Blood Bitters is founded on merit and approved by trial. It purifies the blood, and cures dyspepsia, constipation, biliousness, sick headache and all similar complaints. B. B. B. is purely vegetable.

The Secret of Success. A Christian merchant, who from being a very poor boy had risen to wealth and renown, was once asked by an intimate friend to what, under God, he attributed his success in life. "To prompt and steady obedience to my parents," was the reply. "In the midst of many bad examples from you of my own age I was always enabled to yield a ready submission to the will of my father and mother, and I firmly believe that a blessing has, in consequence, rested upon my efforts."

COUNTY CURRENCY.

Items of Interest from over the County. A Weekly Digest of the County News served up to the Readers of "The Signal." Fish and Fowl, Clipped and Condensed from Every Section.

Mr Musgrove, the Conservative candidate for the East Riding of Huron, in Toronto undergoing treatment for an affection of the throat that threatens to result seriously. It is not only feared by his friends that he will be unable to make the campaign, but they are somewhat afraid of the ultimate result of his ailment.

Mr James Reith and family left Clinton last week for Vancouver, B. C., where he expects to go into business. Mr W. A. Calhoun, of Brussels (brother-in-law of Mr Reith), also went west for his health; with two exceptions Mr John Calhoun's family are all now in British Columbia, and said to be doing well.

Mr Samuel Foster, the worthy and very efficient township clerk of Hay, who sold his farm short time ago, has abandoned his intention of removing to Michigan, and it tends purchasing a farm near Hensall. Mr Foster's many friends will be pleased to hear of this decision, as he is too good a man to make a Yankee of.

The number of hotel licenses granted in this county last year was: East Riding, 20; West and South Riding, 41 each; total of 108. The number of shop licenses was 11. The number of hotel licenses issued in 1875 was 164, and shop licenses 37. The fines collected were as follows:—East Huron, \$50; South Huron, \$34; West Huron, \$410.

On Monday evening of last week, Mrs Adam Reith, of the East Riding, Morris, passed away after an illness of but a few days, although she had been ailing for a number of years. The remains were conveyed to their last resting place in Brussels cemetery on Thursday afternoon following. The bereaved husband and family have the heartfelt sympathy of the entire community.

Four young lads were summoned before Justices Beattie and Strong on Wednesday last charged with having broken into Mr Jas Beattie's grain warehouse at the railway track and stealing grain therefrom. The charge was fully proven, and a fine of \$5 and costs, inflicted upon three of them and the fourth was sent to Goderich for thirty days. This is not the first serious offence of which some, at least, of these boys have been proven guilty, and the sentence of the magistrates was just one. We withhold the names of the boys, as they are the parents, who are highly respectable people, and who are, no doubt, sufficiently mortified and grieved at having their children go so far astray as these boys have. This occurrence, however, should be a warning to all parents, and to better after their boys in future, and to inculcate in them more honest principles and habits. It should also be a warning to the boys themselves and to others who, perhaps, are no better than these, but who have not happened to be discovered as these boys were, and to teach them that honesty is the best policy and that such disreputable conduct is a very poor way to commence life, and that sooner or later it is sure to lead to disgrace and ruin.—Seaforth Examiner.

Milnard's Lincture cures Diphtheria. There is a linture for somebody in the 25-cent chamoise powder-box, one end of which is slilt with rows of little holes through which the pulverized resin exudes.

Spring jackets are made with full sleeves, short mantles with hanging sleeves gathered full over the shoulder, and the deep plizgin, or wing-like sleeves, are seen in all the long cloaks.

For Nettle Rash, Summer Heat and general toilet purposes, use Low's Sulphur Soap.

Milnard's Lincture cures Croup. For a round, short waist, a straight, full skirt, finished with a ruche round the bottom and tied at the belt with a three yard sash, is both artistic and pretty, and there is economy, too, to recommend it.

Six should be in every house. It saves twenty times its cost. Sold by druggists.

