

SCIATICA

Would you be rid of that... sciatic nerve-cure...

Templeton's Rheumatic Capsules

Many doctors prescribe... Write Templetons, 122 King St. W., Toronto...

ICE MINES

Found in Underground Caves in the States.

There are places in the United States known to science where winter and summer gets all mixed up...

A rocky hillside with a cave in it, whence issues a draft of icy air on the hottest day in summer...

Science has been busy for some time explaining these ice mines. Edlison P. Black, of Philadelphia...

The water meeting the cold air freezes and stays frozen all summer. The Decorah ice cave remains as nature made it...

Cook's Cotton Root Compound

A safe, reliable regulating medicine. Sold in three doses...

CHOOSING A HOBBY.

Make It One That Will Relieve the Tension of Business.

Writing on the advantage and enjoyment that a busy man will derive from a hobby...

Spanish Flu

Claims Many Victims in Canada and should be guarded against.

Minard's Liniment

Is a Great Preventative, being one of the oldest remedies used...

Minard's Liniment Cures Dandruff.

Hub (at breakfast): 'I've got a dandruff on my head.'

IF YOU HAVE A FRIEND IN ILL HEALTH

Pass this general female tonic along, they will be grateful.

MOTHER'S OWN

A general tonic for women, growing womanhood, child bearing, change of life...

THE WALKER HOUSE

The Little Girl is Right. Dr. Elliotson narrates how, in the presence of the Archbishop of Dublin...

WANTED-SPOOLERS FOR COTTON

Wanted - Spoolers for Cotton mill Steady Work. High wages, Slingby Mfg. Co., Ltd., Brantford, Ont.

WANTED-SPINNERS WANTED, USIB TO COUNTRY LIFE.

Woolen Mill Help Wanted - We have several good openings for experienced and experienced male and female help...

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have taught them better! They seem to imagine that they should continually be improving themselves...

The fact is that their conception of self-improvement is too narrow. In their restricted sense of the phrase they possibly don't need improving...

I have known men and every-body has known them—who would approach nearer to perfection if they could only acquire a little carelessness...

You Can be Cured of Catarrh

The Pure Balsamic Essences of Cattarhozone Afford Sure and Quickest Cure.

Cattarhozone is certain to cure because its healing vapor is carried with the breath direct to the seat of the chest, nose or throat trouble...

Large size Cattarhozone, sufficient for two months' use, guaranteed, price \$1.00; smaller size, 50 cents; sample size, 25 cents. Sold everywhere.

PRINCIPLE OF TELEPATHY.

How Information is Conveyed From One Mind to Another.

Not only is it possible to transmit messages from one place to another by means of wireless, but it is possible on occasions for one mind to communicate with another distant mind...

Minard's Liniment Cures Burns, Etc.

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The "Quality" Character of this brand has an International Reputation.



A Trial Packet will bring speedy conviction

NICE DISHES OF SALT CODFISH

Canned Variety is Handy to Have in Pantry.

Serves as Base for Many Dainties.

One of the most useful things to have on the emergency shelf is a box of the nice, white, boneless salt codfish...

For nervous women who would not only drink more water they would not be so nervous...

Worth Knowing.

Minard's Liniment for sale everywhere

NATURAL STEAM SPRINGS.

Curious Freak of Nature Useful in Italy.

At Larderello, in Tuscany, Italy, a very interesting experiment has been made with satisfactory results...

Minard's Liniment for sale everywhere

SCALLOPED FISH.

Freshen a pint of the fish and flake. Butter well a deep pudding dish...

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She's Up and at Her Work Again

THAT'S WHY MRS. KARGUS RECOMMENDS DODD'S KIDNEY PILLS.

Lynedoch Lady states that she was so weak she could not get out of bed till she found relief in Dodd's Kidney Pills.

Lynedoch, via Wolfe, Ont., March 25th, (Special). "I feel like telling everybody about what Dodd's Kidney Pills did for me."

"I don't know the cause of my trouble" she says, "but I know it dragged along for over a year. I had a bad pain in my back and I was so weak that I could not get out of bed."

"I was always tired and nervous and sometimes I was so bad I thought I could not live much longer. I tried two doctors and they did not do me much good, so I tried Dodd's Kidney Pills."

"They have done me a lot of good. I can do my household work and I am getting along fine."

Mrs. Kargus troubles are all symptoms of diseased kidney. That's why she got such prompt relief. Ask your neighbors if Dodd's Kidney Pills do not relieve all kidney ills.

The Sheep and the Goat.

O, sheep, whose days are so demurely spent, I wonder if it's past your comprehending.

That you and I between us represent The starting of a process and its ending?

On you the wool, on me the cloth and hose— Thus swings the cycle from its start to close.

But, not direct, old thing—O not direct!

'Twixt shearing you and my 'spring suttin' choices There intervenes a host of the elect Who jazz around in Daimlers and Rolls-Royces;

Well-nourished cows, with applectic necks, Who drink champagne and sign cod-A-down the path from you to me they come.

(Who tries to dodge them only comes a cropper).

And each with outstretched and expectant hand Collects the tribute that he thinks is proper.

Your wool would stand on edge if you could see.

Therefore I call you "Comrade" from my heart.

Although we two adorn a different genus;

If you and I are plainly in the cart, At least we share the vehicle between us.

We have one point in common, Brother— Exist Beast—

We both exist in order to be fleeced. —Manchester Guardian.

JUST AT THE LIMIT.