Chair cushions have had their day and gone out like like bustles. There is a touching analogy in the simultaneous decline and fall of the two, for never did a woman with a touzante arise from a beaussh-ed chair that she didn't wear away the decoration in triumph on her bustle; consequently, when the bustle departed the sash followed from sheer force of habit. The proper adornment for any chair which is not upholstered is a down pillow or cushion, delicately perfumed and covered with soft flannel, tulle or plush, and tied in place with broad satin ribbons.

An inactive or torpid Liver must be aroused and all bad bile removed. Burdock Pills are best for old or young.

Good whalebone is a most important factor in a well-fitting dress, yet few women take the trouble to procure a really good article. No dress can retain its fit which is made with inferior bones, and the discomforts of a broken bone can easily be imagined by the wearer.

Haysard's Pectoral Balm cures coughs, colds, hoarseness, bronchitis, asthma, whooping cough and all bronchial and lung troubles. Price 25c per bottle, or 5 for \$1.00.

The usher of the English Court of Probate and Divorce has just died, leaving a fortune of \$100,000, accumulated from a salary of \$750 per year for 33 years, and from the tips that flowed in upon him in a stream, averaging nearly \$4,000 per year. Suitors, jurymen, witnesses, reporters and lawyers all have to tip the usher in the English Court.

Wilson's Wild Cherry Relieves Coughs and Colds at once, and cures quickly. In

ODDS AND ENDS.

A Little Humorous, Now and Then, is Mr. Hatched by the Wits of Men. As a pick-me-up after excessive labor in the exposition, Milburn's Book of Wits is grateful and comforting. I First young churchwoman—When you going to deny yourself during Lent? Second young churchwoman—What is a new prayer-book dreadfully, but I am going to do without it and put the money into my Easter bonnet instead.

Mrs Church to Mrs Meeting House—I did so want to go to the whist party tonight, but it is Lent, you know, and we have to give up things we want most to do and do things we dislike, and so on. I closed I'd run in and spend the evening with you.

"Well, Jack, I gave you a wish you last birthday; are you making progress?" "Oh, yes, uncle, I can't say very well yet, but I'm surely making progress for my teacher said yesterday, 'My, Jack, there you are again—so very bare ahead.'"—The Epoch.

"Judge Blank is quite a book collector, you know." "Well, what of it?" "He found a tatters of a rare book the other day and the first thing he did was to have it bound, care to keep the pieces."—New York Herald.

To the Editor.—Please inform your readers that I have a positive remedy for the above named disease. By its timely use thousands of hopeless cases have been permanently cured. I shall be glad to send two bottles of my remedy FREE to any of your readers who have communication if they will send me the Express and P. O. address. Respectfully, Dr T. A. SLOCUM, 157 164 W. Adelaide St., Toronto, Ont.

Boas—You run the place for a few weeks and let me be bartender. Bartender—What'er want to do that for? Boas—I'd like to have a crack at the profits.

Sudden accidents often befall artisans, farmers and all who work in the open air, besides the exposure to cold and damp, producing rheumatism, lame back, stiff joints, lameness, etc. Yellow Oil is a ready remedy for all such troubles. It is handy and reliable, and can be used internally or externally.

Certain articles of decoration are called "vases" in Boston, "vases" in New York, "vases" in Philadelphia, "vases" in Kalamazoo, and "dandy jugs" down in Maine.

Two Men Testify. Gentlemen.—One bottle of Haysard's Yellow Oil cured me of lumbago after all else failed. PETER A. WATSON, Four Falls, N. Y.

"I used Yellow Oil for croup this winter, and must say I find no better remedy for it. FREDERICK BURN, Four Falls, N. B.

Couldn't Survive It. Two sweet young things were discussing a recent execution the other day in a railway carriage on the Brighton line: "Fancy being hanged!" exclaimed one, "imagine the disgrace!" "Oh, horrible!" coincided the other, "I am sure I should never survive it."

All in a Heap. Malarial fever left me with my blood in a terrible state, with boils breaking out on my head and face. I was too weak to work or even walk, but after taking a quart of a bottle of Burdock Blood Bitters I was able to work. The boils all went away in a heap, as it were, and my strength fully returned before the bottle was done. FRED W. HAYNES, 2 WILSON, Ont.

History.—She—"Oh, I do like history so much." He—"Indeed! What is your favorite?" She—"The discovery of North America by the Indians is so interesting, and they were so far ahead of Columbus that I think they ought to hold the World's Fair in the Indian Territory."—American Exchange.

Diamond Dyes. It's easy to dye with Diamond Dyes Because so simple. It's safe to dye with Diamond Dyes Because always reliable. It's economy to dye with Diamond Dyes Because the strongest. It's pleasant to dye with Diamond Dyes Because they never fail. You ought to dye with Diamond Dyes Because they're best.

Our new book "Successful Home Dyeing" giving full directions for all uses of Diamond Dyes, sent free on application. Diamond Dyes are sold everywhere, or any color mailed on receipt of price, 75 cents. WELLS, RICHARDSON & Co., Montreal, Que.

Blank Notes at Signal.

CONSUMPTION SURELY CURED

TO THE EDITOR: Please inform your readers that I have a positive remedy for the above named disease. By its timely use thousands of hop-less cases have been permanently cured. I shall be glad to send two bottles of my remedy FREE to any of your readers who have communication if they will send me their Express and Post Office Address. Respectfully, T. A. SLOCUM, 157 164 W. Adelaide St., TORONTO, ONTARIO.

Ho you sleepers, Rub your peepers Open wide each eye; Don't be creepers Bargain reapers Now's the time to buy. RIGHT THIS WAY TO DANIEL GORDON'S FOR BARGAINS First-Class Stock of Furniture, Etc., such as PARLOR SUITES, BEDROOM SUITES, DINING TABLES, LOUNGES, Etc. My aim has always been to keep First-Class Furniture. The past will speak for itself. These are the ones who search the country for cheap goods, and pay them off as First-Class goods. This will cure itself. In undertaking I have everything to be found in a first-class establishment. I am the oldest and most experienced Furnisher in the County. SATISFACTION GIVEN CHARLES MODERATE, West-st., Goderich, Between P.O. and Bank of Montreal. 200-3m.

Boots & Shoes!

Variety of Settings that the Fair Sex. Notwithstanding the veneration of its name, "coloration and designs in trim fashionable favor. Sleeves remain full, in a leg-o-mutton shape, and the collar is wide, with the outside of the wrist, air ornamented with braided brocure, or rows of moire bon. Many of the new so have full velvet sleeves, blue, and girdle of velvet. The elegant shades of all that are so much seen in this season could not have able garniture than silver, with cut steel, and fine-cashmere beads interwove threads that are warranted a pretty spring dress of all-around a row of cut-sterie down each side of t breadth. The trimming of forms a waistcoat, over w opens, itself froged w Large silver buttons are very smart "Kensal" coat picturesque a feature of costumes just now. Upon some of the exp and fine woollen fabrics etc are seen some delicate designs which could easily for the finest hand em design in a rich peach color and silk-bonneted, a violet clairrette is bordered in pattern that shows a flip of the tints of lilac, russet brown and dark w pattern in velvet—a dainty a bronze, old rose and c color with a row of pale-aw has a green and gold. These clairrettes make id women either fair or da brown, Jacqueminot red, beige and apricot shades the attractive dyes in the English walking-jackets are much longer than the; general season, fitting over the hips, and not cut the back, as formerly, jackets are cut on the bias out darts, opening over elaborate waist-coats of silk, silk-embroidered, of a superb design in passe-mie wrought for vest fronts els are fitted like a coria and side forms, and have ved cross-braque seam ar front over the hips to the at the back. Large buttons are set into this seam on