Her Husband—Do you mean to say you're actually going to wear that evening gown? Why, they pinched a Louisville woman for less than that.

Mrs. La Mode—I should think they would. Less than this would be quite too daring.

A GENTLE LAXATIVE FOR THE CHILDREN

Mothers—the surest way of keeping your little ones well and happy; whether it be the new-born babe or the growing child, is to keep their bowels regular and their stomach sweet.

Ninety per cent of all childhood ailments are the result of clogged bowels and sour stomach. The most necessary and the best medicine for little ones is a gentle laxative—something that will relieve constipation; sweeten the stomach and promote rest and natural sleep.

Such a medicine is Baby's Own Tablets. They are a gentle but efficient laxative; are absolutely guaranteed free from opiates or other injurious drugs and may be given to the youngest infant with perfect safety.

They banish constipation and indigestion; break up colds and simple fevers and give the baby that health and happiness which all children should have. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

IDENTIFICATION REMOVED.

A Scottish tradesman stepped into a barber's shop the other day, and whilst he was being shaved, the barber was wondering if this was a new customer.

"Have you ever been here for a shave before?" asked the barber.

"Yes, once," was the reply.

"But I do not remember your face, sir."

"Well, I dare say ye don't," said the customer, "ye see, it's a healed up noo."

than bronze bells, and with an equal volume of sound can be heard at a greater distance. Under normal conditions, with steel about one-third the price of bronze, steel bells are at least 50 per cent cheaper than good bronze bells.

Exception also is taken to his statement that the cost of maintenance of steel bells is greater than that of bronze bells owing to their being so much heavier. Up to one ton pieces weight steel bells are not heavier than bronze, and above that weight they are considerably lighter; hence it is incorrect to say that they require specially constructed bell-towers or an increased staff of ringers. The bronze bells in the Kaiser Wilhelm Memorial Church at Berlin, which weigh thirty and a half tons, would only weigh twenty-four and three-quarters tons if they were made of steel.

FARMS FOR SALE

FARM FOR SALE—120 ACRES—In-cluding 10 acres of timber; fair buildings and fences; 1 1/2 miles from village of Scotland. Apply Box 62, Scotland, Ont.

\$3800—TOMATO GREENHOUSE—9 1/2 acres, 25 x 25 feet each. Steam heat or gas, fully equipped, and 1/2 acre 9 roomed frame house, hardwood floors, cement foundation, good cellar. Wired for electric light. Frame barn 22 x 24 with stable 12 x 12, drilled well, near H. G. & B. line and 1/2 mile from Grimsby. This property is an exceptional bargain, buildings cannot be built for anything like price asked. J. D. Biggar, 205 Clyde Block, Hamilton, Ont. (Regent 824).

54 ACRES ON THE RIDGE ROAD, east of Grimsby, 10 room frame house, terrace lawn and tennis court, frame out-buildings in good repair, 12 acres in assorted fruits, balance of the land excellent vegetable soil. Will take good city property as part payment. J. D. Biggar, 205 Clyde Block, Hamilton, Ont. (Regent 824).

10 ACRES, 1 MILE FROM VINELAND, on Provincial Highway, would make a fine fruit and poultry farm. Good new house (8 rooms) and 20 x 20 barn. Owner L. McGowan, Bensenville, Ont.

\$4,000—NEAR BRAMBLEVILLE, 20 acres clay farm, including 8 acres bush and pasture land, room brick house, stone foundation, good cellar, frame kitchen and wood shed, verandah, good barn, 20 x 25, 2 acres of wheat, school, churches, etc., in Campden Village, 3/4 mile away. Will take city property in exchange. J. D. Biggar, 205 Clyde Block, Hamilton, Ont. (Regent 824).

OVERLOOKING DUNDAS—10 ACRES fruit and garden land, beautifully located, substantial 7 room house, with appropriate barn and out-buildings; approached by a driveway, well watered, ever-green trees and shrubs. Fruit consists of peaches, plums, pears, grapes, etc., and soil is especially adapted for growing. Will sell for \$4,000. This is a most desirable and profitable suburban home. J. D. Biggar, 205 Clyde Block, Hamilton, Ont. (Regent 824).

\$4,600—TOWNSHIP OF CLINTON, County of Lincoln, 3/4 miles from Bensenville and Smithville, W.D., dam road, 2 1/2 miles, has a mile or more, 50 acres clay loam, some timber, wire fence around outside, balance straight rail, 20 acres, 15 year 8 acres wheat, 8 acres stubble, balance seeded, frame house, 8 rooms, verandah, wood house, cement cellar, good barn, 20 x 20, pig pen, hen house. J. D. Biggar, 205 Clyde Block, Hamilton, Ont. (Regent 824).

NORFOLK COUNTY ORCHARD, Thirteen hundred apple trees, best varieties; just beginning to bear; frame house and barn; excellent water; natural gas available; good garden soil; on Provincial highway, four miles south-east of Delhi; seven thousand dollars; twenty acres. H. Frank Cook, Simco, Ont.

MISCELLANEOUS

REMIT BY DOMINION EXPRESS Money Order, lost or stolen, you get your money back.

SEED CORN—ABOUT 7 BUSHELS well selected, 1919, Golden Wonder No. 12. This corn resembles Golden Glow. Gives strong stand of stalks; yields over 80 bushels per acre last year. Was planted May 25th, and ripened before Sept. 1st. Matures in 80 days and gives very heavy yield. Price of seed per bushel, Address Geo. A. Truesler, Camiachie, Ont.

FOR SALE