ORDERED WORK AND REPAIRING. Promptly attended to and Satisfaction Guaranteed. Please call and Examine Goods and Prices. FROM THE BEST MANUFACTURERS in the Dominion. Prices lower and goods better than ever. I have the largest stock west of Toronto, and can suit you both in goods and prices. JOHN ROBERTSON. Regs to announce that he is now agent for The Liquor-Tea Company's Celebrated Teas Your choice of one out of a hundred or more Handsome Volume by the Best Authors, given with every 3 lbs. Give it a trial, and acquire a Valuable Library without feeling the expense. A FEW GALLONS OF PURE MAPLE SYRUP LEFT. JOHN ROBERTSON, RHYNAS' OLD STAND, COR. SQUARE AND MONTREAL STS.

I CURE FITS! THOUSANDS OF BOTTLES GIVEN AWAY YEARLY. When I say Cure I do not mean merely to stop them for a time, and then have them return again. I MEAN A RADICAL CURE. I have made the disease of Fits, worst cases. Because others have failed in no reason for not now receiving a cure. Send at once a "branch and a Free Bottle of my Invaluable Remedy. Give Express and Post Office. It costs you nothing for a trial, and it will cure you. Address—M. G. ROOT, M.C., Treatise Office, 156 WEST ADELAIDE STREET, TORONTO.

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"The Signal" will be sent to any address for the balance of 1890 for only \$1.00. Back numbers containing "The Deserter," thrown in free.

POET'S OC A Nobody, Don't 't 's young Smith—he's a w ing. His attainments are equalled As his wit that is quick and d And his judgment is solid as philosophy, ancient and new He knows Zeno as well as Nev But to call on him hardly wou He's a nobody, don't 't know He can't tell if he hear you are Why the Chinaman first wor He has written a treatise on d As 't was practiced in ancient i Sturm's theorem he has the And can tell you how soph; But I can't introduce him to y He's a nobody, don't 't know I have published an epic conce the exploits of King Brian I can tell you where Blah-dib! and when Bethlehem's star can sound like the Swedes and of tongues has a marve the Wayrus his presence 's a nobody, don't 't know 't follow is big-head, With a record that's whiter i his blood's not sufficiently 's a nobody, don't 't know —George Horton, in C

THE FASHION. Variety of Settings that the Fair Sex. Notwithstanding the veneration of its name, "coloration and designs in trim fashionable favor. Sleeves remain full, in a leg-o-mutton shape, and the collar is wide, with the outside of the wrist, air ornamented with braided brocure, or rows of moire bon. Many of the new so have full velvet sleeves, blue, and girdle of velvet. The elegant shades of all that are so much seen in this season could not have able garniture than silver, with cut steel, and fine-cashmere beads interwove threads that are warranted a pretty spring dress of all-around a row of cut-sterie down each side of t breadth. The trimming of forms a waistcoat, over w opens, itself froged w Large silver buttons are very smart "Kensal" coat picturesque a feature of costumes just now. Upon some of the exp and fine woollen fabrics etc are seen some delicate designs which could easily for the finest hand em design in a rich peach color and silk-bonneted, a violet clairrette is bordered in pattern that shows a flip of the tints of lilac, russet brown and dark w pattern in velvet—a dainty a bronze, old rose and c color with a row of pale-aw has a green and gold. These clairrettes make id women either fair or da brown, Jacqueminot red, beige and apricot shades the attractive dyes in the English walking-jackets are much longer than the; general season, fitting over the hips, and not cut the back, as formerly, jackets are cut on the bias out darts, opening over elaborate waist-coats of silk, silk-embroidered, of a superb design in passe-mie wrought for vest fronts els are fitted like a coria and side forms, and have ved cross-braque seam ar front over the hips to the at the back. Large buttons are set into this seam on

Some symptoms of Fever, colic, variable as, weakness and en unailing remedy is D Syrup.